

# Ms J's Story



Ms J is 63 and lives alone in a council tenancy. She is known to adult mental health services. She had a worker in mental health primary care team, until she was closed in the last month.

She was admitted to hospital following a fall which resulted in injury to her arm. She was reported to be under the influence of alcohol and to be covered in urine and faeces.

Ms J self- discharged herself from hospital. The Police did a welfare call to Ms J and submitted an Adult Concern to the local authority, reporting that she was still in the same condition as when she left hospital and that her home was also dirty and soiled, with lots of empty alcohol bottles and cans.

Helen and Karen from the adult work team visited Ms J. Ms J's ex-partner Mark had cleared the property and put the soiled bedding into the washing machine. Ms J's bed was very soiled and could not be totally cleaned. Mark said he had some money to buy a second-hand bed, however the community resource he was to go to was now closed. Mark was signposted to a new furniture service to buy a bed. Helen also picked up bedding from the Foodbank to have in reserve.

Ms J did not want to attend formal services about her alcohol issues as she was too embarrassed and did not feel that there would be other people her age there. She did agree to a referral to a community led support service. It was agreed that this service would see Ms J every Wednesday morning and they would look at other local groups to keep Ms J busy during the day as well as strategies to manage Ms J's alcohol use. It was agreed that the community led support services support service would update Adult Social Care on Ms J's progress."