

Meeting of South Ayrshire Health and Social Care Partnership	Integration Joint Board	
Held on	12th October 2022	
Agenda Item:	12	
Title:	South Ayrshire Medication Assisted Treatment Standards Improvement Plan	
Summary:		
The purpose of this report is to provide members of the Integration Joint Board with the South Ayrshire Medication Assisted Treatment Standards Improvement Plan.		
Author:	Gary Hoey, ADP Chair / Chief Social Work Officer Faye Murfet, ADP Coordinator	
Recommendations:		
It is recommended that the Integration Joint Board notes the content of the South Ayrshire Medication Assisted Treatment Standards (MAT) Improvement Plan.		
Route to meeting:		
The MAT Improvement Plan was developed in partnership with, and approved by, members of the ADP including individuals with lived experience.		
Directions:	Implications:	
1. No Directions Required <input type="checkbox"/>	Financial <input type="checkbox"/>	
2. Directions to NHS Ayrshire & Arran <input type="checkbox"/>	HR <input type="checkbox"/>	
3. Directions to South Ayrshire Council <input type="checkbox"/>	Legal <input type="checkbox"/>	
4. Directions to both SAC & NHS <input type="checkbox"/>	Equalities <input type="checkbox"/>	
	Sustainability <input type="checkbox"/>	
	Policy <input type="checkbox"/>	
	ICT <input type="checkbox"/>	

REPORT BY ADP CHAIR AND ADP LEAD OFFICER

1. PURPOSE OF REPORT

- 1.1 The purpose of this report is to provide members of the Integration Joint Board with the South Ayrshire Medication Assisted Treatment Standards (MAT) Improvement Plan.

2. RECOMMENDATION

- 2.1 **It is recommended that the Integration Joint Board notes the content of the South Ayrshire MAT Improvement Plan.**

3. BACKGROUND INFORMATION

- 3.1. In May 2021, as part of the national mission, the Scottish Government and the Drug Death Task Force published the new [Medication Assisted Treatment Standards](#) (MAT Standards). The 10 new standards for treatment for drug users aim to ensure everyone has access to the support which works best for them, reinforcing a rights-based approach for people who use drugs, and the treatment they should expect.
- 3.2. The publication of the MAT Standards came with the expectation that each ADP area will implement the standards by April 2022, where MAT 1 – 5 should be embedded and progress should be evidenced for MAT 6 – 10, recognising these require a whole system approach and will take longer to embed.
- 3.3. Following the publication of the standards, a local baseline assessment, against all of the standards and criteria, was undertaken and submitted to the ADP in July 2021. Following further discussions, including discussions with the national MAT Implementation Support Team (MIST) and a local ADP / MAT Workshop, a revised RAG+ status was approved by the ADP on 9th December 2022.
- 3.4. As part of the implementation of the MAT Standards ADPs were asked to develop Projection Service Specification (PSD) detailing the scale up activities for MAT 1 - 5, including any requests for additional funding to support these activities.
- 3.5. Following a review of the PSD, MIST confirmed a four-year allocation to South Ayrshire ADP of £340k per year for the next four years. The funding will provide additional capacity in the South Ayrshire Treatment and Recovery Team to support the scale up activities and to allow service redesign to take place. MIST have also confirmed funding for a Pan Ayrshire Clinical Psychologist post.
- 3.6. Local arrangements are in place for the implementation of the MAT Standards with regular updates on progress being provided to the ADP. A Pan Ayrshire Steering Group has been established to provide an oversight and governance

role for relevant Pan Ayrshire strategic activities. A Pan Ayrshire Programme Manager / Quality Improvement post has also been agreed which will sit in Public Health to provide support and coordination activities, including to the Pan Ayrshire Steering Group.

- 3.7. As part monitoring and benchmarking the implementation of the MAT Standards 1 - 5 during 2021 / 2022, MIST requested that ADPs submit a range of process, numerical, and experiential data by the 31st March 2022.

4. REPORT

4.1 National Benchmarking report

4.1.1 On 23rd June 2022 Public Health Scotland published the [National benchmarking report on implementation of the Medication Assisted Treatment \(MAT\) standards](#). The report showed that while progress had been made in all areas in Scotland, the MAT Standards have not been fully implemented by April 2022.

4.1.2 The Benchmarking Report also recommended a revised timetable for full implementation of the MAT Standards as:

- April 2023 - Fully implement MATs 1–5, partially implement MATs 6–10 in community services.
- April 2024 - Fully implement MATs 1–10 in community.
- April 2025 - Fully implement MATs 1–10 justice settings.

4.1.3 On 2nd August 2022 Public Health Scotland published [Supplementary information for the national benchmarking report on implementation of the MAT Standards](#).

4.2 Ministerial Directive

4.2.1 In response to the Benchmarking Report the Minister for Drugs Policy wrote to Health Board and Local Authority Chief Executives and Integration Authority Chief Officers on the 23rd June 2022. The letter outlines the Ministers expectations and oversight arrangements in each area to ensure full implementation of the MAT Standards.

- a) That, by the end of September, Chief Officers and Chief Executives personally sign timed, specific and published Improvement Plans for implementing the standards – to include the delivery recommendations being made locally with MIST which are to be published by PHS on 2 August.
- b) The Improvement Plans and the reporting on progress must involve and include the voices of those with lived and living experience. It will be for each local area to determine what arrangements it needs to have in place to ensure this is done, potentially drawing on MIST lived

experience support, from third sector partners or from their own local forums or panels.

- c) That Chief Officers and Chief Executives take shared and visible responsibility for delivering the standards (with the Chief Officer being responsible for overall delivery and the Chief Executives committing to support them). This requirement should align with on-going work to define and refine local governance and accountability over alcohol and drug services.
- d) That Chief Officers and Chief Executives include reports on progress as part of the regular Board quarterly reporting against Annual Delivery Plans (the first report in this series is due in July 2022).
- e) Health Boards, Integration Authorities and local authorities are to identify a senior leader for each Integration Authority area as the single point of operational responsibility for driving the changes necessary.
- f) Should any quarterly report identify the need for intervention, that this is acted on immediately.

4.3 Developing our Improvement Plan and Consultation

4.3.1 The MAT Improvement Plan has been developed with partners taking into consideration the local baseline assessment, benchmarking report and local supplementary report.

4.3.2 The Justice and Primary Care actions have been developed and agreed on a pan-Ayrshire basis through the appropriate processes including the GP Sub Committee.

4.3.3 The draft Improvement Plan was approved by members of the ADP on 5th September 2022 and then circulated for wider consultation for 10 days. The wider consultation will also include engagement activities with individuals with lived and living experience.

4.4 Governance and oversight processes

4.4.1 Local governance and oversight will be through quarterly progress reports to the ADP, the Integration Joint Board and Community Planning Partnership.

4.4.2 The governance and oversight arrangements for the implementation of the MAT Improvement Plan should include individuals with lived and living experience. It is recommended that the ADP lived experience STEAR Subgroup could undertake this governance and oversight role. In addition, the ADP itself includes lived experience representatives.

4.4.3 The lead officer/postholder nominated to ensure delivery of the MAT Implementation Plan will be the ADP Chair.

5. STRATEGIC CONTEXT

5.1 The implementation of the MAT Standards is in line with the vision, principles and priorities set out within the ADP strategy and the [National Drugs Mission Plan 2022 - 2026](#).

5.2 This report contributes to the IJB Strategic Objective to 'operate sound strategic and operational management systems and processes'.

6. IMPLICATIONS

6.1 Financial Implications

6.1.1 There are no immediate financial implications arising directly from this report.

6.2 Human Resource Implications

6.2.1 There are no human resource implications arising directly from the consideration of this report

6.3 Legal Implications

6.3.1 There are no legal implications arising directly from this report.

6.4 Equalities implications

6.4.1 There are no equalities implications arising directly from the consideration of this report

6.5 Sustainability implications

6.5.1 There are long term sustainability issues in relation to the MIST funding ending after 5 years. However, the funding has been provided to allow service redesign to take place, ensuring the MAT standards are embedded in core service delivery in the longer term.

7. CONSULTATION AND PARTNERSHIP WORKING

7.1 The proposed funding allocations have been reviewed and approved by members of the ADP.

8. RISK ASSESSMENT

8.1 The ambitious national programme of implement and embed the MAT Standards presents significant challenges, for example recruitment of staffing, associated change activities and pan Ayrshire discussions in relation to MAT Standard 7 and Justice actions. The ADP will work closely with partners and MIST to take forward the required activities, where possible mitigating the risks, and provide updates to the ADP and CPM Sub Group.



REPORT AUTHOR AND PERSON TO CONTACT

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BACKGROUND PAPERS

None.

16th September 2022

MAT STANDARDS IMPLEMENTATION PLAN

This MAT Standards Implementation Plan has been produced to set out actions being taken in the Integration Authority area:

South Ayrshire

The lead officer/postholder nominated to ensure delivery of this Implementation Plan is:

Name	Position/Job Title
Gary Hoey	ADP Chair / Chief Social Work Officer

This Plan is intended to ensure that services in the Integration Authority area are meeting the standards and the respective criteria for each standard as set out in the Drug Deaths Taskforce report: [Medication Assisted Treatment standards: access, choice, support](#) published in May 2021.







This Plan has been developed by partners and has taken account of the voices of lived and living experience. The Governance arrangements for local oversight of progress against this Plan, including the role of lived and living experience in this is as follows:

(Summary of governance arrangements for local oversight)

The governance arrangements for local oversight of the implementation of the MAT Standards Improvement Plan will be through quarterly reports to the South Ayrshire:

- Alcohol and Drug Partnership (ADP).
- Integration Joint Board.
- Community Planning Partnership.
- ADP lived experience STEAR Subgroup.

This Plan has been signed off on behalf of the delivery partners by:

Name	Position	Partner	Signature	Date signed
Gary Hoey	ADP Chair	Alcohol and Drug Partnership		20 th September 2022
Eileen Howat	Chief Executive	South Ayrshire Council		26 th September 2022
Claire Burden	Chief Executive	NHS Ayrshire & Arran		30 th September 2022
Tim Eltringham	Chief Officer	South Ayrshire Health & Social Care Partnership		26 th September 2022
Amy-Jade Donnachie	Joint Chair	ADP STEAR Sub Group		26 th September 2022
Marie Oliver	Chief Executive	Voluntary Action South Ayrshire - Third Sector Interface		26 th September 2022

Implement further test of change for MAT standards 2, 3 and 8 in justice settings across Ayrshire and Arran and share learning.	
Actions/deliverables to implement standard 2, 3 and 8	Timescales to complete
Conduct a mapping of the MAT standards in Ayrshire and Arran justice settings (that link prison, police custody and the community) to identify current areas of good practice and improvement actions.	31 December 2022
Await the outcome and learning from national developments taking place across HMP Perth and local developments with the East Ayrshire ADP in relation to police custody in order to improve MAT delivery in justice settings across Ayrshire & Arran.	31 December 2022
Implement tests of change across justice settings with a particular focus on MAT standards 2, 3 and 8 and share learning	28 th February 2023
Leads for justice settings engage with their local IM&T and data systems leads and Julie Wales (MAT data lead) to put in place numerical processes to report on MAT delivery in justice settings to MIST	28 th February 2023
Leads for justice settings engage with the ADP Experiential Leads to put in place processes to report on MAT experience in justice settings to MIST	28 th February 2023

MAT Standard 1	All people accessing services have the option to start MAT from the same day of presentation.	This means that instead of waiting for days, weeks or months to get on a medication like methadone or buprenorphine, a person with opioid dependence can have the choice to begin medication on the day they ask for help.
April 2022 RAG status: Amber		
Actions/deliverables to implement standard 1		Timescales to complete
Continue to scale up the medication access clinics to 5 days per week across South Ayrshire (currently 4 days across South Ayrshire).		31 st March 2023
Develop and implement a 'Workforce and Retention Plan' with focus on awareness raising and training regarding MAT delivery.		31 st March 2023
Continue to review and update the Standard Operating Procedure (SOP) for MAT (which will describe 'treatment pathways').		31 st March 2023
Embed experiential data collection processes for individuals, families and staff involved in the delivery of MAT.		31 st December 2022

MAT Standard 2	All people are supported to make an informed choice on what medication to use for MAT and the appropriate dose.	People will decide which medication they would like to be prescribed and the most suitable dose options after a discussion with their worker about the effects and side-effects. People will be able to change their decision as circumstances change. There should also be a discussion about dispensing arrangements and this should be reviewed regularly.
April 2022 RAG status: Green		
Actions/deliverables to implement standard 2		Timescales to complete
Scale up the provision of long-acting injectable buprenorphine to all clients receiving MAT who wish it.		31 st March 2023
Review and finalise the prescribing clinical guidelines that enable practitioners, including non-medical prescribers, to safely initiate same day prescribing as clinically appropriate.		31 st March 2023

MAT Standard 3	All people at high risk of drug-related harm are proactively identified and offered support to commence or continue MAT.	If a person is thought to be at high risk because of their drug use, then workers from substance use services will contact the person and offer support including MAT.
April 2022 RAG status: Green		
Actions/deliverables to implement standard 3		Timescales to complete
Further develop and embed South Ayrshire Near-Fatal Overdose pathway to ensure all people at high risk of drug related harm are proactively identified, rapidly followed-up and offered intensive support, including support to commence or continue MAT.		31 st March 2023
Finalise business plan for One Stop Shop Hub and Spoke model and secure funding to deliver model.		31 st March 2023
Final outreach vehicle specification and model and operationalise across South Ayrshire.		31 st March 2023

MAT Standard 4	All people are offered evidence-based harm reduction at the point of MAT delivery.	While a person is in treatment and prescribed medication, they are still able to access harm reduction services – for example, needles and syringes, BBV testing, injecting risk assessments, wound care and naloxone. They would be able to receive these from a range of providers including their treatment service, and this would not affect their treatment or prescription.
April 2022 RAG status: Green		
Actions/deliverables to implement standard 4		Timescales to complete
Further develop (where possible) the full range of harm reduction interventions into every service user contact location within the community.		31 st March 2023
Expand training and support in assessing injection related wounds and complications to appropriate ROSC partners.		31 st March 2023
Embed harm reduction services and supports in new One Stop Shop Hub and Spoke model (including outreach vehicle).		31 st March 2023

MAT Standard 5	All people will receive support to remain in treatment for as long as requested.	A person is given support to stay in treatment for as long as they like and at key transition times such as leaving hospital or prison. People are not put out of treatment. There should be no unplanned discharges. When people do wish to leave treatment, they can discuss this with the service, and the service will provide support to ensure people leave treatment safely. Treatment services value the treatment they provide to all the people who are in their care. People will be supported to stay in treatment especially at times when things are difficult for them.
April 2022 RAG status: Green		
Actions/deliverables to implement standard 5		Timescales to complete
Review discharge processes and duration in service following completion of MAT, including gathering additional experiential feedback to inform the review.		31 st March 2023
Review and strengthen pathways to recovery-based services and supports, including the recovery community and peer-led support, for individuals accessing MAT.		31 st March 2023
Review and update the current Pan Ayrshire 'Promoting Engagement in Addiction Services' Standard Operating Procedure to reflect the MAT standards.		31 st December 2022
Referral pathway between START to Connect4Change to be embedded to provide additional intensive support for people to stay in treatment during challenging times e.g., during key transition times, when beginning to disengage from treatment or when experiencing a near fatal overdose.		31 st December 2022

MAT Standard 6	The system that provides MAT is psychologically informed (tier 1); routinely delivers evidence-based low intensity psychosocial interventions (tier 2); and supports individuals to grow social networks.	This standard focuses on the key role that positive relationships and social connection have to play in people's recovery. Services recognise that for many people, substances have been used as a way to cope with difficult emotions and issues from the past. Services will aim to support people to develop positive relationships and new ways of coping as these are just as important as having the right medication.
April 2022 RAG status: Amber		
Actions/deliverables to implement standard 6		Timescales to complete
Undertake Service Based Evaluation Project (SBEP) to measure pan-Ayrshire statutory Addiction Services against Standard 6.3a to inform evaluation / measurement of this criteria and identify any improvement action required.		December 2022
Develop a Workforce Development Plan for services within the ROSC model which includes in line with the NES Transforming Psychological Trauma Knowledge and Skills Framework and LPASS report.		31 st March 2024
Roll out training and workshops to services within the ROSC model to support psychologically informed service delivery (e.g., supporting bereaved individuals; supervision; psychological formulation).		31 st March 2024
Support wider ROSC services to develop and embed reflective practice sessions within their organisations.		31 st March 2024
Embed trauma awareness training and psychologically informed training as part of organisations induction processes and volunteer development programmes.		31 st March 2024
Support the development of policies and procedures that support the translation of skills acquired through training into practice across ROSC services.		31 st March 2024

MAT Standard 7	All people have the option of MAT shared with Primary Care.	People who choose to will be able to receive medication or support through primary care providers. These may include GPs and community pharmacy. Care provided would depend on the GP or community pharmacist as well as the specialist treatment service.
April 2022 RAG status: Red		
Actions/deliverables to implement standard 7		Timescales to complete
Expand and enhance the primary care (GP and Pharmacist) element of the current Ayrshire and Arran (A&A) wide Opiate Replacement Therapy (ORT) prescribing and support model (shared with specialist treatment services) in order to meet MAT standard 7.		To be fully implemented by 31st March 2024
Identify the additional funding required for enhanced Primary Care (GP and Pharmacist) support within the current A&A ORT and enhanced MAT models of delivery and apply for funding via the MIST.		31 st October 2022
Once funding is secured – recruit to additional posts and offer enhanced MAT support.		To be fully implemented by 31 st March 2024 (dependant on funding being approved)
Develop a national agreement for the delivery of MAT services through community pharmacy establishing the role of the community pharmacy workforce in patients’ shared care wider clinical team – to include expansion of existing arrangements around patient treatment response monitoring, communication and information sharing, naloxone holding and supply and harm-reduction interventions.		To be fully implemented by 31 st March 2024 (dependant on national acceptance)
Implement pharmacy-based MAT clinics with a model of primary care administration of OST via the community pharmacy network. Engagement of independent contractors to be scoped and funding to be identified for intervention.		To be fully implemented by 31 st March 2024 (dependant on funding being approved)
Engage with national thematic groups and reflect on any learning and implement improvement actions, as identified, to enhance and expand our MAT interventions shared with Primary Care		Ongoing
Thereafter, identify other improvement actions over the next 5 years to further enhance delivery of MAT standard 7 by exploring options of supporting training, funding and support to be able to safely deliver MAT interventions across wider primary care settings.		Current to 31 st March 2027

MAT Standard 8	All people have access to independent advocacy and support for housing, welfare and income needs.	People have the right to ask for a worker who will support them with any help they need with housing, welfare or income. This worker will support people when using services, make sure they get what best suits them and that they are treated fairly.
April 2022 RAG status: Green		
Actions/deliverables to implement standard 8		Timescales to complete
Review and expand rights-based advocacy provision as part of the development of the new ADP Commissioning Plan.		31 st March 2024
Develop and roll out human rights-based approach and advocacy awareness training to services involved in the wider ROSC model.		30 th September 2023
Alcohol and drug training to be provided to core advocacy provider to ensure awareness of problematic substance use and available treatment and recovery options.		30 th September 2023
Embed stigma, rights-based approach and advocacy awareness training as part of organisations induction processes and volunteer development programmes.		31 st March 2024
Embed a whole family approach and family inclusive practice across ROSC services in South Ayrshire where services start with the presumption of family involvement.		31 st March 2024
Further develop and increase access to support for family members and carers.		31 st March 2024

MAT Standard 9	All people with co-occurring drug use and mental health difficulties can receive mental health care at the point of MAT delivery.	People have the right to ask for support with mental health problems and to engage in mental health treatment while being supported as part of their drug treatment and care.
April 2022 RAG status: Green		
Actions/deliverables to implement standard 9		Timescales to complete
Review existing protocols and care pathways between mental health and alcohol and drug services and implement improvement actions as required.		31 st March 2024

Appendix 2: South Ayrshire MAT Improvement Plan

MAT Standard 10	All people receive trauma informed care.	The treatment service people use recognises that many people who use their service may have experienced trauma, and that this may continue to impact on them in various ways.
April 2022 RAG status: Amber		The services available and the people who work there, will respond in a way that supports people to access, and remain in, services for as long as they need to, in order to get the most from treatment. They will also offer people the kind of relationship that promotes recovery, does not cause further trauma or harm, and builds resilience.
Actions/deliverables to implement standard 10		Timescales to complete
Establish South Ayrshire Trauma Informed Support Steering Group to support implementation of MAT 10.		30 th June 2022
Support partners to undertake baseline assessments of trauma-informed practice delivery across ROSC services, identifying and implementing improvement actions.		31 st March 2024
Develop and deliver Tier 1/2 Trauma Informed / Skilled practice level training to ROSC partners including MAT admin staff.		31 st March 2024
Deliver ongoing programme of Tier 3/Trauma Enhanced practice level Safety & Stabilisation training for appropriate ROSC services.		31 st March 2024
Support wider ROSC services to develop and embed reflective practice sessions within their organisations.		31 st March 2024
Embed trauma awareness training and psychologically informed training as part of organisations induction processes and volunteer development programmes.		31 st March 2024
Support the development of policies and procedures that support the translation of skills acquired through training into practice across ROSC services.		31 st March 2024