













HSCP Social Isolation and Loneliness Plan 2023 - 26







Generated on: 01 February 2024







Action	Managed By	Assigned To	Due Date	Status	Progress	Updates
SIL 01 Raise awareness of social isolation and loneliness across communities in South Ayrshire.	Lauren Logan	Phil White	31-Dec-2026		<div style="border: 1px solid black; width: 100px; height: 15px; background-color: #4a86e8; position: relative;"> 10% </div>	01-Feb-2024 Update from Phil White: Elements of this have taken place and at Locality level SI has been prioritised. Still a need to support some awareness raising across the CPP landscape
SIL 02 Work with local businesses to raise awareness of and consider their role in tackling social isolation and loneliness.	Lauren Logan		31-Dec-2026		<div style="border: 1px solid black; width: 100px; height: 15px; background-color: #4a86e8; position: relative;"> 10% </div>	01-Feb-2024 Present plan is to provide information briefings and information sessions to workplaces which raises awareness of social isolation and loneliness and supports the development of workplace policy and practice to reduce the impact of social isolation and loneliness.
SIL 03 Develop and deliver training and awareness sessions for all partners, community and voluntary organisations and businesses using a suitable model to identify and respond to social isolation and loneliness in communities.	Lauren Logan	Phil White	31-Dec-2026		<div style="border: 1px solid black; width: 100px; height: 15px; background-color: #4a86e8; position: relative;"> 10% </div>	01-Feb-2024 Update from Phil White: There has been some activity surrounding developing a 20 – 30 minute session which can be delivered online and/ or recorded for future viewing which raises awareness of social isolation and loneliness and pathways for support. Needs to be revisited with Health Improvement Team.
SIL 04 Strengthen relationships with relevant partners to consider their contribution to tackling social isolation and loneliness during the development of community structures.	Lauren Logan	Kevin Anderson	31-Dec-2026		<div style="border: 1px solid black; width: 100px; height: 15px; background-color: #4a86e8; position: relative;"> 10% </div>	01-Feb-2024 Update from Phil White: Lots of Place Planning work and Shaping Places for wellbeing work has linked to SI as an issue.

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SIL 05 Strengthen links with South Ayrshire Community Safety Partnership to consider their contribution to tackling social isolation and/or loneliness.	Lauren Logan	Mark Conway; David Porte	31-Dec-2026		<div style="border: 1px solid black; width: 80px; height: 15px; background-color: #e6f2ff; display: flex; align-items: center; padding: 2px;">10%</div>	01-Feb-2024 Update from Phil White: Thriving Communities continue to be well sighted on SI, Also other Council services such as Housing, Sheltered Housing, Libraries and Leisure
SIL 06 Strengthen partnership with South Ayrshire Community Transport and local older people forums.	Lauren Logan		31-Dec-2026		<div style="border: 1px solid black; width: 80px; height: 15px; background-color: #e6f2ff; display: flex; align-items: center; padding: 2px;">10%</div>	01-Feb-2024 Present plan is at a neighbourhood level, identify key projects to tackle anti-social behaviour and perception of unsafe neighbourhoods which will reduce social isolation and loneliness.
SIL 07 Continued exploration of rural transport routes and links to ensure accessibility is suited to the needs of older people.	Lauren Logan	Phil White	31-Dec-2026		<div style="border: 1px solid black; width: 80px; height: 15px; background-color: #e6f2ff; display: flex; align-items: center; padding: 2px;">10%</div>	01-Feb-2024 Update from Phil White: Significant work with Community Transport to widen scope and offer linked to SI and lots of activity in this regard. Community Transport offer disseminated across LPPs and beyond. Also there is a heavy emphasis in Transport element of Ageing Well
SIL 08 Work in partnership with older people to develop a network of volunteer drivers.	Lauren Logan	Phil White	31-Dec-2026		<div style="border: 1px solid black; width: 80px; height: 15px; background-color: #e6f2ff; display: flex; align-items: center; padding: 2px;">10%</div>	01-Feb-2024 Update from Phil White: This is one of suggestions that came through the Ageing Well transport symposium. VASA and Partnership engagement officers to look to build on learning from actions linked to rural and community transport, build a network of volunteer drivers able to support their local communities when other options are not available.
SIL 09 Identify and develop current asset-based activity within communities to ensure older people are included.	Lauren Logan	Phil White	31-Dec-2026		<div style="border: 1px solid black; width: 80px; height: 15px; background-color: #e6f2ff; display: flex; align-items: center; padding: 2px;">10%</div>	01-Feb-2024 The Ageing Well Strategy addresses this activity of the partnership working between Thriving Communities and the Community Learning Partnerships should ensure that ongoing plans and working

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						practices consider and include older people.
SIL 10 Strengthen links with Community Safety Partnership Intergenerational work to ensure projects to tackle social isolation and loneliness are included within this work.	Lauren Logan	Lorraine McKenzie	31-Dec-2026		<div style="border: 1px solid black; width: 100px; height: 15px; background-color: #e6f2ff; display: flex; align-items: center; justify-content: center;">10%</div>	01-Feb-2024 Update from Phil White: Intergenerational work being considered in context of Ageing Well strategy.
SIL 11 Ensure intergenerational projects to tackle isolation and loneliness experienced by our older population are included within Saltire activity	Lauren Logan	Phil White	31-Dec-2026		<div style="border: 1px solid black; width: 100px; height: 15px; background-color: #e6f2ff; display: flex; align-items: center; justify-content: center;">10%</div>	01-Feb-2024 Update from Phil White: Intergenerational work being considered in context of Ageing Well strategy.
SIL 12 Develop intergenerational projects that focus on opportunities for older people to develop their technological skills with support from younger people.	Lauren Logan	Lorraine McKenzie	31-Dec-2026		<div style="border: 1px solid black; width: 100px; height: 15px; background-color: #e6f2ff; display: flex; align-items: center; justify-content: center;">10%</div>	01-Feb-2024 Update from Phil White: This links to work presently carried out by the TEC Ageing Well symposium.
SIL 13 Promote volunteering opportunities for older people across all organisations and communities.	Lauren Logan	Phil White	31-Dec-2026		<div style="border: 1px solid black; width: 100px; height: 15px; background-color: #e6f2ff; display: flex; align-items: center; justify-content: center;">10%</div>	01-Feb-2024 VASA presently lead on engaging with Job Centres and other employability channels to increase numbers of older people choosing to volunteer.
SIL 14 Explore the development of stronger partnership between schools/ early year centres and care homes/ sheltered housing.	Lauren Logan	Lorraine McKenzie	31-Dec-2026		<div style="border: 1px solid black; width: 100px; height: 15px; background-color: #e6f2ff; display: flex; align-items: center; justify-content: center;">10%</div>	01-Feb-2024 Presently planning includes utilising findings from the Intergenerational JAG mapping of activities to explore opportunities for sustained intergenerational connection in those who are chronically isolated and/or lonely.
SIL 15 Provide information, advice and promotion of the uptake of self-directed support.	Lauren Logan	Phil White	31-Dec-2026		<div style="border: 1px solid black; width: 100px; height: 15px; background-color: #e6f2ff; display: flex; align-items: center; justify-content: center;">10%</div>	01-Feb-2024 Update from Phil White: Ongoing work on SDS and linked things like Micro-enterprise.
SIL 16 Ensure social isolation and loneliness is explicit within other key plans and strategies that target groups of older people at higher risk of experiencing social isolation and loneliness.	Lauren Logan	Phil White	31-Dec-2026		<div style="border: 1px solid black; width: 100px; height: 15px; background-color: #e6f2ff; display: flex; align-items: center; justify-content: center;">10%</div>	01-Feb-2024 Ongoing work to ensure appropriate representation at relevant meetings to raise awareness and advocate for inclusion in plans.

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SIL 17 Identify and target interventions for individuals who have been recently diagnosed or are living with a long term condition (LTC) that may limit their ability to make or maintain social connections.	Lauren Logan	Phil White	31-Dec-2026		<div style="border: 1px solid black; width: 80px; height: 15px; background-color: #e6f2ff; display: flex; align-items: center; justify-content: center;">10%</div>	01-Feb-2024 Update from Phil White: This will be revisited as part of the Ageing Well Strategy work.
SIL 18 Ensure Age Friendly Communities and the Ageing Well Strategy are cognisant of social isolation and loneliness.	Lauren Logan	Phil White	31-Dec-2026		<div style="border: 1px solid black; width: 80px; height: 15px; background-color: #e6f2ff; display: flex; align-items: center; justify-content: center;">10%</div>	01-Feb-2024 Plans include developing working relationships with bereavement services such as funeral homes, religious services, humanists, Local Authority Registers etc to raise awareness of social isolation and loneliness and available services for support.
SIL 19 Continue to work with older people to provide informal community spaces where older people can meet, and promote these activities throughout communities	Lauren Logan	Amy Duthie	31-Dec-2026		<div style="border: 1px solid black; width: 80px; height: 15px; background-color: #e6f2ff; display: flex; align-items: center; justify-content: center;">10%</div>	01-Feb-2024 Update from Phil White: Many Cosy Spaces and Chatty Spaces have been developed with some funding through SG MHWB and locality planning monies. Good network in place and directory and on South Ayrshire Lifeline
SIL 20 Continued promotion of a consistent pathway from identification to reconnection that is accessible and utilised by all partners, frontline and community staff.	Lauren Logan	Steven Kelly	31-Dec-2026		<div style="border: 1px solid black; width: 80px; height: 15px; background-color: #e6f2ff; display: flex; align-items: center; justify-content: center;">10%</div>	01-Feb-2024 Update from Phil White: Good pathways in place from CLPs and MHPs and others in MDT teams such as OT.
SIL 21 Continued engagement with Primary Care to monitor support requirements for those at risk of developing social isolation and loneliness around life transitions and “triggers”.	Lauren Logan	Amy Duthie	31-Dec-2026		<div style="border: 1px solid black; width: 80px; height: 15px; background-color: #e6f2ff; display: flex; align-items: center; justify-content: center;">10%</div>	01-Feb-2024 This continues to be monitored in line with new developmental Workstreams being led by HSCP Service Managers & MDT's.
SIL 22 Involve a wider network of third sector organisations and older people in the planning and delivery of services to tackle social isolation and loneliness across our communities.	Lauren Logan	Phil White	31-Dec-2026		<div style="border: 1px solid black; width: 80px; height: 15px; background-color: #e6f2ff; display: flex; align-items: center; justify-content: center;">10%</div>	01-Feb-2024 VASA continue to work alongside the Ageing Well Champions Board to progress action and ensure views are gathered and utilised in planning.

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SIL 23 Continue to engage with local churches and faith based groups to develop and/or promote local activity for those experiencing or at risk of social isolation and loneliness.	Lauren Logan	Amy Duthie	31-Dec-2026		<div style="border: 1px solid black; width: 100px; height: 20px; background-color: #e6f2ff; display: flex; align-items: center; justify-content: center;">10%</div>	01-Feb-2024 VASA continue to engage with churches and faith based groups around Cosy Spaces work to implement activities.
SIL 24 Promote and evaluate a range of preventative services within communities that are available to support individuals as an alternative to statutory services.	Lauren Logan	Steven Kelly	31-Dec-2026		<div style="border: 1px solid black; width: 100px; height: 20px; background-color: #e6f2ff; display: flex; align-items: center; justify-content: center;">10%</div>	01-Feb-2024 Update from Phil White: Ongoing work Steven Kelly leading on South Ayrshire Connect - Front Doors Service.
SIL 25 Strengthen promotion of the existing sheltered housing model by increasing uptake of activities.	Lauren Logan	Joanne Baxter	31-Dec-2026		<div style="border: 1px solid black; width: 100px; height: 20px; background-color: #e6f2ff; display: flex; align-items: center; justify-content: center;">10%</div>	01-Feb-2024 Update from Phil White: Good SH programmes in place and being expanded post Covid. Programmes to be shared to wider audience.
SIL 26 Support initiatives to increase participation of older people in cultural activities.	Lauren Logan	Gerry Bergin	31-Dec-2026		<div style="border: 1px solid black; width: 100px; height: 20px; background-color: #e6f2ff; display: flex; align-items: center; justify-content: center;">10%</div>	01-Feb-2024 Many Library initiatives now in place and other cultural services such as museums and galleries who continue to explore initiatives to increase participation of older people and reduce social isolation and loneliness.
SIL 27 Strengthen support for initiatives which increase participation of older people in physical activity.	Lauren Logan	Janey Anderson	31-Dec-2026		<div style="border: 1px solid black; width: 100px; height: 20px; background-color: #e6f2ff; display: flex; align-items: center; justify-content: center;">10%</div>	01-Feb-2024 Update from Phil White: Good uptake of key leisure based programmes such as Invigor8 and wide network of walking Groups in place.
SIL 28 Continued development, implementation and evaluation of the "Mix & Match" project which connects people at risk of loneliness around a common interest.	Lauren Logan	Phil White	31-Dec-2026		<div style="border: 1px solid black; width: 100px; height: 20px; background-color: #e6f2ff; display: flex; align-items: center; justify-content: center;">10%</div>	01-Feb-2024 VASA continue to engage with individuals to identify key common interests and implement services and projects to bring individuals together.
SIL 29 Continued development and evaluation of the "Out & About" Service.	Lauren Logan	Phil White	31-Dec-2026		<div style="border: 1px solid black; width: 100px; height: 20px; background-color: #e6f2ff; display: flex; align-items: center; justify-content: center;">10%</div>	01-Feb-2024 VASA continue to utilise findings from evaluation to continue to develop the Out & About service to provide support to those experiencing chronic loneliness to reconnect within

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						their communities.
SIL 30 Continue to support the Connecting Scotland programme to provide digital services, connectivity and skills support to older people and those who may be digitally excluded.	Lauren Logan	Phil White	31-Dec-2026		<div style="border: 1px solid black; width: 80px; height: 20px; background-color: #e6f2ff; display: flex; align-items: center; justify-content: center;">10%</div>	01-Feb-2024 VASA to continue to support Connect Scotland in providing one to one digital support to those who need help to be online, which includes support on how safely to make online social connections.
SIL 31 Ensure all partners have access to the most recent data and evidence for best practice and to respond to emerging evidence and/or thinking as appropriate.	Lauren Logan		31-Dec-2026		<div style="border: 1px solid black; width: 80px; height: 20px; background-color: #e6f2ff; display: flex; align-items: center; justify-content: center;">10%</div>	01-Feb-2024 Public Health Team to utilise data from the Scottish Household Survey and South Ayrshire Wellbeing Survey to provide recent data trends linked to social isolation and loneliness.
SIL 32 Develop performance indicators which measure the impact of implementation plans to tackle social isolation and loneliness	Lauren Logan		31-Dec-2026		<div style="border: 1px solid black; width: 80px; height: 20px; background-color: #e6f2ff; display: flex; align-items: center; justify-content: center;">10%</div>	01-Feb-2024 Planning and Performance along with Public Health to progress in utilising data from Scottish Household Survey and South Ayrshire Wellbeing Survey to identify KPIs for implementation plans.
SIL 33 Work in partnership to link proposed population level work to promote positive mental health & wellbeing, and reduce mental ill-health within the population of South Ayrshire to ensure work on social isolation and loneliness is included	Lauren Logan	Phil White	31-Dec-2026		<div style="border: 1px solid black; width: 80px; height: 20px; background-color: #e6f2ff; display: flex; align-items: center; justify-content: center;">10%</div>	01-Feb-2024 Update from Phil White: This will link to development of new Mental Health and Wellbeing Strategy.