Miss K's Story



Miss K is a 43-year-old woman with a Learning and Physical Disability, and is deaf, who became known to social work services as an Adult Protection referral from our Social Work Out of Hours service. She had left the family home with an ex sister in law, and had gone to police citing sexual harm. After a weekend in bed and breakfast Miss K agreed to go to a respite facility as a place of safety. This allowed both police to undertake their investigation and social work to work in tandem completing their own Adult Protection. This took some time to fully investigate for both services and conclude.

Miss K had never been away from the family home before and initially was a bit anxious but within 24 hours of being in the respite facility, she knew she was safe and began to trust the staff that were supporting her and she would confide in them. As time passed by she grew in confidence and was supported to make decisions of her own, whilst staff also ensured her safety. Miss K began to thrive and interacted well with peers, and the barrier with her communication did not stop her from building relationships with her peers and staff, evidencing her resilience, and ability to adapt to different situations.

After working with both Miss K and some family members it was agreed that as Miss K wished to live independently of her family that we would support her to achieve this. Miss K loves the company of her peers and engaging in activities, so it was identified that supported living would meet all her needs, and this was discussed with her to ensure her choices were respected.

Miss K has recently moved to a supported living accommodation, which she has settled in to really well. She has developed friendships very quickly with the other people living there, and prior to moving she picked how she wanted her bedroom decorated. She has a good social network and is "living her best life".