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| Meeting of South Ayrshire Health and Social Care Partnership | Performance & Audit Committee |
| Held on: | 19th April 2023 |
| Agenda Item: | 5 |
| Title: | Adult Community Mental Health Strategy 2017-2022 update report |
| Summary: | |
| <p>The purpose of this report is to provide an update to the Performance and Audit Committee on the progress of the actions contained within the Adult Community Mental Health Strategy and next steps.</p> | |
| Author: | Sharon Hackney, Senior Manager Mental Health Services |
| Recommendations: | |
| <p>It is recommended that the Performance and Audit Committee</p> <ul style="list-style-type: none"> i. Note the updated action plan attached at Appendix 1 and ii. provide any comment in relation to this progress. iii. provide any comment in relation to development of new strategy | |
| Route to meeting: | |
| <p>Regular progress report submitted to the Performance and Audit Committee on a six-monthly basis. The last progress report to be submitted to the Committee was on 26 August 2022.</p> | |
| Implications: | |
| Financial | <input type="checkbox"/> |
| HR | <input type="checkbox"/> |
| Legal | <input type="checkbox"/> |
| Equalities | <input type="checkbox"/> |
| Sustainability | <input type="checkbox"/> |
| Policy | <input type="checkbox"/> |
| ICT | <input type="checkbox"/> |

ADULT COMMUNITY MENTAL HEALTH STRATEGY 2017-2022

1. PURPOSE OF REPORT

- 1.1 The purpose of this report is to provide an update to the Performance and Audit Committee on the progress of the actions contained within the Adult Community Mental Health Strategy.

2. RECOMMENDATION

2.1 **It is recommended that the Performance and Audit Committee**

- i. Note the updated action plan attached at Appendix 1 and**
- ii. provide any comment in relation to this progress.**
- iii. provide any comment in relation to development of new strategy**

3. BACKGROUND INFORMATION

- 3.1 The Adult Community Mental Health Strategy 2017-2022 and associated Implementation Plan was approved by the [Integration Joint Board on 13 June 2017](#). This paper provides an update on the progress made against all areas of the Action Plan, in keeping with the IJB's agreement to remit monitoring of delivery to the Performance and Audit Committee.
- 3.2 The Implementation Plan is designed to take forward key strategic outcomes identified through discussions with service users, carers and staff.
- 3.3 This report and the attached update, produced through the performance monitoring system (Pentana) (see Appendix 1), provides a further update on each individual action item contained within the Implementation Plan.

4. REPORT

- 4.1 It is proposed that the Performance and Audit Committee considers the progress that has been made against the actions set out in the Adult Community Mental Health Strategy 2017-2022 as we reach its conclusion.
- 4.2 It should also be noted that a review of the action plan was undertaken to reflect learning and changes to service delivery due to the Covid-19 pandemic.
- 4.3 A summary table is provided below:

| Status | Number |
|-------------------------|--------|
| ✓ Completed | |
| ▶ On target | |
| ⚠ Showing some concerns | |
| ● Not on target | |

- 4.4 The Performance and Audit Committee may wish to note the following highlights across the lifespan of the strategy.
- 4.5 The strategy brought together a service and support delivery model which recognised the range of different approaches and services required to meet the wide and varying needs of people with mental illness and mental health issues.
- 4.6 At a **Community** level there has been significant investment via the Community Mental Health and Wellbeing Fund. This fund supports grass roots organisations to offer help, advice and support which is easily accessible and quick to respond.
- 4.7 At a **Primary Care** Level we now have Mental Health Practitioners, Community Link Workers and Self Help Workers linked to every GP practice. Further development of this model is planned in line with Scottish Government funding allocations.
- 4.8 At a **Secondary Care** level we have redesigned both the CMHT and the PCMHT to reflect the improvements already experienced from the additional service investment in Primary Care. This has included the reintroduction of a range of group-based interventions that were paused during Covid.
- 4.9 In addition, our Adult Social Work Mental Health team have successfully opened supported accommodation in Main Street, Ayr and Fort Street, Ayr. An in-house support service has been established in response to providers handing back hours. This remains a challenge and will require particular focus as we develop our new strategy.
- 4.10 Mental Health Improvement subgroup has been convened and reports to the South Ayrshire Community Planning Communities and Population Health (CPH) Strategic Delivery Partnership. This group is chaired by Lesley Reid Public Health.
- 4.11 Suicide Prevention Strategic Oversight Group in South Ayrshire has commenced and is chaired by Mark Inglis.

Next Steps

- 4.12 Despite significant gains being made in relation to mental health and wellbeing, there remains much work to be done.
- 4.13 Recent analysis of demand and activity within South CMHT has identified gap of eight whole time equivalent nursing staff to respond to expected tasks. Further work is required to identify risks associated with this pressure alongside requests for additional funding. This has been further exacerbated by a significant rise in referrals for treatment for ADHD and other neurodevelopmental conditions.
- 4.14 New draft standards for Mental Health secondary care services have been published. Additional funding is also expected to further develop the MH

workforce within primary care. In 2023 we will commence a comprehensive redesign of primary and secondary community MH services in line with available funding envelope.

4.15 It is clear that a different approach to commissioning specialist MH support is required to ensure ongoing delivery of service particularly in rural and remote areas. In the interim, our existing providers are being asked to add an extra 100hours to existing capacity however to date they have been unable to recruit sufficient staff to deliver on this.

4.16 A new South Ayrshire Mental health strategy will be developed during 2023. This will provide the foundation for the specification for the new framework for commissioning specialist MH support and will seek to engage with people with lived experience, families and carers

5. STRATEGIC CONTEXT

5.1 The Adult Community Mental Health Strategy 2017-2022 aligned to the following strategic objectives:

- We nurture and are part of communities that care for each other
- We work together to give you the right care in the right place
- We help build communities where people are safe
- We are transparent and listen to you

5.2 The new Adult Community Mental Health Strategy will be informed by the new National Mental Health and Wellbeing Strategy (expected spring 2023), the Quality Standards for Adult Secondary Mental Health Services and the Specification for Psychological Therapies and Interventions.

5.3 The strategy will also be linked to the Dementia Strategy 2018-2023 and Our Strategy – South Ayrshire Alcohol and Drug Partnership.

6. IMPLICATIONS

6.1 Financial Implications

6.1.1 There are no specific financial implications arising directly from the consideration of this report.

6.2 Human Resource Implications

6.2.1 There are no specific human resource implications arising directly from the consideration of this report.

6.3 Legal Implications

6.3.1 There are no specific legal implications arising directly from the consideration of this report.

6.4 Equalities implications

6.4.1 There are no specific equality implications arising directly from the consideration of this report.

6.5 Sustainability implications

6.5.1 There are no sustainability implications arising directly from the consideration of this report.

6.6 Clinical/professional assessment

6.6.1 There is no requirement for a clinical/professional assessment.

7. CONSULTATION AND PARTNERSHIP WORKING

7.1 This report has been prepared in consultation with relevant officers.

8. RISK ASSESSMENT

8.1. There are no immediate risks associated with the approval of this report. Delivery of the action items set out in the Plan at Appendix 1 will minimise risks to the successful integration of health and social care services in South Ayrshire and lead to effective and collaborative working at all levels – strategic and operational – across the system.

REPORT AUTHOR AND PERSON TO CONTACT

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BACKGROUND PAPERS

[Adult Community Mental Health Strategy 2017-2022](#)

07.11.2021