

HSCP Adult Community Mental Health Strategy 2017-22





Report Type: Actions Report
Report Author: Rachael Graham
Generated on: 18 April 2023


| Code & Title | Managed By | Due Date | Status | Progress Bar | Latest Note |
|---|----------------|-------------|-----------|---|---|
| MH 1.6 Complete the integration of Adult Community Mental Health Teams in South Ayrshire, taking into account the service delivery changes required as a result of the COVID-19 pandemic and associated public health measures. | Sharon Hackney | 31-Mar-2020 | Completed | <div style="width: 100%;"><div style="width: 100%;"></div></div> 100% | <p>10-Mar-2023 Update provided by Sharon Hackney</p> <p>CMHT and PCMHT have combined and are working with a new referral management system (Trakcare). Further work is taking place to collect additional activity and performance data to enable service modelling and planning.</p> <p>New draft standards for MH secondary care services have been published. Additional funding is also expected to further develop the MH workforce within primary care. In 2023 we will commence on a comprehensive redesign of primary and secondary community MH services in line with available funding envelope.</p> |

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| MH 1.8 Improve the multi-agency transition processes between all mental health services to ensure continuity of service. | Sharon Hackney | 30-Sep-2020 | Completed | <div style="width: 100%;"><div style="width: 100%;"></div></div> 100% | <p>10-Mar-2023 Update provided by Sharon Hackney</p> <p>Transition process has been agreed between CAMHS and Adult MHS. Transition process between EMH and</p> |


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| | | | | | AMH is currently under review in light of potential service delivery changes due to staffing and recruitment challenges in EMH. Further work is required within SW and will be discussed within the context of the adult social work restructure and interface with children and families. |
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| MH 2.1 Promote resilience and self-management through the use of technology (inc. online) and by working in collaboration to complete Staying Well Plans, care plans and encouraging self-referral to voluntary, third sector and technology based supports. | Sharon Hackney | 31-Dec-2022 | Completed |  100% | 10-Mar-2023 Update provided by Sharon Hackney Group interventions now taking place in a range of venues across all services. Current challenges include identification of suitable community premises for delivery of groups and clinical sessions. Additional infrastructure investment has been allocated to improve premises however funding relatively small in comparison to required need. |


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| MH 2.3 A strengths-based, collaborative plan will be produced, that reflects the person, meeting their identified support needs. | Sharon Hackney | 31-Dec-2022 | Completed |  100% | 06-Aug-2021 Superseded by MH 1.6 |


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| MH 2.4 Work in partnership with Public Health to provide information and advice in localities to promote good mental health and wellbeing and to promote early intervention when required. | Sharon Hackney | 31-Dec-2022 | Completed |  100% | 10-Mar-2023 Update provided by Sharon Hackney Mental Health Improvement subgroup has been convened and reports to the South Ayrshire Community Planning Communities and Population |


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| | | | | | <p>Health (CPH) Strategic Delivery Partnership. This group is chaired by Lesley Reid Public Health.</p> <p>Suicide Prevention Strategic Oversight Group in South Ayrshire has commenced and is chaired by Mark Inglis.</p> <p>The Community Mental Health and Wellbeing fund has allocated funding to a range of grass roots organisations. The delivery of this fund is being coordinated and supported by VASA. This funding is a 2 year allocation from SG.</p> |
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| MH 3.1 Promote Resilience and self-management by, for example, the use of technology: i.e. web based supports and apps to enable care, promote resilience and self-management. | Sharon Hackney | 31-Dec-2022 | Completed |  100% | 06-Aug-2021 Superseded by MH 2.1 |


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| MH 3.3 Promote Individual Placement Support to create opportunities for paid employment tailored to individual outcomes. | Aileen Fyfe | 31-Dec-2022 | Completed |  100% | <p>16-May-2019 Update provided by Heather Lavalette 15.05.19</p> <p>The Individual Placement and Support Worker continues to provide vocational rehabilitation interventions to people suffering from severe and enduring mental health difficulties. This includes rapid job search and support to attain and sustain employment through continued support once employed.</p> |


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| MH 3.4 Encourage the use of peer support work that recognises the strengths and experiences of those in recovery from mental health and addiction issues. | Sharon Hackney | 31-Dec-2022 | Completed |  | 10-Mar-2023 Update provided by Sharon Hackney Currently have peer workers employed within the addiction team. Within CMHTE CST groups a number of lay people are co-facilitating groups with staff. Keen to further develop. |


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| MH 3.5 Promote and increase participation in addiction recovery communities, RecoveryAyr, Cafe Hope, CareNShare. | Sharon Hackney | 31-Dec-2022 | Completed |  | 27-Oct-2021 This action is being taken forward in the ADP Strategic Plan. |

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| MH 3.6 Provide education and support to carers of those experiencing Mental Health issues, working with specialist carer groups and locality based carer support groups. | Sharon Hackney | 31-Dec-2022 | Completed |  | 10-Mar-2023 Update provided by Sharon Hackney The carers support group within CMHT is planned to resume however the team have had difficulty sourcing suitable accommodation. Alternative options will be explored in 2023. Furthermore, local casefile audit has identified a number of individuals who do not identify themselves as carers that would benefit from a carer's support plan. The SW MH team leader will explore this within team meetings and supervision to increase the number of people benefitting from this process. Local Mental health strategy will be developed during |

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| | | | | | 2023. This will provide the foundation for the specification for the new framework and will seek to engage with people with lived experience, families and carers. |
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| MH 4.2 Provide training and education to staff and services within communities such as Making Positive Connections, Choose Life, Basic Drug Awareness and Mental Health and Substance Use. | Sharon Hackney | 31-Dec-2022 | Completed |  100% | 10-Mar-2023 Update provided by Sharon Hackney Training calendar has been developed by PSST for range of training opportunities. Suicide prevention training calendar also developed |


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| MH 5.5 Commission advocacy services to promote choice and control for people with mental health problems and their families including providing information and advice on access to SDS. | Sheila Tyeson | 31-Dec-2022 | Completed |  100% | 13-May-2021 Update provided by Sheila Tyeson The service continues under the current contract. |


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| MH 5.6 Review and improve current arrangements for engagement with people with mental health problems and their families who use services. | Sharon Hackney | 31-Dec-2022 | Completed |  100% | 10-Mar-2023 Update provided by Sharon Hackney Local Mental health strategy will be developed during 2023. This will provide the foundation for the specification for the new framework and will seek to engage with people with lived experience, families and carers. |


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| MH 5.8 Improve awareness about the benefits of Telecare (TEC) to support people with mental health problems. This will be achieved by providing training and awareness sessions to all frontline staff by Telecare staff. | Sharon Hackney | 31-Dec-2022 | Completed |  | 06-Aug-2021 Superseded by MH 2.1 |
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| MH 5.9 Increase number of TEC solutions and assessment carried out across all mental health services. Focus the increased uptake of TEC to support self-management, recovery and building resilience for people with mental health problems. | Sharon Hackney | 31-Dec-2022 | Completed |  | 06-Aug-2021 Superseded by MH 2.1 |


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| MH 6.1 Implement an Audit Schedule, with the Adult Support and Protection (ASP) Coordinator, which identifies key themes to be subject to audit each year. | Sharon Hackney; Mark Taylor | 31-Dec-2022 | Completed |  | 10-Mar-2023 Update provided by Sharon Hackney Casefile audits have continued and learning from recent inspection reports will inform practice development alongside the adult social work restructure. |


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| MH 6.2 Implement regular case file audits to monitor the assessment and management of risk and highlight areas for continuous service improvement. | Sharon Hackney | 31-Dec-2022 | Completed |  | 10-Mar-2023 Update provided by Sharon Hackney The Mental Health Team continues to audit case files and uses the learning from these audits to improve. |

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| MH 6.3 ASP training will be designed and delivered | Mark Taylor | 31-Dec-2022 | Completed |  | 13-May-2021 Superseded by MH 6.4 |


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| specifically for staff working in mental health services across the Partnership | | | | | |
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| MH 6.4 Ensure the ASP multi-agency training calendar offers a range of training to manage risk and protect people from harm and is accessible across the Partnership and meets identified training needs. | Mark Taylor | 31-Dec-2022 | Completed |  | 08-Jun-2022 Multi-agency training calendar for 2022 in place; further work to be carried by Practice Development Team to identify additional training needs. |

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| MH 6.5 Improve communication links between health and social care services in hours and with those services which are available for people with mental health problems out of hours, such as Social Work OOH, NHS 24, and Mental Health Crisis Team. | Sharon Hackney | 30-Sep-2017 | Completed |  | 10-Mar-2023 Update provided by Sharon Hackney Distress Brief Intervention service has extended to additional GP practices. Emergency services pathway is now operational. PanAyrshire Unscheduled care services continue to develop and an Assessment. |

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| MH 7.2 Increase the number of carers assessments/ support plans carried out with a clear focus on supporting informal carers to look after their own wellbeing. | Sharon Hackney | 31-Dec-2022 | Completed |  | 10-Mar-2023 Update provided by Sharon Hackney The carers support group within CMHT planned to resume however the team have had difficulty sourcing suitable accommodation. Alternative options will be explored in 2023. Furthermore, local casefile audit has identified a number of individuals who do not identify themselves as carers that would benefit from a carer's support plan. The SW MH team leader will explore this within |

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| | | | | | <p>team meetings and supervision to increase the number of people benefitting from this process.</p> <p>Local Mental health strategy will be developed during 2023. This will provide the foundation for the specification for the new framework and will seek to engage with people with lived experience, families and carers.</p> |
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| MH 7.4 TEC solutions will be considered as part of a carers support plan to provide respite, reduce risks, and support them to continue in their caring role. | Sharon Hackney | 31-Dec-2022 | Completed |  100% | 06-Aug-2021 Superseded by MH 2.1 |