

Summary Adult Learning Disability Strategy 2017 – 2023

May 2017









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Foreword by Tim Eltringham

Providing effective supports for people with learning disabilities that seek to address their personal outcomes is a priority for the South Ayrshire Health and Social Care Partnership. Whenever possible, we will work to support people to live healthily and well within their local communities with their families and friends. We will seek to enable people to enjoy the facilities and activities that are available, locally, in partnership with local groups and provider organisations from across the sectors.

We recognise that the ways in which we have traditionally supported people needs to change. We will seek to change in a way that provides people with choice and control and offers them maximum flexibility under Self Directed Support to live their lives in ways that they want and which best meets their personal aspirations.



We also live in a time where the funding that we have to support people is reducing. The changes that we make will also have to be informed by this reality which faces all Health and Social Care Partnerships in Scotland. We are in a landscape where demand is increasing, while the money available to fund this demand is decreasing.

We will be sensitive to the challenges that this creates. We know we need to ensure that people are well and safe. We will seek to balance the support that we can fund to meet individual and organisational aspirations with the resources that we have for this purpose.

Our aim will be to ensure that staff are open and transparent with service users, carers, families and partner organisations. Where changes are necessary we will communicate in a way that is clear and easily understandable and we will engage and seek views before taking action.

Tim Eltringham

Director of Health and Social Care

May 2017



Purpose

South Ayrshire Health and Social Care Partnership's Adult Learning Disability Strategy for 2017-2023 applies to all adults with learning disabilities, including those aged from 16 years onwards who are in transition into adult services. This Strategy signals a change in what people can expect and a shift to being supported within the community; and details how communities can support this shift. The Strategy is informed by and supports delivery of the priorities and requirements set out in South Ayrshire Health and Social Care Partnership's Strategic Plan for 2016-2019.

People with a learning disability, their families and carers have the right to be valued as individuals and lead fulfilling lives. They have the right to access and participate in their communities and benefit from a fair and inclusive society as well as contributing to the local economy.

In 2013, the Scottish Government published *The Keys to Life*, a 10 year strategy to achieve the kind of society outlined above. The purpose of this South Ayrshire Strategy therefore is to:

- achieve the outcomes contained in *The Keys to Life* for the people of South Ayrshire;
- ensure that people with learning disabilities and their families are involved in the planning, delivery and review of the services they use; and
- · ensure that the difference made is evidenced.

This Strategy was produced by the Health and Social Care Partnership Learning Disability Strategic Group, with assistance from The Scottish Commission for Learning Disability (SCLD).



Who we are

The South Ayrshire Health and Social Care Partnership brings together a wide range of community and primary care health and social work services into a single operational delivery unit. In South Ayrshire the Integrated Partnership includes Adult Services, Children's Services and Criminal Justice Services. The Partnership is governed by the Integration Joint Board (IJB). The IJB has members from NHS Ayrshire and Arran, South Ayrshire Council, representatives of the 3rd Sector, Independent Sector, staff representatives and others representing the interests of patients, service users and carers.

The IJB is a separate legal entity in its own right and has within its scope, staff from both South Ayrshire Council and NHS Ayrshire and Arran. It is responsible for planning and overseeing the delivery of a full range of community health and social work/ social care services, including those for people with learning disabilities. The IJB is responsible for allocating the integrated revenue budget for health and social care in accordance with the policy priorities set out in its Strategic Plan.

In practice, this means that services will work more closely together to deliver streamlined and effective support to people that need it.

Our vision

'Working together for the best possible health and wellbeing of our communities'.

Our mission

We will work with you to improve health, support social care, tackle health inequality, and improve community wellbeing. We will work in partnership with local communities to offer services that are:

- Easily understood
- Accessible and timely
- Well-coordinated
- Safe and person centred
- · Effective and efficient

Our Values

In our work we and those that work on our behalf will uphold the following values:

- Safety
- Integrity
- Engaged
- Caring
- Individually focused
- Respectful

The IJB has approved a number of Strategic Objectives and Policy Priorities which have been designed to deliver progress locally against the National Health and Wellbeing Outcomes.



Developing the Strategy

We have based this strategy on evidence that we gathered in a number of ways:

- Two engagement events for people with learning disabilities and their families and carers;
- Staff surveys for managers and frontline workers across the health, social care and third sectors;
- Interviews with the leads of the strategy sub-groups established as part of the exercise to develop this new document:
 - Employability / Further Education and Meaningful Activities;
 - Self-Directed Support / Carers Act / TEC (Technology Enabled Care);
 - Health and Wellbeing;
 - Models of Support including Housing Options;
 - Developing the Strategy; and
 - Future Contracting.
- Through the summary of strategies and policies (see earlier) that direct how our services should work; and
- Through additional consultation and engagement with service users, carers, families, provider organisations, Health and Social Care Partnership managers, clinicians and staff, the Strategic Planning Advisory Group, South Ayrshire Learning Disability Providers' Forum, Locality Planning Groups and the Integration Joint Board.



Where we want to be

Our vision is that: "All citizens of South Ayrshire who have learning disabilities live longer, healthier lives; are supported to participate fully in all aspects of society; prosper as individuals; and are valued contributors to a fair and equal South Ayrshire."

Demographic Information

Analysis of Learning Disability Population in South Ayrshire

It is estimated that the population of adults with learning disabilities¹, in 2015, was 578, based on the number of people known to South Ayrshire Council who:

- are aged 16-17 and not in full-time education;
- are aged 18 or over; or
- have had contact with South Ayrshire Council in the past three years.

From this data, the rate of people with a learning disability in South Ayrshire is 6.1 per 1,000 adults, which is the same as the national average. There has been an increase in the total number of people with learning disabilities known to the Local Authority since 2011, in line with the national trend, and a marginal (non-significant) rise from 5.4 in 2010. The GP register² for South Ayrshire indicated a total of 655 people with a learning disability registered in 2013-2014 this is a rate of 0.56 per 100 patients which is higher than the national rate across Scotland of 0.48 per 100 patients.

Changes in Available Resources

The most significant challenge going forward will be the need to make considerable savings in what we spend on services. At the same time, the demand for services will be increasing.

The following summarises total spend on health and social care learning disability services in South Ayrshire for the last three years:

Year	2014-15 £m	2015-16 £m	2016-17 £m
SAC	14,025	15,608	17,199
Health	468	477	493
Total Budget	14,493	16,085	17,692

Below are some examples of issues that will put pressure on the provision of learning disability services:

Implementation of the living wage increases;

¹ Scottish Consortium for learning Disability - Statistics release 2015 – Annex B – Table B1a: Adults with learning disability known to local authorities, by local authority area in 2015: http://www.scld.org.uk/evidence-and-research/statistics/ldss-2015-report-2/

² ISD: 2013/14 QOF Prevalence Data – CHP level data – Prevalence reported from QOF registers (practices with any contract type): http://www.isdscotland.org/Health-Topics/General-Practice/Quality-And-Outcomes-Framework/2013-14/Register-and-prevalence-data.asp



- Recent judgement in relation to sleepover payments;
- High costs of respite units require the need to find a non-building based alternative respite provision;
- Kyle Centre Day Services regarded as not fit for modern day service provision; and
- Increasingly, young people with more complex needs requiring expensive support packages are coming up from Children's services.

Financial challenges will necessitate radical solutions. We will need to develop alternative models of intervention and service provision which are cost effective and efficient. Allied to this are the particular and serious challenges arising from an ageing of the learning disability population and the additional and focussed support needs that will be required, as referred to in the previous section.

Early intervention will be the keystone of our approach and we will endeavour to maximise choice and control for people with learning disabilities. However, we have a responsibility to be absolutely clear that as a consequence of these changing and increasing needs together with the scale of financial challenges faced, this will lead to a significant shift in what people can expect. This means people being supported to a greater degree within the community and our emphasis will be on working in partnership with communities in relation to how this shift can be achieved and supported.

The Current Review of Care Packages

A series of care package reviews is underway. This has started with the service users with learning disabilities who are provided with 24 hour care. A number of these individuals received waking night cover with others being provided with sleepover cover. As a result of a recent court judgement an increase in the pay for night cover means an increase in the cost of this of some £1.162 million per year.

Within this group there are up to 60 people whose needs for this type of service are unlikely to change. Therefore, reviews have been carried out on the remaining individuals. This has resulted in 2 groups of individuals: those assessed as no longer requiring night time cover and another group where assessments indicate that cover could be provided on an alternative basis locally. This will require discussion with service users and/or the Guardian or Power of Attorney as to who will provide this new service. Choice to select who will provide services is a core principle of Self-Directed support. Availability of new services, particularly those using new technology, is essential as is the need to build the confidence of people who will use these services.

There is a final, smaller group of service users who were discharged from hospital a number of years ago and for whom specific financial resources were transferred from the NHS to the Local Authority to cover the cost of their 24 hour care. They have significant and ongoing high levels of care and support. Reviews for each of these individuals will start once the current reviews are concluded.

Good Practice Examples



Within South Ayrshire, there are many examples of innovative practices and developments which demonstrate how services involve, include, enable and support people with learning disabilities and, in particular, address the health inequalities they face. Among the range of developments are:

- Carrick Opportunities Centre is a community hub providing day opportunities. Other partner organisations are also based there, including SAC Community Learning and Development, Job Centre Plus, Ayrshire College and the local driving school. The services offered to people and the classes provided have been requested by people with learning disabilities through consultation. The service was recently recommended for recognition by a Regional Manager of ASDAN and a certificate of excellence was awarded based on the excellent practice in running ASDAN courses particularly in relation to the Inclusive Curriculum;
- Hansel Alliance's 'Enterprising Minds' is a support approach which harnesses the
 talents and assets of people with a learning disability, or those on the autistic spectrum,
 in Ayrshire. It uses a personalised approach and supports people to think creatively
 about how they want to spend their time by using their personal skills and talents within
 the context of their local community;
- 'Friday Night Funk' is another of Hansel Alliance's 'collaborative ventures', the purpose of which is to support younger people and families to generally build self-resilience and feel more in control of their own lives. Hansel use a 'barter and exchange approach' to design and co-produce Friday night Funk together;
- Tri Rugby is an integrated rugby system where people with learning disabilities play
 rugby alongside individuals without a learning disability. Tri Rugby has achieved
 sustainability levels and now employs a number of apprentice coaches who have a
 learning disability and they employ a Regional Development Coach. The training base
 for Tri Rugby is Easy Ayrshire Rugby Club but membership is open to people from all
 across Ayrshire and Arran. Tri Rugby now has clubs in other parts of Scotland too but
 was originally commissioned by "We want good health...the same as you";
- Walking Groups, Walk Leader packs and a Walking toolkit have been developed to
 promote walking and to enable people with learning disabilities to experience the
 physical and social benefits of walking with other people. Specialist Occupational
 Therapists were heavily involved in the development of the toolkit and run regular
 walking groups;
- Indepen-dance trained instructors offer dance groups. While people with a learning disability can, and do, participate in dance classes open to the general public, many choose not to do so because they find some classes too fast and too complicated to keep up with and they sometimes report feeling embarrassed that they are holding others in mainstream classes back. Indepen-dance style classes are designed in such a way to be empowering for individuals who find mainstream classes don't work for them:
- **'Equally well'** money was used to purchase specially adapted and accessible funky bikes. These enable people in wheelchairs, with complex physical disabilities and with serious cognitive impairments to access the pleasure of cycling in a safe environment. The bikes are based at the track in East Ayrshire but are open to all;
- Bridge to Vision Service promotes and addresses visual health difficulties and provides a bespoke pathway for people with a learning disability through a partnership pathway between Royal National Institute for the Blind (RNIB), Optometrists, Ophthalmologists and the learning disability service;



- Wellness Recovery Action Planning (WRAP) for service users and for carers is a
 self-management tool that empowers people to manage their own mental health. By
 developing their own plan, participants can use this as a tool to manage their mental
 health and promote mental wellbeing. Lifestyle issues, such as healthy eating, physical
 activity can also be incorporated into the training to highlight the links between healthy
 behaviours and mental wellbeing;
- Development of Looking after Me Resource which is aimed at improving the mental and physical health of people with a learning disability. This resource is currently being piloted within the learning disability service. It focuses particularly on developing a healthy body, healthy eating and a healthy mind;
- A Weight Clinic at Arrol Park led by a Dietician was established to allow community clients who use wheelchairs or are unable to stand on the small base of normal scales to be weighed. Weight monitoring throughout the year is an important part of physical health monitoring requiring access to appropriate scales;
- Development of Total Communication Approach in Arran View in order to offer as many forms of communication as possible. The staff team have been trained in the use of Talking Mats, Boardmaker, Introduction to Sign sharing and Makaton, Intensive Interaction and Objects of Reference. The aim of all of this is to offer a wide range of communication tools to the individuals using the service who experience communication difficulties due to their complexity of need and related limits to understanding and processing of verbal communication alone; and
- Rosie's Retro is a social enterprise from Turning Point Scotland which provides workplace opportunities for adults with learning disabilities. It comprises of a gift shop in Ayr town centre selling a range of unique and quirky products, many made locally, with studio space which is used for craft, drama and adult learning workshops. Those using the service have noticed improvements in their own health, saying they "felt fitter being out and about getting the bus to work", "it's an active job working in a shop" and also 'I'm growing in confidence, meeting people and dealing with the public'.



Strategic Outcomes

The methods that are adopted and commissioned by individuals, communities and professionals in South Ayrshire under the provisions of this Strategy will be in line with the following four Strategic outcomes:

Strategic Outcome 1

A Healthy Life

People with learning disabilities enjoy the highest attainable standard of living, health and family life.

What We Have Achieved:

- We are in the process of implementing the Health Equalities Framework.
- We have established a partnership with Aberlour Childcare Trust with the aim of improving support for parents with learning disabilities, and improving outcomes for them and their children.

Strategic Focus:

- 1. Full implementation of the Health Improvement Plan Refreshed Action Plan.
- 2. Reducing health inequalities for people with learning disabilities.
- 3. Prevention and support for those experiencing mental health problems including Dementia.
- 4. Continuity of support to parents with learning disabilities and embedding support for them as parents within mainstream support services that promote family life.



MEASUREABLE TASKS TO DELIVER STRATEGY OUTCOMES

The Strategy Outcomes will be delivered through the completion of the following measurable tasks:

STRATEGY OUTCOME 1:

A HEALTHY LIFE - PEOPLE WITH LEARNING DISABILITIES ENJOY THE HIGHEST ATTAINABLE STANDARD OF LIVING, HEALTH AND FAMILY LIFE.

Objective Number	Action	Responsible Officer	Target Date(s)	National Outcomes Delivered	Funding Source
1.1.1	We will support people with a learning disability to access appropriate healthy weight and exercise therapeutic opportunities with a view to promoting resilience e.g. "Weigh to Go", Indepen-dance", "Activity for Health", Healthy Walking Groups, and Hydrotherapy.	Community Learning Disability Team Leader (NHS)	Ongoing, 6 monthly review of progress	Improve health & wellbeing; Positive experiences of services; Reduce health inequalities; and Effective resource use.	H&SCP Integrated Budget
1.1.2	People with learning disabilities with palliative care and end of life care needs will be supported to access holistic care sensitive to their individual needs, promote independence and minimise discomfort through the provision of equipment.	Community Learning Disability Team Leader (NHS)	Ongoing, 6 monthly review of progress	Improve health & wellbeing; Live independently; Positive experiences of services; Maintain / improve quality of life; and Reduce health inequalities.	H&SCP Integrated Budget
1.1.3	People with learning disabilities will be supported	Community Learning	Ongoing, 6	Improve health &	H&SCP Integrated



Funding Source National Objective Target Action Responsible Officer Outcomes Date(s) Number **Delivered** Disability Team Leader Budget during their journey through Acute and Primary monthly wellbeing; Care Services by a Registered Learning Disability (NHS) review of Positive Nurse. experiences of progress services: Maintain / improve quality of life: and Reduce health inequalities. **H&SCP** Integrated 1.1.4 Training will be provided for Third Sector and Community Learning Ongoing, 6 Maintain/improve Provider agencies to equip their staff to address Disability Team Leader monthly quality of life; Budget health issues for people with learning disabilities. (NHS) review of Reduce health inequalities; progress Support unpaid carers; and Engaged workforce. 1.2.1 Community Learning **H&SCP** Integrated People with learning disabilities will be able to Ongoing, 6 Improve health & Disability Team Leader access evidence based psychological therapies monthly wellbeing: **Budget** tailored to individual presentations and / or (NHS) review of Positive additional supports to treat low mood and experiences of progress services: depression. Reduce health inequalities; and Effective resource use. 1.2.2 People with learning disabilities who require Community Learning Ongoing, 6 Improve health & **H&SCP** Integrated access to specialist assessment for the diagnosis Disability Team Leader monthly wellbeing; Budget of dementia or who have a confirmed diagnosis of (NHS) review of Positive dementia will have access to specialist experiences of progress



Funding Source National Objective Target Action Responsible Officer Outcomes Date(s) Number **Delivered** interventions, where required, including multiservices: disciplinary / agency interventions. Specialist Reduce health training for carers and support staff will be inequalities; available. Support unpaid carers; Engaged workforce; and Effective resource use. 1.2.3 We will help people with learning disabilities Community Learning Ongoing, 6 Support unpaid **H&SCP** Integrated Disability Team Leader and/or their carers to access supports and monthly carers; and **Budget** interventions to stay mentally well: e.g. by (NHS) review of **Engaged** delivering Wellness Recovery Action Plan workforce. progress (WRAP) Groups. 1.3.1 People with learning disabilities will be supported **H&SCP** Integrated Community Learning Ongoing, 6 Improve health & to reach their optimal potential with regards to Disability Team Leader monthly wellbeing; and Budget "Activities for Daily Living". They will be aware of (NHS) review of Positive basic home maintenance and how to keep experiences of progress themselves safe in the home environment. services. 1.4.1 We will support families and people with learning Community Learning Ongoing, 6 Improve health & **H&SCP Integrated** Disability Team Leader disabilities to participate in Behavioural Family monthly wellbeing: Budget Therapy (BFT). (NHS) review of Positive experiences of progress services: Reduce health inequalities; and Effective resource use. 1.4.2 We will support parents with learning disabilities Community Learning Ongoing, 6 **H&SCP** Integrated Positive to be safe and healthy within their own home. We Disability Team Leader monthly experiences of **Budget** will do this by accessing child protection (NHS) review of services: and



 Objective Number
 Action
 Responsible Officer
 Target Date(s)
 National Outcomes Delivered
 Funding Source

 procedures and services such as those provided by Aberlour as and when required.
 progress
 Effective resource use.



Strategic Outcome 2

Choice and Control

People with learning disabilities are treated with dignity and respect, and protected from neglect, exploitation and abuse.

What We Have Achieved:

- We have made modest progress in the uptake of Self Directed Support (SDS) Options 1 and 2.
- Developed a Framework for the Keep Safe Scheme. This is intended to help people
 with learning disabilities to feel safer and more confident when taking part in everyday
 community activities and to raise awareness of hate incidents and hate crime.

Strategic Focus:

- 1. Strengthen and increase opportunities and arrangements for people with learning disabilities to use SDS as a mechanism for more choice and control in their lives.
- 2. Adopt and implement ARC (Association for Real Change) Scotland's Principles of Good Transitions.
- 3. Prioritise young people in Transition in the promotion of SDS.
- 4. Implement the Keep Safe Scheme.
- 5. Better coordination of Adult Support and Protection processes to achieve improved outcomes for adults with learning disabilities.
- 6. Organisational culture changes via staff workforce development, good quality training and the promotion of practice standards and ethics will be addressed through the Partnership strategic plan and individual service plans.



MEASUREABLE TASKS TO DELIVER STRATEGY OUTCOMES

The Strategy Outcomes will be delivered through the completion of the following measurable tasks:

STRATEGY OUTCOME 2:

CHOICE AND CONTROL: PEOPLE WITH LEARNING DISABILITIES ARE TREATED WITH DIGNITY AND RESPECT AND PROTECTED FROM NEGLECT, EXPLOITATION AND ABUSE

Objective Number	Action	Responsible Officer /s	Target Date(s)	National Outcomes Delivered	Funding Source
2.1.1	Increase opportunities for people with a learning disability their families and carers to access Self-Directed Support (SDS) in line with the national strategic outcomes: http://www.gov.scot/Resource/0051/00510921.pdf We will achieve this by identifying people in receipt of services across the partnership and set up locality engagement events to provide them with information on how to access SDS and demonstrate how it can provide them with more choice and control in their lives.	Team Leader, SDS	30 June 2017	Maintain & improve quality of life; Support unpaid carers; Engaged workforce; and Effective resource use.	H&SCP Integrated Budget
2.1.2	In line with our statutory role, SDS will continue to be offered and explained at every new assessment and review to increase opportunities for individuals to have more choice and control. This will be evidenced by recording on both the annual review and at every new assessment.	Team Leader, SDS	Ongoing, 6 monthly review of progress	Maintain & improve quality of life; Support unpaid carers; Engaged workforce; and Effective resource use.	H&SCP Integrated Budget



Funding Source National Objective Target Action Responsible Officer /s Outcomes Number Date(s) **Delivered H&SCP** Integrated 2.2.1 Improve the transition between children and adult Senior Manager, September Improve health services underpinned by Scottish Transition Forum Learning Disability & & wellbeing: Budget. 2017. Sensory Impairment Positive ARC Principles: http://scottishtransitions.org.uk/wpthereafter 6 content/uploads/principlesofgoodtransition-arc-Manager, Children & Staffing resource monthly experiences of **Families** review of scotland.pdf services: requires to be Review, develop and implement our approach to Support unpaid reviewed progress supporting people with a learning disability and their carers; and family and carers at the transition stage. This will Effective involve further developing and implementing the resource use. existing "ready for moving on" transition protocol document with input from education, social work and health. 2.2.2 Team Leader, Adult **H&SCP** Integrated Ensure all individual support plan documentation Ongoing, 6 Improve health includes reference to a scheduled agreement for Learning Disability Team monthly & wellbeing: Budget. transition planning. Adopt an early intervention review of Positive and approach to the transition process that is both Team Leader, Children & progress experiences of transparent and informative for people with learning Family Learning services: disabilities and their families. This will be evidenced Disability Team. Support unpaid in support plans and by minutes from regular multicarers: and disciplinary meetings with individuals and their Effective families. The focus will be on sharing responsibility in resource use. the future planning for transition. 2.2.3 **H&SCP** Integrated Team Leader, Adult 31 March Agree and implement process which involves Improve health services such as further education, skills & wellbeing; Learning Disability Team 2018 Budget. Team Leader, Children & development, welfare and housing as part of the Positive transition planning process. Involvement of relevant Family Learning experiences of agencies recorded at the multi-disciplinary transition **Disability Team** services: planning meetings. Support unpaid carers; and Effective



Funding Source National Objective Target Action Responsible Officer /s Outcomes Number Date(s) **Delivered** resource use. 2.3.1 Information about SDS to be provided at the Team Leader, SDS Ongoing, 6 **H&SCP** Integrated Improve health transition stage as a priority to promote opportunities monthly & wellbeing; Budget. for choice and control and inform future People are safe review of expectations. SDS information will be provided from harm; and progress through parent's nights, service user forums and Effective scheduled planning meetings. Success will be resource use. evidenced by an increased understanding and uptake of SDS at the transition stage and from feedback from individuals and their families. H&SCP Integrated Unit Manager, Girvan 2.4.1 Implement "Keep Safe". 31 May 2017, Improve health thereafter 6 • Work in partnership with Police Scotland and Opportunities and wellbeing; Budget Health Colleagues to implement Keep Safe monthly and review of People are safe scheme. from harm. Ongoing engagement with local businesses progress to become registered and become a part of the scheme. Ongoing engagement and promotion of the scheme with people with learning disabilities, their families and carers. 2.5.1 **H&SCP** Integrated People with learning disabilities are protected from Senior Manager, 30 Improve health September Learning Disability & & wellbeing: Budget harm. Sensory Impairment 2017 and People are safe The Adult Support and Protection (ASP) Coordinator and Service Manager will Coordinator, ASP annually from harm; and develop an Audit Schedule, identifying thereafter Effective until 2023 themes to be subject to audit each year. resource use. Case file audits will be carried out regularly to monitor the management of risk and also highlight areas for continuous service



Funding Source National **Objective Target Action** Responsible Officer /s Outcomes Number Date(s) Delivered improvement. 2.5.2 Targeted ASP training will be developed and Coordinator, ASP 30 April 2017 Improve health **H&SCP** Integrated delivered for staff within the scope of the and every 12 & wellbeing: **Budget** Partnership. People are safe months to from harm; and 2023. Effective resource use. 2.5.3 Team Leader, Learning Ongoing, 6 **H&SCP** Integrated Ensure that advocacy services are available for Improve health people with learning disabilities both in the Disability Team (SW) monthly & wellbeing; **Budget** community and in residential establishments. The review of Positive uptake of advocacy services will be monitored to experiences of progress support people with learning disabilities and their services: families and carers to have independent support. Support unpaid Advocacy services will promote choice and control carers: and Ongoing, 6 for people with learning disabilities and their families Effective and have knowledge of the partnerships monthly resource use. implementation of SDS. review of progress 2.6.1 The ASP multi-agency training calendar offering a Coordinator, ASP Ongoing, 6 Engaged **H&SCP** Integrated range of training to manage risk and exploitation will Budget monthly workforce: and be accessible across the Partnership and meets review of Effective identified training needs. resource use. progress 2.6.2 The Self-Directed Support workforce development Team Leader, SDS **H&SCP** Integrated Ongoing, 6 Positive group will continue to meet and promote champions **Budget** monthly experiences of across all frontline teams. The group will develop an review of services: action plan to implement the strategic outcomes set Maintain & progress out in the national SDS Implementation Plan 2016 improve quality of life: People http://www.gov.uk.scot/Resource/0051/00510921.pdf are safe from harm: and



Objective Number	Action	Responsible Officer /s	Target Date(s)	National Outcomes Delivered	Funding Source
				Effective	
				resource use	



Strategic Outcome 3

Independence:

People with learning disabilities are able to live independently in the community with equal access to all aspects of society.

What We Have Achieved:

- Telecare services are used by some people.
- Agreement across the three Ayrshire Partnerships and the NHS Board to establish a Joint Equipment Store.

Strategic Focus:

- 1. Work in partnership with South Ayrshire Council's Housing Service to identify housing need and to develop Social Housing specifically for people with Learning Disabilities.
- 2. Develop innovative opportunities, activities and services, co-productively, including telecare, shared support and community resources.
- 3. Develop a Communication Plan to build trust and raise awareness.
- 4. Strengthen partnership working with individuals and families.
- 5. Work in partnership with Locality Planning Groups to develop assets based approaches to community inclusion.



MEASUREABLE TASKS TO DELIVER STRATEGY OUTCOMES

The Strategy Outcomes will be delivered through the completion of the following measurable tasks:

STRATEGY OUTCOME 3:

INDEPENDENCE: PEOPLE WITH LEARNING DISABILITIES ARE ABLE TO LIVE INDEPENDENTLY IN THE COMMUNITY WITH EQUAL ACCESS TO ALL ASPECTS OF SOCIETY

Objective Number	Action	Responsible Officer /s	Target Date(s)	National Outcomes Delivered	Funding Source
3.1.1	Establish a joint working group with housing and establish the housing needs of those with learning disabilities.	Senior Manager, Learning Disability & Sensory Impairment	31 August 2018	Live independently.	H&SCP Integrated Budget
3.1.2	Deliver housing training for those supporting people with a learning disability.	Policy Officer, Housing	31 January 2018, thereafter 6 monthly review of progress	Positive experiences of services; Engaged workforce; and Effective resource use.	H&SCP Integrated Budget
3.2.1	Promote life-learning skills for people, for example use of Technology Enabled Care (TEC) and lifelong learning; Work with providers as part of care plans to promote daily living skills; Identify the number of people that lifelong learning has been delivered to / for; Improve awareness about the benefits of TEC to support people with learning disabilities. This will	Team Leader, LD (SW)	Ongoing, 6 monthly review of progress	Improve health & wellbeing; Live independently; Maintain & improve quality of life; and People are safe from harm.	H&SCP Integrated Budget



Funding Source National Objective Target Action Responsible Officer /s **Outcomes** Number Date(s) **Delivered** be achieved by providing training and awareness sessions to all frontline staff by Telecare staff. 3.2.2 TEC options to be discussed and recorded at **H&SCP** Integrated Team Leader, LD (SW) Ongoing, 6 Improve health & every assessment and review. Telecare solutions monthly wellbeing; Live Budaet will be offered as part of a personalised independently: review of outcomes-focussed assessment of needs and and Effective progress risk. resource use. 3.2.3 TEC options will be delivered with a focus on Team Leader, LD (SW) Ongoing, 6 **H&SCP** Integrated Improve health & supporting people to be independent both at monthly wellbeing; Live **Budget** home and when accessing their community. review of independently: and progress Effective resource use. 3.2.4 TEC solutions will be considered as part of a Team Leader, LD (SW) Ongoing, 6 **H&SCP** Integrated Improve health & carers support plan to provide respite, reduce risk wellbeing; Live monthly Budget and support them to continue in their caring role. review of independently: and progress Effective resource use. H&SCP Integrated Explore a range of options to deliver a night 3.2.5 Team Leader, LD (SW) 30 November Improve health & response service utilising TEC. 2017 and wellbeing; Live Budget independently: quarterly and Effective progress reviews to resource use. March 2018 3.2.6 **H&SCP** Integrated Increase the number of people receiving TEC Team Leader, LD (SW) Ongoing, 6 Improve health & wellbeing; Live Budget assessments. monthly independently; review of and progress Effective



Funding Source National Objective Target Action Responsible Officer /s **Outcomes** Number Date(s) Delivered resource use. 3.3.1 Develop a Communication Plan to build trust and Senior Manager, Learning 31 May 2018 **H&SCP** Integrated Positive raise awareness, including the development of Disability & Sensory experiences of Budaet easy read leaflets and letters, an audit of the **Impairment** services: and current toolkit available and working with the Reduce health Carers Centre to promote information sharing. inequalities. 3.3.2 Senior Manager, Learning 31 December **H&SCP** Integrated Review current arrangements for engagement Improve health with people with a learning disability and their Disability & Sensory 2017 and wellbeing; Budget families who use services. Develop a service Positive Impairment engagement forum to gather the views and keep experiences of up to date people with learning disability and their services; and families/carers of service developments. Support unpaid carers. 3.3.3 Develop a directory of current activities and Team Leader, LD (SW) **H&SCP** Integrated 31 October Effective 2017 educational resources. resource use. Budget 3.4.1 Increase number of carers assessments/support Team Leader, LD Team Ongoing, 6 **H&SCP** Integrated Positive plans carried out across the Partnership. (SW) and experiences of monthly Budget review of services: Support unpaid progress carers: People are safe from harm; and **Effective** resource use. 3.4.2 Carers will be fully involved in future planning and Team Leader, LD Team Ongoing, 6 Positive **H&SCP** Integrated contingency arrangements at every assessment (SW) and monthly experiences of Budget and review and their views will be recorded within review of services: the individual support plans. progress Support unpaid carers; and People are safe



National **Funding Source Objective Target Action** Responsible Officer /s **Outcomes** Date(s) Number Delivered from harm. 3.4.3 Implement provisions of new Carers Act Partnership Facilitator 31 March Effective **H&SCP** Integrated 2018 resource use Budget 3.5.1 Ensure people with learning disabilities to engage Community Engagement 31 December **H&SCP** Integrated Positive and influence local decision making in the 6 2018 Budget Officers experiences of locality planning areas. services; and Reduce health inequalities. 3.5.2 Enable people with learning disabilities to engage 31 December **H&SCP** Integrated Community Engagement Positive and influence Community Planning decision Officers 2018 experiences of Budget services. making. 3.5.3 Work in partnership with Locality Planning Groups **H&SCP** Integrated Community Engagement 31 December Improve health to develop assets based approaches to Officers 2018 and wellbeing; Budget community inclusion. and Reduce health inequalities



Strategic Outcome 4

Active Citizenship

People with learning disabilities are able to participate in all aspects of community and society.

What We Have Achieved:

- Accredited education provision.
- The Partnership has signed up to the Community Led Support Programme.

Strategic Focus:

- 1. Social connectedness is improved for people with learning disabilities.
- 2. Establish a supported employment service.
- 3. Develop partnership approaches to increasing the number of people in employment and in different aspects of community life and activities.



MEASUREABLE TASKS TO DELIVER STRATEGY OUTCOMES

The Strategy Outcomes will be delivered through the completion of the following measurable tasks:

STRATEGY OUTCOME 4:

ACTIVE CITIZENSHIP: PEOPLE WITH LEARNING DISABILITIES ARE ABLE TO PARTICIPATE IN ALL ASPECTS OF COMMUNITY AND SOCIETY

Objective Number	Action	Responsible Officer /s	Target Date(s)	National Outcomes Delivered	Funding Source
4.1.1	Agree the terms of reference for a multi-agency collaborative which will work to build knowledge, connections and local capacity to support the 3 focus areas for active citizenship; 1. Better meet (educational) learning aspirations; 2. To explore training for work, supported employment and /or in work opportunities; and 3. Improve community life opportunities (health and wellbeing).	Senior Manager, Learning Disability & Sensory Impairment	31 March 2018	Reduce health inequalities; Engaged workforce; and Effective resource use.	H&SCP Integrated Budget
4.1.2	Form a multi-agency collaborative which meets at regular intervals to build and share knowledge, connections and local capacity to support the 3 focus areas for active citizenship.	Senior Manager, Learning Disability & Sensory Impairment	31 March 2018	Reduce health inequalities; Engaged workforce; and Effective resource use.	H&SCP Integrated Budget
4.1.3	Review and evaluate the effectiveness of the multi-agency collaborative in supporting the progress in the 3 focus areas at 4.1.1.	Senior Manager, Learning Disability & Sensory Impairment	By 31 December 2019	Reduce health inequalities; Engaged	H&SCP Integrated Budget



Funding Source National Objective Target Action Responsible Officer /s **Outcomes** Number Date(s) Delivered workforce; and Effective resource use. Implement new active citizenship opportunities as Senior Manager, Learning 31 December **H&SCP** Integrated 4.1.4 Reduce Health determined by work of the collaborative via the Disability & Sensory 2018 Inequality; and Budget Community Led Support Programme. **Impairment** Effective resource use. 4.2.1 Senior Manager, Learning 31 December People's Postcode Offer independent support, to enable people to Positive explore what Active Citizenship means for them Disability & Sensory 2017 Trust - Up to £20.000 experiences of personally, involving Advocacy and/or The **Impairment** services; and is available for the National Involvement Network. Reduce health prevention of poverty inequalities. SG Funding to support The Charter for Involvement 4.3.1 Develop clearer information and links around Team Leader, Adult LD 31 December Positive **H&SCP** Integrated active citizenship pathways for younger people (SW) 2018 experiences of Budget Team Leader, C&F LD and their carers in transition from school services; and (including SDS options). Support unpaid carers 4.3.3 Unit Manager, Girvan 31 May 2018 Increase the number of alternatives to traditional Positive day centre placements through asset model and Opportunities experiences of **H&SCP** Integrated social enterprise opportunities; building on **Third Sector Orgs** services: support Budget achievements of good practice examples led by unpaid carers: Girvan Opportunities and Enterprising Minds, for effective example. resource use 4.3.4 Develop a broader range of learning opportunities Unit Manager, Girvan **H&SCP** Integrated 31 December Positive which also link to employability, including more **Opportunities** Budget 2018 experiences of ASDAN and further education college based services: Support unpaid courses.



Funding Source National Target **Objective** Action Responsible Officer /s **Outcomes** Number Date(s) **Delivered** carers; and Effective resource use. **H&SCP Integrated** 4.3.5 Develop accessible information around active Senior Employability and 31 May 2018 Positive citizenship, for example what SAC employment Skills Advisor experiences of Budget and skills offers. services; and Effective resource use.



MEASUREABLE TASKS TO DELIVER STRATEGY OUTCOMES

Other Implementation Plan Action Items

Objective Number	Action	Responsible Officer	Target Date(s)	National Outcomes Delivered	Funding Source
5.1.1	New commissioning plans for Learning Disability Services will be developed in collaboration with provider organisations and service users and their carers.	Senior Manager – Planning & Performance	30 September 2017	Effective resource use.	H&SCP Integrated Budget
5.1.2	Following development of new commissioning plans, existing service provision will be replaced with new contracts through procurement process.	Senior Manager – Planning & Performance	31 January 2018	Positive experiences and outcomes; engaged workforce; and Effective Resource Use.	H&SCP Integrated Budget
5.2.1	This strategy document will be formally reviewed at its mid-point.	Senior Manager – Learning Disability & Sensory Impairment	30 June 2020	Effective resource use.	H&SCP Integrated Budget



What We Will Do Next

We will:

- Implement the Outcomes-based Implementation Plan for this Strategy;
- Link the Implementation Plan to available resources;
- Ensure action items are SMART:
- Identify risks to achieving the Strategic Outcomes and propose mitigation measures;
- Create 5 new sub-groups with responsibility for oversight of the Implementation Plan with representation from the respective partners including provider organisations. The groups will be thematic and cover:
 - Healthy Life
 - Choice and Control
 - Personal Independence
 - Active Citizenship
 - Performance and Evaluation;
- Confirm the reporting structure to clarify individual responsibilities;
- Develop Commissioning Plans for all services to be provided;
- Put in place robust monitoring and reporting arrangements;
- Collect outcomes based evidence across all services:
- Review the Implementation Plan every 2 years;
- Consult with people with learning disabilities and parents/carers as part of the mid-term review process; and
- Our approach to involving people with learning disabilities will be underpinned and strengthened through the Integration Joint Board's signing of the Charter for Involvement by the National Involvement Network.



How We Will Know We Have Made a Difference

We will measure performance, both qualitatively and quantitatively, against the Strategic Outcomes we have set and report on this every 6 months to the Health and Social Care Partnership's Performance and Audit Committee. This information will be publicly available to all stakeholders through the Health and Social Care Partnership website:

http://www.south-ayrshire.gov.uk/health-social-care-partnership/

We will be able to evidence:

- Full implementation of the Health Improvement Plan Refreshed Action Plan has reduced health inequalities for people with learning disabilities;
- An increase in the number of parents with learning disabilities who continue to care for their children:
- Upward trend in the uptake of SDS Options 1 and 2;
- Young adults and their families are satisfied with their experience of Transitions planning processes;
- Increasing use of the Keep Safe Scheme;
- Improved partnership processes to respond to Adult Support and Protection referrals;
- More people with learning disabilities in employment and day opportunities that they value:
- Increase in the range of supported accommodation models and the number of accommodation units available for people with Learning Disabilities in South Ayrshire;
- Improved satisfaction levels from people with learning disabilities and their families and carers in terms of the range of services and options available for them to participate in community, educational, employment and leisure activities;
- Higher levels of engagement and involvement of people with learning disabilities in service design and re-design; and
- New and more modern approaches to supporting people with learning disabilities within communities and across the sectors.

Our Performance Framework is set out at Appendix 1 and details the systematic and robust approach we will adopt to demonstrate delivery against the 4 Strategic Outcomes. We have also included a Strategic Risk Analysis at Appendix 2 and a full Equality Impact Assessment at Appendix 3.

A full report on the outputs from the engagement events and the surveys that were undertaken to inform this Strategy is available in a supporting document on the Health and Social Care Partnership website.



GLOSSARY

CO-PRODUCTION Co-production means delivering public services in an

equal and reciprocal relationship between professionals,

people using services, their families and their

neighbours.

HSCP Health and Social Care Partnership

'Keys to Life' Scotland's Learning Disability Strategy

RAS Resource Allocation System

SCLD Scottish Commission for Learning Disability

SDS Self-Directed Support

SMART Specific, Measured, Achievable, Realistic and Timed

TEC Technology Enabled Care

THIRD SECTOR Third sector comprises community groups, voluntary

organisations, charities, social enterprises, co-operatives

and individual volunteers.

TRANSITION Change from adolescence to adulthood

ASDAN A curriculum development organisation and awarding

body