

<b>Meeting of South Ayrshire Health and Social Care Partnership</b>	<b>Integration Joint Board</b>	
<b>Held on:</b>	<b>8<sup>th</sup> October 2025</b>	
<b>Agenda item:</b>	<b>7</b>	
<b>Title:</b>	<b>Live Well: Adult Carers Strategy 2025-30</b>	
<b>Summary:</b>		
The purpose of this report is to seek approval of the new Live Well: Adult Carers Strategy 2025-30.		
<b>Author:</b>	<b>Steven Kelly, Strategic Carers Lead/ Lauren Logan, Carers Policy Implementation Officer</b>	
<b>Recommendations:</b>		
<b>It is recommended that the Integration Joint Board:</b>		
<ol style="list-style-type: none"> <li><b>I. Approve the Live Well: Adult Carers Strategy 2025-30 and action plan in Appendix 1; and</b></li> <li><b>II. Note the significant engagement undertaken to develop the strategy which is detailed within the engagement report in Appendix 2.</b></li> </ol>		
<b>Route to meeting:</b>		
During strategy development, reports were provided to the Strategic Planning Advisory Group on 17 <sup>th</sup> December 2024, 18 <sup>th</sup> March, 20 <sup>th</sup> May and 17 <sup>th</sup> September 2025.		
<b>Directions:</b>		<b>Implications:</b>
1. No Directions Required <input checked="" type="checkbox"/>		Financial <input type="checkbox"/>
2. Directions to NHS Ayrshire & Arran <input type="checkbox"/>		HR <input type="checkbox"/>
3. Directions to South Ayrshire Council <input type="checkbox"/>		Legal <input type="checkbox"/>
4. Directions to both SAC & NHS <input type="checkbox"/>		Equalities <input type="checkbox"/>
		Sustainability <input type="checkbox"/>
		Policy <input checked="" type="checkbox"/>
		ICT <input type="checkbox"/>

## LIVE WELL: ADULT CARERS STRATEGY 2025-30

### **1. PURPOSE OF REPORT**

1.1 The purpose of this report is to seek approval of the renewed Live Well: Adult Carers Strategy 2025-30.

### **2. RECOMMENDATION**

**2.1 It is recommended that the Integration Joint Board:**

**I. Approve the Live Well: Adult Carers Strategy 2025-30 and the accompanying Delivery Plan.**

### **3 BACKGROUND INFORMATION**

3.1.1 The refresh of the Adult Carers Strategy commenced in January 2025. We considered from the outset both learning from the previous strategy alongside the updated Scottish Government National Strategy 2022 and more recent updated statutory guidance.

3.1.2 Our timetable for this work is set out below and we have had an engagement plan in place to ensure a broad coverage of our consultation and engagement activity both in-person and online with Carers was able to gather their lived experience feedback across all our localities.

3.1.3 Our timeline for strategy development is as follows:

3.1.4 An Integrated Impact Assessment has been undertaken as part of the strategy development process. This has been revisited at regular intervals during the strategy development process to ensure a fully inclusive approach.

3.1.5 The ongoing monitoring and review of the Live Well: Adult Carers Strategy 2025-30 will be undertaken between the IJB and the Performance and Audit Committee. Once agreed the Delivery Plan will be reported to the Performance and Audit Committee six-monthly.

Strategic Context and Policy Review Engagement Workshop for key Stakeholders across South Ayrshire	March 2025
Early Consultation and Engagement with Carers and wider stakeholders.	March – April 2025
Commence Strategy Development/Writing	May – June 2025
Further Engagement on draft proposals	June – August 2025
Final Amendments to Strategy and development of an Action Plan	September 2025

Agreement at IJB – Staggered approach to agreement	Autumn/Winter 2025
Monitoring of delivery plan at IJB's Performance and Audit committee	From early 2026

#### 4. REPORT

4.1.1 Throughout developing this strategy, we have contributed and will finalise an Integrated Impact Assessment prior to the final draft going to the IJB in October. The current national policy landscape has also changed with the [Care Reform \(Scotland\) Act 2025](#) introducing a 'rights to a break for Carers' and we will include this in our strategy and action plan moving forward.

4.1.2 Our engagement and consultation sessions across our localities commenced on 17<sup>th</sup> April and will conclude on 17<sup>th</sup> September as set out in our engagement plan. The chart below sets out who we have consulted with so far.

Consultation Sessions Completed
<ul style="list-style-type: none"> <li>• Locality Planning Partnerships: Maybole, Ayr North &amp; South &amp; Prestwick, Troon and Girvan.</li> <li>• Crossroads Care Service</li> <li>• Cosy Spaces</li> <li>• Community Gardens Girvan</li> <li>• Carrick Centre Maybole (The Pantry Food bank, mother &amp; toddlers' group, Vibrant Communities group)</li> <li>• Workforce Engagement event</li> <li>• Ayr Carers Event</li> <li>• Carers Week- various</li> <li>• Alzheimer's Scotland Social group</li> <li>• Carers Gateway Reference group</li> <li>• Engagement objectives have been shared via South Ayrshire Mailing list.</li> <li>• Community Planning Participation and Engagement Group (CPEG)</li> <li>• South Ayrshire Wellbeing Pledge</li> <li>• Care at Home forum</li> <li>• Ageing Well Champions Board</li> <li>• Ayr Utd Honest Men Strollers</li> </ul>

4.1.3 To support the development of the strategy, a survey was created for unpaid Carers. It was launched and remained open for responses until 5th September 2025. The feedback gathered from the survey contributed to the engagement report, which will help shape the content of the Strategy.

4.1.4 A variety of engagement activities were planned throughout the engagement period to gather diverse perspectives on Carer services in South Ayrshire.

- 4.1.5 Throughout the consultation period, work on drafting the local strategy continued, using the information gathered to develop key sections and align with the priority areas outlined in the national strategy.
- 4.1.6 All consultation has been carried out and supported by the Adult Carers Policy Implementation Officer alongside support from Planning and Performance to ensure the timeline and development of the strategy remains on track. Our conversations with Carers have focussed on understanding and assessing the support and resources- currently in place, what currently works well, and how both the access and provision of information, advice and support could be improved.
- 4.1.7 The Adult Carers Strategic Planning group continues to meet monthly and is being utilised as a steering group to provide governance and monitor progress. This group is made up of senior operational staff from across adult services and also includes wider sector stakeholders.
- 4.1.8 At the latest meeting on 4<sup>th</sup> September, the group was involved in contributing to the development of the action plan.
- 4.1.9 Carers Week this year took place from 9<sup>th</sup> to 15<sup>th</sup> June with the theme 'Caring about Equality.' The Carers Centre in Ayr took the lead this year for delivering Carers week and provided a range of activities, information and advice sessions all aimed at identifying and supporting Carers across South Ayrshire. Leisure services also agreed to provide free access to all leisure activities for adult Carers throughout Carers week and this was well received by informal Carers with positive feedback.
- 4.1.10 A copy of our strategy that includes our four strategic outcomes is provided in Appendix 1.

#### Proposed Next Steps

- 4.1.11 With this report, the IJB are invited to agree the Strategy. Once approved, the following steps will be undertaken:
- the Strategy will be launched by the HSCP;
  - other formats of the Strategy will be developed such as Easy Read;
  - the Oversight Group will continue to meet monthly to progress the Delivery Plan;
  - review the Strategy bi-annually following the Scottish Governments Action Plan publishing schedule; and
  - reports will be presented to the Performance and Audit Committee on a six-monthly basis.

## **5** STRATEGIC CONTEXT

5.1 The Carers Strategy will align to the following strategic objectives:

- We nurture and are part of communities that care for each other
- We work together to give you the right care in the right place
- We help build communities where people are safe
- We are transparent and listen to you

5.2 To align the new Adult Carers Strategy to our overall vision that South Ayrshire is a place to 'Start Well', 'Live Well' and 'Age Well' the title of the strategy will be 'Live Well: Adult Carers Strategy 2025-30'.

## **6** IMPLICATIONS

### **6.1 Financial Implications**

6.1.1 There are no specific financial implications arising directly from the consideration of this report.

### **6.2 Human Resource Implications**

6.2.1 There are no human resource implications to agreeing this report.

### **6.3 Legal Implications**

6.3.1 There are no legal implications to agreeing this report.

### **6.4 Equalities implications**

6.4.1 A detailed Integrated Impact Assessment has been complete and can be found in Appendix 3.

### **6.5 Sustainability implications**

6.5.1 There are no sustainability implications to agreeing to this report.

### **6.6 Clinical/professional assessment**

6.6.1 There is no requirement for clinical/professional assessment for this specific report.

## **7** CONSULTATION AND PARTNERSHIP WORKING

7.1 This report has been prepared in consultation with relevant officers.

7.2 Significant consultation has been undertaken during the preparation of the strategy. A full range of citizens, partners and stakeholders continue to be encouraged to participate. A communication and engagement plan is in place to manage this activity.

## **8** RISK ASSESSMENT

8.1 There are no risks in agreeing this report.

## **APPENDICES**

*Appendix 1 – Adult Carers Strategy 2025 - 2030*

*Appendix 2 – Adult Carers Strategy Engagement Report 2025 – 2030*

*Appendix 3 – Adult Carers Strategy Integrated Impact Assessment*

*Appendix 4 – Adult Carers Strategy Glossary*

## **BACKGROUND PAPERS**

N/A

## **REPORT AUTHOR AND PERSON TO CONTACT**

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**8<sup>th</sup> October 2025**