

Meeting of South Ayrshire Health and Social Care Partnership	Strategic Planning Advisory Group		
Held on:	19th December 2023		
Agenda item:	11		
Title:	Mental Health and Dementia Strategies - Update		
Summary:			
<p>The purpose of this report is to broadly set out the direction of travel for development of both the SA HSCP Mental Health Strategy and Dementia Strategy during 2024.</p>			
Author:	Rachael Graham, Planning and Performance Coordinator Kevin Milton, Senior Manager – Mental Health		
Recommendations:			
<p>It is recommended that the Strategic Planning Advisory Group:</p> <ol style="list-style-type: none"> I. Agree the time is right to progress the Mental Health Strategy and the Dementia Strategy development from February 2024. II. Note draft timescales for strategy completion. III. Note separate regular progress reports will be brought to SPAG 			
Route to meeting:			
<p>There have been a number of previous conversations and thinking in relation to the development of these strategies. It was previously agreed by the Directorate Management Team to await the publication of national strategies and delivery plans before commencing local development.</p>			
Directions:		Implications:	
1. No Directions Required	<input checked="" type="checkbox"/>	Financial	<input type="checkbox"/>
2. Directions to NHS Ayrshire & Arran	<input type="checkbox"/>	HR	<input type="checkbox"/>
3. Directions to South Ayrshire Council	<input type="checkbox"/>	Legal	<input type="checkbox"/>
4. Directions to both SAC & NHS	<input type="checkbox"/>	Equalities	<input type="checkbox"/>
		Sustainability	<input type="checkbox"/>
		Policy	<input type="checkbox"/>
		ICT	<input type="checkbox"/>

Mental Health and Dementia Strategies - Update

1. PURPOSE OF REPORT

- 1.1 The purpose of this report is to broadly set out the direction of travel for development of both the SA HSCP Mental Health Strategy and Dementia Strategy during 2024.

2. RECOMMENDATION

2.1 It is recommended that the Strategic Planning Advisory Group:

- I. Agree the time is right to progress the Mental Health Strategy and the Dementia Strategy development from February 2024.**
- II. Note draft timescales for strategy completion.**
- III. Note separate regular progress reports will be brought to SPAG**

3. BACKGROUND INFORMATION

- 3.1 In recent months the Scottish Government has published new strategies, Mental Health and Wellbeing Strategy and Dementia in Scotland – Everyone’s Story. This was a timely publication given SA HSCP intention to refresh local strategies in line with the national strategic direction.
- 3.2 The delivery plan for the Mental Health and Wellbeing Strategy was published in October 2023. The delivery plan for the Dementia Strategy is expected to be published imminently with an early draft having been circulated to officers.
- 3.3 It was initially the intention to develop these strategies in South Ayrshire within 2023 but due to the delayed publishing of the Scottish Government Strategies and their accompanying delivery plans this was pushed back.
- 3.4 A number of staffing changes have taken place across both Mental Health services and Planning and Performance during 2023 which have delayed the readiness to commence the strategies until now.
- 3.5 A conclusion report for the existing Adult Mental Health Strategy 2017-2022 was taken to the Performance and Audit Committee in April 2023 by Sharon Hackney who was the Mental Health Senior Manager at the time. This report provided an update on any remaining actions held within the action plan of the existing strategy and concluded the Adult Community Mental Health Strategy 2017-2022 delivery in keeping with the IJB’s agreement to remit monitoring of delivery to the Performance and Audit Committee.
- 3.6 A report for the Dementia Strategy 2018-2023 was taken to Performance and Audit committee in May 2023 by Phil White, Partnership Facilitator to report on progress during lifespan of the strategy and set out our intentions to refresh this.

4. REPORT

- 4.1 A new South Ayrshire Mental health strategy will be developed during 2024 starting development in February. This will provide the foundation for the specification for the new framework for commissioning specialist MH support and will seek to engage with people with lived experience, families and carers.
- 4.2 A separate Dementia Strategy will also be developed, the stages and timeline will be broadly the same for both strategies and a draft timeline is set out within this paper. This will be regularly reviewed, and a more detailed timeline produced by the strategy development group in due course.
- 4.3 There will be opportunities to join up some of the consultation process to avoid an ‘over consulting’ of groups of stakeholders where there may be a cross over. Both strategies will be developed and in operation by the end of 2024.

Strategic Context and Policy Review Engagement Workshop with Mental Health Stakeholders across South Ayrshire	February - March 2024
Early Consultation and Engagement	March – April 2024
Strategy Development/Writing	April – June 2024
Further Engagement	June – August 2024
Final Amendments to Strategy and Action Plan	August 2024
Agreement at IJB – Staggered approach to agreement	Autumn/Winter 2024
Monitoring of delivery plan at IJB’s Performance and Audit committee	From early 2025

- 4.4 There have been two separate leads from operational teams identified to provide leadership of each strategy, additionally a policy officer from Planning and Performance will support the lead officer in the development of each strategy. There will be two new policy officers joining the team from late January 2024 to allow this work to progress. Both strategies will have oversight from the Senior Manager for Mental Health, Partnership Facilitator and Co-ordinator for Planning and Performance.
- 4.5 During the writing process, regular reports will be brought to the Strategic Planning Advisory Group during 2024 until the strategies are agreed by the IJB towards the end of 2024. There will be separate reports for each strategy from March 2024.

4.6 It is proposed that the drafting process for each strategy follows a series of steps, broadly set out below:

Engagement

- A Steering Group will be established. This group will meet approximately monthly throughout the period of developing the strategy.
- Having a development time of approx. nine months will allow us to implement good practice in engagement e.g., more than one phase of engagement, employing a range of engagement methods to reach as many people as possible.
- A range of methods will be used to engage with people and a full range of citizens, partners and stakeholders will be encouraged to participate.

Governance

- A Strategy Development Group should be set up to: develop and agree on the scope and vision of the strategy; oversee the development of the strategy document; develop arrangements for the implementation and review of the strategy; oversee the communications strategy.
- This group should meet monthly and should include representation from: HSCP managers; managers from other parts of the local authority with responsibility for services that can impact upon mental health/dementia e.g., Housing, Education, Third sector organisations; and the Strategy Steering Group.
- Regular oversight and input will be provided by the IJB Strategic Planning Advisory Group.

Communications

- A communications plan should be developed to make sure all stakeholders are aware that a strategy is being developed and are aware of the part they can play in its development.

Review, Plan and Monitor

- The next step will be to assess the current position. This involves undertaking a strategic review of the implementation of the current strategy and what the current landscape of mental health services looks like in South Ayrshire.
- Review of the recently published [Mental Health and Wellbeing Strategy](#) and accompanying [Delivery Plan](#) as well as [Dementia in Scotland – Everyone's Story](#). The Dementia delivery plan will be reviewed when available.
- After assessing the evidence of the current position, the next stage will be to plan activities and services that will help move towards the strategic outcomes and vision of life in South Ayrshire. Engagement with people with lived experience at this stage will be useful to hear, not only people's life experiences, but views about solutions and the kind of support that would be most useful.
- It will be important to know how well the implementation of the plan is progressing. Therefore, the implementation plan should include detail on measurable performance indicators and outcomes, agreed responsibilities

with timescales, a clear reporting process, a feedback loop process that ensures the HSCP learns along the way and enables it to change course when needed, and a plan for mental health services and other stakeholders to continue to influence the plan (engagement is not just for the strategy development phase).

Next Steps

A scoping Workshop Session is planned for early February 2024 with teams across Mental Health Services, within this session we will map how services are delivered across South Ayrshire and how we could shape these going forward to best suit service users in line with the new Scottish Government Strategy. This will be led by Kevin Milton, Phil White and the strategy leads supported by Planning and Performance.

The Steering Group and Strategy Development Groups will be formed, and early engagement and consultation will be planned and implemented.

5. STRATEGIC CONTEXT

5.1 The Mental Health and Dementia Strategies will align to the following strategic objectives:

- We nurture and are part of communities that care for each other
- We work together to give you the right care in the right place
- We help build communities where people are safe
- We are transparent and listen to you

5.2 The new Adult Community Mental Health Strategy will be informed by the new National Mental Health and Wellbeing Strategy, the Quality Standards for Adult Secondary Mental Health Services and the Specification for Psychological Therapies and Interventions.

6. IMPLICATIONS

6.1 Financial Implications

6.1.1 There are no specific financial implications arising directly from the consideration of this report.

6.2 Human Resource Implications

6.2.1 There are no human resource implications to agreeing this report.

6.3 Legal Implications

6.3.1 There are no legal implications to agreeing this report.

6.4 Equalities implications

6.4.1 A detailed Equality Impact Assessment will be completed for each strategy and will be developed and expanded at each stage of strategy development to ensure it is robust. The new Integrated Impact Assessment Tool (currently in

testing phase withing South Ayrshire Council) will be used if this is in operation during the timescales concerned.

6.5 Sustainability implications

6.5.1 There are no sustainability implications to agreeing to this report.

6.6 Clinical/professional assessment

6.6.1 There is no requirement for clinical/professional assessment for this specific report.

7. CONSULTATION AND PARTNERSHIP WORKING

7.1 This report has been prepared in consultation with relevant officers.

7.2 Significant consultation will be undertaken during the preparation of the strategies. A full range of citizens, partners and stakeholders will be encouraged to participate. A communication and engagement plan for each strategy will be drafted in due course.

7.3 Partnership working across Pan-Ayrshire, The Pan-Ayrshire Mental Health Engagement Officer (based within North Ayrshire Council) has been engaged to provide support to the development of the strategies.

8. RISK ASSESSMENT

8.1. There are no risks in agreeing this report.

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BACKGROUND PAPERS

[Mental Health and Wellbeing Strategy](#)

[Mental Health and Wellbeing Strategy – Delivery Plan](#)

[Dementia in Scotland – Everyone’s Story](#)

The Dementia Strategy delivery plan has not yet been published.

15th December 2023