

south ayrshire
health & social care
partnership

Live Well: South Ayrshire Adult Carers Strategy 2025-30

Consultation Draft
July 2025

Contents

Foreword	3
Introduction	4
Young Carers.....	8
Carers in Scotland	9
South Ayrshire Strategic Context	11
How do we support Carers in South Ayrshire?	16
Strategy Development and Engagement	20
Strategic Outcomes.....	21
Monitoring and Review	25



Foreword

We are delighted to present our refreshed Adult Carers Strategy for South Ayrshire. Since our last strategy was published in 2019, we have made significant changes and improvements to identifying and supporting Unpaid Carers in our community. We know that caring for someone can be a challenging task and we are committed to ensuring we meet the needs of Carers in South Ayrshire.

In developing this strategy, we have spoken with Carers and they have told us that, the demands of Caring for someone can have an impact on their own lives. Our aim in creating this strategy is to ensure carers are supported in their caring role by being provided them with the right information, advice, and support when it is needed and to look after their own health and wellbeing, alongside their caring role.

We have set out this Adult Carers Strategy with a clear purpose and vision that outlines out how we will identify and support carers at the right time and the right place.

To ensure our vision is achieved we have set out four strategic objectives and we will detail why these are important and what kind of things we will do to achieve these over the next five years. The themes included in this strategy are reflective of what Carers have told us during consultation and they also consider both local strategic direction and the National Carers Strategy.

We'd like to say thank you to all who have contributed to the development of this strategy, from the Carers who provided us with valuable insights, to our Voluntary Sector partners who make such a positive difference to Carers' experiences, and to our own teams who work hard every day to support the people of South Ayrshire and their Carers to live their best lives.

Most importantly we extend our thanks, recognition, and appreciation to Carers who continue to play such a vital role in supporting others in our communities to Live Well.

Introduction

In South Ayrshire we want to ensure we identify Carers, and they are both informed and supported to build their resilience and carry out their caring role whilst also being provided with the information, advice, and support to maintain their own health and wellbeing.

We want Carers, as well as the people being cared for, to feel valued, respected, listened to and offered the right level of support at the right time to enable them to lead a healthy life and continue to thrive in their caring role.

This means that we will outline a clear and structured approach to improving support for Adult Carers in South Ayrshire, recognising their vital role in our communities.

Why are we writing this strategy?

We have developed this strategy to set out our vision for supporting and empowering all our valued Carers in South Ayrshire. The strategy will be accompanied by a delivery plan which sets out how we will achieve our vision and the steps we will take to get there.

Our vision for this strategy is:

To ensure that Adult Carers in South Ayrshire are valued, supported, and empowered to provide care while maintaining their own health and wellbeing.

The Carers (Scotland) Act 2016 was developed to direct Health and Social Care Partnerships (HSCP) of the rights of Carers and sets out the duties we must deliver here in South Ayrshire to support anyone who is taking on a caring role. Part of our duty as an HSCP is to develop a local Carers strategy.

Who is this strategy for?

This strategy is for anyone who cares for a friend or family member living within South Ayrshire. It is also developed to be a useful resource for all our staff, partners and third sector organisations, including our commissioned Carers Service or anyone who wants to learn more about how we support Carers in South Ayrshire.

It will inform other South Ayrshire Health and Social Care strategies and transformation plans. This ensures we are striving to meet the needs and aspirations of Carers and that this is embedded across all HSCP services, including those commissioned externally. This is namely South Ayrshire Carers Gateway who provide information, advice, signposting and support services to Carers where appropriate.

Who is a Carer?

For the purposes of this strategy, 'Unpaid Carers' will be referred to as 'Carers'.

A Carer is “a person of any age who provides unpaid help and support to a relative, friend or neighbour who cannot manage to live independently without the Carer’s help due to frailty, illness, disability or addiction.”

(Scottish Government, 2016)

A Carer can care for someone who is older or younger and there is no minimum caring requirement. Carers can look after more than one person, and they may not be the primary Carer. Some Carers may have health issues of their own and can also be cared for.

We also know that many Carers, may not self-identify as a Carer. Often, this is because they see themselves as a spouse or family member who is caring for their loved one and they are not aware that information, advice and support is available.

The Carers (Scotland) Act 2016 was updated in July 2021, so that the only distinction of age in the Carers act is between young and adult.

Since the introduction of the Carers (Scotland) Act 2016, we have recorded a steady growth in the number of Carers accessing information and being supported.

South Ayrshire Health and Social Care Partnership recognises, values and respects the roles that Carers have, and are aware of the impact the caring role can have on a Carers life.

The strategy and the actions set out within the delivery plan are designed to support all carers in their role. We are committed to continually raising awareness of the support available and promoting the benefits of seeking information and support early. To do this we will set out how we will continue to support Carers in their caring roles over the next five years.

Who is a Carer?

Parents: Parents who care for a child or young person under the age of 18 years with a disability or chronic illness.

Children & Young People: Children & young people who care for a family member, often a parent or sibling, or friends.

Sibling: Brothers or sisters who provide care for their siblings.

Spousal: Husbands, wives, or partners who care for their significant other.

Adult: Adult Carers are those over 18 (unless at school, where they still class as a young carer).

Young Carers

Young Carers are defined under the Carers (Scotland) Act 2016 as a Carer who is under 18 years old or has reached the age of 18 years and remains a pupil at school. In South Ayrshire we also recognise Young Adult Carers as Carers aged 18 - 25 years old.

In South Ayrshire we have a separate [Young Carers Strategy 2021-2026 - Health and Social Care Partnership](#) This was developed in 2021 and it will be refreshed at the end of 2025.

The Strategy sets out the statutory duties and responsibilities of the Carers (Scotland) Act 2016, which is a law that states what support must be given to Young Carers.

For some, being a Young Carer can be a positive experience giving a sense of responsibility and value. The role of a Young Carer can also enable a young person to gain life skills and develop a greater understanding and compassion. Many Young Carers are happy to undertake the extra responsibilities of their caring role, and lead happy, healthy and fulfilling lives, within a supportive family unit. However, the impact of caring can affect a young person's social, emotional and educational development.

Carers (Scotland) Act 2016

The [Carers \(Scotland\) Act 2016](#) came into effect on 1st April 2018 and is designed to support Carers' health and wellbeing, helping them to remain in their caring roles and be able to manage their own life alongside their caring responsibilities.

Key aspects of the Act include:

- ♥ A duty to develop and offer an **Adult Carer Support Plans**; to someone who is identified as a Carer. The support plan must include contingency planning and support the carer to meet their personal outcomes.

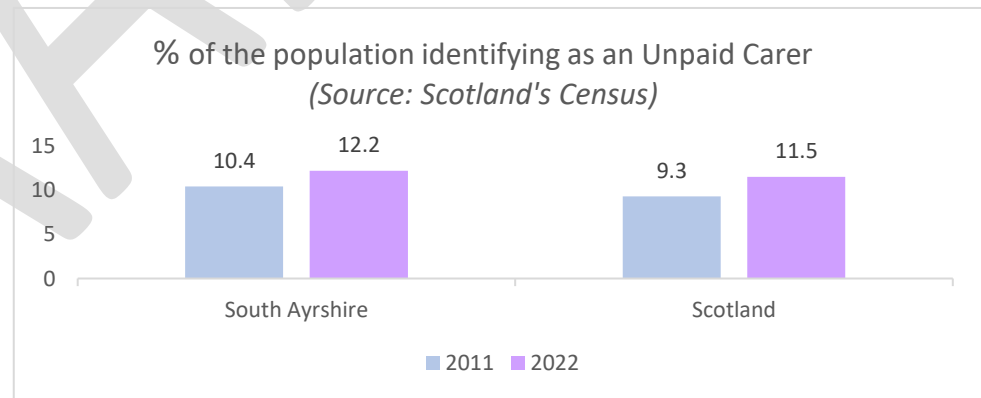
In addition to Carer Support plans there is also a duty to:

- ♥ Set out and publish [local eligibility criteria](#) including recognition that support will be provided if the eligible criteria is met.
- ♥ To provide support to Carers who have eligible needs, including consideration for short breaks from caring.
- ♥ Publish a [short breaks statement](#).
- ♥ Provide Carers with [information and advice](#) services.
- ♥ Put in place support for Carers at the point of hospital discharge.
- ♥ Involve both Adult and Young Carers in the planning of services; and
- ♥ Develop a local Adult's Carer Strategy.

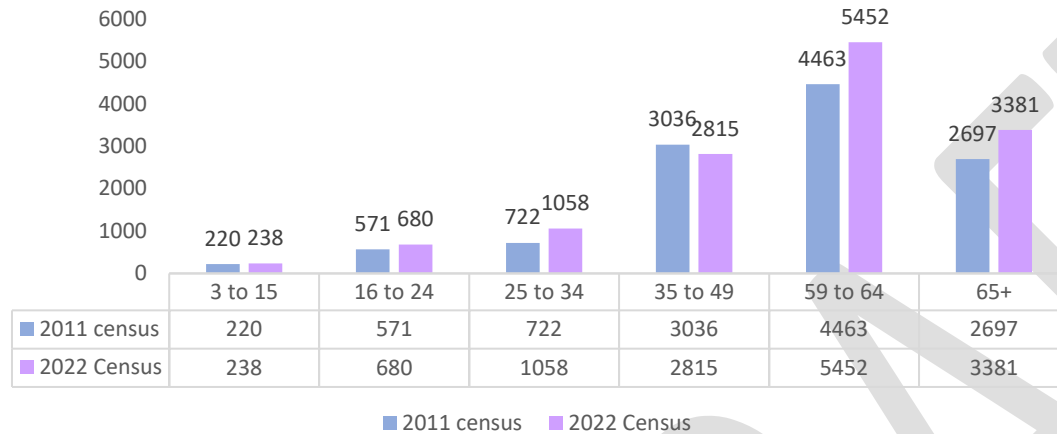
South Ayrshire Strategic Context

Reviewing our data helps to inform us what the local Carers landscape looks like in South Ayrshire. It helps us to understand how many Carers there are and predict what the future may look like based on things such as our ageing population, health concerns and the demand for formal supports. By using data to ascertain future projections will also allow us to plan for services that we can anticipate will see an increase in the number of people and their Carers requiring support.

We know that currently 12.2% of the population within South Ayrshire identifies themselves as a Carer. This is higher than the national average of 11.5%.



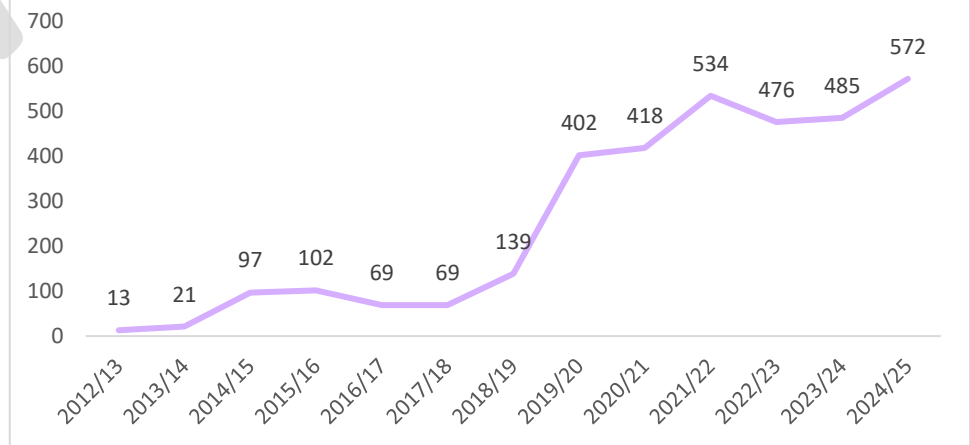
Number of the population identifying as an Unpaid Carers by age in South Ayrshire



The highest age group for Unpaid Carers in South Ayrshire are the 50-64's, however those aged 25-34 have seen the most change and increase overtime, indicating a rise of people within this age frame becoming Unpaid Carers.

Since our last strategy in 2019 was published we have seen an increase in the number of Carers Assessments/Support Plans being carried out which is at 572 as of 2025.

Number of Annual Carers Assessments/ Support Plans completed



STRATEGIC CONTEXT

NATIONAL

THE CARERS (SCOTLAND) ACT 2016

The Carers (Scotland) Act 2016 came into effect on 1 April 2018 and extends and enhances the rights of carers to help improve their health and wellbeing, so that they can continue to care, if they so wish, and have a life alongside caring.

The law states that Local Authorities have a duty to:

- Offering Adult Carer Support Plans (ACSP) or Young Carer Statements (YCS) to anyone identified as being a carer (this replaces the previous Carer Assessment).
- Providing a range of information and advice services to carers.
- Developing local Eligibility Criteria to determine the levels of support that will be offered to carers.
- Publishing a local Carer's Strategy.
- Publishing a local Short Breaks Services Statement

NATIONAL CARERS STRATEGY 2022

The refreshed National carers strategy, 2022 was published 21st December 2022 and stated that Scotland should be a place where all carers are recognised and valued for the contribution they make and where they are enabled to provide the right support for the people they care for while living full, rounded lives. , our Carer Strategy also needs to align with the aims of the National Carers Strategy and its five pillars, which are:

1. Living with COVID-19
2. Valuing, Recognising and Supporting Carers
3. Health and Social Care Support
4. Social and Financial Inclusion
5. Young Carers

THE SOCIAL CARE (SELF-DIRECTED SUPPORT) (SCOTLAND) ACT 2013

Carers should be provided with information and advice about Self-Directed Support (SDS) options. If a carer has eligible needs, staff must offer and explain a range of choices to carers about how support can be provided.

EQUAL PARTNERS IN CARE

is a joint project between NHS Education for Scotland (NES) and the Scottish Social Services Council (SSSC) to implement the workforce education and learning elements of Caring Together 2010-15, the Carers Strategy for Scotland. We aim to support workers from health, social services and other sectors to work in partnership with carers and young carers, and to achieve better outcomes for all involved in the caring relationship.

GETTING IT RIGHT FOR EVERYONE (GIRFE)

Getting it Right for Everyone (GIRFE) is a national approach to designing and delivering public services for adults a cross Scotland with a clear focus on individual needs. This includes supporting carers and making sure services work well for everyone who uses them.

GIRFE is a consistent approach that has been developed to improve how health and social care support is delivered for people in Scotland.

Key aspects of the GIRFE approach include:

- Making it easier for people to get the help they need.
- Puts the person at the centre of decision making.
- Ensures everyone works together to provide consistent and coordinated support, no matter what kind of help is needed at different times in a person's life.

SCOTLAND'S PUBLIC SERVICE REFORM STRATEGY

The Public Service Reform Strategy: Delivering for Scotland outlines Scotland's plan to transform its public services to be more efficient, integrated, and focused on preventative care to create a fairer Scotland where everyone can thrive.

The strategy sets out a vision of a Scotland where everyone has access to services that are efficient, good quality and effective.

The strategy is structured around three pillars: Prevention, Joined-up Services and Efficient Services.

For communities, this will mean shaping local places, with public services organisations sharing power and resources with you to deliver what is needed for individual communities.

INDEPENDENT ADVOCACY PLAN 2024-29

South Ayrshire Health and Social Care Partnership's Independent Advocacy Plan is a new plan that has been developed to ensure people in South Ayrshire have their voice heard, can express their needs, make informed decisions, and have their rights and interests protected. The Plan takes us from 2024-29 and has been informed by the Scottish Independent Advocacy Alliance, guidance from the Independent Advocacy Guide for Commissioners from the Scottish Government (2013) and by engaging with advocacy providers, people who use independent advocacy services, their carers, staff, and families.

LEARNING DISABILITIES

In 2022 we launched Lived your Best Life: South Ayrshire's Adult Learning disability Strategy 2022-2027. The Strategy has been developed with support from the Scottish Commission for Learning Disability and the South Ayrshire League of Champions, and covers the period 2022-27. The content of the document has been informed by engagement with service users, families and carers and with professionals, managers and staff from organisations from across the sectors currently engaged in supporting people with a learning disability.

The Strategy has been designed to ensure that organisations operating in South Ayrshire are able to meet the principles set out in the National Strategy for Learning Disability - "The Keys to Life." Given this, the Health and Social Care Partnership has agreed local outcomes in keeping with the national approach and an Implementation Plan to deliver against these outcomes.

LOCAL

INTEGRATION JOINT BOARD STRATEGIC PLAN 2021-31

Our Integration Joint Board Strategic Plan 2021-31 is a ten-year vision for integrated health and social care services which sets out our objectives and how we will use our resources to integrate services in pursuit of national and local outcomes.

A key principle of our Strategic Plan is putting individuals, carers and families at the centre of their own wellbeing and care. We know how important it is to work together with carers to deliver the right supports at the right time. The importance of working together to realise our vision of empowering our communities to start well, live well and age well is set out in our Wellbeing Pledge with carers are at the core.

MENTAL HEALTH AND DEMENTIA

South Ayrshire's Health and Social Care Partnership (HSCP) is committed to ensuring people living with dementia and/or mental health conditions and their carers receive the support they need to live well and age well. We published our Age Well: Dementia Strategy 2024-32, and Live Well: Mental Health Strategy 2024-2034 in December 2024, both recognise and value the support of carers and have dedicated actions to supporting unpaid carers in their roles. To develop these actions, we worked in collaboration with carers across South Ayrshire to ensure actions reflected the need of the local communities and are meaningful to families and those who care for loved ones.

LOCAL OUTCOMES IMPROVEMENT PLAN (LOIP) FOR 2024 - 2029

In 2016, the Community Empowerment (Scotland) Act 2015 came into force which required each Community Planning Partnership (CPP) to develop a Local Outcomes Improvement Plan (LOIP). The LOIP focuses on improving outcomes for local communities by addressing key issues such as sustainability, financial inclusion, and community health.

Two strategic themes emerged from the development process which were agreed as the area of focus for this LOIP – these are: Place and Wellbeing. These outcomes will guide the development of action plans aimed at improving services and reducing inequalities within South Ayrshire.

South Ayrshire's Alcohol and Drug (ADP) Strategy 2023 – 2026

Ageing Well in South Ayrshire

Caring For Ayrshire


Digital and Technology Enabled Care (TEC)

Digital transformation is a core focus of our Partnership's Strategic Plan. The rate of change in digital technology is rapid and growth in the uptake of technologies such as mobile devices, social media, and high-speed broadband is changing the way we live, providing those living in our communities with greater choice and control than ever before. This presents an opportunity for the HSCP to change the face of health and social care delivery and transform our services so that care can become more person-centred.

In June 2024 we published an ambitious [Digital Strategy 2024-29](#) for South Ayrshire. This aims to be a roadmap for digital transformation, guiding us toward a future where our services are more accessible, efficient, and effective than ever before. We are committed to putting people at the heart of the strategy—both the dedicated staff who make our services possible and the community members who rely on them. This includes supporting Carers in their caring role.

A key action within the Digital Strategy is the development of a Technology Enabled Care Plan for South Ayrshire. This has been developed during 2025 and clearly sets out how we will use TEC to support people to live well at home for longer. This includes how Carers can feel supported in their role by using technology.

How do we support Carers in South Ayrshire?



South Ayrshire HSCP is dedicated to being a trauma informed service. Trauma informed practice is at the heart of everything we do and is something that run through all out strategies, including this one and the actions developed to support Carers.

Previous Carers Strategy

Our previous Strategy 2019-2024 was approved at the meeting of the Integration Joint Board (IJB) on the 16th of May 2019. Progress reports on the delivery plan were submitted throughout the lifecycle of the strategy on a six-monthly basis to the relevant governance meetings.

The 2019-2024 strategy included four key strategic themes as follows:

- ♥ I am recognised and valued in my caring role.
- ♥ I am supported in my caring role.
- ♥ I am able to take a break from caring and look after my own health.
- ♥ I am not defined by my caring role.

The strategy also included an action plan covering the outputs required to achieve the above themes and culminated with a final report at the end of 2024. Throughout the duration of the previous strategy and despite the challenges associated with Covid 19 we have continued to support Carers in line with the four strategic themes as follows:

I am recognised and valued in my caring role.

- ♥ We have seen a locality focus on employability, mental health and wellbeing and access to information support.
- ♥ We have provided regular Carers day's events including the annual carers week.
- ♥ Carers Awareness training has been development.
- ♥ The voice of Carers being represented at Governance meetings.
- ♥ We have worked to develop a Carers Reference Group.

I am supported in my caring role.

- ♥ We have developed new commissioning arrangements with Cares Gateway.
- ♥ Adult and Older People's Social Work has undergone a restructure aimed at improving access to services.
- ♥ We have increased the number of Adult Carer Support plans being completed.
- ♥ We regularly review and update our website, policies, and procedures to ensure access to information for both Carers and staff is available.
- ♥ We have worked with the Carers Gateway to introduce the new website 'Bridget' for Carers to access a wide range of information and support.

I am able to take a break from caring to look after my own health.

- ♥ We support Carers to continue to access 'Short Breaks' through Self-Directed Support.
- ♥ We have published a Short Breaks Statement and eligibility criteria.
- ♥ Holistic and complementary therapies are available for Carers.
- ♥ Leisure cards are provided to carers during carers week.

I am not defined by my caring role.

- ♥ A pathway has been established with Voluntary Action South Ayrshire (VASA) and other third sector organisations to provide volunteering and employment opportunities for Carers.
- ♥ We have worked with local colleges and universities to develop and approach to identify and support Carers in further education.

Short Breaks

South Ayrshire Health and Social Care Partnership is aware that Carers provide a range of informal support to individuals across our communities. The support provided by Carers improves the health and wellbeing of individuals with care and support needs. We also understand a break from a caring role is vital to maintain the health and wellbeing of a Carer.

A break may be needed to deal with other family responsibilities or to attend a doctor or dentist appointment. In other situations, a Short Break such as a holiday may be necessary.

What is a Short Break?

If you are a Carer, there are lots of ways you can take a Short Break. This could be for a few hours, overnight, for a weekend, or longer. A support plan will be put in place so you can be confident that the person you care for will be looked after in their own home or in another supportive, safe environment. You can then take some time for yourself to:

- ♥ Spend some time on your own or with friends
- ♥ Take a holiday
- ♥ Recover from an illness
- ♥ Do other things that improve your own health and wellbeing

In South Ayrshire we are committed to promoting choice and control for you and the person you care for, for more information on Short Breaks, it can be found here in our [Short Breaks Policy](#).

Short Breaks Policy

The **Carers (Scotland) Act 2016** places a legislative requirement to provide support to Carers, including Short Breaks. The Act also requires that each Health and Social Care Partnership publish a Short Breaks statement to include information about what constitutes a break and what services are available for carers.

In South Ayrshire, we are committed to ensuring your health and wellbeing as a Carer is supported in a similar way as the person you care for. This will include providing access to the Short Break opportunities you need to support you in your role.

Working in Partnership

Voluntary Action South Ayrshire (VASA)

Voluntary Action South Ayrshire (VASA) is the local Third Sector Interface. It is recognised by Scottish Government and South Ayrshire Council and Health and Social Care partnership as fulfilling a key role in ensuring the continued development of a robust Third Sector in South Ayrshire. VASA can offer this support through various means such as face-to-face, one-to-one meetings, themed forums, networking opportunities and much more.

Vasa carries out 4 key Interface functions, as set out by Scottish Government which are:

- ♥ Volunteering Development
- ♥ Social Enterprise Development
- ♥ Supporting and developing a strong Third Sector
- ♥ Building the Third Sector Relationship with Community Planning

We work in partnership with VASA through all our strategy developments to ensure joint working takes place to develop key objectives that meet the needs of local communities.

Connect South Ayrshire

Connect South Ayrshire includes integrated and accessible physical locations in all localities, a dedicated website and a free telephone number all providing information, advice and support focussed on promoting wellbeing and access to social opportunities. In partnership with VASA, we launched the online and telephony aspects of Connect and opened our first hub in Ayr in November 2025.

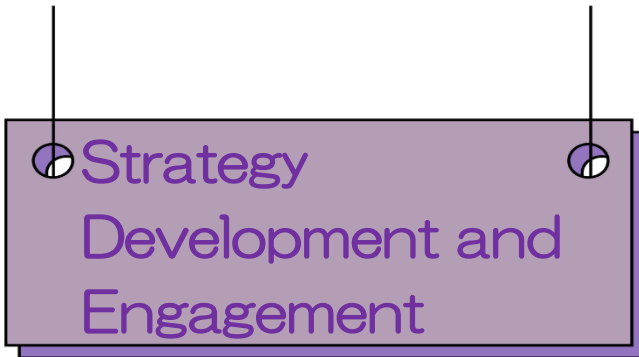
Carers Gateway

The Carers Gateway is the new name for the South Ayrshire Carers Centre. They provide information, support, and advice to Unpaid Carers across South Ayrshire.

The new name better reflects the full range of services on offer. They provide a service in each of the six localities across South Ayrshire, as well as having a dedicated team supporting young carers on a school cluster basis.

The service aims to ensure that Carers of all ages are identified, supported and able to sustain their caring role. Their services for Carers are delivered across South Ayrshire and online to make information and advice as accessible as possible.

The HSCP works in partnership with Carers Gateway and also collaborate with national and local organisations to better identify and support Carers across Scotland.



Strategy Development and Engagement

This strategy has been co-produced, taking into account the views and values of Carers in South Ayrshire at each stage of the development.

We want to ensure that the voices of Carers continues to be at the heart of shaping and delivering Health and Social Care services. Their first-hand experiences and insights are invaluable in designing policies and services that truly meet the needs of those they care for. This central role ensures that care provision is based on

good relationships and honest, necessary conversations, exploring 'what matters' to each Carer.

How did we engage with Carers and stakeholders?

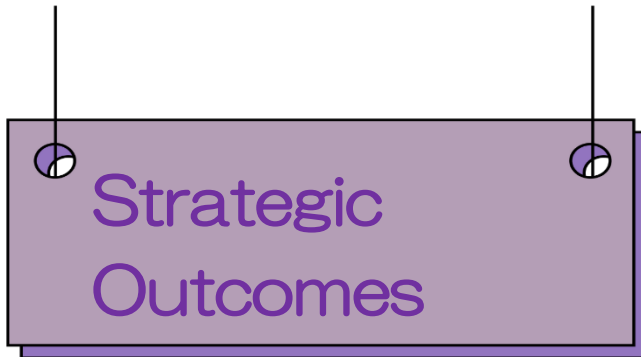
Our work to develop this strategy began in January 2025 as we took time to review our current strategy, the national direction and met with Carer Partners to discuss how this would reflect with South Ayrshire's Strategy.

From March to May 2025, we worked together with external stakeholders and staff to produce and share the National and Local objectives to gather feedback from Carers.

During these conversations, the focus was on understanding and assessing the support resources in place, what currently worked well, and how this could be improved.

What have carers told us?

Early engagement with Carers has allowed us to form strategic objectives which we are currently consulting on through this draft strategy. Following a period of formal consultation between July- August 2025 we will publish a final version of the strategy and a full Engagement Report in the Autumn of 2025.



Strategic Outcomes

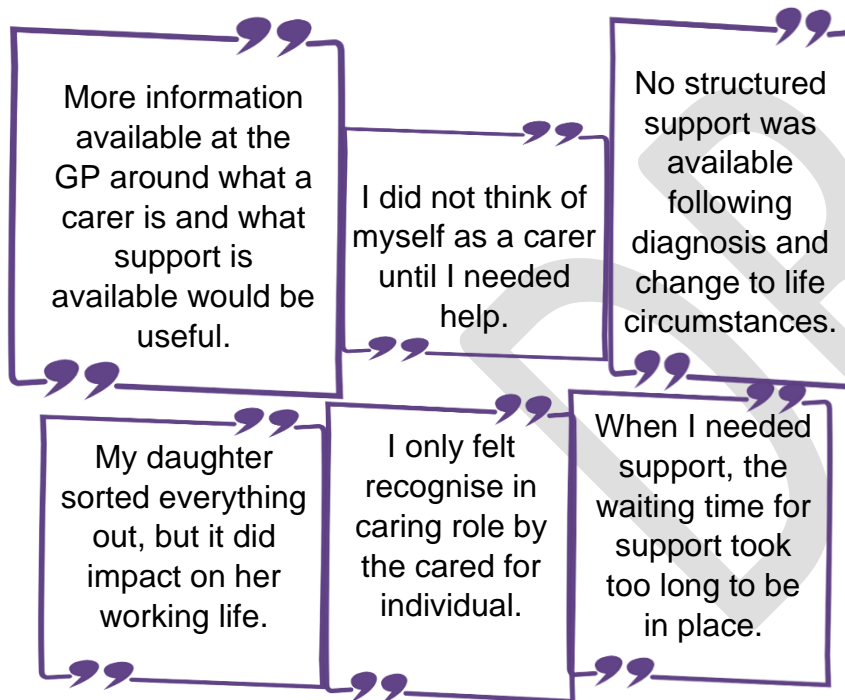
Following our consultation with Carers we have set out four key strategic outcomes informed by the challenges Carers told us they face daily, and we are committed to working alongside carers and our partners to deliver on these as follows:

Outcome 1

'We will improve how we identify carers earlier in their caring journey with a focus on preventative support'.

What we will do:

What Carers have told us:



1.	We will work with partners to promote regular and routine public messaging and awareness of what constitutes an unpaid carer and how they can access information, advice and support across South Ayrshire.
2.	We will work across the HSCP and with other partners and will review existing training and awareness packages for staff around how to identify carers, understand their responsibilities and signpost to support.
3.	We will continue to host events to raise awareness and ensure early identification of carers utilising Carers Week and Carers Rights Day and all local engagement events.
4.	We will utilise communication channels across both the HSCP and partners to ensure consistent messaging to raise awareness and provide information and access to identify carers and subsequently reduce the waiting time for access to a carers assessment.
5.	We will develop a Carers Information Pack in partnership with the Carers Centre and in consultation with carers groups.

Outcome 2

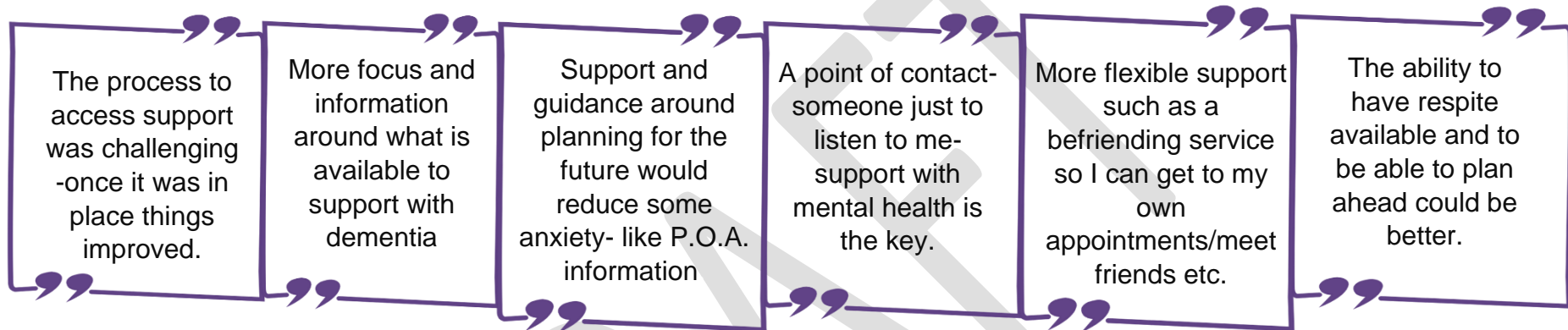
'We will ensure carers have access to information and advice to support them in their caring role'



1.	We will work with carers and partners to information and advice is provided in the right place at the right time.	4	We will ensure all staff are carer aware and there is no wrong front door enabling carers get the right information and advice from the start of their caring journey.
2.	We will provide online information on the HSCP website, Connect South Ayrshire and the Bridgit portal run by the Carers Centre.	5	We will work with partners to develop and provide access to information for carers that promote their resilience and independence and reduces crisis situations.
3.	We will develop and host an accessible information guide to minimise financial disadvantage for carers with key information alongside access to support to complete benefit forms etc.	6	We will ensure that all information and advice will be available in a range of formats, considering people with sensory needs, those who don't speak English and those with a learning disability.

Outcome 3.

'We will value, recognise and support carers to maintain their own health and wellbeing in their caring role'



1.	We will consult with carers to review our current support planning and Short Breaks documentation.	4	We will review and improve our current opportunities across the community for carers to access support including peer support groups and volunteering.
2.	We will work with Primary Care colleagues including GPs and Pharmacy to ensure there is a pathway and carers are being identified and signposted at an early stage within our Primary Care settings.	5	We will ensure resources and support is flexible and available to carers to enable them to forward plan and manage their own health and wellbeing.
3.	We will improve the process for contingency planning to support carers to manage any anxiety they have in relation to their caring role and balance their own health and wellbeing.	6	We will work across the partnership to improve sharing of carer support plans, to reduce duplication and enable carers to balance their caring responsibilities alongside their own health and wellbeing needs.

Outcome 4.

'We will work ensure the involvement and voice of carers influences the work of the HSCP and wider partners'.



1.	We will ensure the lived experience and voice of Carers is represented at the governance groups within the HSCP.
2.	We will continue to support and regularly attend the Carers Reference Group to consult with them on new policies and strategies.
3.	We will develop an annual carers survey with carers to gather feedback and listen to carers around what is working well and also what could be improved.
4.	We are committed to developing a Champions Board for Carers alongside the Carers Centre.
5.	We will work to promote the role of carers to our Community Planning Partners.



Monitoring and Review

We know how important it is to bring about real change by working towards achieving our vision for carers in South Ayrshire. In order to demonstrate how we are making a difference, we will monitor our delivery of achieving this strategy through a range of activities set out in our delivery plan.

Internally our Carers Strategic Group, made up of key stakeholders in the carers landscape in South Ayrshire will meet bi-monthly to ensure key actions in the delivery plan are being progressed operationally.

We will provide six monthly performance reports to HSCP governance through the Performance and Audit Committee, a sub-group of the Integration Joint Board.

In addition to our internal monitoring and review, the Scottish Government required that we provide an annual return of information relating to support for carers in Scotland, this is called the 'Carer Census'.