

Meeting of South Ayrshire Health and Social Care Partnership	Strategic Planning Advisory Group	
Held on:	17th September 2024	
Agenda item:	7	
Title:	South Ayrshire Adult Mental Health and Wellbeing Strategy - Update	
Summary:		
The purpose of this report is to provide an update on the development of the South Ayrshire Adult Mental Health and Wellbeing Strategy.		
Author:	Rebecca Hunter – Planning and Performance Officer (Policy) Kevin Milton – Senior Manager Mental Health Services	
Recommendations:		
It is recommended that the Strategic Planning Advisory Group:		
<ul style="list-style-type: none"> i. Note the progress made so far with the development of the Adult Mental Health and Wellbeing Strategy for South Ayrshire. 		
Route to meeting:		
There have been a number of previous conversations and thinking in relation to the development of this strategy. It was previously agreed by the Directorate Management Team to await the publication of national strategies and delivery plans towards the end of 2023 before commencing local development. Local development commenced in February 2024.		
Directions:	Implications:	
1. No Directions Required <input checked="" type="checkbox"/>	Financial <input type="checkbox"/>	
2. Directions to NHS Ayrshire & Arran <input type="checkbox"/>	HR <input type="checkbox"/>	
3. Directions to South Ayrshire Council <input type="checkbox"/>	Legal <input type="checkbox"/>	
4. Directions to both SAC & NHS <input type="checkbox"/>	Equalities <input type="checkbox"/>	
	Sustainability <input type="checkbox"/>	
	Policy <input type="checkbox"/>	
	ICT <input type="checkbox"/>	

SOUTH AYRSHIRE ADULT MENTAL HEALTH AND WELLBEING STRATEGY - UPDATE

1. PURPOSE OF REPORT

- 1.1 The purpose of this report is to provide the SPAG an update on the progress so far made to develop South Ayrshire Adult Mental Health and Wellbeing Strategy during 2024.

2. RECOMMENDATION

2.1 It is recommended that the Strategic Planning Advisory Group:

- i. Note the progress made so far with the development of the Mental Health Strategy.**

3. BACKGROUND INFORMATION

- 3.1 The Scottish Government published a new Mental Health and Wellbeing Strategy in October 2023. This was a timely publication given SA HSCP intention to refresh the local strategy in line with the national strategic direction.
- 3.2 It was initially the intention to develop this strategy in South Ayrshire during 2023 but due to the delayed publishing of the Scottish Government Strategy and accompanying delivery plans this was pushed back.
- 3.3 A conclusion report for the existing Adult Mental Health Strategy 2017-2022 was taken to the Performance and Audit Committee in April 2023 by Sharon Hackney who was the Mental Health Senior Manager at the time. This report provided an update on any remaining actions held within the action plan of the existing strategy and concluded the Adult Community Mental Health Strategy 2017-2022 delivery in keeping with the IJB's agreement to remit monitoring of delivery to the Performance and Audit Committee.
- 3.4 Previous reports have been brought to SPAG on the 19th December 2023, 19th March 2024 and the 25th June 2024 outlining the direction of travel for the development of the Mental Health Strategy and providing updates on progress. It was noted that regular updates would be brought to SPAG.
- 3.5 A new South Ayrshire Adult Mental Health and Wellbeing Strategy has begun its development from February 2024. This will provide the foundation for the specification for the new framework for commissioning specialist mental health support and will seek to engage with people with lived experience, families, and carers.
- 3.6 A separate Dementia Strategy is also being developed, the stages and timeline will be broadly the same for both strategies and a draft timeline is set out within this paper.

- 3.7 There will be opportunities to join up some of the consultation process to avoid an ‘over consulting’ of groups of stakeholders where there may be a cross over. Both strategies will be developed and in operation by the end of 2024. We will also be using some of the consultation feedback to inform our overarching IJB Strategic Plan, which is being refreshed this year, separate reports being brought to SPAG during 2024.
- 3.8 There have been two separate leads from operational teams identified to provide leadership of each strategy, additionally a policy officer from Planning and Performance will support the lead officer in the development of each strategy. Both strategies will have oversight from the Senior Manager for Mental Health, and Co-ordinator for Planning and Performance.
- 3.9 During the writing process, regular reports will be brought to the Strategic Planning Advisory Group during 2024 until they are agreed by IJB.
- 3.10 It is proposed that the drafting process for each strategy follows a series of steps, broadly set out below:

Engagement

- An Oversight Group has now been established. This group will continue to meet approximately fortnightly throughout the period of developing the strategy.
- A range of methods will be used to engage with people and a full range of citizens, partners and stakeholders will be encouraged to participate.
- Engagement in the form of focus groups for staffing teams has already taken place. Due to the range of services involved within Mental Health and the 10 priority areas included within the national strategy the 4-tiered sessions were used to gather relevant information to help build the strategy.
- The tiered approach to services is:
 - Tier 1** – Self-help and ‘First Tier Services’ (third sector supports).
 - Tier 2** – Primary Care support, i.e. GP’s, Community Link Practitioners, Mental Health Practitioners.
 - Tier 3** – Secondary Care i.e. Social Work, Psychology, Pharmacy.
 - Tier 4** – Specialised care, i.e. inpatients stay, Forensic Mental Health

Governance

- A Strategy Development Group has been set up to: develop and agree on the scope and vision of the strategy; oversee the development of the strategy document; develop arrangements for the implementation and review of the strategy; oversee the communications strategy.
- This group will meet monthly and will include representation from: HSCP managers; managers from other parts of the local authority with responsibility for services that can impact upon mental health/dementia e.g., Housing, Education, Third sector organisations; and the Strategy Steering Group.

- Regular oversight and input will be provided by the IJB Strategic Planning Advisory Group.

Communications

- A communications plan has been developed as part of the engagement plan to make sure all stakeholders are aware that a strategy is being developed and are aware of the part they can play in its development.

4. REPORT

Progress so far

- Formal consultation began on the 29th of August and will run for a 6-week period. During this time a range of activities have been organised to capture a wide range of views on mental health and wellbeing to then form a draft version of the new strategy.
- An engagement event took place on the 29th of August, aimed at engagement with all tier-1 services. This event took place at UWS with services providing micro presentations on service scope and access. There were opportunities for networking between services and a workshop took place in the afternoon for strategy specific engagement.
- The feedback from the event was positive with many of the services advising they found it beneficial. 48 people attended and the engagement within the workshops will form part of the final engagement document.
- Whilst the engagement is ongoing, a writing group has been created and meets on a weekly basis. Once engagement is concluded the writing group will be able to work on key themes and an additional meeting has been arranged for the end of October to progress the development of the final action plan based on the engagement and key themes.
- The strategy is due to undergo inhouse graphic design work produced by Stephen Dunn – Design and Marketing officer within south Ayrshire Council. Agreement has been made that the strategy will follow a similar format to the recent Ageing Well Strategy so that it is a user-friendly document that anyone in the community can access to learn more about Mental Health and Wellbeing within South Ayrshire. There will be accompanying documents to the main strategy that give more detail on areas such as: the policy context, data, and engagement.
- Following the consultation period, a draft strategy will be written and circulated for final consultation prior to it being presented at the IJB on the 11th December 2024.

5. STRATEGIC CONTEXT

5.1 The Mental Health Strategy will align to the following strategic objectives:

- We nurture and are part of communities that care for each other
- We work together to give you the right care in the right place
- We help build communities where people are safe
- We are transparent and listen to you

5.2 The new Adult Mental Health and Wellbeing Strategy will be informed by the new National Mental Health and Wellbeing Strategy, the Quality Standards for Adult Secondary Mental Health Services and the Specification for Psychological Therapies and Interventions.

6. IMPLICATIONS

6.1 Financial Implications

6.1.1 There are no specific financial implications arising directly from the consideration of this report.

6.2 Human Resource Implications

6.2.1 There are no human resource implications to agreeing this report.

6.3 Legal Implications

6.3.1 There are no legal implications to agreeing this report.

6.4 Equalities implications

6.4.1 A detailed Equality Impact Assessment has been completed and this will be developed and expanded at each stage of strategy development to ensure it is robust. The new Integrated Impact Assessment Tool (currently in testing phase within South Ayrshire Council) will be used if this is in operation during the timescales concerned.

6.5 Sustainability implications

6.5.1 There are no sustainability implications to agreeing to this report.

6.6 Clinical/professional assessment

6.6.1 There is no requirement for clinical/professional assessment for this specific report.

7. CONSULTATION AND PARTNERSHIP WORKING

7.1 This report has been prepared in consultation with relevant officers.

7.2 Significant consultation will be undertaken during the preparation of this strategy. A full range of citizens, partners and stakeholders will be encouraged to participate.

8. RISK ASSESSMENT

8.1. There are no risks in agreeing this report.

REPORT AUTHOR AND PERSON TO CONTACT

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BACKGROUND PAPERS

[Mental Health and Wellbeing Strategy](#)

[Mental Health and Wellbeing Strategy – Delivery Plan](#)