

<b>Meeting of South Ayrshire Health and Social Care Partnership</b>	<b>Strategic Planning Advisory Group</b>		
<b>Held on:</b>	<b>25<sup>th</sup> June 2024</b>		
<b>Agenda item:</b>	<b>9</b>		
<b>Title:</b>	<b>Mental Health Strategy - Update</b>		
<b>Summary:</b>			
<p>The purpose of this report is to provide an update on the development of the SA HSCP Mental Health Strategy.</p>			
<b>Author:</b>	<b>Rebecca Hunter – Planning and Performance Officer (Policy)</b> <b>Kevin Milton – Senior Manager Mental Health Services</b>		
<b>Recommendations:</b>			
<p>It is recommended that the Strategic Planning Advisory Group:</p> <ol style="list-style-type: none"> <li>I. Note the progress made so far with the development of the Mental Health Strategy.</li> <li>II. Note the proposed consultation plan.</li> </ol>			
<b>Route to meeting:</b>			
<p>There have been a number of previous conversations and thinking in relation to the development of this strategy. It was previously agreed by the Directorate Management Team to await the publication of national strategies and delivery plans towards the end of 2023 before commencing local development.</p>			
<b>Directions:</b>		<b>Implications:</b>	
1. No Directions Required	<input checked="" type="checkbox"/>	Financial	<input type="checkbox"/>
2. Directions to NHS Ayrshire & Arran	<input type="checkbox"/>	HR	<input type="checkbox"/>
3. Directions to South Ayrshire Council	<input type="checkbox"/>	Legal	<input type="checkbox"/>
4. Directions to both SAC & NHS	<input type="checkbox"/>	Equalities	<input type="checkbox"/>
		Sustainability	<input type="checkbox"/>
		Policy	<input type="checkbox"/>
		ICT	<input type="checkbox"/>

## MENTAL HEALTH STRATEGY - UPDATE

### 1. PURPOSE OF REPORT

- 1.1 The purpose of this report is to provide the SPAG an update on the progress so far made to develop SA HSCP Mental Health Strategy during 2024.

### 2. RECOMMENDATION

#### **2.1 It is recommended that the Strategic Planning Advisory Group:**

- I. Note the progress made so far with the development of the Mental Health Strategy.**
- II. Note the proposed consultation plan.**

### 3. BACKGROUND INFORMATION

- 3.1 The Scottish Government published a new Mental Health and Wellbeing Strategy in October 2023. This was a timely publication given SA HSCP intention to refresh the local strategy in line with the national strategic direction.
- 3.2 It was initially the intention to develop this strategy in South Ayrshire during 2023 but due to the delayed publishing of the Scottish Government Strategy and accompanying delivery plans this was pushed back.
- 3.3 A conclusion report for the existing Adult Mental Health Strategy 2017-2022 was taken to the Performance and Audit Committee in April 2023 by Sharon Hackney who was the Mental Health Senior Manager at the time. This report provided an update on any remaining actions held within the action plan of the existing strategy and concluded the Adult Community Mental Health Strategy 2017-2022 delivery in keeping with the IJB's agreement to remit monitoring of delivery to the Performance and Audit Committee.
- 3.4 A report was brought to SPAG on the 19<sup>th</sup> of December 2023 and the 19<sup>th</sup> March 2024 outlining the direction of travel for the development of the Mental Health Strategy. It was noted at this time the proposed timescale and that regular updates would be brought to SPAG.
- 3.5 A new South Ayrshire Mental health strategy has begun its development from February 2024. This will provide the foundation for the specification for the new framework for commissioning specialist mental health support and will seek to engage with people with lived experience, families, and carers.
- 3.6 A separate Dementia Strategy is also being developed, the stages and timeline will be broadly the same for both strategies and a draft timeline is set out within this paper.

- 3.7 There will be opportunities to join up some of the consultation process to avoid an 'over consulting' of groups of stakeholders where there may be a cross over. Both strategies will be developed and in operation by the end of 2024.
- 3.8 Separate timelines have been included for each strategy; however both are working to similar timeframes with a view to be fully launched by the end of 2024.
- 3.9 There have been two separate leads from operational teams identified to provide leadership of each strategy, additionally a policy officer from Planning and Performance will support the lead officer in the development of each strategy. Both strategies will have oversight from the Senior Manager for Mental Health, Partnership Facilitator and Co-ordinator for Planning and Performance.
- 3.10 During the writing process, regular reports will be brought to the Strategic Planning Advisory Group during 2024 until they are agreed by IJB.
- 3.11 It is proposed that the drafting process for each strategy follows a series of steps, broadly set out below:

### **Engagement**

- 3.12 A Steering Group has now been established. This group will continue to meet approximately monthly throughout the period of developing the strategy.
- 3.13 Having a development time of approx. nine months will allow us to implement good practice in engagement e.g., more than one phase of engagement, employing a range of engagement methods to reach as many people as possible.
- 3.14 A range of methods will be used to engage with people and a full range of citizens, partners and stakeholders will be encouraged to participate.

### **Governance**

- 3.15 A Strategy Development Group has been set up to: develop and agree on the scope and vision of the strategy; oversee the development of the strategy document; develop arrangements for the implementation and review of the strategy; oversee the communications strategy.
- 3.16 This group will meet monthly and will include representation from: HSCP managers; managers from other parts of the local authority with responsibility for services that can impact upon mental health/dementia e.g., Housing, Education, Third sector organisations; and the Strategy Steering Group.
- 3.17 Regular oversight and input will be provided by the IJB Strategic Planning Advisory Group.

## Communications

- 3.18 A communications plan will be developed to make sure all stakeholders are aware that a strategy is being developed and are aware of the part they can play in its development.

## Review, Plan and Monitor

- 3.19 Currently the oversight group are assessing the current position. This involves undertaking a strategic review of the implementation of the current strategy and what the current landscape of mental health services looks like in South Ayrshire.
- 3.20 There is ongoing reviewing of the recently published [Mental Health and Wellbeing Strategy](#) and accompanying [Delivery Plan](#) to ensure the progress being made is inline with the national guidance.
- 3.21 By assessing the current position a range of engagement activities and services that will help move towards the strategic outcomes and vision of life in South Ayrshire have been developed. Engagement plans with people with lived experience have also been included in the planning to shape the direction of the final strategy document.
- 3.22 It will be important to know how well the implementation of the plan is progressing. Therefore, the implementation plan should include detail on measurable performance indicators and outcomes, agreed responsibilities with timescales, a clear reporting process, a feedback loop process that ensures the HSCP learns along the way and enables it to change course when needed, and a plan for mental health services and other stakeholders to continue to influence the plan (engagement is not just for the strategy development phase).

## 4. [REPORT](#)

### Progress so far

- 4.1. Engagement in the form of focus groups for staffing teams continue to take place. Due to the range of services involved within Mental Health and the 10 priority areas included within the national strategy the 4-tiered sessions are being used to gather relevant information to help build the strategy.
- 4.2 The tiered approach to services is:

**Tier 1** – Self-help and ‘First Tier Services’ (third sector supports).

**Tier 2** – Primary Care support, i.e., GP’s, Community Link Practitioners, Mental Health Practitioners.

**Tier 3** – Secondary Care i.e., Social Work, Psychology, Pharmacy.

**Tier 4** – Specialised care, i.e., inpatients stay, Forensic Mental Health

- 4.3 An engagement event has been arranged for the second week of August, aimed at engagement with all tier 1 services. Due to the volume of services involved at this tier it was agreed within the tier 1 sessions that an information sharing day would be more beneficial to the strategy development. This event will take place at UWS with services providing micro presentations on service scope and access. Stalls will be available for services to link together and share learning.
- 4.4 An engagement plan for the consultation period has been drafted by the oversight group which will run over the autumn period. The proposed engagement will be:
- Staff and service user focus groups
  - Further service engagement sessions
  - 1:1 sessions with service users
  - Public awareness raising sessions.
  - Separate staff and wider public surveys
- 4.5 Engagement will be overseen by the Policy Officers and Service Leads involved in both the Mental Health and Dementia strategies. Separate surveys will be made for both of the strategies, however several of the focus groups and wider engagement will link both strategies together.
- 4.6 Over the summer period and during the consultation period writing continues with the strategy and the information gathered so far is supporting the development of the different sections required within our local strategy whilst incorporating the priority areas of the national strategy.
- 4.7 Further updates will be brought to the next SPAG meeting of the ongoing progress being made within the Mental Health Strategy.

## **5. STRATEGIC CONTEXT**

- 5.1 The Mental Health Strategy will align to the following strategic objectives:
- We nurture and are part of communities that care for each other
  - We work together to give you the right care in the right place
  - We help build communities where people are safe
  - We are transparent and listen to you
- 5.2 The new Adult Community Mental Health Strategy will be informed by the new National Mental Health and Wellbeing Strategy, the Quality Standards for Adult Secondary Mental Health Services and the Specification for Psychological Therapies and Interventions.

## **6. IMPLICATIONS**

### **6.1 Financial Implications**

6.1.1 There are no specific financial implications arising directly from the consideration of this report.

## **6.2 Human Resource Implications**

6.2.1 There are no human resource implications to agreeing this report.

## **6.3 Legal Implications**

6.3.1 There are no legal implications to agreeing this report.

## **6.4 Equalities implications**

6.4.1 A detailed Equality Impact Assessment has been completed and this will be developed and expanded at each stage of strategy development to ensure it is robust. The new Integrated Impact Assessment Tool (currently in testing phase within South Ayrshire Council) will be used if this is in operation during the timescales concerned.

## **6.5 Sustainability implications**

6.5.1 There are no sustainability implications to agreeing to this report.

## **6.6 Clinical/professional assessment**

6.6.1 There is no requirement for clinical/professional assessment for this specific report.

## **7. CONSULTATION AND PARTNERSHIP WORKING**

7.1 This report has been prepared in consultation with relevant officers.

7.2 Significant consultation will be undertaken during the preparation of this strategy. A full range of citizens, partners and stakeholders will be encouraged to participate.

7.3 Partnership working across Pan-Ayrshire, The Pan-Ayrshire Mental Health Engagement Officer (based within North Ayrshire Council) has been engaged to provide support to the development of the strategies.

## **8. RISK ASSESSMENT**

8.1 There are no risks in agreeing this report.

## **BACKGROUND PAPERS**

[Mental Health and Wellbeing Strategy](#)

[Mental Health and Wellbeing Strategy – Delivery Plan](#)

## **REPORT AUTHOR AND PERSON TO CONTACT**

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