

Meeting of South Ayrshire Health and Social Care Partnership	Integration Joint Board	
Held on:	11th October 2023	
Agenda Item:	11	
Title:	South Ayrshire Residential Rehabilitation Model	
<p>Summary: The purpose of this report is to provide members of the Integration Joint Board with an update on the progress implementing the South Ayrshire short term residential rehabilitation model, the current financial position in relation to funding for placements and proposed actions to implement the long-term vision.</p>		
Author:	Gary Hoey, CSWO / ADP Chair Faye Murfet, ADP Lead Officer	
<p>Recommendations:</p> <p>It is recommended that the Integration Joint Board</p> <ul style="list-style-type: none"> i. Note the progress establishing the Residential Rehabilitation Funded Placement model in South Ayrshire. ii. Note the significant financial pressures and the actions taken to date to address this situation. iii. Note the activities underway to implement the long-term vision for residential rehabilitation in South Ayrshire. iv. Otherwise note the content of the report. 		
<p>Route to meeting: ADP Residential Rehabilitation Working Group and ADP on 15th June 2023 and 6th October 2023.</p>		
<p>Directions:</p> <p>1. No Directions Required <input type="checkbox"/></p> <p>2. Directions to NHS Ayrshire & Arran <input type="checkbox"/></p> <p>3. Directions to South Ayrshire Council <input type="checkbox"/></p> <p>4. Directions to both SAC & NHS <input type="checkbox"/></p>		<p>Implications:</p> <p>Financial <input type="checkbox"/></p> <p>HR <input type="checkbox"/></p> <p>Legal <input type="checkbox"/></p> <p>Equalities <input type="checkbox"/></p> <p>Sustainability <input type="checkbox"/></p> <p>Policy <input type="checkbox"/></p> <p>ICT <input type="checkbox"/></p>

SOUTH AYRSHIRE RESIDENTIAL REHABILITATION MODEL

1. PURPOSE OF REPORT

- 1.1 The purpose of this report is to provide members of the Integration Joint Board with an update on the progress implementing the South Ayrshire short term residential rehabilitation model, the current financial position in relation to funding for placements and proposed activities to implement the long-term vision.

2. RECOMMENDATION

2.1 It is recommended that the Integration Joint Board:

- i. Note the progress establishing the Residential Rehabilitation Funded Placement model in South Ayrshire.**
- ii. Note the significant financial pressures and the actions taken to date to address this situation.**
- iii. Note the activities underway to implement the long term vision for residential rehabilitation in South Ayrshire.**
- iv. Otherwise note the content of the report.**

3. BACKGROUND INFORMATION

- 3.1 As part of the publication of the [National Drug Mission to Reduce Drug Related Deaths and Harms](#), the Scottish Government required all ADPs to ensure they had pathways in place for all individuals seeking long term residential rehabilitation to be able to access this.
- 3.2 Historically, access to residential rehabilitation in South Ayrshire has been provided through Ward 5 or via faith based or private funded routes. Ward 5 is a hospital based inpatient detox and rehabilitation unit providing inpatient alcohol detox, with 3-to-4-week residential rehabilitation and/or day attendance. There were no processes or models in place to identify and support people to access longer term residential rehabilitation support and there was limited understanding of the need or demand for accessing this type of support.
- 3.3 In February 2021, the ADP commissioned Horizons Research to undertake a research and scoping study which would provide options, models, and insights to help the ADP clarify the need for residential rehabilitation in South Ayrshire. In July 2021, the ADP agreed the scoping study and the short-term vision to develop a funded placement model, and the long-term vision for a pipeline model in South Ayrshire, along with 3-year funding for the pre and post residential community infrastructure and support identified in the scoping study.
- 3.4 Following approval by the ADP of the vision for residential rehabilitation in South Ayrshire, a multiagency Residential Rehabilitation Working Group (RRWG) was established to support the implementation of the short term

funded model. A Partnership Agreement was agreed with We Are With You, Barnardos Scotland, RecoveryAyr and the ADP outlining the collaborative approach, roles and responsibilities, and the agreed operational model for the funded placement model. A new [ROADS information leaflet](#) was developed and published on the ADP website and shared with partners. A phased roll-out of the referral pathways took place between June and August 2022 with all pathways open from September 2023.

4. REPORT

4.1 Referral Activity (ROADS Team)

4.1.1 During 2022 / 2023 (August onwards) there were 75 referrals to the ROADS Team, 64 of which were individuals looking at access a residential rehabilitation placement with 16 people moving into a residential rehabilitation placement out with South Ayrshire, and 11 were for family support.

4.1.2 From the 1st April 2023 to the 28th September 2023 there were a further 63 referrals to the ROADS Team. 48 referrals were for people interested in accessing a residential rehabilitation placement and 15 referrals were for family support. 18 people have been supported to access a residential rehabilitation placement in 2023 / 2024 (including individuals referred to ROADS prior to 1st April 2023).

4.2 Monitoring and Evaluation Framework

4.2.1 In line with ADP principles of ongoing learning and improvement activities, an Evaluation Framework has been developed to capture short- and long-term quantitative data along with qualitative data to demonstrate individual journeys and the views of referring and partner organisations.

4.3 Residential Rehabilitation Funding

4.3.1 The current National Drug Mission funding allocated by the Scottish Government to the ADP for residential rehabilitation is £112,500 per year which can fund an average of six 12-week placements a year. This funding was allocated by the Scottish Government to ensure that anyone who requested residential rehabilitation was able to access this support with preparatory and aftercare support provided by the ROADS Team. This funding has been used specifically for placements out with South Ayrshire and additional ADP funding has been allocated to commission the ROADS Team.

4.3.2 During 2022 / 2023 16 placements were funded utilising £211k of funding. The additional cost was met from National Drug Mission Residential Rehabilitation placements carry forward from 2021 / 2022 (prior to the ROADS model becoming operational).

4.3.3 Discussions have taken place with Scottish Government along with projected costs of £0.689m for 40 placements based on current levels of demand. No additional funding has been received to date to meet the demand.

4.3.4 In order to meet the demand for this service and meet the commitment to provide residential rehabilitation to all those who request it, a request was approved by the Chair and Vice Chair of the IJB to transfer £0.577m from general reserves to meet the costs of the current placements and projected demand of 3 placements per month for 2023 / 2024.

4.3.5 Discussions are ongoing in relation to funding beyond March 2024.

4.4 Long Term Strategic Vision for South Ayrshire

4.4.1 The demand for long term residential rehabilitation and key learning to date is paving the way to implementing the ADPs long term vision of a dedicated a residential rehabilitation facility in South Ayrshire. The ADP have revisited the critical success factors identified in the Residential Rehabilitation Scoping Study and considered the key learning to date from the implementation of the ROADS Team and short term funded placement model. A number of key strategic actions require to be taken forward to achieve the long-term vision including:

- Strengthening and developing the pre-residential support, including crisis stabilisation for those considering going to residential rehabilitation, peer support, whole family support, housing, and benefits advice, in addition to medical assessments and referral coordination.
- Ensure that there is a clear route for individuals to access primary care-level healthcare support and general medical treatment while in the Residential Rehabilitation unit.
- Identify a third sector strategic partner to develop a business plan for a Residential Rehabilitation Unit.
- Gaining system wide support for the long term vision and identifying funding.
- Discussing and developing the options for housing support, including supported accommodation and recovery housing, as part of the post-rehab model in South Ayrshire.

5. STRATEGIC CONTEXT

5.1 The ADPs short and long term vision for residential rehabilitation report and recommendations are in line with the refreshed ADP Strategy Recovery is Reality, 2023 – 2026 and the new ADP Change Story, and the [National Drugs Mission Plan 2022 - 2026](#).

5.2 This report contributes to the IJB Strategic Objective to ‘operate sound strategic and operational management systems and processes.’

6. IMPLICATIONS

6.1 **Financial Implications**

6.1.1 There are significant financial risks relating to the demand for placement and the annual allocation by the Scottish Government of National Drug Missing Funding for residential rehabilitation placements. The ADP continues to liaise with the Scottish Government to explore additional funding opportunities to

support the local demand.

6.2 Human Resource Implications

6.2.1 There are no human resource implications arising from the content of the report.

6.3 Legal Implications

6.3.1 There are no legal implications arising from the content of the report.

6.4 Equalities implications

6.4.1 There are no equalities implications arising from the content of the report.

6.5 Sustainability implications

6.5.1 There are no sustainability implications arising from the contents of the report.

6.6 Clinical/professional assessment

6.6.1 The short-term vision to develop a funded placement model, and the long-term vision for a pipeline model in South Ayrshire, along with 3-year funding for the pre and post residential community infrastructure and support identified in the scoping study, was developed in a range of partners including individuals with lived experience and clinicians and professionals working across the sector. The ADP RRWG includes representatives from a range of partners including clinical representation from South Ayrshire Treatment and Recovery Team.

7. CONSULTATION AND PARTNERSHIP WORKING

7.1 The residential rehabilitation model for South Ayrshire was developed with a wide range of partners and stakeholders, including individuals with lived experience.

7.2 The ADP multiagency RRWG has been supporting the ongoing implementation of the model in South Ayrshire providing regular updates to the ADP.

8. RISK ASSESSMENT

8.1 There are significant financial risks arising from the content of the report.

8.2 The issue has not been highlighted as a risk at present, on an individual basis this would be deemed as high risk where assessed need is not being met and may impact on an increase in drug deaths, mental health implications and increase in hospital admissions, there is also reputational damage to the HSCP in not being able to fulfil Scottish Government commitment to providing residential rehabilitation to all who ask for it.

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BACKGROUND PAPERS

None.

2nd October 2023