
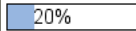

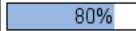


SAHSCP Young Carers Strategy 2021-2026


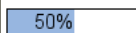









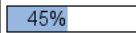
Generated on: 21 February 2023



1. I am safe, healthy and active						
Action	Assigned To	Due Date	Status	Progress	Latest Note	
YCS 1.01	Develop a comprehensive programme of activity to support the identification/ recognition and registration of young carers in all sectors.	Claire Flanagan; Gary Hoey	31-Mar-2026		<div style="border: 1px solid black; width: 50px; height: 15px; background-color: #ADD8E6; display: flex; align-items: center; justify-content: center;">70%</div>	<p>20-Feb-2023 • Young Carers Champion identified/being identified in each school for new school year.</p> <ul style="list-style-type: none"> • COAST module developed for education and social work staff (awaiting sign off). • Presented to Joint Head Teachers meeting on identifying YC & support available. • Video made for secondary pupils with YC, Thriving Communities & The Iris (primary will follow) has now been completed and will be premiered on 21st February. Resources will accompany videos which will be produced in partnership with Thriving Communities Youth Workers. Videos will be used by schools and youth workers to raise awareness of young carers, increase self-identification, break down stigma, and improve peer understanding. • Working with Ayrshire pharmacies to raise awareness and implement processes. Attended Lunch & Learn session October 2022 & provided resources to pharmacies to display. Established relationships which will help with roll out of Carer ID card in future. • Training of Thriving Communities teams in Ayr North and Carrick localities completed. • Awareness raising sessions held with various 3rd sector organisations. • New YCS & comprehensive guidance document developed in conjunction with YC and practitioners. Awaiting sign off. • New pathways and process documents developed and awaiting sign off. • Chosen as one of 3 local authorities to pilot a national schools award (Carers Trust Scotland in conjunction with Scottish Government & Education Scotland). Preparation and school

						<p>identification has begun, and work will take place school year 2023/24.</p> <ul style="list-style-type: none"> • Developed training package for Ayrshire College staff with pan Ayrshire colleagues, along with a series of posters to be displayed on all 3 campuses. • Working with Carers Trust Scotland to deliver training session to all probationer teachers in the authority (primary and secondary) March 2023. • Completed awareness raising session with 2nd year teaching students at UWS with Carers Trust Scotland & East Renfrewshire Carers Centre. • Ed Psych team training session. • Request to update SEEMiS to allow more robust and detailed information to be recorded for YC. Awaiting implementation. • SDS team training completed November 2022. • Education staff speed networking event held in Braehead Primary with 150 primary staff from all cluster primary schools & guidance staff from Belmont. Feedback from staff and organisations was overwhelmingly positive. • Presented to the SA Trauma Network November 22. • Created awareness raising video with pupils from Coylton, Dailly & Cairn Primary schools. This will remove challenges due to literacy barriers. • Attended Love Learning Festival – excellent interactions with cluster nurture staff. • Attended Troon parents’ health and wellbeing open day. • Whole school staff training set up in several schools (open to all schools). • Organising lunch time pupil events (Kyle, Carrick & Girvan Academies so far) – marketplace set up where pupils (and staff) can come and chat about the service/ask questions. Improve visibility & reduce stigma.
YCS 1.02	Ensure that all policies take young carers into account.		31-Mar-2026			20-Feb-2023 Carers Policy & Planning Implementation Officer role been vacant since September 2022, however, will be filled February 2023.
YCS 1.03	Develop clear pathways and protocols for supporting young carers in health and social care,	Claire Flanagan	31-Dec-2023			20-Feb-2023 • Pilot with UWS education students providing one to

	education and relevant Community Planning partner services.					<p>one online tutoring for young carers from primary school up to Nat5. Business plan shared form P&K who successfully ran this funded by National Lottery money for 3 years and has now been permanently funded by the council due to the success. P&K model has been replicated, however, due to working with UWS students, there will be zero cost.</p> <ul style="list-style-type: none"> Working with Thriving Communities to offer Duke of Edinburgh to all YC free of charge. Funding being applied for to provide clothing and equipment required for expeditions. YV caring responsibilities can be used as volunteering activity. Support to learn skills at home (e.g. providing ingredients and recipes to follow). Support to complete physical activities (e.g. time out of class to participate in sport with Thriving Communities worker to support).
YCS 1.04	Continue to develop procedures for the Young Carer Statement to ensure that young carers receive person-centred, coordinated, and tailored support, through their Childs Plan, to maintain and/or improve their physical/mental health.	Claire Flanagan; Gary Hoey	31-Mar-2026			20-Feb-2023 • New YCS & comprehensive guidance document developed in conjunction with YC and practitioners. Awaiting sign off.
YCS 1.05	Develop and implement a process to collect and report on carer information as required by Scottish Government on an annual basis.		31-Dec-2021			20-Feb-2023 Carers Policy & Planning Officer been vacant since Sept 22 but will be filled from Feb 23.
YCS 1.06	Review the Local Eligibility Criteria on an annual basis and revise the document where necessary, ensuring that young carers, relevant staff and partners are consulted with on any changes.	Gary Hoey	31-Mar-2026			20-Feb-2023 Eligibility criteria to be reviewed at next strategy group meeting.
YCS 1.07	Develop a clear pathway for young carers linked to palliative care and life-limiting illness, including bereavement support.	Claire Flanagan; Gary Hoey	31-Mar-2024			31-Jan-2022 Multiagency short life working group to be formed to develop process for identification and forum for planning support.
YCS 1.08	Review the Short Break Statement on an annual basis and revise the document where necessary, ensuring that young carers, relevant staff and partners are notified of any changes.	Gary Hoey	31-Mar-2026			20-Feb-2023 Working with Carers Trust Scotland to review Short Break Statement and ensure it is 'young person friendly'. The Young Carers Advisory Group will create an easy read version and recommend changes. This will then be used as a nest practice example nationally.
YCS 1.09	Ensure that arrangements, such as home respite, are in place to support the cared for person when a young carer is on a short break or taking time out from their caring role.	Gary Hoey	31-Mar-2022			31-Jan-2022 Where identified in Child's Plan and YCS arrangements are in place with commissioned services to provide short break / time out.

YCS 1.10	Work in partnership with South Ayrshire Alcohol and Drug Partnership (ADP) to identify and put in place appropriate support for young carers where either parental, or their own, substance misuse is an issue.	Claire Flanagan	31-Mar-2026			20-Feb-2023 • Training session completed for ADP/RecoveryAyr Team October 2022. • CYPF Subgroup Chair joined Young Carers Strategy Implementation Group.
YCS 1.11	Develop a safe South Ayrshire online chat forum for young carers.	Gary Hoey	31-Dec-2021			31-Jan-2022 During lockdown Young Carers Centre developed online forums to support. Whatsapp group established by them and in current use.
YCS 1.12	Provide free leisure access to all young carers in line with provision for looked after children.	Alistair Mutch	31-Dec-2023			20-Feb-2023 • Requested additional benefits for the card: YC able to take a friend/family member, age limit lowered to allow young YC to benefit, lessons specifically for YC (swimming/diving/gym inductions) – being reviewed by Leisure. • Code for YC available from Thriving Communities to allow booking of all chargeable activities free of charge. • Activ8 card being extended to age 25 (Young Adult Carers) from January 2023. Activ8+ card will be made available to under 8s (plus specific over 8s). This allows same benefits as Activ8 plus an additional person can benefit from the same (sibling/parent/carer/friend).
YCS 1.13	Put in place a central gateway for young carers to access support through universal and targeted services.	Gary Hoey	31-Dec-2022			31-Jan-2022 GIRFEC and Team Around the Child is the pathways for assessment and support for young carers. Work needs done to ensure that pathways for needs arising from YCS are in place.
YCS 1.14	Encourage all Community Planning Partners to work towards a Carer Positive Award.	Susan McCardie	31-Dec-2022			20-Feb-2023 Attended CPP Board to present about Carer Positive Award 27th October 22 and met with organisations following the meeting to discuss what they could do within their organisation for young and adult carers.
YCS 1.15	Identify funding to improve support for young carers.	Gary Hoey	31-Mar-2026			20-Feb-2023 • Funding has been secured in partnership with Thriving Communities (Ayr North & Carrick) to take families to Dolphin House for respite break, mental/physical health strategies & to make connections within their community to provide support out with services where a YC is supporting due to a language barrier. Families will be staying at Dolphin House 18th and 19th March. • Funding applied to provide driving lessons to YC, however, the application was rejected. Avenues being investigated to fund driving lessons via the carers service.

YCS 1.16	Link to the work of the Champions Board for Care Experienced Children and young people where areas of focus are the same or similar.	Claire Flanagan	31-Mar-2026		<div style="width: 70%;"><div style="background-color: #4f81bd; height: 10px; width: 100%;"></div></div> 70%	<p>20-Feb-2023 • Successful event at Ayrshire College for young carers/care experienced young people October 22 in conjunction with Champions Board.</p> <ul style="list-style-type: none"> • Working with DP & My Bnk on financial literacy education for young carers/care experienced young people throughout 2023. • Bollard Trail project in conjunction with Champions Board planned for 2023. • CF & DP working closely together to bring YC/CEYP together at every opportunity, with a common goal of reducing stigma.
----------	--	-----------------	-------------	--	--	---

YCS 1.17	Consider the impact of the coronavirus pandemic on young carers.	Claire Flanagan	31-Dec-2023		<div style="width: 85%;"><div style="background-color: #4f81bd; height: 10px; width: 100%;"></div></div> 85%	<p>20-Feb-2023 • Smoking] ASH Scotland training been disseminated to all staff, with courses beginning after summer.</p> <ul style="list-style-type: none"> • [Mental Health] Worked with Dr Pamela Campbell (NHS) & Thriving Communities to develop a package for young carer's mental and physical health and wellbeing. Worked with focus group of young carers in Girvan & used Scottish Government HWB survey data. <p>Piloted a wellbeing day with mental and physical health activities and YC at Girvan. Self Care pack designed by the young people which will accompany the training day.</p>
----------	--	-----------------	-------------	--	--	--

2. I am nurtured, achieving and respected

Action	Assigned To	Due Date	Status	Progress	Latest Note
YCS 2.01	Claire Flanagan	31-Mar-2026		<div style="width: 60%;"><div style="background-color: #4f81bd; height: 10px; width: 100%;"></div></div> 60%	<p>20-Feb-2023 • Initial team building day for 28 YC at Dolphin House on 2nd December.</p> <ul style="list-style-type: none"> • YC to review current strategy and actions and provide initial feedback. • Residential at Dolphin House November 2022. 6 YC attended with other youth groups from South Ayrshire.
YCS 2.02	Claire Flanagan	31-Mar-2026		<div style="width: 75%;"><div style="background-color: #4f81bd; height: 10px; width: 100%;"></div></div> 75%	<p>20-Feb-2023 • Young carer activities supported by HSCP</p> <p>- Video project (with Thriving Communities)</p>


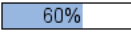


						<ul style="list-style-type: none"> - Statement consultations - T-shirt painting (carers week) - Bounce festival (with Thriving Communities) - Rowing with Scottish Rowing on River Ayr x 2 group (Ayr Academy & Kyle Academy) (with Active Schools) - Archery (Girvan Academy) (with Active School) - Caving at Culzean (Carrick Academy) - Various consultations with schools and carers service - Dolphin House day out for under 8s - Dolphin House for YCVG 2nd December) - Ayrshire College event (with Champions Board) October 2023 - Driving theory support sessions - Youth Voice residential weekend (25th to 26th November) (6 YC will attend with other youth groups) - Joined SW Youth Network to work together with other youth work organisations across the authority. - Visit to Scottish Parliament 24th November. - Working with fire service on various opportunities – fire fighter for the day, training, Christmas day. - Tickets donated by Gaiety for Sleeping Beauty for YC & families. - Ayr United offering football academy- and tickets for young carers and their families. Young Carer will be mascot for Young Carers Action Day. - Monthly bushcraft sessions facilitated by SAC Rangers service for primary aged young carers (including under 8s).
--	--	--	--	--	--	--

						Working with Young Scot to pilot a national change to sign up for the Young Scot package after raising the challenges faced by our young carers trying to sign up. Kyle Academy is pilot school then will work with Young Scot and Youth Voice to relaunch.
YCS 2.03	Explore ways to provide support and opportunities to young carers through education and into further education, training, employment, volunteering and independent living.	Jamie Tait	31-Mar-2026			20-Feb-2023 All Young Carers are met in senior phase by our Thriving Communities school officers to help with early transition planning, this is done in partnership with Skills Development Scotland. The support offered in school varies depending on the needs of the young person. Young carers are also discussed at our tracking meetings when they progress to Ayrshire College to support them to sustain.
YCS 2.04	Develop arrangements for identifying key transition points for young carers early.	Claire Flanagan	31-Dec-2024			05-Aug-2022 • Link back to YCS 1.3, 1.4, 2.3. • Young Carers now tracked through Ayrshire College. • CF joined Ayrshire College steering group. • MCMC Coordinators now tracking Young Carers through school & will offer support if required.
YCS 2.05	Continue to monitor young carers' experiences through a variety of methods including, focus groups, surveys, comments, concerns and complaints and use this information to ensure we are making progress on our actions.	Claire Flanagan	31-Mar-2026			20-Feb-2023 • Ongoing - various engagement methods being utilised including focus groups, surveys, informal ,chats and YCVG.
YCS 2.06	Develop a range of age appropriate resources and clear information for young carers which can be easily accessed when required.	Claire Flanagan	31-Mar-2026			05-Aug-2022 • Awaiting 3.5. • Work with young carers to develop online information, leaflets etc.

3. I am responsible and included

Action	Assigned To	Due Date	Status	Progress	Latest Note
YCS 3.01	Claire Flanagan	31-Mar-2026			20-Feb-2023 • Awareness raising drop-in sessions will be held online 4 x per year. • Developing social media package with comms. • Young Carers designing logo for SWAG/posters/comms.

						<ul style="list-style-type: none"> Plans in place for Carers Rights Day with Ayrshire College (pan Ayrshire partnership working) Troon Carers Day was held in February 2023. Payslip information printed for Carers Rights Day. Future events Young Carers Active April, Young Carers Action Day – plans already underway for both. CLlr Hunter & CLlr Ferry have both agreed to be Young Carers Champions. <p>Premiere event being held 21st February (attended by 200+ people)</p>
YCS 3.02	Work with young carers and key partners to develop a Young Carers' Promise, consolidating the rights and key principles for supporting young carers.	Claire Flanagan	31-Mar-2026		<input type="text" value="10%"/>	20-Feb-2023 Will progress once the YCVG has had time to establish.
YCS 3.03	Develop and promote a Carer Identification Card for young carers. Exploring opportunities to use the card as a mechanism to identify carers and provide carers with local discounts.	Gary Hoey	31-Dec-2024		<input type="text" value="30%"/>	20-Feb-2023 • Working with Youth Voice & adult carers to design and implement a method of identification for carers. Initial consultation session held with YC.
YCS 3.04	Develop a clear pathway to support young carers at the point of hospital discharge.	Claire Flanagan	31-Dec-2024		<input type="text" value="50%"/>	20-Feb-2023 SLWG established with HIS, East/North Ayrshire colleagues.
YCS 3.05	Establish a Young Carers Reference Group, with representation from young carers and the organisations, who support young carers and strengthen links with other relevant groups e.g. Youth Forum.	Claire Flanagan; Gary Hoey	31-Dec-2023		<input type="text" value="65%"/>	20-Feb-2023 • Initial team building event held on 2nd December 2022, attended by up to 28 young people. • 6 YC attended residential with Youth Forum. • Working with Youth Forum to relaunch Activ8 and Young Scot Young Carer Package.
YCS 3.06	Identify opportunities to improve equalities of outcomes for young carers with protected characteristics and identify opportunities to promote good relations.	Gary Hoey	31-Mar-2026		<input type="text" value="75%"/>	31-Jan-2022 Council policy and procedure such as Equality Impact Assessments and the Integration of the UNCRC principles to policy to partially achieve. Furth work to be done with reference group to identify inequality and consider how to address through positive action
YCS 3.07	The new HSCP Strategic Advocacy Plan will ensure that advocacy support for young carers is a priority.	Gary Hoey	31-Dec-2024		<input type="text" value="10%"/>	01-Aug-2022 Update provided by Stephanie Cox 01/08/22 Work has started on the Strategic Advocacy Plan, and existing

						information is currently being reviewed. As this further develops there will be opportunity for carers needs to be considered in the plan.
YCS 3.08	Establish a training programme for young carers. Including manual handling, fire safety, housing issues and finance / benefit advice etc.	Claire Flanagan	31-Mar-2024			<p>20-Feb-2023 • Working with My Bnk and Champs Board to provide financial literacy training for YC 2023.</p> <ul style="list-style-type: none"> • Liaising with internal and external colleagues to understand what training can be provided by colleagues. • Fire service providing first aid, fire safety, Naloxone, CPR training 2023. <p>Thriving Communities providing first aid training in secondary schools for young carers.</p>
YCS 3.09	Consider ways to improve transport for young carers, particularly in rural areas, to ensure they can access services; support and activities (could include mixed age options with Older People).	Claire Flanagan	31-Mar-2023			20-Feb-2023 YCS funding available to support young carers who highlight travel as a barrier on their Young Carers Statement