

# HSC Adult Mental Health Strategy 2024-34


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## HSCP Adult Mental Health Strategy 2024-34

### 1. Timely and Effective Services

Action	Assigned To	Due Date	Status	Progress	Latest Note
AMHS1.1 We will develop a South Ayrshire mental health and wellbeing app.	Brian Christie; Kevin Milton	31-Dec-2026		0%	25-Apr-2025 Moving forward we will consider this specific action via the Timely and Effective Services Sub Group. Although it should be noted that Digital Pathways to MH & Wellbeing Resources is also being considered via our Digital MH Transformation Board.
AMHS1.2 We will continue to roll out and develop staff to utilise NearMe video conferencing as an alternative to telephone appointments.	Brian Christie; Kevin Milton	31-Dec-2025		10%	25-Apr-2025 Between October 2024 and January 2025 there were 9 users of NearMe video conferencing equating to 2 hours and 10 minutes. Moving forward the plan will be collaborate with Near Me Digital Facilitator to scope current registrant's rates to inform a plan for targeted engagement and training roll out.
AMHS1.3 We will work to increase knowledge and understanding between all HSCP services to streamline referrals and promote better joined up working.	Brian Christie; Kevin Milton	31-Dec-2029		10%	25-Apr-2025 South Ayrshire Community Mental Health Service will be hosting a stall at the South Ayrshire Wellbeing Pledge Event on 3rd June 2025 which will allow stakeholders the opportunity to learn more about the teams. In addition to this we also provide quarterly updates to our wider Partnership stakeholders via the CHCS Driving Change Meeting.
AMHS1.4 We will look to increase the types of data we collect to better understand and evidence trends to support how we deliver person-centred services.	Rebecca Hunter	31-Dec-2029		0%	
AMHS1.5 We will work with Addiction Services and the Alcohol and Drugs Partnership to develop a co-occurring conditions policy.	Brian Christie; Kevin Milton	31-Dec-2025		40%	25-Apr-2025 South Ayrshire Operational Interface between Mental Health and Alcohol & Drugs Services Policy has been drafted and in the process of being circulated around Tier 2/3 service stakeholders for initial consultation.






AMHS1.6 We will review our mental health framework including our commissioned services.	Brian Christie; Kevin Milton	31-Dec-2029		<input type="text" value="10%"/>	25-Apr-2025 We have a series of meetings scheduled with the Partnerships commissioning officer to renew and review the Mental Health Framework with the hope that we can enhance






## 2. Communication





Action	Assigned To	Due Date	Status	Progress	Latest Note
AMHS2.1 We will work collaboratively to have a central hub for mental health and wellbeing information through Connect South Ayrshire.	Brian Christie; Kevin Milton	31-Dec-2025		<input type="text" value="20%"/>	25-Apr-2025 We are in the process of developing public facing information on Tier 2 and 3 services to be hosted on the Partnership website, this will also be linked to Connect South Ayrshire Website to ensure a consistency in the information being shared. We also have a test of change for drop-in sessions with Community Link Practitioners within Connect South Ayrshire Hub
AMHS2.2 We will improve how we communicate our service waiting times to patients.	Brian Christie; Kevin Milton	31-Dec-2026		<input type="text" value="10%"/>	25-Apr-2025 Our Psychology colleagues in South Ayrshire have started issuing waiting time correspondence to individuals who are waiting for treatment. Moving forward we will consider other opportunities for communicating service waiting times as part of our Communication Sub Group.
AMHS2.3 We will develop pathway mapping for each Mental Health Service that we deliver.	Brian Christie; Kevin Milton	31-Dec-2029		<input type="text" value="0%"/>	25-Apr-2025 Moving forward we will consider opportunities to enhance existing pathways as part of the Timely and Effective Services Sub Group actions.
AMHS2.4 We will develop and publish proformas on professional roles with Mental Health Services	Brian Christie; Kevin Milton	31-Dec-2029		<input type="text" value="20%"/>	25-Apr-2025 We are in the process of developing public facing information on Tier 2 and 3 services to be hosted on the Partnership website, this will include published proformas on professional roles with Mental Health Services
AMHS2.5 We will work in connection with Connect South Ayrshire to promote drop-in sessions with Community Link Practitioners within	Brian Christie; Kevin Milton	31-Dec-2025		<input type="text" value="30%"/>	25-Apr-2025 We have a CLP based in Connect South Ayrshire Hub on a Wednesday / Friday afternoon. The first hour is a drop-in and then appointment slots are offered from 2-4pm. The Improving the Cancer

community hubs.					Journey Facilitators have also utilised the space when they are seeing patients in-person.
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### 3. Challenging Stigma

Action	Assigned To	Due Date	Status	Progress	Latest Note
AMHS3.1 We will develop and connect with existing training programmes that all stakeholders and services can access to better inform staff on mental health and wellbeing.	Brian Christie; Kevin Milton	31-Dec-2029		<div style="width: 20%;"><div style="background-color: #4f81bd; height: 10px;"></div></div> 20%	25-Apr-2025 In South Ayrshire we have two Suicide Prevention Leads who regularly connect stakeholders to relevant training. Moving forward we will consider other opportunities for developing and connecting staff with existing training programmes as part of our Training & Education Sub Group.
AMHS3.2 Our third-tier services will develop clear links with HSCP trauma informed work and roll out additional training for staff .	Brian Christie; Kevin Milton	31-Dec-2026		<div style="width: 10%;"><div style="background-color: #4f81bd; height: 10px;"></div></div> 10%	25-Apr-2025 In South Ayrshire we have established links with Trauma Informed Practice Officer to ensure training opportunities are shared within our Tier 2 and 3 services. Moving forward we will consider other opportunities to further promote these links as part of our Training & Education Sub Group.
AMHS3.3 We will develop and implement an anti-stigma resources/training for staff to implement to the community.	Brian Christie; Kevin Milton	31-Dec-2029		<div style="width: 0%;"><div style="background-color: #4f81bd; height: 10px;"></div></div> 0%	25-Apr-2025 Moving forward we will consider opportunities for developing and implementing anti stigma / resources as part of our Training & Education Sub Group.
AMHS3.4 We will use data to measure and report how often we employ people with lived experienced into the workforce	Brian Christie; Kevin Milton	31-Dec-2029		<div style="width: 0%;"><div style="background-color: #4f81bd; height: 10px;"></div></div> 0%	25-Apr-2025 We don't currently employ Peer Support / Recovery Workers in South Ayrshire Community Mental Health Services, albeit this model is more recognised within our Alcohol & Drug Services. Moving forward we will consider opportunities to monitor this data as part of the wider Strategy Sub Group actions.
AMHS3.5 We will work with Health Improvement to support the delivery of their Suicide Action Plan.	Brian Christie; Kevin Milton	31-Dec-2026		<div style="width: 30%;"><div style="background-color: #4f81bd; height: 10px;"></div></div> 30%	25-Apr-2025 NHS AA Suicide Prevention Action Plan is in the process of being developed. This will be informed and influenced by our South Ayrshire Suicide Prevention Leads. We are also piloting QES Suicide Surveillance system to support the real-time recording, reviewing and reporting of suspected suicides to better inform prevention, postvention and bereavement support and activity.

4. Community Resilience					
Action	Assigned To	Due Date	Status	Progress	Latest Note
AMHS4.1 We will promote the usage of Advanced Statements for future planning and to support the inclusion of carers and families.	Brian Christie; Kevin Milton	31-Dec-2026		<input type="text" value="10%"/>	25-Apr-2025 Between February 2025 and April 2025 there were 78 Generic MH Assessments undertaken (mixture of new assessments and annual review) - 4.3% of individuals were made aware of their right to have an ADV statement, 5.8% already had one in place. 33.3% not recorded and 56.5% were not made aware due to other clinical priority. As of April 2025 there were 19 ADV Statements alerted on Care Partner.
AMHS4.2 We will work with South Ayrshire Carers Gateway to increase community outreach work to support carers.	Brian Christie; Kevin Milton	31-Dec-2029		<input type="text" value="0%"/>	25-Apr-2025 Moving forward we will consider opportunities to increase community outreach work to support carers as part of our Public Awareness, Challenging Stigma, and Resilient Communities sub group.
AMHS4.3 We will work collaboratively with each of the locality areas to support them to build their own networks/responder services.	Brian Christie; Kevin Milton	31-Dec-2029		<input type="text" value="10%"/>	25-Apr-2025 South Ayrshire Community Mental Health Services are currently involved in the Integrated Neighbourhood Team test of change taking place in the Ayr North locality.
AMHS4.4 We will support our Community Link Practitioners to continue to develop with links and knowledge of community supports.	Brian Christie; Kevin Milton	31-Dec-2026		<input type="text" value="15%"/>	25-Apr-2025 Community Link Practitioners continue to develop and build on their own service directory of resources as well as be active participants in events such as Social Prescribing Day. We have also developed a calendar of events to promote topical issues such as Mental Health Awareness Week, Green Health etc.
5. Long Term Ambitions					
Action	Assigned To	Due Date	Status	Progress	Latest Note
AMHS5.1 We will work to increase Multidisciplinary working (MDTs) between Mental Health Services incorporating wider adult services.	Brian Christie; Kevin Milton	31-Dec-2034		<input type="text" value="10%"/>	25-Apr-2025 South Ayrshire Adult Community Mental Health Team are planning to pilot a unified MDT Meeting to include representation from a wider range of services / agencies.

AMHS5.2 We will develop gold standard language that is clear to all within and accessing mental health services.	Brian Christie; Kevin Milton	31-Dec-2034		<input type="text" value="20%"/>	25-Apr-2025 Our Live Well Adult MH Wellbeing Strategy and Age Well Dementia Strategy uses gold standard language around our Tiered approach to service delivery and our universally agreed definitions of wellness versus illness. This will be promoted on our public facing site and where applicable integrated within our local operational policies and procedures.
AMHS5.3 We will develop gold standard referral process.	Brian Christie; Kevin Milton	31-Dec-2034		<input type="text" value="0%"/>	25-Apr-2025 Moving forward gold standard referral process will be considered as part of our Timely and Effective Services subgroup.
AMHS5.4 We will review the current delivery of neurodevelopmental services and seek to improve how services can be provided more efficiently.	Brian Christie; Kevin Milton	31-Dec-2034		<input type="text" value="10%"/>	21-May-2025 Referral rates to Secondary Care Mental Health Services for neurodevelopmental concerns are routinely monitored. A standardised response for our referring partners is currently in the process of being developed / ratified. We have employed an MHANP in Adult CMHT who undertakes MHANP led ADHD Clinic for those individuals already diagnosed and currently in receipt of medication.
AMHS5.5 We will work with Partners and Childrens services to improve the transition between Childrens Services to Adult Services.		31-Dec-2034		<input type="text" value="0%"/>	