

SAHSCP Young Carers Strategy 2021-2026

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1. I am safe, healthy and active						
Action	Assigned To	Due Date	Status	Progress	Latest Note	
YCS 1.1	Claire Flanagan; Gary Hoey	31-Dec-2021		<div style="width: 50%;"><div style="background-color: #4f81bd; height: 10px; width: 100%;"></div></div> 50%	<p>04-Aug-2022 • Established relationship with Carers Trust Scotland who are now offering support, including teacher training & staff presentations (part of Scottish Government initiative).</p> <ul style="list-style-type: none"> • Joined Scottish Young Carers Services Alliance. Benefits include networking with other authorities/services to learn from best practice and challenges, up to date dissemination of information relating to Young Carers. • 46 school visits completed (7 secondary, 38 primary, 1 ASN). <p>• 793 education staff surveys completed. Results will be used as baseline & to inform training.</p> <ul style="list-style-type: none"> • Young Carer Champion being identified in each school for new school year. <p>• COAST module developed for education and social work staff.</p> <ul style="list-style-type: none"> • Working on video for secondary pupils with YC, Thriving Communities & The Iris (primary will follow once completed). Resources will accompany videos. Videos will be used by schools and youth workers to raise awareness of young carers, increase self-identification, break down stigma, improve peer understanding. <p>• Working with Ayrshire pharmacies to raise awareness and implement processes. Attending Lunch & Learn session October 2022.</p> <ul style="list-style-type: none"> • Training of Thriving Communities youth workers planned Aug/Sep 	





						2022. <ul style="list-style-type: none"> • MCMC Coordinators now tracking Young Carers & will offer support if required. • Information & Advice Hub amended training documentation and processes to identify young carers.
YCS 1.2	Ensure that all policies take young carers into account.	Stephanie Cox	31-Mar-2026			01-Aug-2022 Update provided by Stephanie Cox 01/08/22 Work has still to take place on equality impact assessment review. The HSCP Planning & Performance team support with policy development and all carers taken into account when developing/refreshing strategies and policies.
YCS 1.3	Develop clear pathways and protocols for supporting young carers in health and social care, education and relevant Community Planning partner services.	Claire Flanagan	31-Dec-2021			04-Aug-2022 • Pathways and processes currently being developed/reviewed and will be presented to YCSIG for sign off August 2022. <ul style="list-style-type: none"> • Working with young carers to redesign Young Carers Statement.
YCS 1.4	Continue to develop procedures for the Young Carer Statement to ensure that young carers receive person-centred, coordinated, and tailored support, through their Childs Plan, to maintain and/or improve their physical/mental health.	Claire Flanagan; Gary Hoey	31-Mar-2026			04-Aug-2022 • Young Carers Statement (primary/secondary) being developed in conjunction with young carers.
YCS 1.5	Develop and implement a process to collect and report on carer information as required by Scottish Government on an annual basis.	Stephanie Cox	31-Dec-2021			01-Aug-2022 Update provided by Stephanie Cox 01/08/22 CareFirst development session has taken place which included discussion on young carer information to be developed. Young Carer Statements are currently completed by South Ayrshire Carers Centre and emailed to central carers mailbox for analysis. Additional information has been added to the Carers Centre ROSD which allows for information to be gathered that is required for annual Carers Census.
YCS 1.6	Review the Local Eligibility Criteria on an annual	Gary Hoey	31-Mar-2022			24-Feb-2022 Eligibility Criteria does not apply to the provision of

	basis and revise the document where necessary, ensuring that young carers, relevant staff and partners are consulted with on any changes.					assessment and support in relation to young carers. National GIRFEC practice is built upon the provision of the right support at the right time and early intervention.
YCS 1.7	Develop a clear pathway for young carers linked to palliative care and life-limiting illness, including bereavement support.	Claire Flanagan; Gary Hoey	31-Mar-2023		<input type="text" value="10%"/>	31-Jan-2022 Multiagency short life working group to be formed to develop process for identification and forum for planning support.
YCS 1.8	Review the Short Break Statement on an annual basis and revise the document where necessary, ensuring that young carers, relevant staff and partners are notified of any changes.	Gary Hoey	31-Mar-2022		<input type="text" value="90%"/>	31-Jan-2022 Short Break Statement has been reviewed 2022/2023.
YCS 1.9	Ensure that arrangements, such as home respite, are in place to support the cared for person when a young carer is on a short break or taking time out from their caring role.	Gary Hoey	31-Mar-2022		<input type="text" value="100%"/>	31-Jan-2022 Where identified in Child's Plan and YCS arrangements are in place with commissioned services to provide short break / time out.
YCS 1.10	Work in partnership with South Ayrshire Alcohol and Drug Partnership (ADP) to identify and put in place appropriate support for young carers where either parental, or their own, substance misuse is an issue.	Claire Flanagan	31-Dec-2021		<input type="text" value="30%"/>	31-Jan-2022 Rep from ADP to sit on Young Carers Strategy Implementation Group. SLWG to be convened to look at linkage and crossover.
YCS 1.11	Develop a safe South Ayrshire online chat forum for young carers.	Gary Hoey	31-Dec-2021		<input type="text" value="100%"/>	31-Jan-2022 During lockdown Young Carers Centre developed online forums to support. Whatsapp group established by them and in current use.
YCS 1.12	Provide free leisure access to all young carers in line with provision for looked after children.	Alistair Mutch	31-Dec-2021		<input type="text" value="100%"/>	14-Jan-2022 Activ8 membership is now fully operational providing free leisure access to all young carers.
YCS 1.13	Put in place a central gateway for young carers to access support through universal and targeted services.	Gary Hoey	31-Dec-2022		<input type="text" value="100%"/>	31-Jan-2022 GIRFEC and Team Around the Child is the pathways for assessment and support for young carers. Work needs done to ensure that pathways for needs arising from YCS are in place.
YCS 1.14	Encourage all Community Planning Partners to work towards a Carer Positive Award.	Susan McCardie	31-Dec-2022		<input type="text" value="10%"/>	14-Jan-2022 <u>Update from Susan McCardie</u> It is planned to raise awareness of the Carer Positive Accreditation with Community Planning Board providing members with an overview of the process.
YCS 1.15	Identify funding to improve support for young carers.	Gary Hoey	31-Mar-2022		<input type="text" value="45%"/>	08-Feb-2022 COVID money has been identified and used for various needs (e.g. respite funding) where available. The Scottish or National Government as well as others streams for Young Carers have been accessed and distributed by the Carers Centre to young carers and their families.

						Currently there is funding available through the Winter Wellbeing Support Fund which has been shared across the HSCP, Council and Partners to support respite activities as well as offering a hardship fund.
YCS 1.16	Link to the work of the Champions Board for Care Experienced Children and young people where areas of focus are the same or similar.	Claire Flanagan	31-Dec-2021		<input type="text" value="30%"/>	05-Aug-2022 • CF and DP in contact to work together. • Event planned for October 2022 with Ayrshire College for young carers/care experienced young people.
YCS 1.17	Consider the impact of the coronavirus pandemic on young carers.	Claire Flanagan	31-Mar-2021		<input type="text" value="75%"/>	05-Aug-2022 • Two key issues identified in national research – mental health & smoking. • [Smoking] ASH Scotland training been disseminated to all staff, with courses beginning after summer. • [Mental Health] Dr Pamela Campbell developing package for young carer’s mental health and wellbeing. Working with focus group of young carers in Girvan & using HWB survey data.

2. I am nurtured, achieving and respected


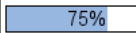

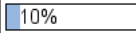

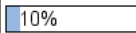

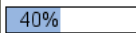
Action	Assigned To	Due Date	Status	Progress	Latest Note
YCS 2.1	Claire Flanagan	31-Dec-2021		<input type="text" value="40%"/>	05-Aug-2022 • Poor response to initial request for young people to form a group. • Advice from other areas who have successfully established a YCVG was to get to know young people and invite to join. • 4 young people identified from secondary age group and will be invited to form initial group following completion of video project. • Primary aged young people will be identified during primary video sessions and invited to join. • Survey and focus groups to young carers requesting feedback on current and future service. • Working with young carers to redesign two new Young Carers

						Statements.
YCS 2.2	Develop new opportunities and promote existing activities which offers peer support and friendship for young carers within each of the locality areas.	Claire Flanagan	31-Dec-2022		<input type="text" value="40%"/>	<p>05-Aug-2022 • Young carer activities (video, statements, t-shirts) supported by HSCP.</p> <ul style="list-style-type: none"> • Promoting Carers Centre programmes on social media. • 20 x tickets for Thriving Communities Bounce event ringfenced for Young Carers. • Young Carers Festival August 2nd to 4th. • Working on PanAyrshire football tournament with Ayr United. • Working with Champions Board and Ayrshire College on event for young carers and care experienced young people.
YCS 2.3	Explore ways to provide support and opportunities to young carers through education and into further education, training, employment, volunteering and independent living.	Jamie Tait	30-Jun-2021		<input type="text" value="20%"/>	<p>17-Feb-2022 Update provided by Jamie Tait 17/02/22:</p> <p>South Ayrshire Council have approved Young Carers Modern Apprentice Guarantee to support young carers in to Modern Apprenticeships.</p> <p>The main challenge we are have at the moment with this action to support young carers through education, training and employment including our modern apprenticeship programme is how we identify young people who are young carers. Thriving Communities have updated registration paperwork that now asks young people or parents/guardians to identify themselves as young carers. Changes to staffing at the Young Carers Centre has delayed progress however this is something we will continue to explore and hopefully adopt new practices to help improve outcomes for Young Carers.</p>
YCS 2.4	Develop arrangements for identifying key transition points for young carers early.	Claire Flanagan	31-Dec-2021		<input type="text" value="50%"/>	<p>05-Aug-2022 • Link back to YCS 1.3, 1.4, 2.3.</p> <ul style="list-style-type: none"> • Young Carers now tracked through Ayrshire College. • CF joined Ayrshire College steering group. • MCMC Coordinators now tracking Young Carers through school & will offer support if required.
YCS 2.5	Continue to monitor young carers' experiences through a variety of methods including, focus	Claire Flanagan	31-Dec-2022		<input type="text" value="40%"/>	05-Aug-2022 • Awaiting 3.5.

	groups, surveys, comments, concerns and complaints and use this information to ensure we are making progress on our actions.					<ul style="list-style-type: none"> • Surveys and focus groups taking place throughout summer and planned for after summer.
YCS 2.6	Develop a range of age appropriate resources and clear information for young carers which can be easily accessed when required.	Claire Flanagan	31-Dec-2021		<input type="text" value="40%"/>	05-Aug-2022 • Awaiting 3.5. <ul style="list-style-type: none"> • Work with young carers to develop online information, leaflets etc.

3. I am responsible and included

Action	Assigned To	Due Date	Status	Progress	Latest Note	
YCS 3.1	Develop and deliver a communications and engagement programme to raise the profile of young carers and the Carers (Scotland) Act 2016, building on initiatives such as Young Carers Action Day, Carers Rights Day and Carers Week.	Claire Flanagan	31-Dec-2022		<input type="text" value="30%"/>	05-Aug-2022 • Awareness raising drop-in sessions will be held online 4 x per year. <ul style="list-style-type: none"> • Developing social media package with comms. • Young Carers designing logo for SWAG/posters/comms.
YCS 3.2	Work with young carers and key partners to develop a Young Carers' Promise, consolidating the rights and key principles for supporting young carers.	Claire Flanagan	31-Dec-2022		<input type="text" value="10%"/>	05-Aug-2022 • Awaiting 3.5.
YCS 3.3	Develop and promote a Carer Identification Card for young carers. Exploring opportunities to use the card as a mechanism to identify carers and provide carers with local discounts.	Gary Hoey	31-Dec-2021		<input type="text" value="100%"/>	31-Jan-2022 Identification sticker is available
YCS 3.4	Develop a clear pathway to support young carers at the point of hospital discharge.	Claire Flanagan	31-Dec-2022		<input type="text" value="10%"/>	31-Jan-2022 Multiagency SLWG to be formed to scope / establish pathway and protocol.
YCS 3.5	Establish a Young Carers Reference Group, with representation from young carers and the organisations, who support young carers and strengthen links with other relevant groups e.g. Youth Forum.	Claire Flanagan; Gary Hoey	31-Dec-2022		<input type="text" value="40%"/>	05-Aug-2022 • Initial request for members had poor response. <ul style="list-style-type: none"> • Advice from other areas where a YCVG has successfully been established was to invite young carers. • 4 secondary aged young carers identified via video project and will be invited on completion of this. • Primary aged young carers will be identified during the video project.

YCS 3.6	Identify opportunities to improve equalities of outcomes for young carers with protected characteristics and identify opportunities to promote good relations.	Gary Hoey	31-Dec-2022			31-Jan-2022 Council policy and procedure such as Equality Impact Assessments and the Integration of the UNCRC principles to policy to partially achieve. Furth work to be done with reference group to identify inequality and consider how to address through positive action
YCS 3.7	The new HSCP Strategic Advocacy Plan will ensure that advocacy support for young carers is a priority.	Gary Hoey	31-Dec-2022			01-Aug-2022 Update provided by Stephanie Cox 01/08/22 Work has started on the Strategic Advocacy Plan, and existing information is currently being reviewed. As this further develops there will be opportunity for carers needs to be considered in the plan.
YCS 3.8	Establish a training programme for young carers. Including manual handling, fire safety, housing issues and finance / benefit advice etc.	Claire Flanagan	31-Dec-2022			14-Jan-2022 Work continues to be progressed and actions will be further developed once the Young Cares Development Worker post has been recruited.
YCS 3.9	Consider ways to improve transport for young carers, particularly in rural areas, to ensure they can access services; support and activities (could include mixed age options with Older People).	Claire Flanagan	31-Dec-2022			14-Jan-2022 Work continues to be progressed and actions will be further developed once the Young Cares Development Worker post has been recruited.