

Meeting of South Ayrshire Health and Social Care Partnership	Performance & Audit Committee
Held on	26th August 2022
Agenda Item:	5
Title:	Progress Report on Young Carers Strategy 2021-2026
Summary:	
<p>The purpose of this report is to provide an update to the Performance and Audit Committee on the progress of the actions contained within the Young Carers Strategy.</p>	
Author:	Claire Flanagan – Young Carers Strategy Lead Officer
Recommendations:	
<p>It is recommended that the Performance and Audit Committee</p> <ul style="list-style-type: none"> i. Note the updated action plan attached at Appendix 1 and ii. provide any comment in relation to this progress. 	
Route to meeting:	
<p>Second progress report submitted to the Performance and Audit Committee. The Young Carers Strategy was approved at the meeting of the Integration Joint Board on 12 February 2021.</p>	
Implications:	
Financial	<input type="checkbox"/>
HR	<input type="checkbox"/>
Legal	<input type="checkbox"/>
Equalities	<input type="checkbox"/>
Sustainability	<input type="checkbox"/>
Policy	<input type="checkbox"/>
ICT	<input type="checkbox"/>

PROGRESS REPORT ON YOUNG CARERS STRATEGY 2021-2026

1. PURPOSE OF REPORT

- 1.1 The purpose of this report is to provide an update to the Performance and Audit Committee on the progress of the actions contained within the Young Carers Strategy.

2. RECOMMENDATION

- 2.1 It is recommended that the Performance and Audit Committee

- i. Note the updated action plan attached at Appendix 1 and
- ii. provide any comment in relation to this progress.

3. BACKGROUND INFORMATION

- 3.1 The Carers Scotland Act (2016) sets out statutory requirements for Health Boards and Local Authorities to develop local Carers and Young Carers Strategies. The legal duties were subsequently delegated to Health and Social Care Partnerships across Scotland.

- 3.2 The Act sets out duties as regards to young carers which are:

- A duty to prepare and review Young Carer Statements;
- Establishment of local eligibility criteria for services for young carers;
- A duty to provide support;
- A duty to involve young carers in the planning of services;
- A duty to establish and maintain an information service for carers and to produce a short break services statement; and
- A duty to develop local carers' strategies

- 3.3 A decision was taken in South Ayrshire to develop discrete Adult and Young Carers Strategies albeit recognising the need for significant linkage. South Ayrshire IJB approved the Adult Carers Strategy (2019-24) in 2019.

- 3.4 The Young Carers Strategy was developed through consultation with young carers, organisations and professions supporting young carers and the wider Integrated Children's Service Planning and Community Planning groupings.

- 3.5 The Strategy is based on the requirements of the Carers Scotland Act (2016) but most significantly the needs and concerns raised through the engagement with local young carers.

- 3.6 The Young Carers Strategy and associated Implementation Plan was approved by the [Integration Joint Board on 12 February 2021](#). This paper provides an update on the progress made against all areas of the Action Plan, in keeping with the IJB’s agreement to remit monitoring of delivery to the Performance and Audit Committee.
- 3.7 The Implementation Plan is designed to take forward key strategic outcomes.
- 3.8 This report and the attached update, produced through the performance monitoring system (Pentana) (see Appendix 1), provides a further update on each individual action item contained within the Implementation Plan.

4. REPORT

- 4.1 It is proposed that the Performance and Audit Committee considers the progress that has been made against the actions set out in the Young Carers Strategy 2021-2026. The Strategy has now been in place for 18 months and early progress has been made to date.
- 4.2 A summary table is provided below:

Status	Number
 Completed	4
 On target	27
 Showing some concerns	1
 Not on target	0
 Not due to start	0
 Superseded by new action/strategy	0

- 4.3 The Performance and Audit Committee may wish to note the following highlights, under each of the Strategy’s themes:
1. I am safe, healthy and active
 2. I am nurtured, achieving and respected
 3. I am responsible and included

I am safe, healthy and active

- 4.4 Young Carers Strategy Lead Officer (YCSLO) was appointed in April 2022 to lead on the delivery of the Young Carers Strategy Implementation Plan.
- 4.5 46 schools (7 secondary, 38 primary, 1 ASN) have been engaged.
- 4.6 793 education staff completed an online survey to establish a baseline and provide evidence for training requirements. This survey will be repeated annually to review effectiveness of training and identify additional training requirements.

- 4.7 A Young Carers Champion (YCC) is being identified by each school. This has been recognised as best practice at a national level. YCC will be the point of contact within the school for HSCP and carers centre staff and a known person for young people to approach for support relating to caring responsibilities.
- 4.8 Young Carers information will be shared in schools (notice boards, apps, social media) to improve visibility, share information, increase self-identification, improve peer understanding and breakdown stigma.
- 4.9 Attending PTA meetings/parent evenings/school fairs to raise awareness of young carers with parents, build relationships, and break down stigma/misinformation.
- 4.10 Working with Muirhead Primary School and Barnardos on family pilot project (first meeting September 2022).
- 4.11 Joined Young Carers Services Alliance (YCSA) (and Education Subgroup) (Scotland), Young Carers Alliance (UK) for networking, learning from best practice, dissemination of up-to-date information. Invited to present to YCSA Education Subgroup on education staff survey which has been identified as best practice.
- 4.12 Set up informal YCSLO group from 7 local authorities to share information/processes/best practice/challenges.
- 4.13 Young Carers Statements are being redesigned in conjunction with young carers and practitioners. Two new statements will be available by end of August (based on age and stage of young carer).
- 4.14 COAST Training module has been developed and will be available to all education and social work staff to improve awareness and understanding of young carers. This will improve identification and support for young carers.
- 4.15 Young carers are creating two videos (one primary, one secondary) in conjunction with Thriving Communities (facilitated by The Iris) to tell their stories of caring and the impact that this has on their lives/school day (positive and negative). These videos will be used by schools and youth workers to raise awareness of young carers, increase self-identification, break down associated stigmas (mental health, substance use), and improve peer understanding. In collaboration with Thriving Communities, accompanying resources will be developed for staff training.
- 4.16 Training and awareness raising sessions to be held for all Thriving Communities youth worker locality groups to improve identification and support for young carers. First session September 2022.
- 4.17 Training and awareness raising sessions to be held for all social work locality teams to improve identification and support for young carers. First session August 2022.

- 4.18 Working with pan Ayrshire pharmacies to raise awareness of young carers. First 'Lunch and Learn' session October 2022.
- 4.19 South Ayrshire has been chosen, along with another two local authorities, to pilot a national school's carer friendly award by Carers Trust Scotland.
- 4.20 Information & Advice Hub have amended training documentation and processes to identify young carers and offer support.
- 4.21 New pathways and procedures have been developed and will be signed off at YCSIG meeting on 26th August.
- 4.22 Change to SEEMiS configuration requested to include additional carer information as required by Scottish Government.
- 4.23 Additional information being reported by Carers Centre which allows for the annual Carers Census.
- 4.24 Carer Positive Award awareness raising paper will be presented at the next Community Planning Board.
- 4.25 Working with Champions Board and Community, Learning & Development (CLD) to implement Dynamic Youth Award and Participatory Democracy Awards for Young Carers within the new Young Carers Voice Group (YCVG), video groups and other activities.
- 4.26 ASH Scotland training (developed with Carers Trust Scotland) has been offered to all staff working with Young Carers, with courses beginning after the summer holidays.
- 4.27 Working with Public Health (Dr Pamela Campbell) to develop a package of resources for young carers' mental health and wellbeing. Working with a focus group of young carers in Girvan & utilising the Health & Wellbeing survey data.
- 4.28 Working with Champions Board, Thriving Communities and Ayrshire College on an open day at Ayrshire College for young carers and care experienced young people.
- 4.29 Working with North and East Ayrshire and all Ayrshire College campuses on pan Ayrshire training and awareness raising for young carers. First session to be held September 2022.

I am nurtured, achieving and respected

- 4.30 Young carers will now be tracked by MCMC Coordinators in schools to ensure they are receiving additional support when required at the earliest opportunity.
- 4.31 Young carers will now be tracked by Ayrshire College and Employability & Skills to ensure they are receiving any support required at the earliest opportunity.

- 4.32 Health & Wellbeing survey – 747 young people responded to say they have caring responsibilities (60% response rate, secondary aged young people).
- 4.33 YCVG will be established by September. 4 young people (secondary aged) have been identified and will be invited to establish the group.
- 4.34 Modern Apprenticeships ringfenced for young carers in 11 different teams. These will be promoted by MCMC Coordinators, Employability & Skills and Ayrshire College.
- 4.35 Various surveys and focus groups have taken place to garner young carers' views and needs which have influenced change and development in a number of areas.
- 4.36 Driving Theory Support now available for young carers. Investigating possible funding streams to offer driving lessons to young carers.

I am responsible and included

- 4.37 Awareness raising drop-in sessions will be facilitated online 4 times a year with representatives from the Carers Centre. These will be open to all staff within the HSCP.
- 4.38 Working with CLD and young carers to develop mode of identification for use in schools/pharmacies/hospitals/doctors.
- 4.39 Working with Information & Advice Hub and Champions Board on training package for young carers and care experienced young people, including financial advice, benefits advice and housing issues.
- 4.40 Working with CLD to improve awareness and sign up on Young Scot (in particular, carers package).
- 4.41 Joined newly formed Youth Work Network. Working in partnership for young people and raising awareness of young carers.

5. STRATEGIC CONTEXT

5.1 The Young Carers Strategy aligns to the following strategic objectives:

- We focus on prevention and tackling inequality
- We nurture and are part of communities that care for each other
- We are transparent and listen to you

6. IMPLICATIONS

6.1 Financial Implications

6.1.1 There are no specific financial implications arising directly from the consideration of this report.

6.2 Human Resource Implications

6.2.1 There are no specific human resource implications arising directly from the consideration of this report.

6.3 Legal Implications

6.3.1 There are no specific legal implications arising directly from the consideration of this report.

6.4 Equalities implications

6.4.1 There are no specific equality implications arising directly from the consideration of this report.

6.5 Sustainability implications

6.5.1 There are no sustainability implications arising directly from the consideration of this report.

6.6 Clinical/professional assessment

6.6.1 There is no requirement for a clinical/professional assessment.

7. CONSULTATION AND PARTNERSHIP WORKING

7.1 This report has been prepared in consultation with relevant officers.

8. RISK ASSESSMENT

8.1. There are no immediate risks associated with the approval of this report. Delivery of the action items set out in the Plan at Appendix 1 will minimise risks to the successful integration of health and social care services in South Ayrshire and lead to effective and collaborative working at all levels – strategic and operational – across the system.

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BACKGROUND PAPERS

Young Carers Strategy Pentana Report

16th August 2022