

Meeting of South Ayrshire Health and Social Care Partnership	Integration Joint Board	
Held on:	11th December 2024	
Agenda Item:	11	
Title:	Live Well: Adult Mental Health and Wellbeing Strategy 2024-34	
Summary:		
The purpose of this report is to provide seek approval of the renewed South Ayrshire Mental Health and Wellbeing Strategy 2024-34.		
Author:	Kevin Milton – Senior Manager Mental Health Rebecca Hunter – Planning and Performance Officer	
It is recommended that the Integration Joint Board:		
<p>I. Approve the South Ayrshire Adult Mental Health and Wellbeing 2024-34 and its accompanying Delivery Plan.</p>		
Route to meeting:		
There have been a number of previous conversations and thinking in relation to the development of the renewed Adult Mental Health and Wellbeing Strategy. Now the National Strategy and Delivery Plan have been published we have commenced local development.		
Directions:		Implications:
1. No Directions Required <input checked="" type="checkbox"/>		Financial <input type="checkbox"/>
2. Directions to NHS Ayrshire & Arran <input type="checkbox"/>		HR <input type="checkbox"/>
3. Directions to South Ayrshire Council <input type="checkbox"/>		Legal <input type="checkbox"/>
4. Directions to both SAC & NHS <input type="checkbox"/>		Equalities <input type="checkbox"/>
		Sustainability <input type="checkbox"/>
		Policy <input checked="" type="checkbox"/>
		ICT <input type="checkbox"/>

LIVE WELL: ADULT MENTAL HEALTH AND WELLBEING STRATEGY 2024-34

1. PURPOSE OF REPORT

- 1.1 The purpose of this report is to seek approval from the Integration Joint Board of the renewed South Ayrshire Live Well: Adult Mental Health and Wellbeing Strategy 2024 - 2034.

2. RECOMMENDATION

2.1 It is recommended that the Integration Joint Board:

- i. Approve the Live Well: Adult Mental Health and Wellbeing Strategy 2024-34 and the accompanying Delivery Plan.**

3. BACKGROUND INFORMATION

- 3.1 Last year the Scottish Government published a new Mental Health and Wellbeing Strategy and an accompanying Delivery Plan. This was a timely publication given SA HSCP's intention to refresh the local strategy in line with the national strategic direction.
- 3.2 The intention was initially to develop this strategy in South Ayrshire within 2023 but due to the delayed publishing of the Scottish Government Strategy and the accompanying delivery plan it was pushed back.
- 3.3 A report for the Mental Health Strategy 2017-2022 was taken to Performance and Audit committee in May 2023 by Phil White, Partnership Facilitator to report on progress during the lifespan of the strategy and set out our intentions to refresh this.
- 3.4 The refresh of the Mental Health and Wellbeing Strategy began development as of February 2024. This is in line with the new national Mental Health and Wellbeing strategy seeks to engage with people with lived experience, families and carers.
- 3.5 Reports were brought to SPAG on 19th March 2024, 25th March 2024 and 17th September 2024, outlining the direction of travel for the development of the Mental Health and Wellbeing Strategy. The proposed timescale was noted at this time.
- 3.6 An Equality Impact Assessment has been undertaken as part of the strategy development process. This has been revisited at regular intervals during the strategy development process to ensure a fully inclusive approach.
- 3.7 The ongoing monitoring and review of the Mental Health and Wellbeing Strategy 2024-34 will be undertaken between the IJB and the Performance and Audit

Committee. Once agreed the Delivery Plan will be reported to the Performance and Audit Committee 6 monthly.

4. REPORT

4.1 The report below outlines our engagement approach taken to inform the South Ayrshire's Live Well: Adult Mental Health and Wellbeing Strategy, summarises the content and outlines some proposed next steps. The appendices to the report are listed below.

- Appendix 1 – DRAFT South Ayrshire Live Well: Adult Mental Health and Wellbeing Strategy 2024-34
- Appendix 2 – DRAFT South Ayrshire Live Well: Adult Mental Health and Wellbeing Strategy 2024-34 Engagement Report
- Appendix 3 – DRAFT Glossary
- Appendix 4 – Equality Impact Assessment

4.2 The Strategy details:

- Strategic themes set in line with the national picture,
- The policy context in which the Strategy is set,
- Understanding Mental Health and Mental Wellbeing
- The tiered approach we have taken to developing the plan collaboratively,
- The vision for Mental Health and Wellbeing services,
- where we are now and looking forward, and
- The Delivery Plan.

Engagement and development of the Strategy

4.3 To develop the Strategy an oversight group was established and met regularly. The oversight group included a range of stakeholders to ensure the Strategy was robust and included all relevant views.

4.4 In preparing the Strategy a vast engagement exercise was carried out. Various methods of engagement were used such as focus groups, an online survey and information sessions. Staff engagement took place for a period of round 7 weeks – from the 21st of March to the 7th of May. Wider community engagement took place over a period of 6 weeks - from the 29th of August until the 11th of October. Over the engagement period we have engaged with over 400 people from ages 5 to 103 across all 6 localities in South Ayrshire.

4.5 The key themes that emerged from the engagement exercise were:

- Timely and Effective Services;
- Communication;
- Challenging Stigma and
- Building Resilient Communities.

4.6 The findings from the engagement exercise informed the Delivery Group in developing the Delivery Plan. A wide range of stakeholders were invited to the Delivery Group to promote inclusivity and partnership working across services and sectors.

Proposed Next Steps

- 4.7 With this report, the IJB are invited to agree the Strategy. Once approved, the following steps will be undertaken:
- the Strategy will be launched by the HSCP;
 - other formats of the Strategy will be developed such as Easy Read;
 - the Oversight Group will continue to meet quarterly to progress the Delivery Plan;
 - review the Strategy bi-annually following the Scottish Governments Action Plan publishing schedule; and
 - reports will be presented to the Performance and Audit Committee on a six-monthly basis.

5. STRATEGIC CONTEXT

- 5.1 The Live Well: Adult Mental Health and Wellbeing Strategy aligns to the following strategic objectives set out in the Strategic Plan 2021-31:

- We nurture and are part of communities that care for each other
- We work together to give you the right care in the right place
- We help build communities where people are safe
- We are transparent and listen to you

- 5.2 To align the new Mental Health and Wellbeing Strategy to our overall vision that South Ayrshire is a place to 'Start Well', 'Live Well' and 'Age Well' the title of the strategy will be 'Live Well: Adult Mental Health and Wellbeing Strategy 2024-2034'.

- 5.3 The new Live Well: Adult Mental Health and Wellbeing Strategy is informed by the new national Mental Health and Wellbeing strategy 2024-2034.

6. IMPLICATIONS

6.1 Financial Implications

- 6.1.1 There are no financial implications to agreeing this report

6.2 Human Resource Implications

- 6.2.1 There are no HR implications to agreeing this report.

6.3 Legal Implications

- 6.3.1 There are no legal implications to agreeing this report.

6.4 Equalities implications

- 6.4.1 A full equality impact assessment has been undertaken on the completed draft plan.

6.5 Sustainability implications

- 6.5.1 There are no sustainability implications to agreeing this report.

6.6 Clinical/professional assessment

6.6.1 The views of professional groups were taken into close consideration as the Strategy was developed.

7. CONSULTATION AND PARTNERSHIP WORKING

7.1 This report was prepared in consultation with appropriate staff, partners and communities. Details on consultation and partnership approach are set out in Appendix 2.

8. RISK ASSESSMENT

8.1 There are no risks associated with agreeing this report.

APPENDICES

Appendix 1 - Live Well - Adult Mental Health and Wellbeing Strategy 2024-2034

*Appendix 2 - Live Well - Adult Mental Health and Wellbeing Strategy 2024 - 2034
- Engagement Report*

*Appendix 3 - Live Well - Adult Mental Health and Wellbeing 2024-2034 - Equality
Impact Assessment Form*

Appendix 4 - Mental Health and Wellbeing glossary

REPORT AUTHOR AND PERSON TO CONTACT

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