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## Minute of Strategic Planning Advisory Group

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**Date:** 20<sup>th</sup> May 2025

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**Time:** 2pm

**Place:** MS Teams

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### In attendance

Cllr Hugh Hunter – Chairperson, Voting Member, SAC  
Tim Eltringham - Director of Health and Social Care Partnership, HSCP  
Mark Inglis - Head of Children’s Health, Care and Justice Service, HSCP  
Billy McClean – Head of Community, Health and Care Services, HSCP  
Phil White – Ageing Well Programme Manager, HSCP  
Rosemary Robertson – Associate Nurse Director, NHS  
Frances Ewan – Staff Side Representation, NHS  
Marie Oliver – Chair of Ayr South Locality Planning Partnership, VASA  
Lauren Logan – Carers Policy Implementation Officer, HSCP  
Glenda Hanna – Independent Sector Representative Member, Scottish Care  
Lisa McAlpine – Senior Manager, Localities (Prestwick/Troon)  
Hanna Dearie – Planning and Performance Officer, HSCP  
Nadine McCall – Administration Assistant, Minute taker, HSCP

### Cllr H Hunter in the Chair

Agenda	Discussion	Action
1.	<p><b>Welcome/ Apologies/ Membership updates</b></p> <p>Apologies were received on behalf of Dr Simon Farrell, Philip Hulme, Robert Campbell, Steven Kelly, Thomas Griffin, Sheila Tyeson, Sally Amor, Liam Gallacher, Lisa Duncan and Rachael Graham.</p>	
2.	<p><b>Declarations of Interest</b></p> <p>There were no declarations of interest to note.</p>	
3.	<p><b>Minute of Previous Meeting</b></p> <p>The minute of the meeting of the SPAG held on 18<sup>th</sup> March 2025 was agreed as an accurate record of the meeting.</p>	
4.	<p><b>Matters Arising/ Action Log</b></p> <p>There were no matters arising to note.</p>	
5.	<p><b>Locality Planning Partnership Update</b></p> <p>L Reid advised that this report provides a brief update in relation to Locality Planning in South Ayrshire and the progress of the Locality Planning Partnership's (LPPs).</p> <p>The Locality Planning Partnerships continue to meet in each locality area and there are local themes that each are considering.</p> <p>Priorities have been developed following engagement with communities and using local profile information. These priorities form the work of the LPPs and are key to the delivery of activity reflected in each Locality Plan.</p> <p>L McAlpine gave a brief overview of key activity from each of the localities (as detailed within the circulated report).</p> <p>In terms of planning for the next quarter, L McAlpine informed that a Short Life Working Group will be meeting to discuss resource sharing in Annbank and Mossblown.</p> <p>L McAlpine advised following input from ACCT, a community resilience meeting will be scheduled to bring together</p>	

	<p>organisations to discuss sharing resources in times of crisis.</p> <p><b>The Group noted the content of the paper.</b></p>	
<b>Performance:</b>		
<b>6.</b>	<p><b>Ageing Well and Frailty - update</b></p> <p>P White shared a presentation on screen relating to Ageing Well and Frailty work in South Ayrshire.</p> <p>P White highlighted that the purpose of the Ageing Well Strategy is:</p> <p><i>“To lead a grassroots movement to create opportunities for healthy ageing and to oversee the development and implementation of an Ageing Well Strategy seeking to ensure South Ayrshire is the best place in Scotland to live and age well”.</i></p> <p>P White continued to display a timeline of the Ageing Well journey so far.</p> <p>P White informed that South Ayrshire is a part of the UK Age Friendly Community Network which enables people to age well and live a good later life. To make these improvements, age Friendly Communities follow the Whole Health Organisation (WHO) framework and the Eight Domains.</p> <p>The new South Ayrshire Ageing Well Strategy and Action Plan was officially launched on Tuesday 10<sup>th</sup> September at an event at the Gaiety Theatre in Ayr and was an opportunity to bring together key people who helped develop the strategy.</p> <p>P White continued to inform that Marie Oliver is leading on an upcoming event, looking at encouraging older people to speak about latter stages of their life.</p> <p>P White shared the Ageing Well Action Plan 2045 – 2025 on screen with the Group.</p> <p>P White informed that they have now established 3 Champion’s Boards with around 150 members who have co-produced much of what has been established.</p> <p>They have developed inter-generational programmes with school communities and others and ran a range of community events for the International Day (Week) of Older People (including Ayr</p>	

	<p>United).</p> <p>P White advised that they have begun to address some practical issues such as public seating access and toilet availability and transport access and continue the Strictly Seniors magazine and Ageing Well self-help booklet.</p> <p>Intergenerational week ran from 24<sup>th</sup> – 30<sup>th</sup> April and put a national spotlight on building connections between younger and older people.</p> <p>P White highlighted some other key areas of ongoing work and events relating to Ageing Well.</p> <p>With regards to “Focus on Frailty” P White explained that The Life Curve sets out the trajectory in relation to frailty and functional ability and illustrates the need to “bend the curve” in a virtuous way to enable people to live longer, healthily and with more independence for longer before requiring significant service e interventions.</p> <p>P White displayed a Driver Diagram on screen which shows change ideas for testing, drivers, primary drivers and aims/outcomes.</p> <p>P White informed by December 2024, through early identification and assessment of frailty, 30% of people aged over 65 registered with Troon and Dundonald General Practices, who are living with or at risk of developing frailty, will have improved access to and experience of person centred and alternatives to co-ordinated health and social care services.</p> <p>P White advised that at the early-stage part of the frailty journey work has included:</p> <ul style="list-style-type: none"> <li>• Early preventative approaches in community settings</li> <li>• Attendance at local Mass Vaccination clinics successful with self-referrals received at each clinic</li> <li>• Use of Functional Fitness MOT</li> <li>• Pro-Active Falls Prevention group</li> <li>• Use of self-assessment frailty resource</li> </ul> <p>A lot of positive feedback has been received.</p> <p>P White explained that the Focus on Frailty second phase (May 2025 – April 2026) will focus on frail older people with more significant levels of frailty that require care co – ordination. The</p>	
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	<p>aim of the work is to improve outcomes for patients living with significant levels of frailty and at risk of crisis and potential hospitalisation.</p> <p>The focus will be mainly on activity at locality level, particularly in the context of emerging Multi-Disciplinary Team (MDT) set ups across South Ayrshire, with increasing links to GP Practices and with full wider community-based support beyond formal, statutory health and care.</p> <p>The next steps will be working towards an Ageing Well Service Plan.</p>	
<p>7.</p>	<p><b>Ageing Well Services Plan</b></p> <p>P White advised that the purpose of this report is to broadly set out the direction of travel for the development of a new Ageing Well Services Plan for South Ayrshire HSCP during 2025.</p> <p>P White explained that in September 2024, SA HSCP along with Community Planning Partners they celebrated the launch of a landmark Ageing Well Strategy for South Ayrshire, which set out the vision to support people in South Ayrshire to live well for longer in their communities.</p> <p>An Ageing Well Oversight Group was established in October 2024 to take forward an action plan to support the delivery of the strategy. A key workstream on the action plan for 2025 is for the SA HSCP to work to develop a new plan specific to services.</p> <p>The drafting of the new Ageing Well Services Plan commenced in April 2025. This will consider learning from the previous Older People’s Service Plan 2022-25.</p> <p>P White advised that they have begun to draft an Integrated Impact Assessment and will explore the current policy context and develop their approach to the plan. An indicative timeline has been established with the aim to seek IJB approval for the Ageing Well Services Plan in Autumn 2025.</p> <p>P White highlighted the process they will follow to draft this plan in terms of communication and engagement, governance and next steps and advised that the Ageing Well Services Plan will align to the following strategic objectives:</p> <ul style="list-style-type: none"> <li>• We nurture and are part of communities that care for each</li> </ul>	

	<p>other</p> <ul style="list-style-type: none"> <li>• We work together to give you the right care in the right place</li> <li>• We help build communities where people are safe</li> <li>• We are transparent and listen to you</li> </ul> <p>It is recommended that the SPAG agree the time is right to progress the Ageing Well Services Plan for SAHSCP and note that progress reports on the development will be brought to SPAG until the final plan is approved at IJB.</p> <p><b>The Group noted the content of the report and agreed the recommendations.</b></p>	
<p><b>8.</b></p>	<p><b>Adult Carers Strategy – update</b></p> <p>L Logan advised following on from the Adult Carers paper discussed at SPAG on 18<sup>th</sup> March 2025, the purpose of this report is to provide members with an update on progress around the consultation as we develop a refreshed Adult Carers Strategy.</p> <p>L Logan informed that the previous Carers Strategy 2019-2024 has now concluded, and they are in the consultation phase of developing a refreshed strategy for adult carers. The planned approach and timeline (Appendix 1) in developing a refreshed Adult Carers strategy was presented to the Performance and Audit Committee in March 2025.</p> <p>L Logan continued to advise that the timeline for work is included in the paper and they have an engagement plan in place that ensures their consultation and engagement with carers to gather their lived experience feedback.</p> <p>L Logan advised that they are trying to cover all aspects and groups to gain feedback in order to refresh the strategy.</p> <p>An Integrated Impact Assessment is being developed and they continue to explore the current policy landscape and carry out local engagement sessions across all localities.</p> <p>Carers Week will take place from 9<sup>th</sup> to 15<sup>th</sup> June with the theme this year ‘Caring about Equality.’ L Logan advised that the Carers Centre in Ayr are taking the lead this year for delivering carers week and this will provide a range of activities, information and advice sessions all aimed at identifying and supporting carers across South Ayrshire. Leisure services have also agreed to</p>	

	<p>provide free access to all leisure activities for adult carers throughout carers week.</p> <p>Cllr Hunter asked L Logan how they plan to measure success in terms of the Integrated Impact Assessment.</p> <p>L Logan explained that they initiated the assessment at early stages of the strategy and have met this week to complete some of the sections within it. L Logan advised in terms of how they plan to measure this she would have a discussion with Steven Kelly and feedback to the group.</p> <p><b>The Group noted the content of the paper and agreed the recommendations.</b></p>	
<p>9.</p>	<p><b>South Ayrshire Technology Enabled Care (TEC) Plan</b></p> <p>H Dearie advised that she was presenting this paper on behalf of T Griffin to bring an update on the development of the TEC Plan. This presentation has been prepared to walk through the report, ongoing work and what the next stages are.</p> <p>H Dearie informed that the TEC (Technology Enabled Care) Plan for South Ayrshire has been developed in response to the regions significantly ageing population and increasing demand for Health and Social Care services. It aims to embed TEC at the core of service delivery to support individuals, particularly older adults and those with LTC's to live independently and well in their own homes for longer.</p> <p>H Dearie explained that the key aspects of the TEC approach revolve around a person-centred methodology, prioritising early intervention and prevention. Fostering collaboration across sectors is essential to ensure digital inclusion and the use of evidence-based technologies. The TEC first strategy aims to empower individuals through supporting self-management to improve wellbeing and maintaining independence by integrating tech into the HSCP.</p> <p>The Partnership will deliver a range of initiatives including a TEC service, comprehensive training programs for staff and education for people living in South Ayrshire. There will be expansion of TEC equipment such as GPS tracking and smart home devices to support independent living. The plan aims to establish TEC Hubs,</p>	

	<p>pilot AI Tools for proactive and reactive care and create accessible resources and improved pathways to these solutions.</p> <p>Extensive engagement with stakeholders is already well underway to refine the strategy with more engagement planned. The finalised plan detailing initiatives like new digital TEC services, expanded equipment offerings, and dedicated training programs is scheduled for submission to the Integration Joint Board in June.</p> <p>The equipment provision sampling room at Girvan is going to be open soon which will be a space for people to visit and try out some of the tech that is available. This is one of ten initiatives that T Griffin is working on.</p> <p><b>They Group noted the content and agreed the recommendations in the report.</b></p>	
<p><b>10.</b></p>	<p><b>Liberated Method - Mutual Ventures update</b></p> <p>M Inglis explained that when they began this work looking at how they could better align the processes across children’s services, reduce the duplication of resource and have a great impact on the lives of children and families in South Ayrshire.</p> <p>Using the whole family wellbeing funding they moved across to a locality-based model, putting resources into school clusters and therefore into communities. This meant it was no longer about schools planning for children but for families, see the whole family as part of the solution along with the community. It also reduced the number of services/people working with families.</p> <p>Although there is an understanding that the system is well intended, people can often feel overwhelmed and duplication can also be intense.</p> <p>M Inglis referred to the significant investment made in terms of The Promise and Whole Family Wellbeing support and their work to ensure families remain at the centre of any intervention from services.</p> <p>M Inglis noted that for the families that are the most complex there can be a lot of overlap in resources and the focus is about how they can work alongside families to reduce resources and</p>	

	<p>improve outcomes for them.</p> <p>M Inglis informed that the intention is to work as a Multi-Disciplinary Team with a Co-ordinator in the centre.</p> <p>The plan is to start in Ayr North with an integrated neighbour team involved with small families to test the model out and will gather learning from this that can be shared as they roll this model out.</p> <p><b>The Group agreed the content of the report.</b></p>	
<b>Audit:</b>		
<b>11.</b>		
<b>Items for noting:</b>		
<b>12.</b>		
<b>Any other business/ Actions for follow up to IJB</b>		
<b>13.</b>		

**Date of next meeting – Tuesday 16<sup>th</sup> September 2025**