

Our Part

Support families to ensure their children have the best start in life.



Provide services around you and your family.



Help communities to connect and care for each other.



Ensure people have the information they need to support their health & wellbeing.



Listen to you and support you to take control of your own care.



Support people to age well by keeping them healthy and in their home for as long as possible.



Give you information on how you can keep active and well.



Be open, honest and friendly.



Your Part

Help protect children and the vulnerable.

Take time to be supportive parents or carers.

Get involved in your local community.

Be informed about how best to address and manage your health and wellbeing.

Make your own choices and have control over the support you need.

Support older relatives, friends & neighbours to be independent for as long as possible.

Keep active at whatever stage of your life

Have your say and tell us if we get it right and wrong.