



south ayrshire
health & social care
partnership

Appendix 1

South Ayrshire Health and Social Care Partnership Performance Report

(As at 31st March 2022)

Community Health and Care – June 2022

Adults and Older People




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(i) Key to status icons

Status Key

	No concerns
	Some concerns
	Major concerns

Trend










	Improving
	Declining
	No change

New Data







✓ - indicates if new data is included since previous 6 monthly report.

(ii) Summary Performance Report






1. UNSCHEDULED CARE

Performance Measure			Rag Status	New Data
1.1 Accident and Emergency Department attendance rate per 1,000				✓
1.2 A & E Conversion Rate. (Percentage of people who attend A & E and are then admitted to hospital).				✓
1.3 Unplanned Hospital Admissions Rate per 100,000 population (Adults)				✓
1.4 Occupied Bed Day Rate per 100,000 population for emergency admissions				✓
1.5 Readmissions to an acute hospital within 28 days of discharge.				✓
Number of measures against each service area by RAG status				
			Overall RAG status for Unscheduled Care measures.	
1 out of 5	3 out of 5	1 out of 5		





2. DELAYED DISCHARGES

Performance Measure			Rag Status	New Data
2.1 Delayed discharges bed days all reasons rates per 1000.				✓
2.2 Delayed discharges of more than 2 weeks.				✓
Number of measures against each service area by RAG status				
			Overall RAG status for Delayed Discharge measures.	
0 out of 2	0 out of 2	2 out of 2		

3. CARE AT HOME

Performance Measure			Rag Status	New Data
3.1 Percentage of adults with personal care needs receiving care at home.				✓
3.2 Demand for Care at Home: no. of hours provided per week			N/A	✓
Number of measures against each service area by RAG status				
			Overall RAG status for Care at Home measures.	
1 out of 1	0 out of 1	0 out of 1		

4. CARE HOMES

Performance Measure			Rag Status	New Data
4.1 Number of Long Stay Residents in South Ayrshire Care Homes (Older People 65+)			N/A	✓
Number of measures against each service area by RAG status				
			Overall RAG status for Care Home measures.	
0 out of 1	0 out of 1	0 out of 1		

5. MENTAL HEALTH

Performance Measure			Rag Status	New Data
5.1 Suicide rates per 100,000 population (all ages).				✓
5.2 % of Population Prescribed Medication for Anxiety/ Depression / Psychosis.				✓
Number of measures against each service area by RAG status				
			Overall RAG status for Mental Health measures.	
0 out of 2	2 out of 2	0 out of 2		

6. DEMENTIA

Performance Measure			Rag Status	New Data
6.1 % of people referred for dementia post diagnostic support who received a minimum of one year's support				✓
Number of measures against each service area by RAG status				
			Overall RAG status for Dementia measures.	
0 out of 1	1 out of 1	0 out of 1		

7. ADULT SUPPORT AND PROTECTION

Performance Measure			Rag Status	New Data
7.1 Adult Protection Referrals				✓
7.2 Adult Protection Inquiries completed within 5 working days				✓
7.3 % of Investigations completed within 8 working days from referral.				✓
Number of measures against each service area by RAG status				
			Overall RAG status for Adult Protection measures.	
2 out of 3	0 out of 3	1 out of 3		

8. SELF-DIRECTED SUPPORT

Performance Measure			Rag Status	New Data
8.1 Proportion of social care funding allocated using direct payments or personalised managed budgets.				✓
8.2 No. of people in receipt of SDS by Option				✓
Number of measures against each service area by RAG status				
			Overall RAG status for measures.	
0 of 2	2 of 2	0 of 2		

9. ALCOHOL AND DRUG PARTNERSHIP

Performance Measure	Rag Status	New Data
9.1 Rate of drug related hospital stays per 100,000 population (European Age and Standardised Rates)		✓
9.2 Rate of alcohol related hospital stays		✓
9.3 Number of Drug Related Deaths per year		✓
9.4 Percentage waiting more than 3 weeks for referral to specialist drug service.		✓
9.5 % waiting more than 3 weeks for referral to specialist alcohol service.		✓
Number of measures against each service area by RAG status		
3 out of 5	1 out of 5	1 out of 5
Overall RAG status for measures.		

10. HEALTH INDICATORS

Performance Measure	Rag Status	New Data
10.1 Percentage of Adults (aged 16+) who are regular smokers.		✓
10.2 Percentage of Adults aged over 16 who are overweight.		✓
10.3 % of adults aged over 16 meeting physical activity guidelines.		✓
Number of measures against each service area by RAG status		
1 out of 3	2 out of 3	0 out of 3
Overall RAG status for measures.		






11. MORTALITY RATES

Performance Measure	Rag Status	New Data
11.1 Premature mortality rate per 100,000 persons: by calendar year.		✓
Number of measures against each service area by RAG status		
1 out of 1	0 out of 1	0 out of 1
Overall RAG status for measures.		

12. FALLS

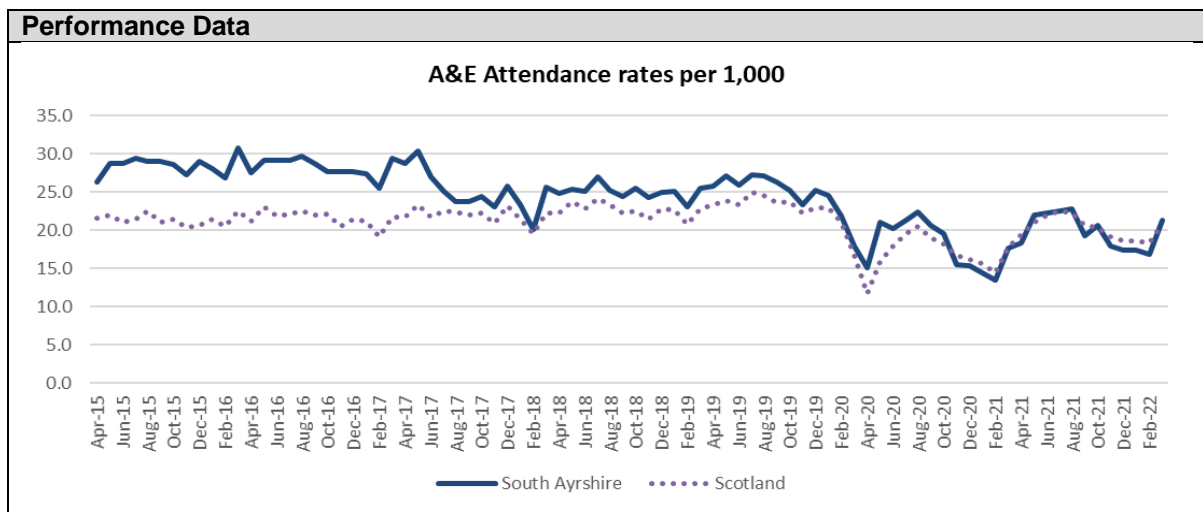
Performance Measure	Rag Status	New Data
13.1 Falls rate per 1,000 population aged 65+.		✓
Number of measures against each service area by RAG status		
0 out of 1	1 out of 1	0 out of 1
Overall RAG status for Falls measures.		

13. CARERS

Performance Measure			Rag Status	New Data
14.1 Number of Carers who have had a carers assessment.				✓
Number of measures against each service area by RAG status				
			Overall RAG status for Carers measures.	
1 out of 1	0 out of 1	0 out of 1		

1. UNSCHEDULED CARE

Performance Measure and Description	1.1 Accident and Emergency Department attendances
Link to Strategic Objective	We work together to give you the right care in the right place.
Indicator type:	National MSG
Data Source:	Scottish Government Ministerial Strategic Group Integration Performance Measures.
Manager Responsible	Billy McClean, Head of Community Health and Care

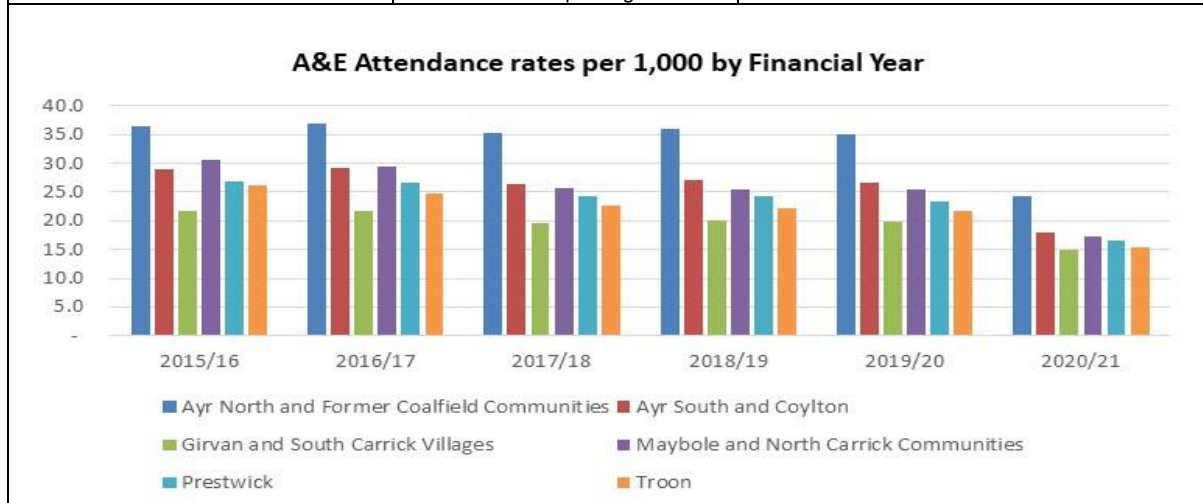


Performance Analysis

Attendance rates at Accident and Emergency Departments for South Ayrshire Residents prior to COVID were higher than the National Average . Since COVID the South Ayrshire figures have been largely in line with the Scotland Rate .

As at end of March 2022 the rate for South Ayrshire was 21.3 compared to 20.9 across Scotland To date (April – March 2022) there has been a 29.8% reduction in admissions which is lower than the target set of 10%. Attendance rates are highest in the Ayr North Locality and lowest in Girvan and South Carrick.

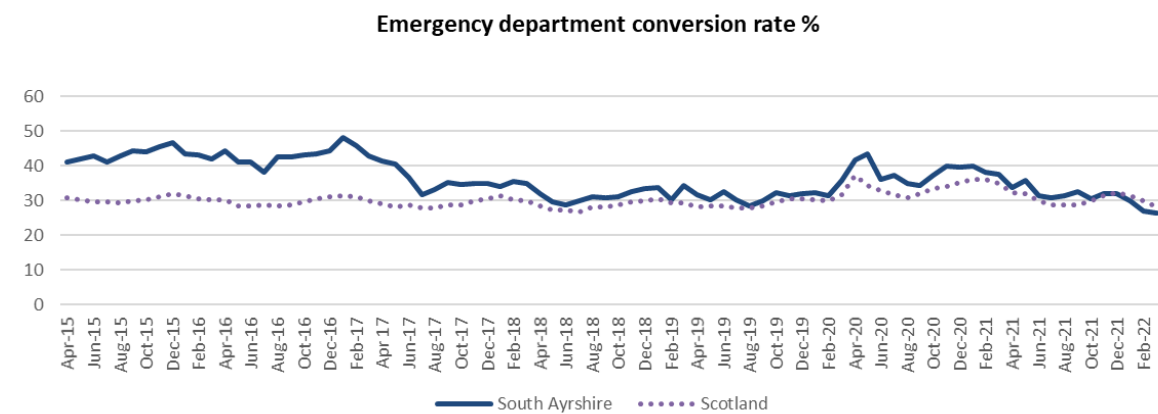
Status	Trend	MSG Target 2019/20
▲	↑ Improving	10% reduction



1. UNSCHEDULED CARE (CONT)

Performance Measure and Description	1.2 A & E Conversion Rate. (Percentage of people who attend A & E and are then admitted to hospital).
Link to Strategic Objective	We work together to give you the right care in the right place.
Indicator type:	National
Data Source	Scottish Government Ministerial Strategic Group Integration Performance Measures. Data issued to all HSCP monthly
Manager Responsible	Billy McClean, Head of Community Health and Care

Performance Data



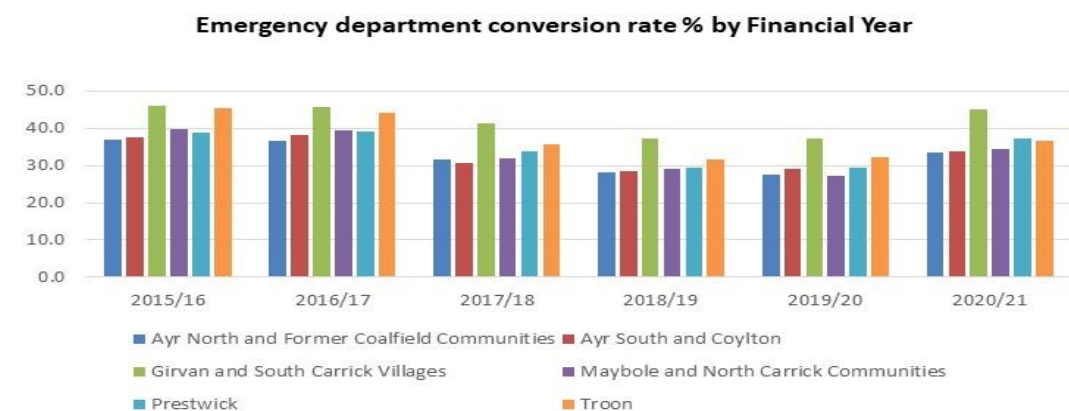
Performance Analysis

South Ayrshire conversion rates were at 26% as at March 2022 which is the same as East and North Ayrshire and lower than the National rate of 28%. This is the lowest monthly rate since reporting began in April 2015. .

The annual conversion rates were highest in the Girvan and South Carrick villages followed by Prestwick. This trend appears to be continuing for the year to date although the actual annual rate in Girvan has reduced from 48.2 (2020/21) to 37.5 (YTD).

Status	Trend	MSG Target 2019/20
	Improving	No target set

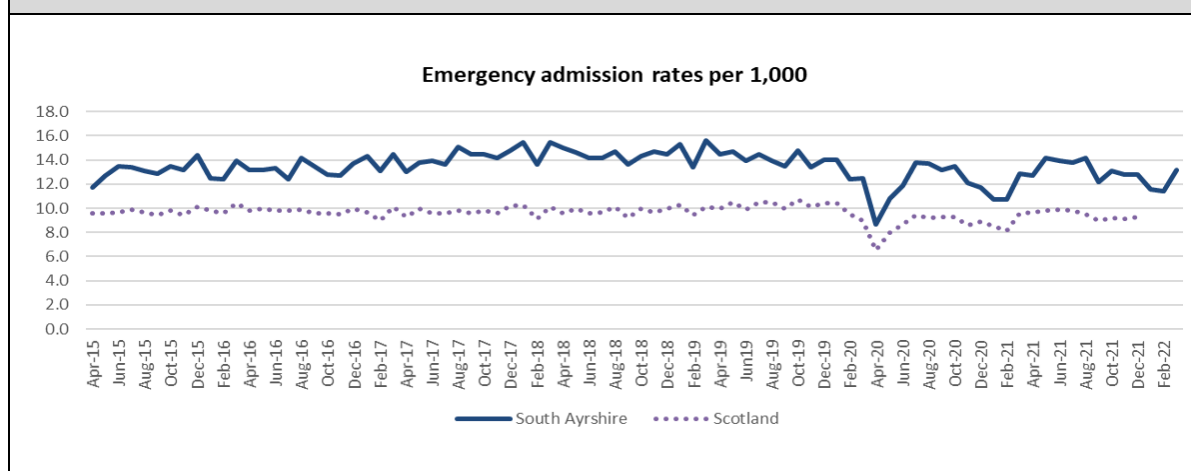
Performance measure by Locality



1. UNSCHEDULED CARE (CONT)

Performance Measure and Description	1.3 Unplanned Hospital Admissions
Link to Strategic Objective	We work together to give you the right care in the right place.
Indicator type:	MSG
Data Source	Scottish Government Ministerial Strategic Group Integration Performance Measures.
Manager Responsible	Billy McClean, Head of Community Health and Care

Performance Data



Performance Analysis

There has been a decrease in Emergency Admission rates for the past year with a peak in March 2019 at 15.6 to 13.2 in March 2022. Rates in South Ayrshire are still consistently higher than the national average.

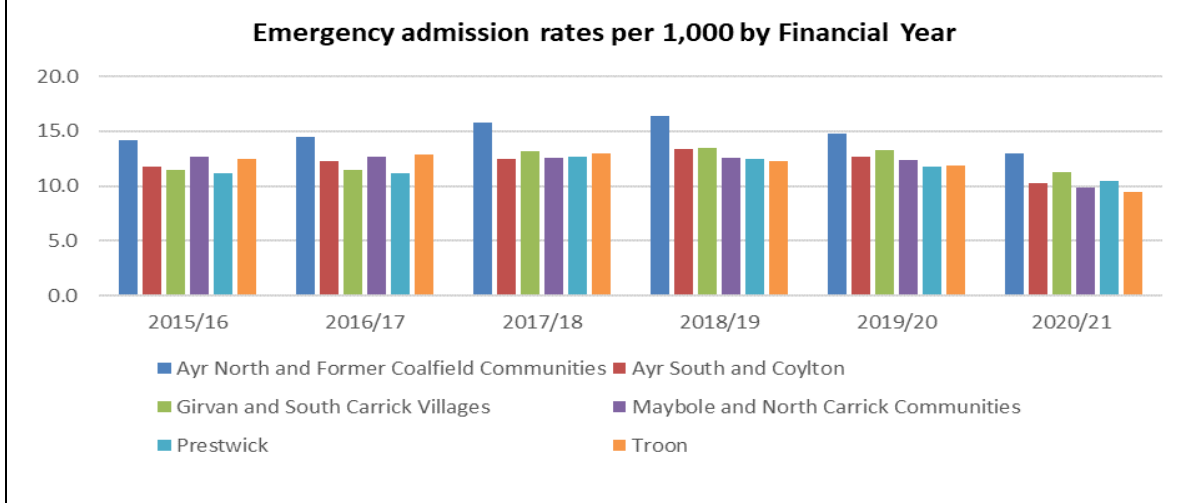
To date for 2021/22 there has been a 0.4% increase in admissions against the baseline target.

The target was to reduce the growth rate to a maximum of 10%. Initiatives to prevent A&E admissions include:

- Enhanced pulmonary rehabilitation service.
- Clinical support for Care Homes where there are high number of admissions/attendances
- Ambulance to ICT referral pathway.

Status	Trend	MSG Target 2019/20
▲	▲ Improving	Reduce rate of growth to 10%

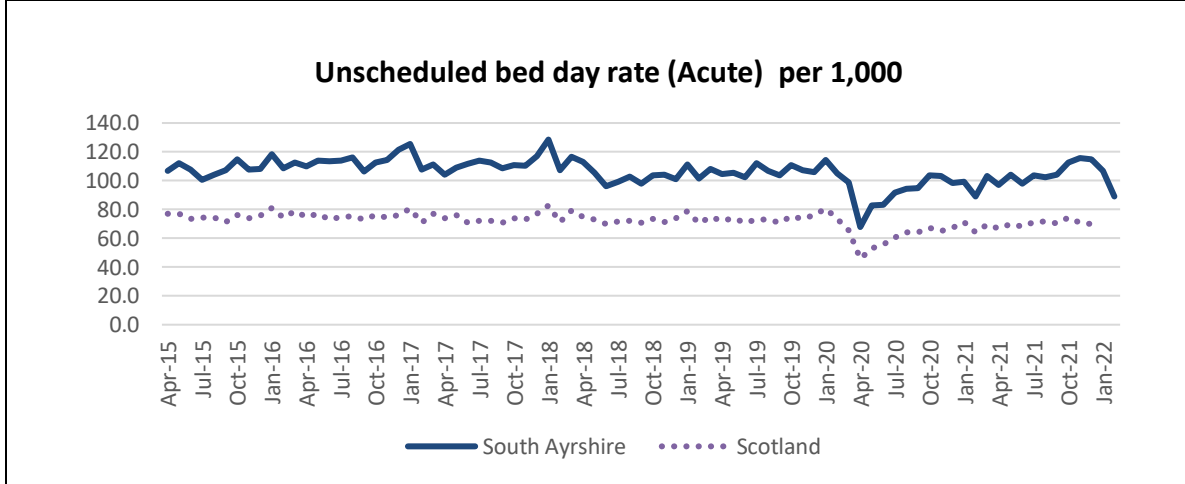
Performance measure by Locality



1. UNSCHEDULED CARE (CONT)

Performance Measure and Description	1.4 Occupied Bed Day Rates for Unplanned Admissions
Link to Strategic Objective	We work together to give you the right care in the right place.
Indicator type:	MSG
Data Source	Scottish Government Ministerial Strategic Group Integration Performance Measures.
Manager Responsible	Billy McClean, Head of Community Health and Care

Performance Data

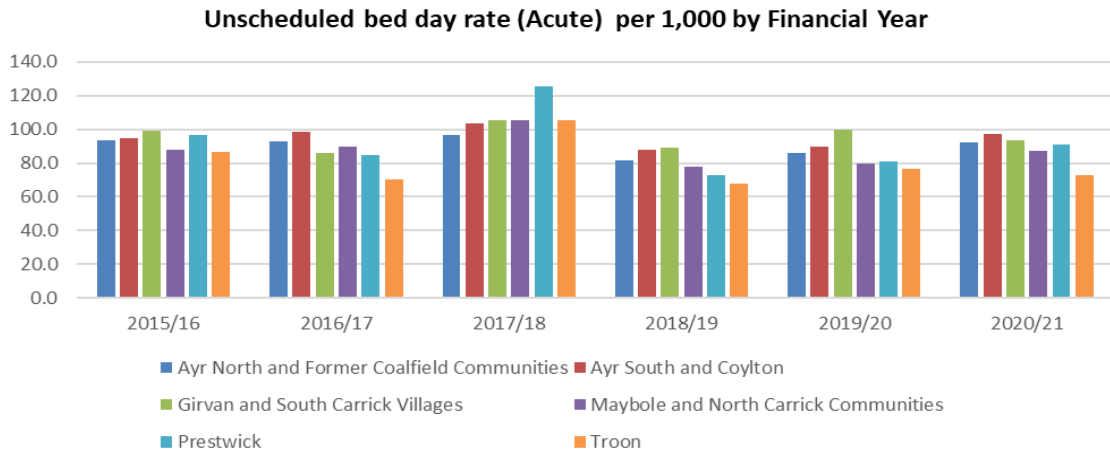


Performance Analysis

The unscheduled bed day rate in South Ayrshire fell from 115.6 in November to 88.9 in February 2022. The South Ayrshire rate has been consistently higher than the Scottish National Average. 2021/22 year to date figures are 104.3 in South Ayrshire compared with 70.3 across Scotland. The Ayr South Locality had the highest rate of bed days during the latest full year with Troon having the lowest rate.

Status	Trend	MSG Target 2019/20
▲	▲ Improving	1% decrease

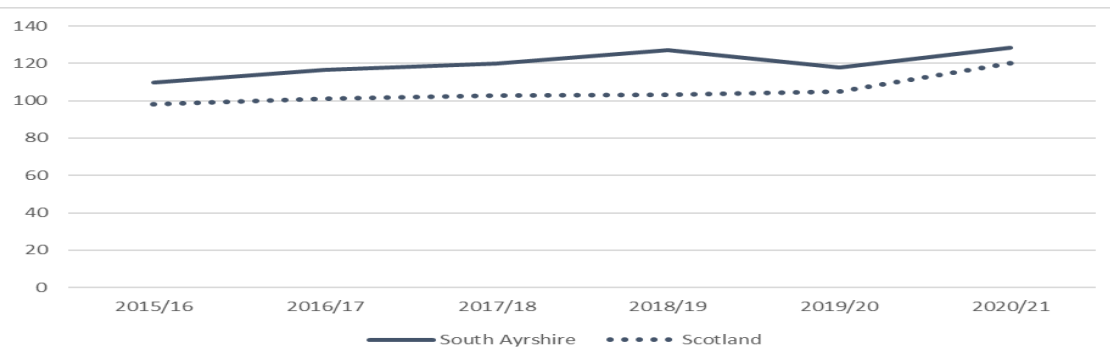
Performance measure by Locality



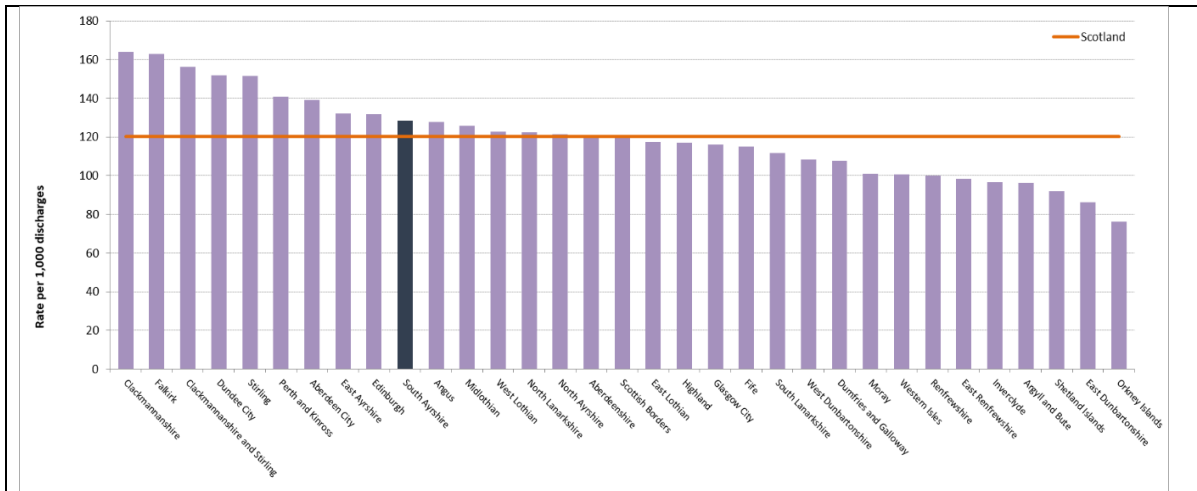
1. UNSCHEDULED CARE (CONT)

Performance Measure and Description	1.5 Readmissions to an acute hospital within 28 days of discharge
Link to Strategic Objective	We work together to give you the right care in the right place.
Indicator type:	National
Data Source	ISD Scotland Core Suite of Integration Indicators NI_14
Manager Responsible	Billy McClean, Head of Community Health and Care

Performance Data



	2015/16	2016/17	2017/18	2018/19	2019/20	2020/21
South Ayrshire	110	116	120	127	118	128
Scotland	98	101	103	103	105	120



Performance Analysis

Readmissions to an Acute Hospital within 28 days of discharge rose from 118 to 128 in South Ayrshire from 2019/20 to 2020/21. The average across Scotland also rose from 105 to 120. South Ayrshire had the 10th highest readmission rate across Scotland.

Readmission rates in South Ayrshire have been a problem for many years and continue to be a problem. Investment in reablement, support around care homes, enhanced intermediate care and teams around the practice during 2020/21 were aimed at strengthening community supports. System pressures due to COVID during 2020/21 had a negative impact on this measure across Scotland. During 2022/23 SA HSCP is working with NHS A&A to implement a Hospital at Home team to provide an alternative to acute admission.

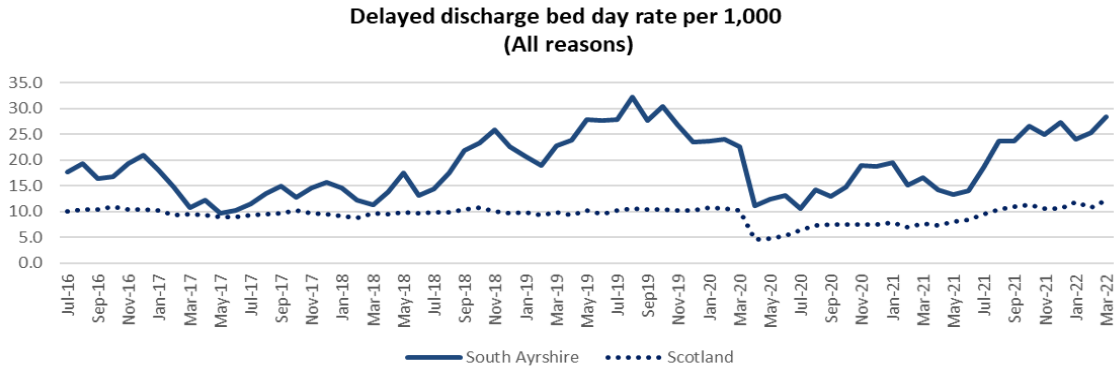
It should be noted that South Ayrshire has a very high proportion of Older People and a high dependency ratio which will have an impact on admissions to hospital due to the large numbers of people living with frailty.

Status	Trend	Target
	Declining	No Target

2. DELAYED DISCHARGES

Performance Measure and Description	2.1 Delayed discharge bed day rate per 1,000 (all reasons)
Link to Strategic Objective	We work together to give you the right care in the right place.
Indicator type:	MSG
Data Source	Scottish Government Ministerial Strategic Group Integration Performance Measures. Data issued to all HSCP monthly
Manager Responsible	Billy McClean, Head of Community Health and Care

Performance Data

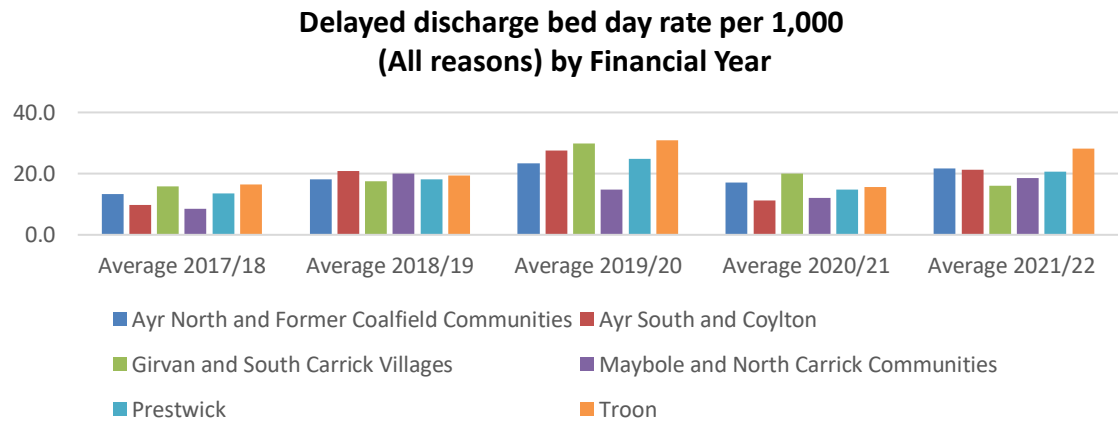


Performance Analysis

The bed day rate per 1000 population has continued to increase since August 2021. Ongoing issues around recruitment to Care at Home and Care Home closures due to COVID led to a significant increase in delayed discharges during this period. However more recent local data shows a marked reduction in delays over the past couple of months from 95 in April 2022 to 58 in June 2022.

Referral numbers for care at home remain very high with South Ayrshire being an outlier in Scotland for the numbers of people requiring care at home and the large care packages required to support people to return home.

The highest rate of bed days by locality is in Troon. There have been particular issues in sourcing Care at Home in this locality which has resulted delayed transfers of care and higher bed day rates.

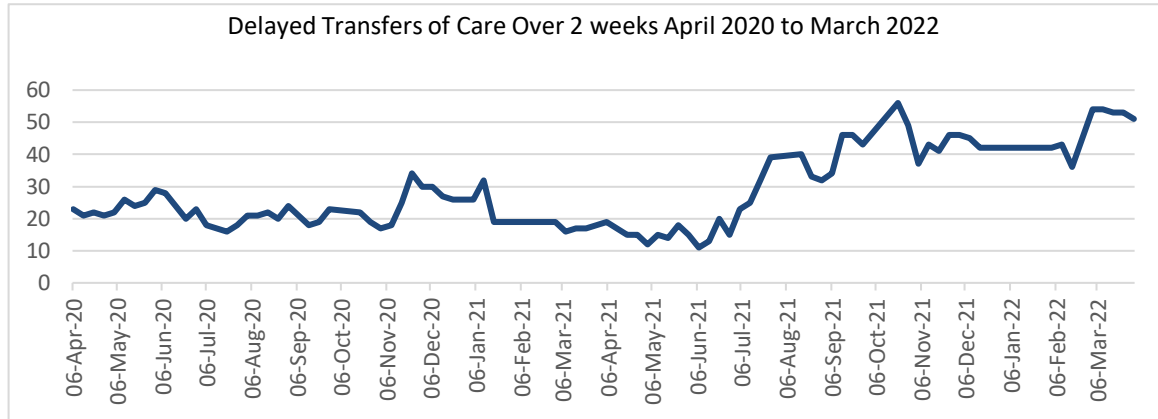


Status	Trend	MSG Target 2019/20
	Declining	25% increase

2. DELAYED DISCHARGES (CONT)

Performance Measure and Description	2.2 Delayed discharges of more than 2 weeks.
Link to Strategic Objective	We work together to give you the right care in the right place.
Indicator type:	National
Data Source	Public Health Scotland Delayed Discharge Monthly Census
Manager Responsible	Billy McClean, Head of Community Health and Care

Performance Data



Performance Analysis

The number of delayed transfers of care by over two weeks has shown a general increase over the past 2 years with a reduction during spring of 2021. The senior team within South Ayrshire meet weekly to focus on those patients delayed for over 10 days as the operational teams work to identify actions to ascertain capacity across the system. The system remains challenged due to a number of factors and the HSCP remains in a position where demand continues to outstrip capacity.

The following are some of the issues impacting on delayed discharges:

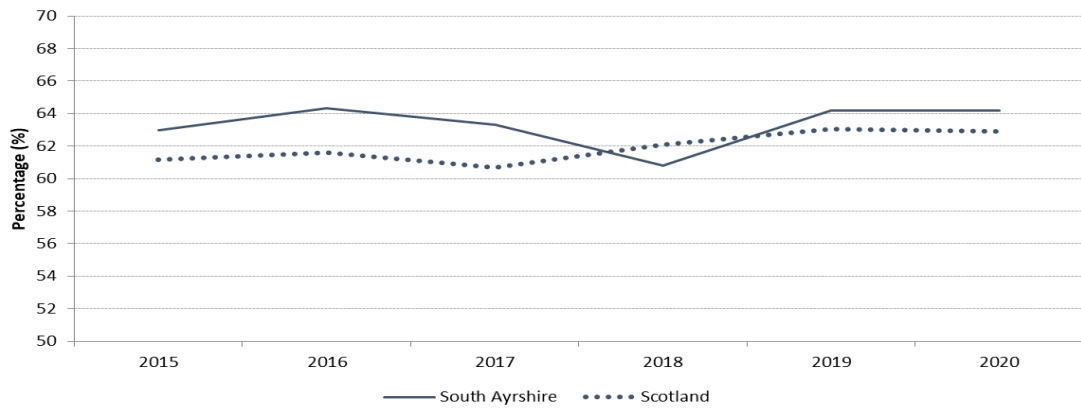
- 80% of current Home care capacity in South Ayrshire is provided by Private providers who are struggling with staff shortages, sickness, annual leave and recruitment;
- The lack of external Care at Home (CAH) capacity impacts on the Reablement service who are unable to transfer those people who require an ongoing mainstream care service, thus reducing the numbers who can be discharged from hospital and supported to return to previous levels of independence;
- Recruitment into our internal Home Care services and our community CAH partners remains challenging due to a lack of applicants to these roles. We are currently exploring the use of funding related to these unfilled posts to recruit to roles where we know there are a high number of suitable applicants looking for work.
- The potential for private providers to hand back care remains high and one provider has had to do so. This provider is now in Moratorium which further impacts on our CAH capacity. The in-house CAH teams are working to support providers through this difficult period.
- Due to the focus of services on reducing delayed discharges from the hospitals, the number of people waiting for home care in the community continues to rise. We are currently exploring a Test of Change for the development of a small team of Occupational Therapy Assistants to provide support and address specifically the unmet needs we have.

Status	Trend	Target
	Declining	National target of zero.

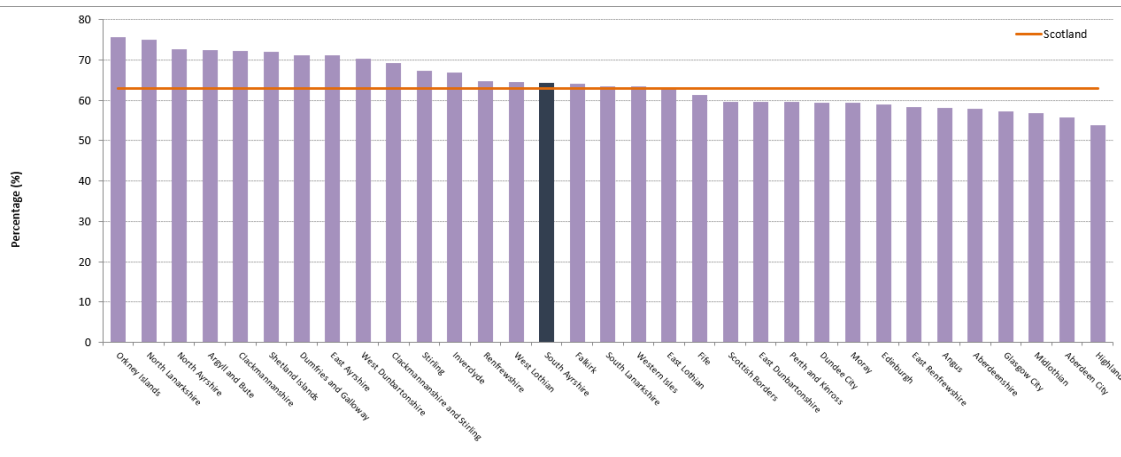
3. CARE AT HOME

Performance Measure and Description	3.1 Percentage of adults with intensive care needs receiving care at home
Link to Strategic Objective	We work together to give you the right care in the right place.
Indicator type:	National
Data Source	ISD Scotland Core Suite of Integration Indicators (March 2022) NI_18
Manager Responsible	Billy McClean, Head of Community Health and Care

Performance Data



	2015	2016	2017	2018	2019	2020
South Ayrshire	63.0%	64.3%	63.3%	60.8%	64.2%	64.2%
Scotland	61.2%	61.6%	60.7%	62.1%	63.0%	62.9%



The latest published figures are for 2020. At that point 64.2% of South Ayrshire adults with intensive care needs were receiving care at home compared with 62.9% across Scotland. South Ayrshire mid range at 15th highest out of the 32 partnership areas,

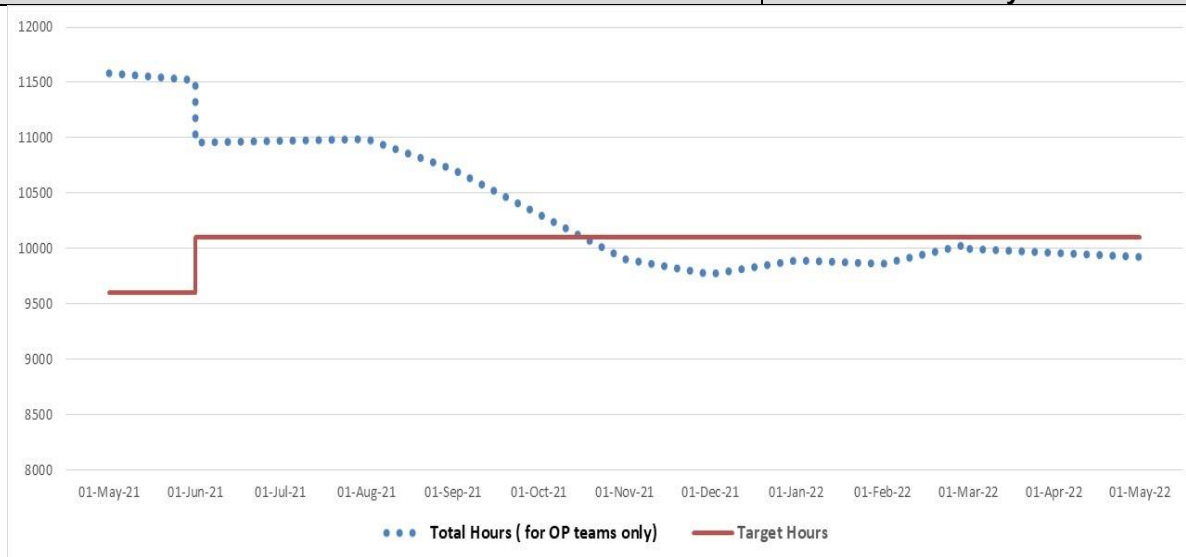
Status	Trend	Target
	No change	No target set.

3.CARE AT HOME (CONT)

Performance Measure and Description	3.2 Demand for Private Care at Home: no. of hours provided per week
Link to Strategic Objective	We work together to give you the right care in the right place.
Indicator type:	Local
Data Source	Carefirst Report

Manager Responsible	Billy McClean, Head of Community Health and Care
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Performance Data	Performance Analysis
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The level of Private Care at Home provision has reduced from 11960 hours per week in May 2021 to 9900 at the end of April 2022. South Ayrshire CAH Private Provision has been below the Target hours since October 2021. The target hours were increased from 9600 to 10100 in June 2021.

In accordance with the decisions made by the IJB at meetings held in 2018-19, access to social care services in South Ayrshire, in terms of the currently approved eligibility criteria, has been set at its highest level of “critical”.

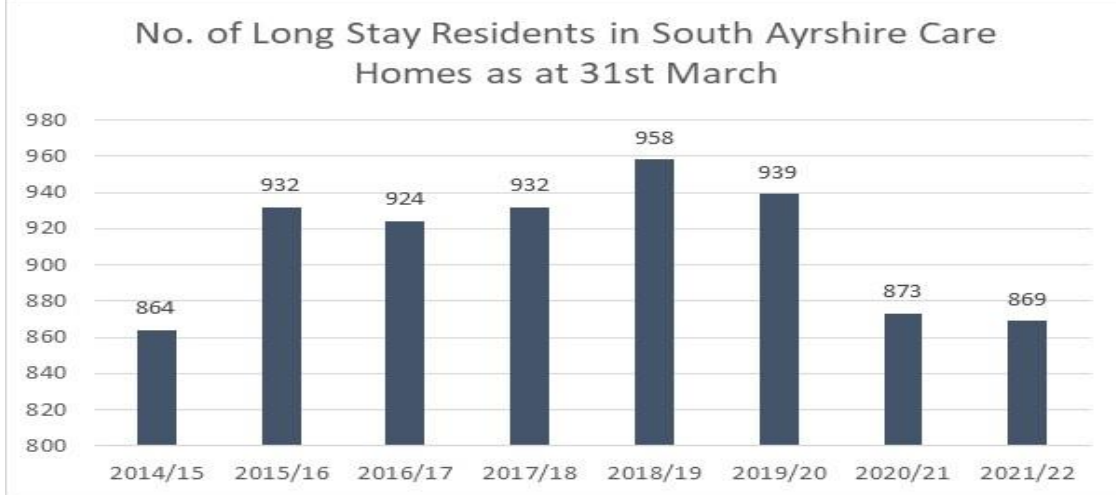
80% of current Home care capacity in South Ayrshire is provided by Private providers who are struggling with staff shortages, sickness, annual leave and recruitment.

Status	Trend	Target
N/A	N/A	Data only

4. CARE HOMES

Performance Measure and Description	4.1 Number of Long Stay Residents in South Ayrshire Care Homes (Older People 65+)
Link to Strategic Objective	We work together to give you the right care in the right place.
Indicator type:	Local
Data Source	SAHSCP Finance Records
Manager Responsible	Billy McClean, Head of Community Health and Care

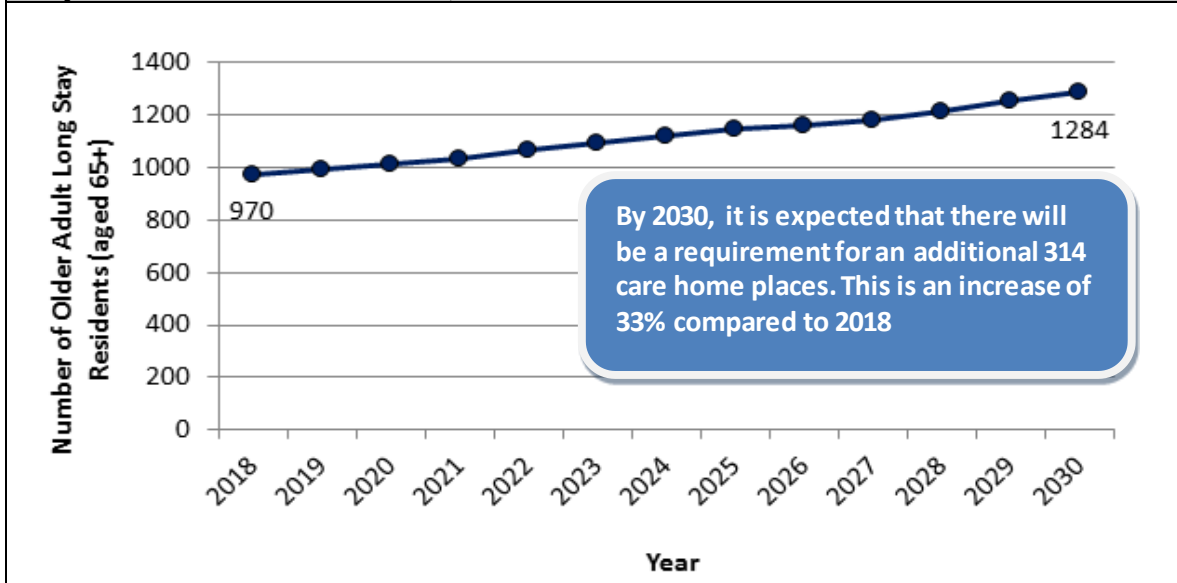
Performance Data



The number of Long Stay Residents in Care Homes has reduced over the past two years. New Admissions to Care Homes over the COVID period reduced due to outbreaks in Care Homes and within hospital settings for patients waiting to be discharged in Long Term Care.

Status	Trend	Target
N/A	N/A	Data only

Projections for Care Home Places, 2018-30



5. MENTAL HEALTH

Performance Measure and Description	5.1 Suicides
Link to Strategic Objective	We help to build communities where people are safe.
Indicator type:	National

Data Source	https://www.nrscotland.gov.uk/statistics-and-data/statistics/statistics-by-theme/vital-events/deaths/suicides/list-of-tables-and-chart
Manager Responsible	Billy McClean, Head of Community Health and Care

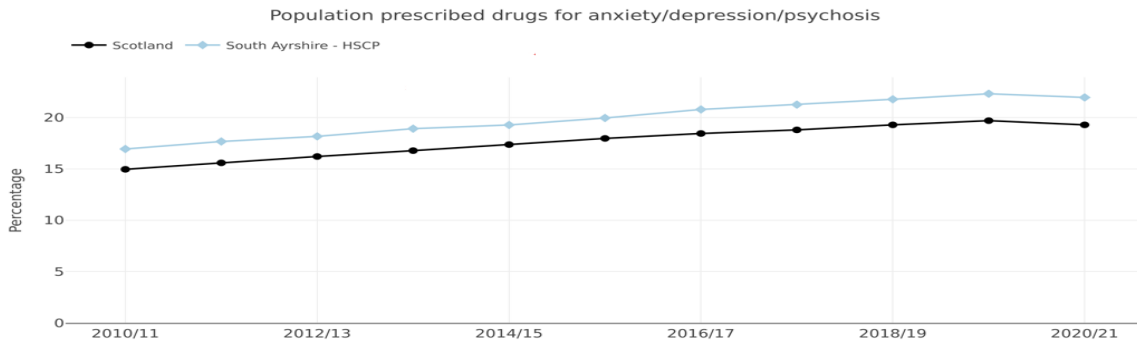
Performance Data		Performance Analysis																						
<table border="1"> <caption>Deaths by Suicide (2011-2020)</caption> <thead> <tr> <th>Year</th> <th>Deaths</th> </tr> </thead> <tbody> <tr><td>2011</td><td>15</td></tr> <tr><td>2012</td><td>9</td></tr> <tr><td>2013</td><td>11</td></tr> <tr><td>2014</td><td>12</td></tr> <tr><td>2015</td><td>11</td></tr> <tr><td>2016</td><td>13</td></tr> <tr><td>2017</td><td>9</td></tr> <tr><td>2018</td><td>17</td></tr> <tr><td>2019</td><td>19</td></tr> <tr><td>2020</td><td>11</td></tr> </tbody> </table>		Year	Deaths	2011	15	2012	9	2013	11	2014	12	2015	11	2016	13	2017	9	2018	17	2019	19	2020	11	<p>Deaths by suicide have decreased from 19 in 2019 to 11 in 2020. Suicides have also decreased on a national level from 833 in 2019 to 805 in 2020.</p> <p>As part of the ongoing work around the Mental Health Strategy 2017-22 training continues to be offered to Partnership staff via Choose Life.</p>
Year	Deaths																							
2011	15																							
2012	9																							
2013	11																							
2014	12																							
2015	11																							
2016	13																							
2017	9																							
2018	17																							
2019	19																							
2020	11																							
Status	Trend	Target																						
	Improving	N/A																						

Performance Measure by Locality
Data at Locality level not available.

5. MENTAL HEALTH (CONT)

Performance Measure and Description	5.2 % of Population Prescribed Medication for Anxiety/ Depression / Psychosis
Link to Strategic Objective	We focus on prevention and tackling inequality.
Indicator type:	National
Data Source	ScotPho
Manager Responsible	Billy McClean, Head of Community Health and Care

Performance Data



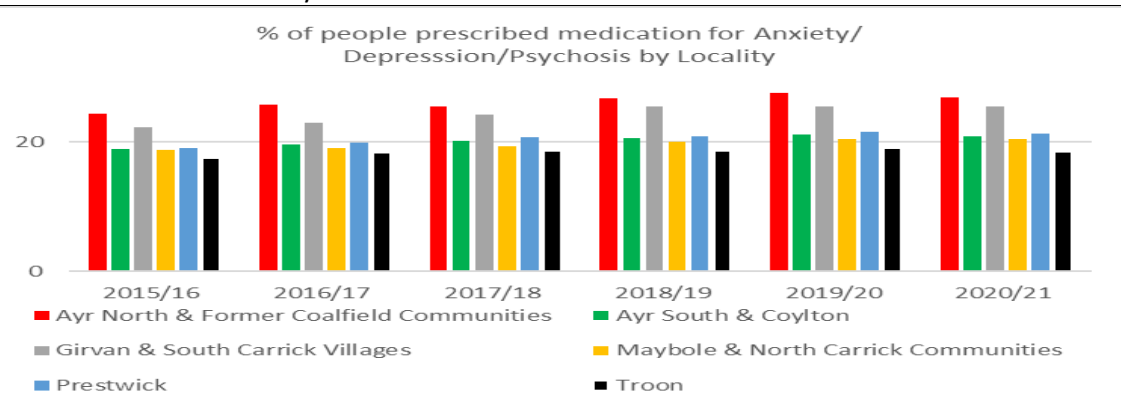
The percentage of South Ayrshire residents who have been prescribed medication for Anxiety/ Depression /Psychosis decreased slightly over the past year from a peak of 22.32 in 2019/20 to 21.96 in 2020/21. The South Ayrshire figures have been above the Scottish Average since 2010/11, with the latest Scottish average being 19.29.

Mental Health Services within the Partnership have recognised this growing trend and are looking at small tests of change within GP surgeries. Community Link Practitioners are now active in 13 GP Practices to assist people to access services and the support they require across sectors, thereby improving the experience provided by participating GP Practices, and where applicable, to create an alternative to national prescribing by signposting people to alternative community based supports where they are depressed, for example, as a result of social isolation.

Status	Trend	Target
▲	▲ Improving	No target set.

Performance measure by Locality

Source: ScotPho South Ayrshire HSCP Localities



Commentary on Local Data:

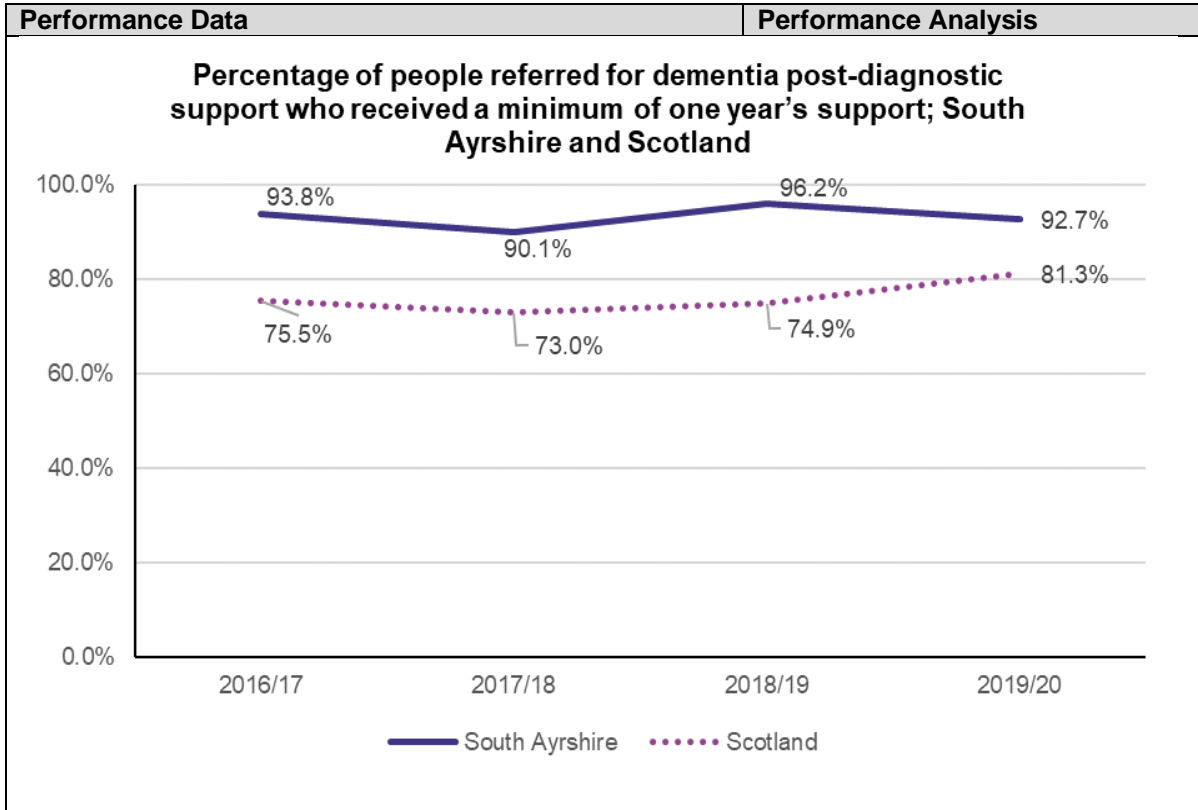
Ayr North continues to have the highest rate at 25.7 of prescriptions with Troon having the rate at 18.3% which is lower than the national average of 18.5.

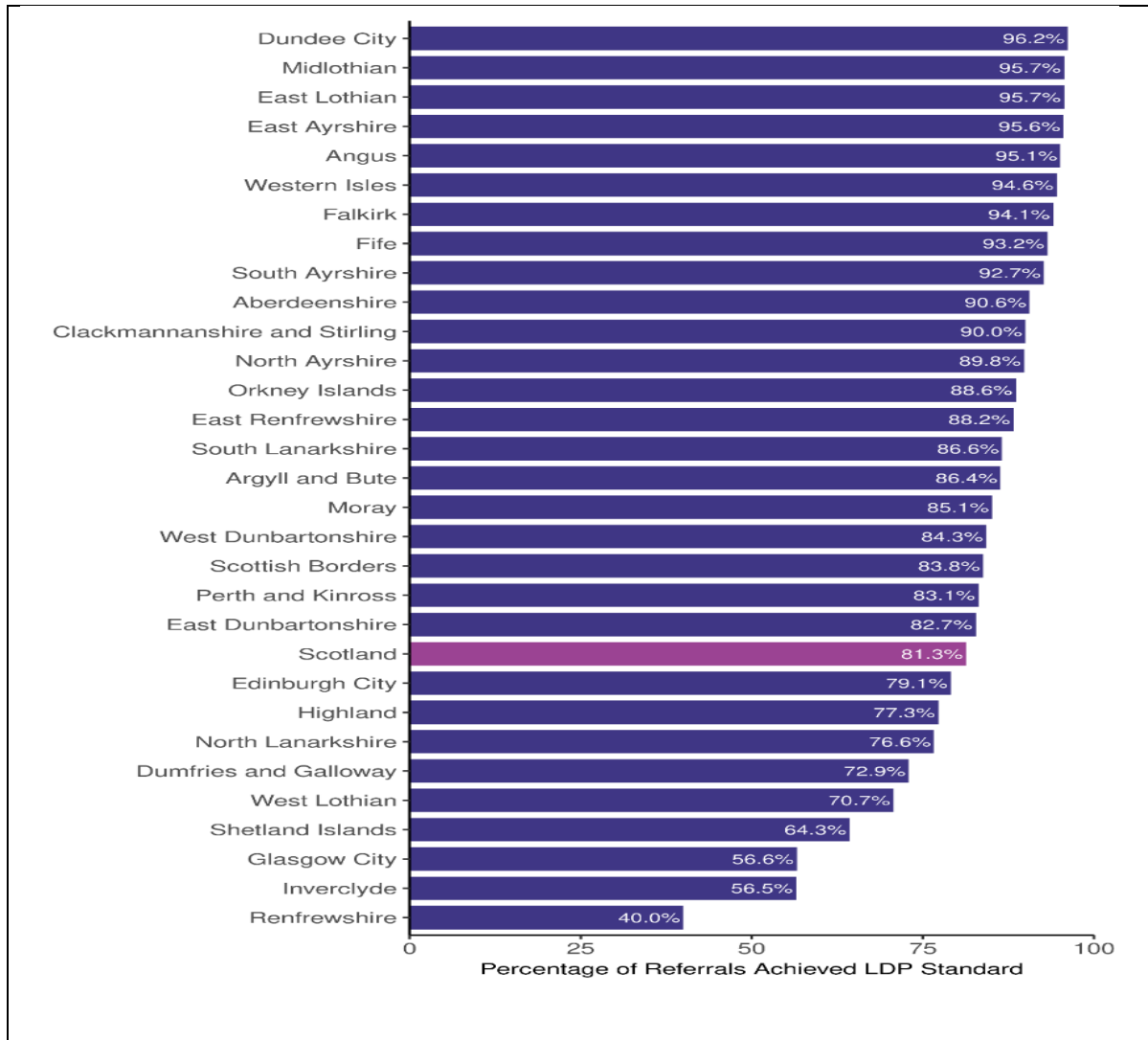
6. DEMENTIA

Performance Measure and Description

6.1 % of people referred for dementia post-diagnostic support who receive a minimum of one years support

Link to Strategic Objective	We nurture and are part of communities that care for each other.
Indicator type:	National
Data Source	PHS, Local Delivery Plan Standard; Figures to 2019/20 (Latest Release March 2022)
Manager Responsible	Billy McClean, Head of Community Health and Care





Performance Analysis

South Ayrshire’s performance decreased slightly over the past year from 96.2 to 92.7 , however performance in the SAHCP has been consistently higher than the national average over the past 4 years.

South Ayrshire has the 9th highest % of referrals which achieved LDP Standard in relation to this measure in Scotland.

The South Ayrshire Dementia Strategy 2018-23 was approved at the IJB on the 12th September 2018.

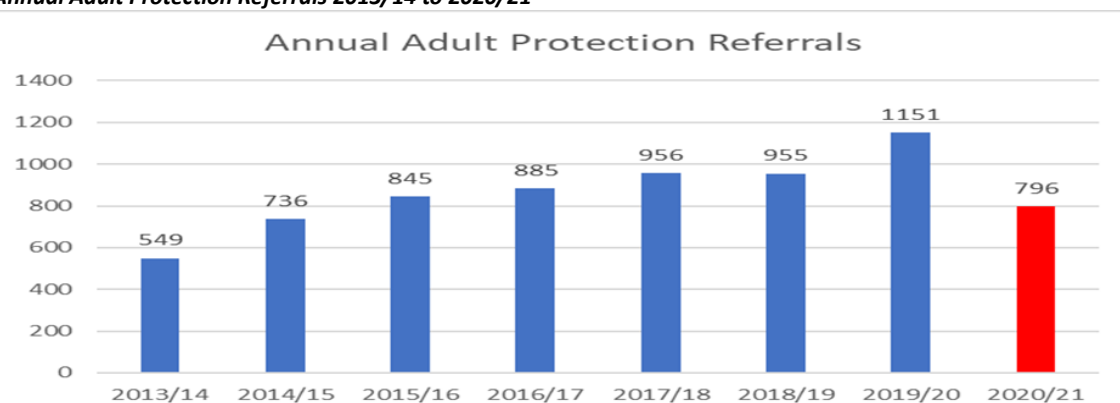
Status	Trend	Target
▲	▼ Declining	

7. ADULT SUPPORT AND PROTECTION

Performance Measure and Description	7.1 Adult Protection Referrals
Link to Strategic Objective	We help to build communities where people are safe.
Indicator type:	National
Data Source	SWIS
Manager Responsible	Billy McClean, Head of Community Health and Care

Performance Data

Annual Adult Protection Referrals 2013/14 to 2020/21

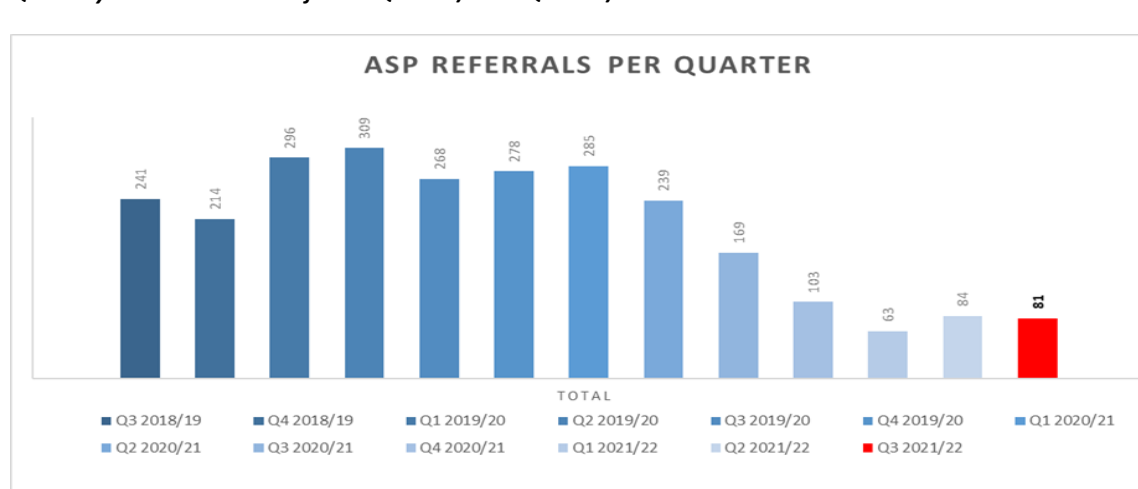


Performance Analysis

Referral activity has increased year on year between 2013/14 and 2019/20 with the exception of 2017/18 and 2018/19 where the referrals were fairly level. Referrals reduced by 31% over the past year from 1151 in 2019/20 to 796 in 2020/21.

There were 81 referrals during Q3 of 2021/22 which is a slight decrease of 3% from the previous quarter figure of 84. This represents a 66% decrease from Q2 of 2020/21. The 81 referrals during Q3 this represented 74 service users. 85% of service users were referred once during the quarter. 7 service users were referred twice within the quarter. This is a lower level of multiple referrals than we have historically had, largely due to the revised Vulnerable Adult escalation procedures.

Quarterly Adult Protection Referrals Q3 2018/19 to Q3 2021/22



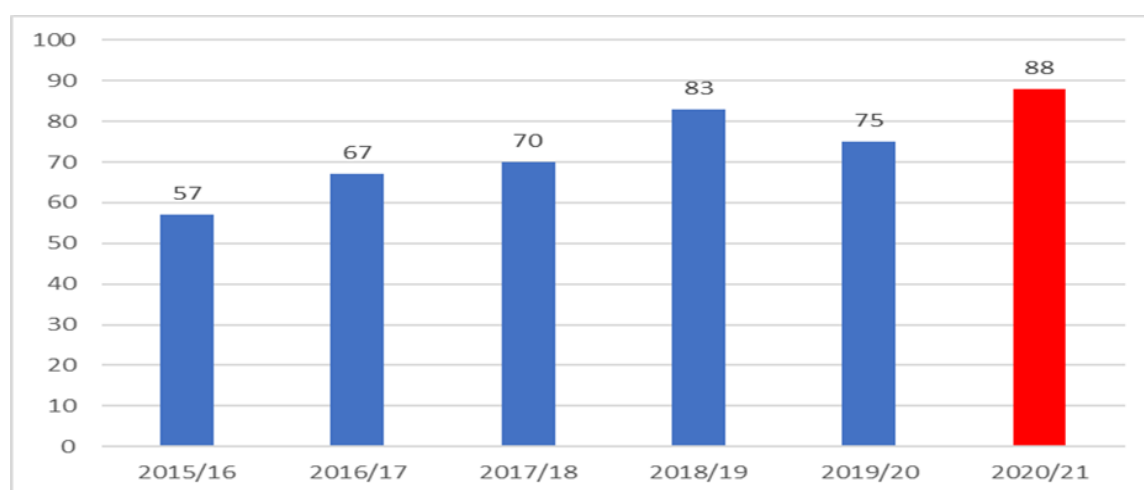
Status	Trend	Target
	Improving	No target set.

7.ADULT SUPPORT AND PROTECTION (CONT)

Performance Measure and Description	7.2 Adult Protection Inquiries completed within 5 working days
Link to Strategic Objective	We help to build communities where people are safe.
Indicator type:	Local
Data Source	SWIS
Manager Responsible	Billy McClean, Head of Community Health and Care

Performance Data

% of Inquiries completed within 5 working days



Performance Analysis

88% of AP1's completed during 2020/21 were completed within the 5 working-day target from date of referral, which is an increase from the previous annual performance of 75%.

In Q3 of 2021/22 83% of AP1's were completed within the 5 working day target. 43% of Inquiries were in respect of individuals with a degree of "cognitive impairment". This is a decrease from the previous Quarter (53%).

The extent to which ASP Inquiries are completed within target timescales will continue to be monitored. Further work will be undertaken with Social Work Team Leaders to better understand variations across the Teams.

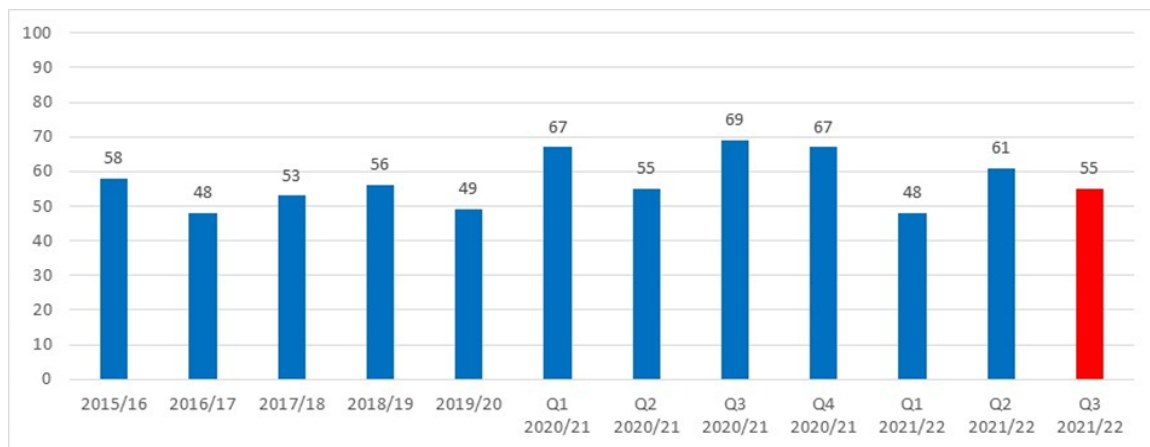
An APC multi-disciplinary working group has been established to explore issues around people with a degree of "cognitive impairment" with a view to trying to explore ways to reduce the risk of harm and ensure appropriate supports are in place, and identify any practice development issues.

	Trend	Target
	Improving	5 days

7.ADULT SUPPORT AND PROTECTION

Performance Measure and Description	7.3 % of Investigations completed within 8 working days from referral.
Link to Strategic Objective	We help to build communities where people are safe.
Indicator type:	Local
Data Source	SWIS
Manager Responsible	Billy McClean, Head of Community Health and Care

Performance Data



Performance Analysis

55% of investigations were completed within 8 working days from referral. This is a decrease from Q2 performance at 61%.

Discussions with Social Work Team Leaders have identified a number of factors which have contributed to Investigations not being completed within the target timescale. These include the time taken for partners to respond to requests for information (particularly with respect to financial harm and formal Section 10 requests), the amount of time required to establish contact with individuals whose lives are affected by alcohol and or drugs and may also be reluctant to engage with Social Work, and the availability of Council Officers within the Team due to staff absence.

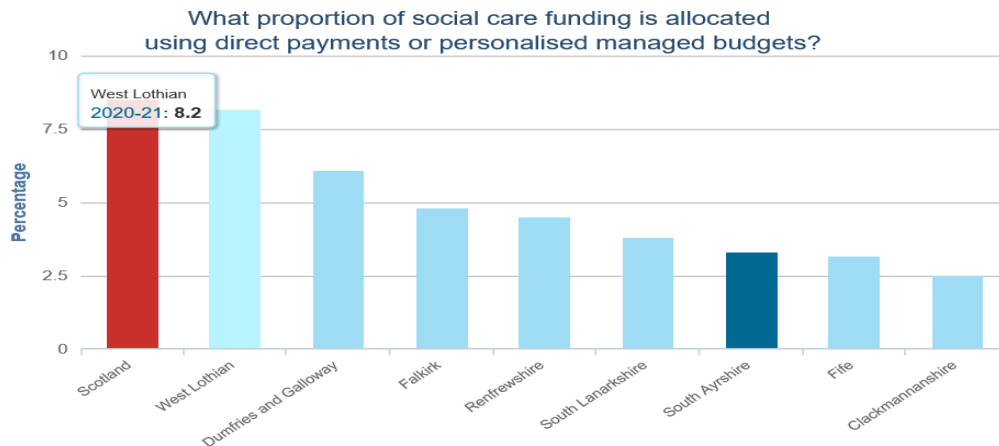
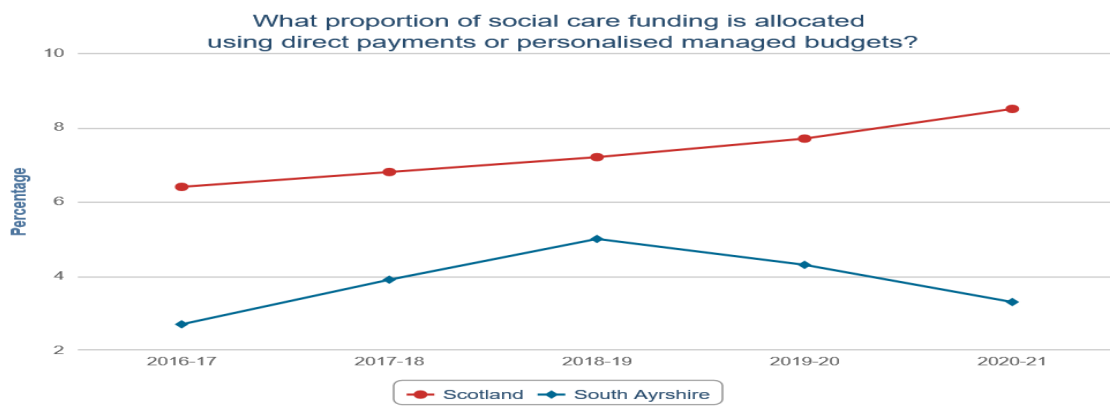
It is recommended that the Adult Support and Protection Committee consider whether the current target timescales for Inquiries and Investigations are purposeful and continue to reflect the nature and complexity of Adult Support and Protection practice.

Status	Trend	Target
	Declining	8 days

8.SELF –DIRECTED SUPPORT

Performance Measure and Description	8.1 Self Directed Support (Direct Payments) Spend on Adults 18+ as a % of total social work spend on adults 18+
Link to Strategic Objective	We are transparent and listen to you
Indicator type:	National
Data Source	SAHSCP Finance Records. Local Government Benchmarking Framework.
Manager Responsible	Tim Eltringham, Director SAHSCP

Performance Data



For Children's Services, Adult Social Care Services and Housing Services indicators similar councils are grouped by their level of deprivation

Performance Analysis

South Ayrshire continue to trail the Scottish average and our family group in this area. Difficulty with process, bureaucracy and managing their own budgets and staff are all reasons given as to why uptake is low. The review of Adult Social Work undertaken during 2021/22 and to implemented during 2022/23 aims to strengthen professional leadership with Social Work with one of the key priorities being Community Led Support and use of Self Directed Support.

Given the uncertainty around inflation, workforce recruitment issues etc target setting at this time would not be appropriate.

Status	Trend	Target
▲	▼ Declining	Increase

9.SELF –DIRECTED SUPPORT (CONT)

Performance Measure and Description	9.2 No. of people in receipt of SDS by Options 1 and 2
Link to Strategic Objective	We are transparent and listen to you
Indicator type:	Local
Data Source	SAHSCP Finance Records
Manager Responsible	Tim Eltringham, Director SAHSCP

Performance Data	Performance Analysis																																								
<p style="text-align: center;">No. of people in receipt of SDS Options 1 and 2</p> <table border="1"> <caption>Data for No. of people in receipt of SDS Options 1 and 2</caption> <thead> <tr> <th>Year</th> <th>Option 1</th> <th>Option 2</th> <th>Total</th> </tr> </thead> <tbody> <tr><td>2013/14</td><td>88</td><td>0</td><td>88</td></tr> <tr><td>2014/15</td><td>102</td><td>4</td><td>106</td></tr> <tr><td>2015/16</td><td>113</td><td>17</td><td>130</td></tr> <tr><td>2016/17</td><td>105</td><td>27</td><td>132</td></tr> <tr><td>2017/18</td><td>101</td><td>91</td><td>192</td></tr> <tr><td>2018/19</td><td>107</td><td>114</td><td>221</td></tr> <tr><td>2019/20</td><td>109</td><td>128</td><td>237</td></tr> <tr><td>2020/21</td><td>109</td><td>135</td><td>244</td></tr> <tr><td>2021/22</td><td>146</td><td>174</td><td>320</td></tr> </tbody> </table> <p>Option 1 - a Direct Payment (a cash payment);</p> <p>Option 2 - funding allocated to a provider of your choice (sometimes called an individual service fund, where the council holds the budget but the person is in charge of how it is spent);</p>	Year	Option 1	Option 2	Total	2013/14	88	0	88	2014/15	102	4	106	2015/16	113	17	130	2016/17	105	27	132	2017/18	101	91	192	2018/19	107	114	221	2019/20	109	128	237	2020/21	109	135	244	2021/22	146	174	320	<p>The uptake of SDS Options 1 and 2 has increased from 88 in 2013/14 to 320 in 2021/22.</p> <p>Option 1 uptake has increased from 88 in 2013/14 to 146 in 2021/22. Option 2 has increased from 0 in 2013/14 to 174 in 2021/22.</p>
Year	Option 1	Option 2	Total																																						
2013/14	88	0	88																																						
2014/15	102	4	106																																						
2015/16	113	17	130																																						
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Status	Trend	Target																																							
▲	▲ Improving	Increase																																							

9. Alcohol and Drug Partnership

Performance Measure and Description	9.1 Rate of drug related acute hospital stays per 100,000 population (European Age and Standardised Rates)
Link to Strategic Objective	We focus on prevention and tackling inequality.
Indicator type:	National ADP indicator
Data Source	Summary - Drug-related hospital statistics - Scotland 2020 to 2021 - Drug-related hospital statistics - Publications - Public Health Scotland
Manager Responsible	Faye Murfet, ADP Coordinator

Performance Data		Performance Analysis															
<table border="1"> <caption>Performance Data Table</caption> <thead> <tr> <th>Year</th> <th>South Ayrshire</th> <th>Scotland</th> </tr> </thead> <tbody> <tr> <td>2017/18</td> <td>316.56</td> <td>235</td> </tr> <tr> <td>2018/19</td> <td>442.5</td> <td>260</td> </tr> <tr> <td>2019/20</td> <td>388.5</td> <td>285</td> </tr> <tr> <td>2020/21</td> <td>390</td> <td>270</td> </tr> </tbody> </table>		Year	South Ayrshire	Scotland	2017/18	316.56	235	2018/19	442.5	260	2019/20	388.5	285	2020/21	390	270	<p>The admission rates per 100,000 of population showed a continued increase in admissions from 315 (316.56 avg.) per 100,000 in 2017/18 to a peak of 440 (442.5 avg.) per 100,000 in 2018/19. Thereafter there has been a continuous fall in admissions per 100,000 to 390 (388.5 avg.) in 2020/21.</p> <p>These figures are closely matched if compared to the whole of NHS Ayrshire and Arran but significantly above the national average which shows a figure of 270 (269.59 avg.) per 100,000 for 2020/21.</p> <p>This increase is comparable to the increase in drug related deaths both locally and nationally.</p> <p>The ADP is exploring the possibility of further analysis of the data to gain an increased understanding of people being admitted to hospital and interventions which could be put in place to support individuals and reduce hospital stays.</p>
Year	South Ayrshire	Scotland															
2017/18	316.56	235															
2018/19	442.5	260															
2019/20	388.5	285															
2020/21	390	270															
Status	Trend	Target															
	 Improving	150 by 2018															

Performance by Locality

Number and age-sex standardised rate per 100,000 population, drug-related acute hospital stays, South Ayrshire by locality, aggregated years 2016/17-2018/19 and 2017/18-2019/20

HSCP Area	Average number of stays		Rate per 100,000 population	
	2016/17 to 2018/19	2017/18 to 2019/20	2016/17 to 2018/19	2017/18 to 2019/20
Ayr North & Former Coalfield Communities	129	144	711.31	791.1
Ayr South & Coylton	39	45	155.19	177.87
Girvan & South Carrick Villages	24	30	310.71	383.81
Maybole & North Carrick Communities	21	24	272.19	292.14
Prestwick	33	39	179.49	201.67
Troon	30	30	196.98	218.11

There has been an increase in the standardised rate of drug-related acute hospital stays across all localities in South Ayrshire.

9. Alcohol and Drug Partnership

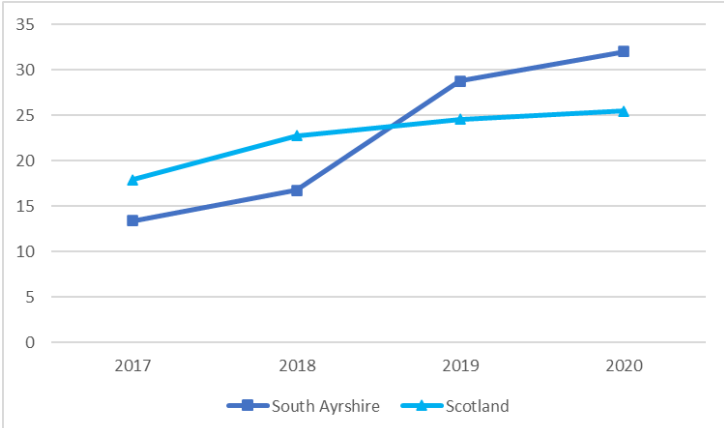


Performance Measure and Description	9.2 Rate of alcohol related acute hospital stays per 100,000 popn
Link to Strategic Objective	We focus on prevention and tackling inequality.
Indicator type:	National ADP indicator
Data Source	Alcohol related hospital statistics - Scotland financial year 2020 to 2021 - Alcohol related hospital statistics - Publications - Public Health Scotland ScotPHO profiles (shinyapps.io)
Manager Responsible	Faye Murfet, ADP Coordinator

Performance Data		Performance Analysis															
<table border="1"> <caption>Alcohol-related hospital stays per 100,000 population</caption> <thead> <tr> <th>Year</th> <th>South Ayrshire</th> <th>Scotland</th> </tr> </thead> <tbody> <tr> <td>2017/18</td> <td>750</td> <td>670</td> </tr> <tr> <td>2018/19</td> <td>730</td> <td>670</td> </tr> <tr> <td>2019/20</td> <td>690</td> <td>680</td> </tr> <tr> <td>2020/21</td> <td>709</td> <td>613</td> </tr> </tbody> </table>		Year	South Ayrshire	Scotland	2017/18	750	670	2018/19	730	670	2019/20	690	680	2020/21	709	613	<p>The rate of alcohol related hospital stays decreased between 2017/18 and 2020/21 from 750 to 709. The rate has been consistently higher than the national average which was 613 in 2020/21.</p> <p>The ADP intends to analyse hospital data to gain an increased understanding of people being admitted to hospital and interventions to support individuals and reduce hospital stays. Consultation activity as part of the development of the new ADP Strategy 2018 – 2021 has identified transitions and support between hospitals and communities as a priority. The ADP will work in partnership with peers, acute and community services to strengthen the transition support available to patients prior to discharge from hospital to their homes.</p>
Year	South Ayrshire	Scotland															
2017/18	750	670															
2018/19	730	670															
2019/20	690	680															
2020/21	709	613															
Status	Trend	Target															
	Declining	750 by 2018															

Performance by Locality								
Number and age-sex standardised rate per 100,000 population, alcohol-related hospital stays, South Ayrshire by locality, 2017/18 to 2020/21								
HSCP Area	No. Of Stays				Rate per 100,000 Pop			
	2017/18	2018/19	2019/20	2020/21	2017/18	2018/19	2019/20	2020/21
Ayr North & Former Coalfield Communities	274	289	262	245	1,401.18	1,487.51	1,349.77	1,295.41
Ayr South & Coylton	178	134	178	168	562.66	450.94	581.32	569.82
Girvan & South Carrick Villages	80	83	69	73	983.56	871.23	724.66	909.5
Maybole & North Carrick Communities	56	57	29	45	576.1	576.75	268.68	445.37
Prestwick	119	140	128	151	502.87	557.77	510.99	621.86
Troon	125	133	116	105	642.66	666.75	606.58	538.08

9. Alcohol and Drug Partnership

Performance Measure and Description	9.3 Number of Drug Related Deaths per year
Link to Strategic Objective	We will reduce health inequalities.
Indicator type:	National
Data Source	Drug-related Deaths in Scotland in 2020 National Records of Scotland (nrscotland.gov.uk) ScotPHO profiles (shinyapps.io)
Manager Responsible	Faye Murfet, ADP Coordinator

Performance Data		Performance Analysis															
 <table border="1"> <caption>Drug-related death rates per 100,000 population</caption> <thead> <tr> <th>Year</th> <th>South Ayrshire</th> <th>Scotland</th> </tr> </thead> <tbody> <tr> <td>2017</td> <td>13.38</td> <td>18.5</td> </tr> <tr> <td>2018</td> <td>16.5</td> <td>23</td> </tr> <tr> <td>2019</td> <td>28.5</td> <td>24.5</td> </tr> <tr> <td>2020</td> <td>32.01</td> <td>25.5</td> </tr> </tbody> </table>		Year	South Ayrshire	Scotland	2017	13.38	18.5	2018	16.5	23	2019	28.5	24.5	2020	32.01	25.5	<p>The drug related death rates per 100,000 of population showed a continued increase in deaths from 13.38 per 100,000 in 2017 to 32.01 per 100,000 in 2020.</p> <p>This increase is comparable to the increase in drug related deaths nationally.</p> <p>The South Ayrshire Alcohol and Drug Partnership (ADP) recognise the significant harm which can result from dependent substance use, including the increased risk of an alcohol or drug related death.</p> <p>The ADP are committed to review the Scottish Drug Deaths Taskforce Six Evidence Based Strategies –to reduce drug related deaths and implement improvement actions. The ADP will work together to develop innovative, flexible and assertive outreach approaches to engage with individuals most at risk and provide support tailored to their needs.</p>
Year	South Ayrshire	Scotland															
2017	13.38	18.5															
2018	16.5	23															
2019	28.5	24.5															
2020	32.01	25.5															
Status	Trend	Target															
	 Declining	Reduce															

9. Alcohol and Drug Partnership

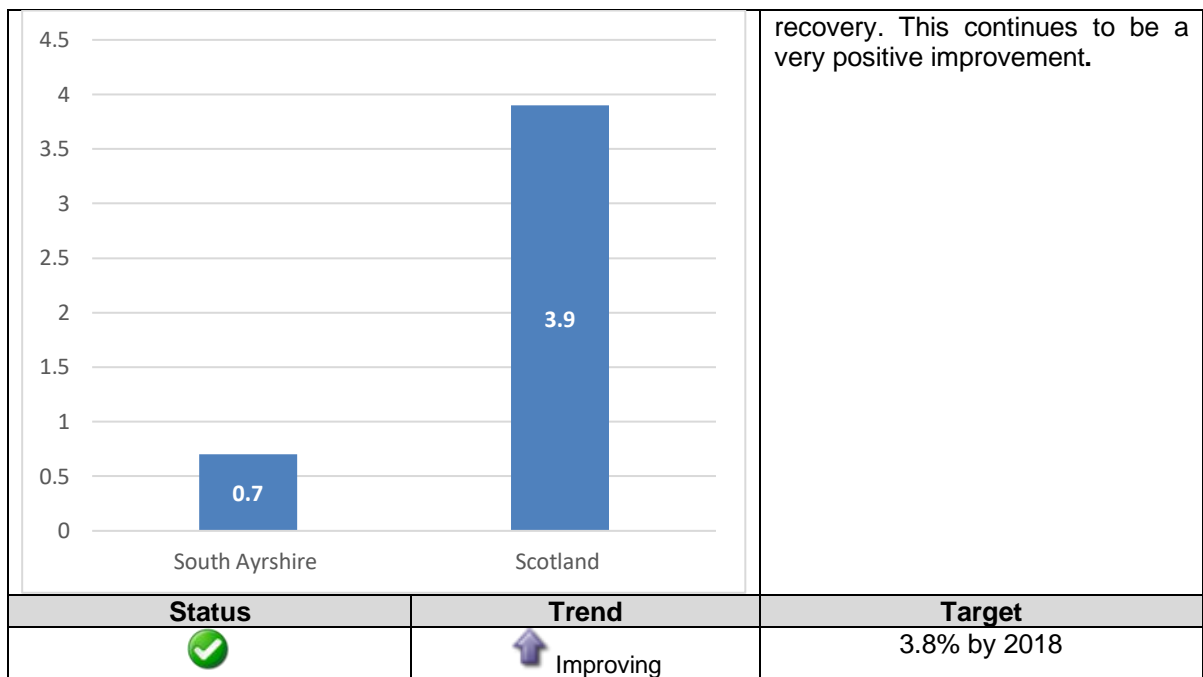
Performance Measure and Description	9.4 Percentage waiting more than 3 weeks for referral to specialist drug service.
Link to Strategic Objective	We focus on prevention and tackling inequality.
Indicator type:	National HEAT Standard / ADP indicator.
Data Source	National drug and alcohol treatment waiting times - 1 January to 31 March 2021 - National drug and alcohol treatment waiting times - Publications - Public Health Scotland Annual Tables
Manager Responsible	Faye Murfet, ADP Coordinator

Performance Data		Performance Analysis
<p>A bar chart with a vertical axis from 0 to 5. The horizontal axis has two categories: 'South Ayrshire' and 'Scotland'. The bar for 'South Ayrshire' is very short, labeled '0.3'. The bar for 'Scotland' is much taller, labeled '4.3'.</p>		<p>In 2020/21 0.3% of patients waited more than 3 weeks for referral to a specialist drug service. South Ayrshire performs above the national average which for 2020/21 was 4.3% across Scotland.</p> <p>Alcohol and drug services continue to meet and exceed the national HEAT standard of 90% of clients will wait no longer than 3 weeks from referral received to appropriate drug or alcohol treatment that supports their recovery. This continues to be a very positive improvement.</p>
Status	Trend	Target
	Improving	1.8% by 2018

9. Alcohol and Drug Partnership

Performance Measure and Description	9.5 % waiting more than 3 weeks for referral to specialist alcohol service.
Link to Strategic Objective	We focus on prevention and tackling inequality.
Indicator type: National / Corporate/ Local	National HEAT Standard / ADP indicator.
Data Source	National drug and alcohol treatment waiting times - 1 January to 31 March 2021 - National drug and alcohol treatment waiting times - Publications - Public Health Scotland Annual Tables
Manager Responsible	Faye Murfet, ADP Coordinator

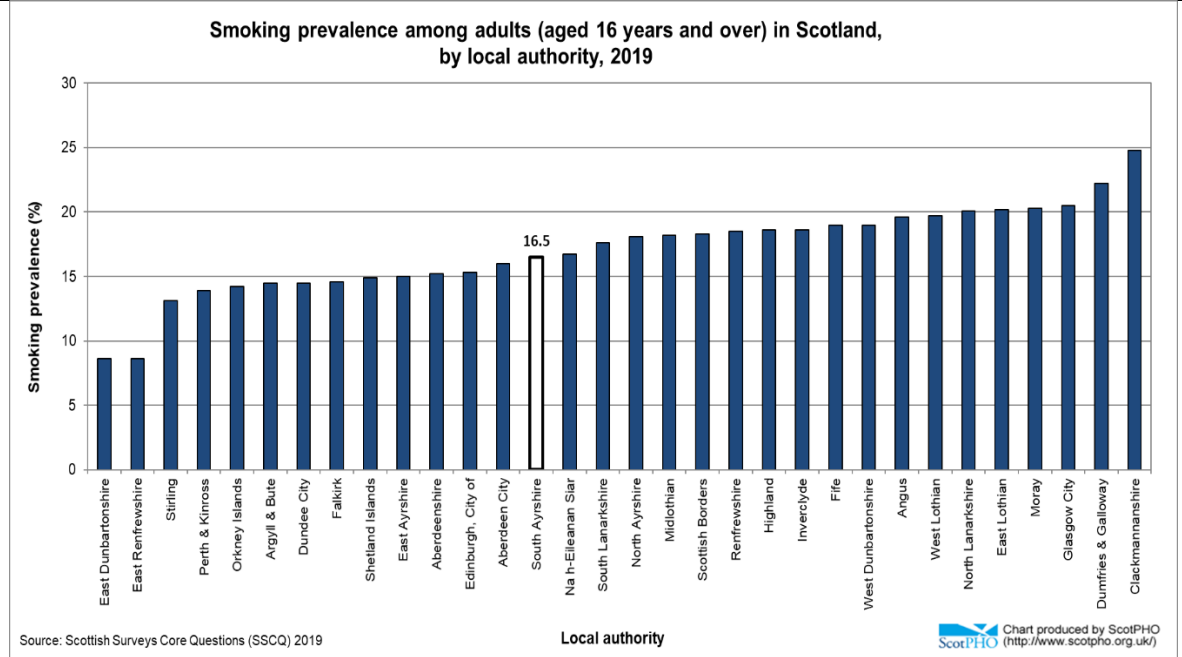
Performance Data	Performance Analysis
	<p>In 2020/21 0.7% of patients waited more than 3 weeks for referral to a specialist alcohol service. South Ayrshire performs above the national average which for 2020/21 was 3.9% across Scotland.</p> <p>Alcohol and drug services continue to meet and exceed the national HEAT standard of 90% of clients will wait no longer than 3 weeks from referral received to appropriate drug or alcohol treatment that supports their</p>



10. HEALTH MEASURES (ADULTS)

Performance Measure and Description	10.1 Percentage of Adults (aged 16+) who are regular smokers
Link to Strategic Objective	We focus on prevention and tackling inequality.
Indicator type:	National
Data Source	Scottish Surveys Core Questions (SSCQ) 2019
Manager Responsible	Ruth Campbell, Consultant Dietician in Public Health

Performance Data



Performance Analysis

Smoking Prevalance in Scotland (2019) ranged from 8.6% in East Dunbartonshire to 24.8% in Clackmannanshire with South Ayrshire having a prevalance of 16.5%. South Ayrshire is ranked 19 out of 32 in terms of the level of smoking prevalance. NHS Ayrshire and Arran’s stop smoking service is called Quit Your Way. It is made up of 3 parts:

Smoking Cessation – Helping people who smoke to stop smoking.

Smoking Prevention - Preventing people, mainly young people, starting to smoke.

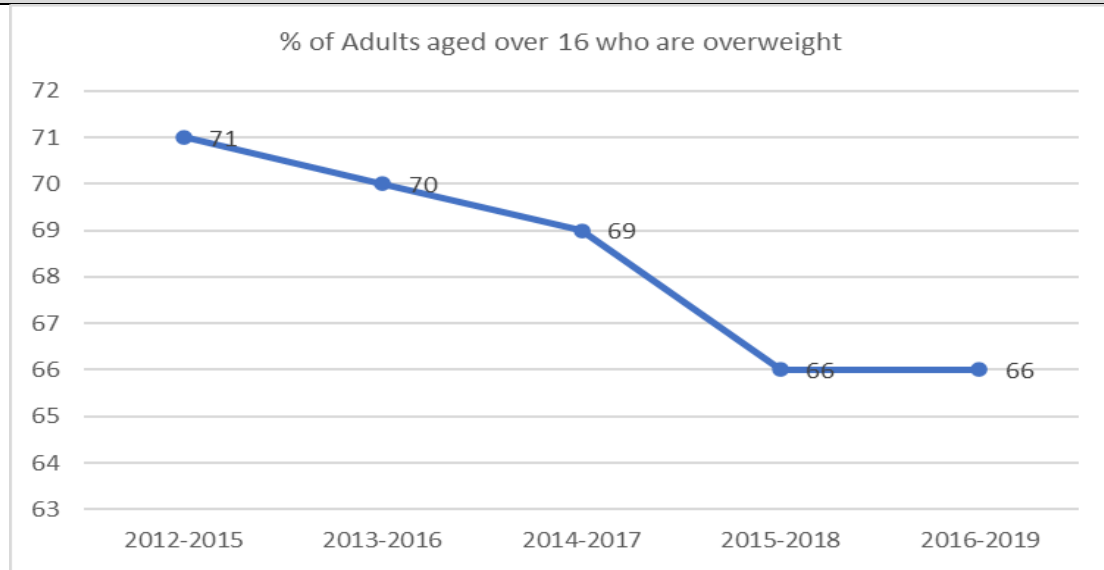
Smoking Protection - Protecting everyone from the harms of second hand smoke.

Status	Trend	Target
	Improving	No target set.

10. HEALTH MEASURES (ADULTS)

Performance Measure and Description	10.2 Percentage of Adults aged over 16 who are overweight.
Link to Strategic Objective	We focus on prevention and tackling inequality.
Indicator type:	National
Data Source	Scottish Health Survey https://scotland.shinyapps.io/sg-scottish-health-survey/
Manager Responsible	Ruth Campbell, Consultant Dietician in Public Health

Performance Data



Performance Analysis

The % of Adults aged over 16 who are overweight in South Ayrshire has decreased from 71% in 2012-15 to 66% in 2016-2019. This is the same as the National rate across Scotland for 2019 which also stands at 66%.

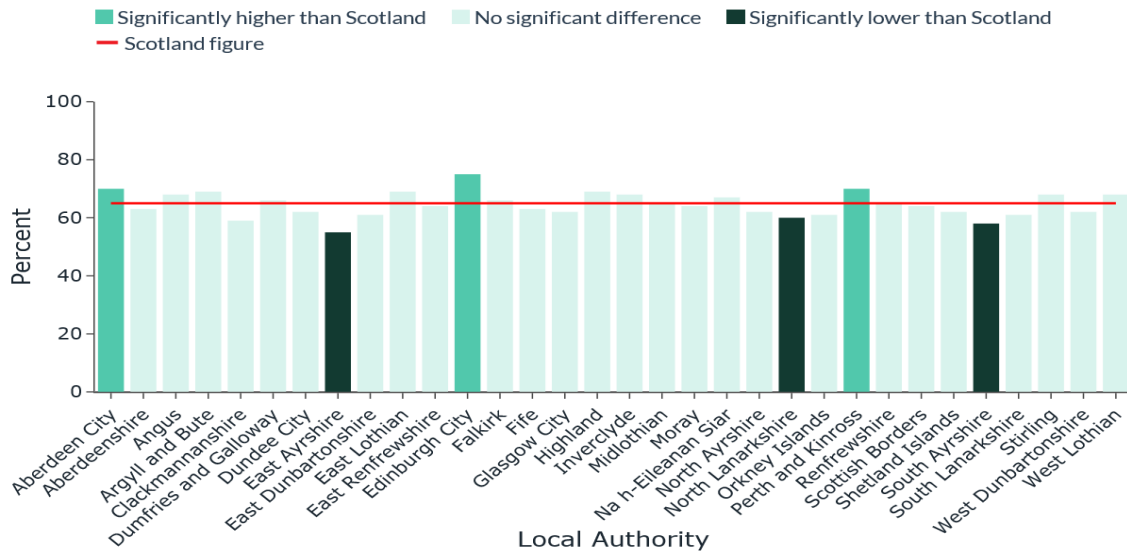
Status	Trend	Target
	Improving	No target set.

10. HEALTH MEASURES (ADULTS)

Performance Measure and Description	10.3 % of adults aged over 16 meeting physical activity guidelines
Link to Strategic Objective	We focus on prevention and tackling inequality.
Indicator type:	National
Data Source	Scottish Health Survey
Manager Responsible	Ruth Campbell , Consultant Dietician in Public Health

Performance Data

Summary activity levels, Meets recommendations, All, 2016-2019**



Performance Analysis

The % of Adults meeting Physical Activity Levels between 2016-19 in South Ayrshire was 58% which is significantly below the Scottish Average of 65%. Physical Activity levels meeting recommendations in South Ayrshire have decreased from 61% for 2015-2018 to 58% in 2016-19.

Status	Trend	Target
	Declining	No target set.

Commentary on Local Initiatives.

South Ayrshire Council has developed a new Physical Activity and Sport Strategy 2022. The Strategy advocates an ambitious approach which promotes, engages and empowers individuals and communities to play an active role in increasing physical activity levels for children, young people and adults across South Ayrshire. The Strategy aims to deepen the connections between sport, physical activity, and health by aligning sport and physical activity outcomes with Scotland’s Public Health priorities. Six key principles underpin the Strategy:

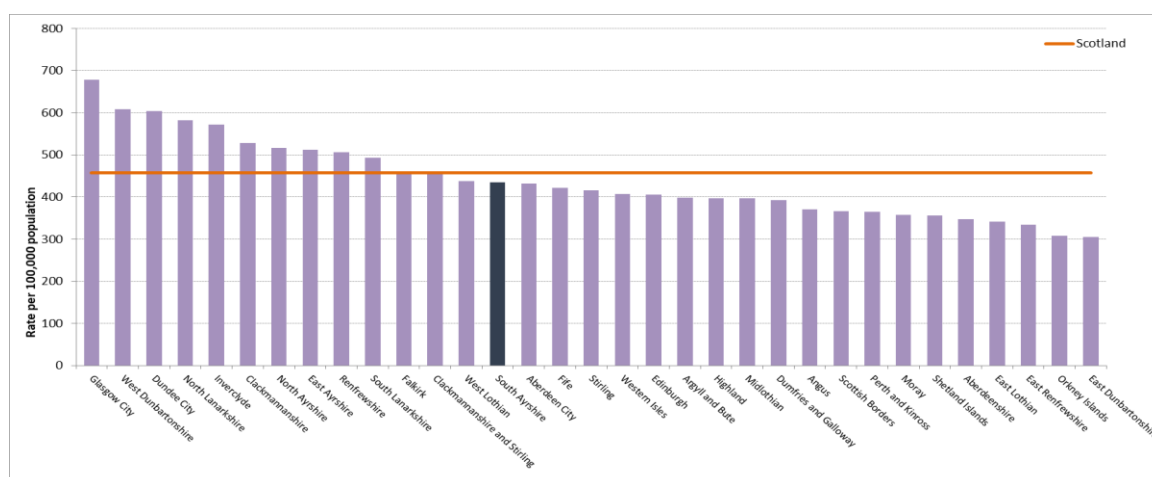
- Ambitious
- Connected
- Transparent
- Inclusive
- Values
- Empowering

11. MORTALITY RATES

Performance Measure and Description	11.1 Premature mortality rate per 100,000 persons: by calendar year
Link to Strategic Objective	We nurture and are part of communities that care for each other.
Indicator type:	National NI-11
Data Source	PHS Core Integration Measures.

	European age-standardised mortality rate per 100,000 for people aged under 75. Death rates (per 100,000 population) for Local Authorities: age-standardised using the 2013 European Standard Population
Manager Responsible	Billy McClean, Head of Community Health and Care

Performance Data



Performance Analysis

The death rates for South Ayrshire residents aged under 75 increased from 428 in 2019 to 435 in 2020. This is lower than the National Average of 457. South Ayrshire has the 14th highest premature mortality rate out of the 32 partnership areas. Glasgow City has the highest rate at 676 and East Dunbartonshire has the lowest at 305. East and North Ayrshire both have a higher than national average rate at 512 and 516 respectively.

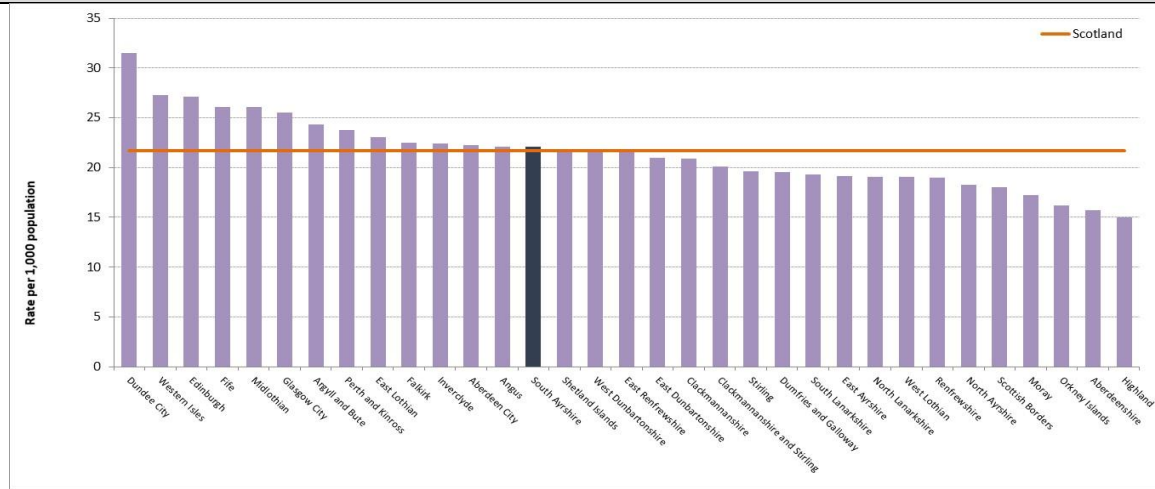
Early deaths from cancer would be 32% lower if the levels of the least deprived area were experienced across the whole South Ayrshire population. The most deprived areas have 42% more deaths than the overall average

Status	Trend	Target
	Declining	Reduce

12. FALLS

Performance Measure and Description	12.1 Falls rate per 1,000 population aged 65+
Link to Strategic Objective	We work together to give you the right care in the right place.
Indicator type:	National NI-16
Data Source	ISD Core Suite of Integration Measures.
Manager Responsible	Billy McClean, Head of Community Health and Care

Performance Data



The rate of falls per 1,000 population aged 65 + reduced from 22.6 in 2019/20 to 22.1 (640 falls) in 2020/21. South Ayrshires rate is higher than the Scottish average of 21.7. South Ayrshire has the 14th highest falls rate in Scotland out of all of the partnership areas.

Given the specific demographics within South Ayrshire of an older population with multi-morbidity, frailty and poly-pharmacy and high dependency ratio, reducing or maintaining the number of people attending with a fall, is challenging and requires continued focus.

Work is continuing to spread falls prevention work and reach more people by increasing opportunities for staff partners/ families to give early intervention advice and improving access to services that provide immediate assistance following a fall and improving access to services providing falls interventions for those at risk of falls.

Invigor8 is a Falls Prevention Programme for people over the age of 60 providing 18 classes per week to reduce / prevent the incidence of falls. All classes have been re-established as COVID restrictions have allowed. The group sessions are fun and friendly and assist in reducing social isolation and loneliness. Classes have a high attendance rate and still prove to be popular. Referral routes between NHS, health professionals, health and social care partners and the Health and Fitness team are established and embedded into the programme. A self-referral route has also been established.

Healthy and Active Rehabilitation Programme (HARP) is for people with medical history which includes stroke, cancer, cardiac, pulmonary or diabetes. 10 exercise classes are available across South Ayrshire along with gym or swimming sessions. Participants returned to classes after Covid restrictions were reduced and are well attended. People are referred to HARP and referral routes between GP's, NHS and the Health Team are established

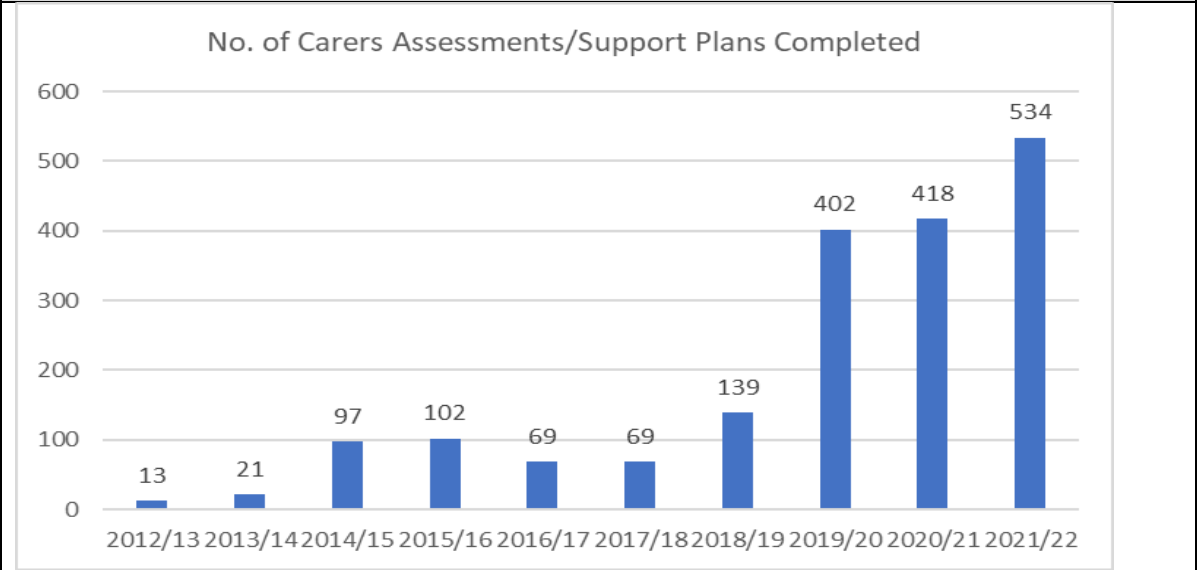
Status	Trend	Target
	Improving	No target set.

13. CARERS

Performance Measure and Description	13.1 Number of Carers who have had a carers assessment.
Link to Strategic Objective	We are transparent and listen to you.
Indicator type:	Local
Data Source	SWIS/ Carefirst Report – Completed SSA5 Assessments and Carers Support Plans

Manager Responsible	Billy McClean, Head of Community Health and Care
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Performance Data



Performance Analysis

An Adult Carer Support Plan is carried out to identify how being a carer is impacting on their health and wellbeing. The support plan gives the Carer the opportunity to identify the following:

- thoughts and feelings about caring
- relationship with the cared for person
- social and leisure activities
- physical and mental health
- education and work life goals
- what would make things easier for the carer to carry out their caring role
- whether a short break is needed
- what would happen in an emergency, if the carer was unable to care.

The number of Carers Support Plans completed has risen markedly over the past 4 years and has increased by 28% between 2020/21 and 2021/22 from 418 to 534. The South Ayrshire Integration Joint Board at its meeting on 16th May 2019 approved the new Adult Carers Strategy for the period 2019-2024. The Strategy was developed through discussions with carers, staff and partners including the South Ayrshire Carers Centre, Crossroads and the Ayrshire Hospice. The SAHSCP now has both a dedicated Adult Carers Lead Officer and Young Carer Lead Officer.

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Status	Trend	Target
	Improving	Increase