









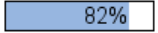
# HSC Learning Disability Strategy 2022– 27 Updates

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1 Health and Wellbeing						
Action	Managed By	Due Date	Status	Progress	Notes	
LDS 01	We will develop a Covid Recovery Plan which will ensure there is restorative action for issues caused by the Covid pandemic such as poor mental health and missed health appointments. The Covid Recovery Plan will investigate innovative support ideas.		31-Dec-2022	✓	100%	16-Apr-2024 This is at the heart of our work and is very much part of our business as usual. Our LD community are supported to all appointments where there are potential issues and there are no carers, guardians etc around to attend. We also run pop up short term groups when we see a pattern of mental health issues occurring. We have developed many groups and have much more of an overview from social care/.work and health of our LD population and can support using a preventative approach and intervene when required earlier in relation to mental health and holistic needs
LDS 02	We will continue to offer Dietetic assessment and treatment on one-to-one or group session basis where appropriate.	Joanne Neil	31-Dec-2027	✓	100%	07-Jul-2023 Dietetic input continues to CLDT. Referrals actioned on a one to one basis or group sessions where appropriate. Signposting to third sector services for ongoing management.  Training and Education offered where appropriate.  Development of resources for weight management services completed
LDS 03	Continue to work with third sector colleagues signposting clients to services available and support education in nutrition to colleagues working in health and social care.	Joanne Neil	31-Dec-2027	✓	100%	07-Jul-2023 Continue to offer training/education to third sector when requested. Signposting to relevant services/training available within other Dietetic services/Health Improvement Service.
LDS 04	Develop a programme of work with Public Health to promote oral health programmes to people with Learning Disabilities which will be ongoing throughout the strategy.	Tony Clapham	31-Dec-2022	✓	100%	28-Feb-2023 This is well underway contact made with public health who are supporting the LD team by providing training and advice and have developed this programme of work to commence.

LDS 05	Provide people with a learning disability with a health passport and fast track ID when they go into hospital	Irene Griffin	31-Mar-2023	✓	 100%	16-Nov-2023 primary and acute liaison nurse post would recommend a getting to know me passport and this is uploaded on to care partner People also ACP also offered if health needs have deteriorated If someone is already open the to team the named nurse would facilitate all of this and if not the primary liaising nurse
LDS 06	Deliver awareness-raising sessions to all new health workers	Alice McAllister	31-Mar-2024	✓	 100%	09-Apr-2024 As part of our induction to all health workers within the team we deliver awareness raising in all aspects of LD, protection ,health and safety and any other health priorities
LDS 07	Support people with learning disabilities to understand and use information about their health to ensure they have an up-to-date Anticipatory Care Plan.	Tony Clapham; Alice McAllister	31-Dec-2023	▶	 100%	25-Mar-2024 We also leave easy read materials of talking mats or other visual aids to support service users where feasible to use the information in relation to the their ACP Our providers also work well with us in this area
LDS 08	Continue to make sure people with learning disabilities get the same support as everyone else for sexual health and wellbeing including relationships. The Community Learning Disability Team will provide health focus groups to ensure that people with learning disabilities have their health needs identified and met.	Tony Clapham	31-Dec-2027	✓	 100%	19-Nov-2023 We offer support groups and on a less formal basis have well being groups which allow education and assessing and the understanding of sexual health for our residents of South Ayrshire.
LDS 09	Continue to ensure older people with learning disabilities can access the healthcare and support they require, including ensuring individuals who are at risk of or where there are concerns regarding dementia, have access to appropriate and timely support following diagnosis	Karen Stevenson	31-Dec-2027	✓	 100%	23-Aug-2023 dementia awareness training offered & implemented where required as part of routine care for all clients diagnosed with dementia.  dementia & PDS ICPs now routine practice in south CLDT ensuring that all individuals where a concern of dementia is raised can be referred and assessed by CLDT & appropriate discussions re management & support actioned.  Any identified health needs in older adults with LD can assessed via community nursing as part of routine practice.
LDS 10	Utilise the re-ablement service for older clients with learning disabilities to facilitate an effective hospital discharge.	Alison Welshman	30-Jun-2023	✓	 100%	16-Nov-2023 The new assessment flat is opening end of Nov and offers Reablement to support hospital discharges. The providers provide an enabling ethos as part of the contract with us and the service user. We call on our nursing and OT colleagues to help us organise this

LDS 11	Community Learning Disability team will begin to work alongside provider agencies and their staff to offer trauma-informed training and will ensure all health and social care staff are trained in trauma-informed care and practice. This will be ongoing throughout the strategy.	Karen Stevenson	31-Mar-2023	✓		16-Nov-2023 <i>The team work alongside all provider agencies offering trauma informed training and sessions have taken place with health and social care staff which have been warmly received</i>
LDS 12	Ensure people with learning disabilities and/or their carers have access to supports and interventions to stay mentally well.	Tony Clapham; Alice McAllister; Alison Welshman	31-Mar-2023	✓		16-Nov-2023 We offer carer support plans to all our carers and take into account their needs and aspirations during our assessments. We link them into the carers Centre or other groups to support and promote positive mental health recognising the burden caring for those with a Learning Disability can bring for adults' and young carers
LDS 13	Work with our partners in Thriving Communities and the Third Sector to provide awareness-raising activities on hate crime and will promote using community hubs as places of safety for people to access support as required.	Callum Nicholson	31-Mar-2024	▶		09-Apr-2024 Consultation and information relating to Hate Crime given to service users at the many groups they attend Meetings with thriving communities to finalise hope to complete all by end of June




## 2 Choice and Control

Action	Managed By	Due Date	Status	Progress	Notes
LDS 14	Alison Welshman	31-Dec-2022	✓		16-Nov-2023 We have improved the frequency of our Resource allocation group and have made it easier for folk to our LD community to promote creative solutions to achieve individualised outcomes. We discuss this within team meetings, supervision discuss with our league of champions and providers
LDS 15	Tess Barke; Tony Clapham	30-Sep-2022	✓		16-Apr-2024 There is a group that has been set up by team leader (health) that has a robust action plan which is fluid and is based on the principles of good transitions. The group has settled and is action focused an works to ensure safe effective and innovative approaches to transition
LDS 16	Tess Barke; Tony Clapham	31-Dec-2022	✓		28-Feb-2023 Completed new Transition policy, Transition worker health and social work lead on this work are developing advice leaflets for more clarity among services, young people and families.

LDS 17	Work closely with schools to help them prepare young people for transition to adulthood.	Tess Barke; Tony Clapham	31-Dec-2027	✓		15-Apr-2024 There are robust systems, policy and meetings held to ensure young folk are supported in transition. Children and Adult social work services has invested posts to make sure this is key to consideration of school. Transition forums have been set up and information has been gathered on a multi disciplinary way
LDS 18	Ensure the support provided to parents with learning disabilities demonstrates the ten family support principles set out in The Promise.	Tess Barke; Tony Clapham	31-Dec-2023	✓		25-Mar-2024 This is offered within our case work and with our transition team information and contact with parent when the young person is going through the transition process.
LDS 19	Continue to support care-experienced young people with learning disabilities to feel loved, safe and respected so they can fulfil their potential.	Tess Barke; Tony Clapham	31-Dec-2027	✓		15-Apr-2024 This is taken forward within transitions and through all interactions assessment and review with our young people who have a learning disability.
LDS 20	Work with our partners across services to ensure staff are trained in Adult Support and Protection. This work will be ongoing throughout the duration of the strategy.	Mark Taylor	31-Mar-2023	✓		16-Nov-2023 There is a robust ASP training plan which is shared and offered out to all providers/agencies and partners to ensure ASP is everyone's business
LDS 21	Develop innovative models of care to support people with learning disabilities to remain in or return to South Ayrshire.	Alice McAllister; Alison Welshman	31-Dec-2023	✓		16-Nov-2023 There is a robust system in place to ensure this work is taken forward. All out of area reviews take place with a nursing and social work colleagues who ensure a robust assessment and then work is undertaken within our core and cluster model of care and with our providers to determine care within South Ayrshire. We have a dynamic support register now in place via scottish government that ensures regular oversight and report of people who are out of are and people who are out of area who wish to return home
LDS 22	Continue to ensure people with learning disabilities are involved in local activities and groups, that these groups are varied to meet the needs of those who attend and are promoted on South Ayrshire Lifeline, so people are aware of what is available.	Greig Stevenson	31-Dec-2027	▶		15-Apr-2024 We are using social media news letter and emails and flyers to providers and all others. We are awaiting the new VASA launch to finalise this work .There are approximately 18 groups running over the week for folk to attend supper clubs, grub clubs, walking groups by 3 art groups, drama groups amongst others
LDS 23	Ensure people with learning disabilities have an independent advocate if they want one to support people to have a say in their support.	Alison Welshman	31-Dec-2022	✓		16-Nov-2023 Advocacy in an ongoing offer at regular times for our LD community and more so at times of crisis such as ASP or when applications have been made for guardianship are made to ensure their voices are heard and they can actively be involved in decisions about them
LDS 24	Ensure carers feel valued and have access to the right	Alison	31-Dec-2023	✓		16-Nov-2023 All carers are offered a carers support plan

	support to allow them to continue in their caring role.	Welshman				and this is actioned for support. We always respond to emergencies in relation to their own health and we could closely as an MDT to flag carers who appear to need extra support. We also work with carers to support them with the transition for their young people
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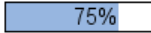

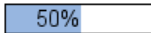
### 3 Living Independently

Action	Managed By	Due Date	Status	Progress	Notes	
LDS 29	Update our Commissioning Plan for Adults with Learning Disabilities to reflect the priorities set out in the strategy.	Sandra Rae	31-Dec-2023		<div style="width: 100%;"><div style="width: 100%; background-color: #4f81bd; height: 10px;"></div></div> 100%	15-Apr-2024 This was completed when we undertook the tender for the LD framework in December 2023
LDS 25	Publish a 'Market Position Statement' on the housing we need for people with learning disabilities. This will look at a range of housing models and support for people living in their own tenancy and in homeless accommodation as well as improving the data we collect to identify housing needs in the future. The 'Market Position Statement' will also include training requirements for housing and social work staff.	Kenny Dalrymple	31-Dec-2027		<div style="width: 60%;"><div style="width: 60%; background-color: #4f81bd; height: 10px;"></div></div> 60%	16-Nov-2023 We are working on the creation of a market position statement on the housing we need for people with learning disabilities Within LD services we know the need and are still finalising the aspirations of folk with in an audit that we are collating and will continue to work with housing colleagues to support a document for publishing
LDS 26	Explore and deliver solutions for enhanced telecare to ensure people can live as independently as possible.	Liz Dick	31-Dec-2023		<div style="width: 100%;"><div style="width: 100%; background-color: #4f81bd; height: 10px;"></div></div> 100%	25-Mar-2024 The social work assessment process ensures that we explore and deliver enhanced telecare for our service user group. This is evidenced within assessments/reviews in our new core and cluster in Carrick Street and in ongoing work to look at our overnight sleepover services where there are up to 5 people living in the one street where they each still have their individual sleepover. There is work to maximise supports in looking at shared waking nightshifts for these groups of service users and offer less intrusive services where this has been assessed as viable
LDS 27	Develop an action plan with our partners in Thriving Communities and Ayrshire College to improve people's experiences of learning and employment. This will consider how people over the age of 30 can receive support into employment, review the recruitment practices of South Ayrshire Council and NHS Ayrshire and Arran to ensure these are appropriate for people with learning disabilities and ensure there is a broader	Greig Stevenson	31-Dec-2027		<div style="width: 70%;"><div style="width: 70%; background-color: #4f81bd; height: 10px;"></div></div> 70%	15-Apr-2024 This is work that is being taken forward with Tam Penman who is developing an action plan

	range of learning opportunities which also link to employability.					
LDS 28	Continue to work alongside provider organisations to embed our Quality Assurance process ensuring the views of those receiving support and their carers are considered.	Alison Welshman	31-Dec-2027	✓	<div style="width: 66%;"><div style="background-color: #4f81bd; height: 10px;"></div></div> 66%	15-Apr-2024 We do an annual social work and days and respite service audit which has been really successful. We are undertaking some audit of sds options across our services
LDS 30	Provide individual communication support depending on the needs of the person.	Geraldine Granger	31-Dec-2027	✓	<div style="width: 100%;"><div style="background-color: #4f81bd; height: 10px;"></div></div> 100%	15-Apr-2024 This is a basic requirement that all staff working and engaging with our LD community undertake. Our staff are skilled in the use of a range of communication tools to assess, communicate and engage meaningfully with our LD community.
LDS 31	Utilise the Community Connector role to develop asset-based approaches to community inclusion and meaningful volunteering opportunities.	Callum Nicholson	31-Dec-2027	▶	<div style="width: 75%;"><div style="background-color: #4f81bd; height: 10px;"></div></div> 75%	28-Feb-2023 Ongoing work and lots of groups availability with a programme of activity.
LDS 32	Continue to provide budgeting support to people with learning disabilities as and when appropriate.	Kelly Stevenson	31-Dec-2027	✓	<div style="width: 100%;"><div style="background-color: #4f81bd; height: 10px;"></div></div> 100%	16-Nov-2023 We have a support worker in place as of November whose role it is to support all of LD community with budgeting advice supported spend and complete budgeting plans to ensure people receive the right support at the right time as well as be encouraged remain independent in this area when assessment and actions inform assessments that this is the right course of action for the person. The role will also support our LD community to have access to the right benefits advice

#### 4 Active Citizenship

Action	Managed By	Due Date	Status	Progress	Notes
LDS 33	Tony Clapham; Alice McAllister; Greig Stevenson; Alison Welshman	31-Dec-2022	✓	<div style="width: 100%;"><div style="background-color: #4f81bd; height: 10px;"></div></div> 100%	28-Feb-2023 A building based service is now operating and offers a limited range of activities which will be built on across the building remaining sensitive to the current day service which transferred over to the new building.
LDS 34	Sandra Rae	31-Mar-2023	✓	<div style="width: 100%;"><div style="background-color: #4f81bd; height: 10px;"></div></div> 100%	22-May-2023 There are a variety of activities in both Ayr and Girvan that people can attend if they have a learning

						difficulty or identify as having a learning disability or difficulty as opposed to a specific learning disability. We currently have successful litter picking groups in Ayr and walking groups in Girvan ,Maybole and Troon with others in the pipeline. We work closely with VASA in terms of their activities in South Ayrshire to support and signpost. We are also looking at a post to support volunteering activities for our service user group.
LDS 35	We will support people with learning disabilities to use digital equipment to reduce isolation and increase opportunities for online interaction with friends and family.	Liz Dick; Alison Welshman	30-Jun-2023	✓	 100%	16-Nov-2023 We were successful in securing tablets for service users and used these for those most affected by social isolation. We work with our service providers and within day services to link people and follow through as we know that our LD community often make friendships however need support to maintain this.We promote this more naturally within our many community groups
LDS 36	Increase participation of the League of Champions in decision-making by ensuring they are involved in meaningful discussions and are listened to.	Callum Nicholson	31-Dec-2027	▶	 75%	15-Apr-2024 We have just met with the league of champions and have also reached out to our LD community and have 8 people who are keen to join the league. This is being taken forward by Alison Welshman
LDS 37	Improve how we are delivering our services and support by engaging with people with learning disabilities at least once a year by doing an annual survey.	Callum Nicholson; Alison Welshman	30-Jun-2023	✓	 100%	16-Nov-2023 This work has now been undertaken across social work, respite and day/community services and a report will be completed for governance group
LDS 38	Work alongside the League of Champions to ensure that our paperwork is easy to understand.	Mark McKinlay	31-May-2027	▶	 50%	15-Apr-2024 Work will be taken forward now the new locality model is in place