

# South Ayrshire Health and Social Care Partnership Performance Report

(As at 30<sup>th</sup> June 2023)

# Community Health and Care – August 2023 Adults and Older People

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# **Status Keys**

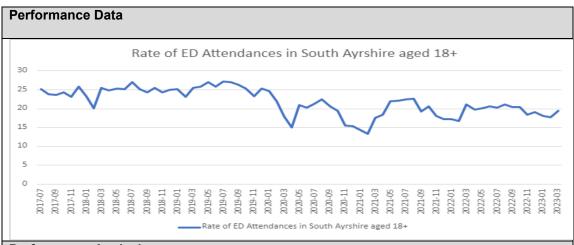
•	Improving
•	Declining
	No change

No concerns
Some concerns
Major concerns

# **Unscheduled Care**

# 1.1 Rate of ED Attendances aged 18+

Performance Measure and Description:	Rate of ED Attendances aged 18+	
Link to Strategic Objectives:	We work together to give you the right care in the right place	
Indicator Type:	National MSG	
Data Source:	Scottish Government Ministerial Strategic Group Integration Performance Measures	
Manager Responsible:	Billy McClean, Head of Community Health and Care	



### **Performance Analysis**

Attendance rates at Accident and Emergency Departments for South Ayrshire Residents prior to COVID were higher than the National Average. Since COVID the South Ayrshire figures have been largely in line with the Scotland Rate. As at end of March 2023 the rate for South Ayrshire was 19.4 with an average of 19.6 across South Ayrshire for 2022/23.

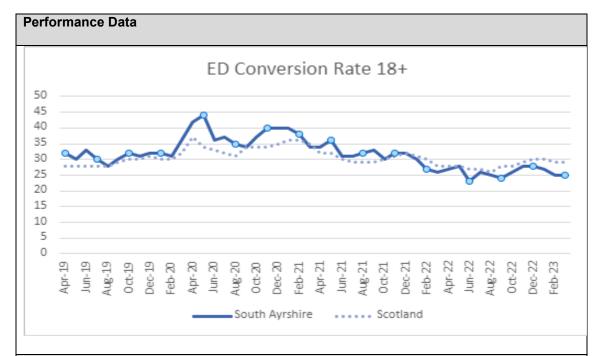
Overall there has been a 12.2% decrease in 2022/23 in the ED attendance rates across South Ayrshire.

The South Ayrshire HSCP response to the needs of people with unscheduled care needs remains a very high priority for the IJB. The data for ED attendances and admissions shows reductions which in part reflects the significant efforts by primary care and community services to support and treat people at home.

Status	Trend	Objective versus Actual Performance
	Timproving	Objective for 2022/23 – 2% decrease  Actual Performance – 12.2%  decrease

# 1.2 ED Conversion rate

Performance Measure and	ED Conversion Rate
Description:	
Link to Strategic Objectives:	We work together to give you the right care in the right place
Indicator Type:	National
Data Source:	Scottish Government Ministerial Strategic Group Integration Performance Measures
Manager Responsible:	Billy McClean, Head of Community Health and Care



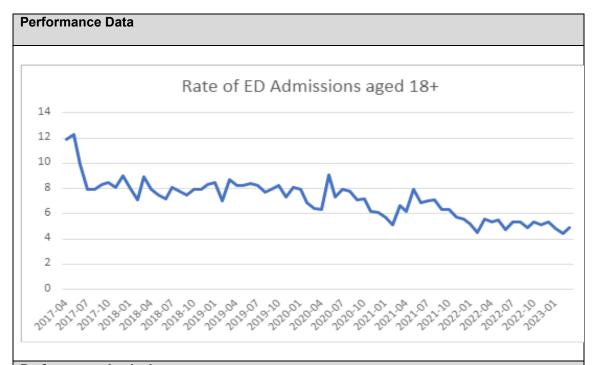
# **Performance Analysis**

South Ayrshire conversion rates peaked at 44% in May 2020 and has since reduced to 25% in March 2023. This is lower than the Scottish Average at 29%.

Status	Trend	MSG Target
	1mproving	N/A

# 1.3 Rate of ED Admissions aged 18+

Performance Measure and	Rate of ED Admissions aged 18+	
Description:	_	
Link to Strategic Objectives:	We work together to give you the right care in the right place	
Indicator Type:	National MSG	
Data Source:	Scottish Government Ministerial Strategic Group Integration Performance Measures	
Manager Responsible:	Billy McClean, Head of Community Health and Care	



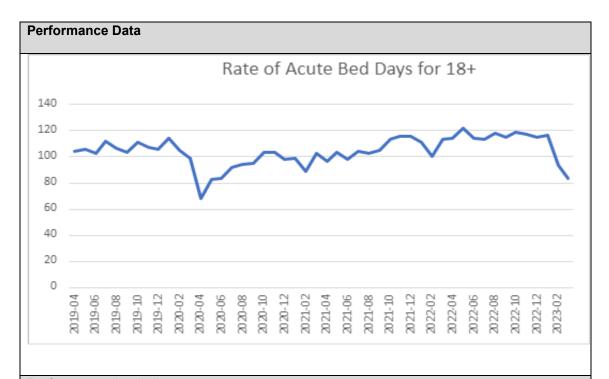
# **Performance Analysis**

The rate of ED admissions as at March 2023 was 4.9. ED admissions are showing a general downward trend and have been below the rate of 6 consistantly since October 2021.

Status	Trend	MSG Target
	1mproving	N/A

# 1.4 Rate of Acute Bed Days for 18+

Performance Measure and	Rate of Acute Bed Days for 18+	
Description:	·	
Link to Strategic Objectives:	We work together to give you the right care in the right place	
Indicator Type:	National MSG	
Data Source:	Scottish Government Ministerial Strategic Group Integration Performance Measures	
Manager Responsible:	Billy McClean, Head of Community Health and Care	



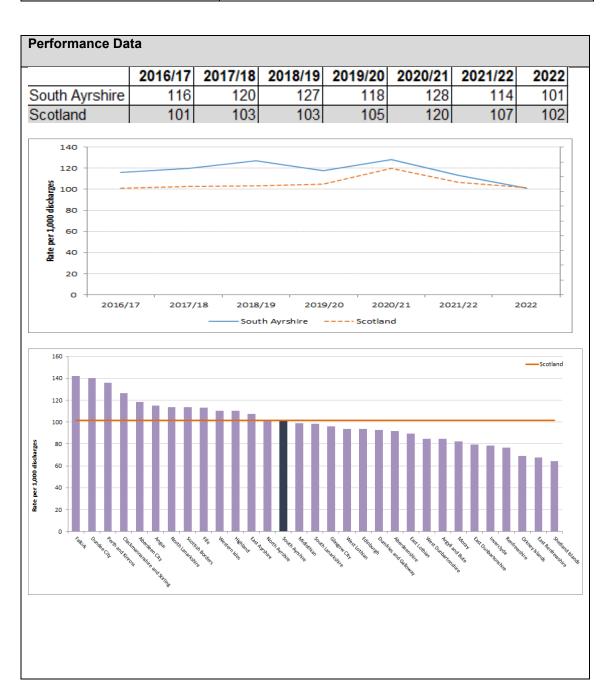
# Performance Analysis

The rate of Acute Bed Days in South Ayrshire peaked at 121.6 in May 2022 and has since reduced to 83.5 in March 2023.

Status	Trend	MSG Target
	1mproving	N/A

# 1.5 Readmissions to Acute Hospitals within 28 days of discharge

Performance Measure and Description:	Readmissions to an acute hospital within 28 days of discharge	
Link to Strategic Objectives:	We work together to give you the right care in the right place	
Indicator Type:	National MSG	
Data Source:	Core suite of integration indicators 4 July 2023 - Core suite of integration indicators - Publications - Public Health Scotland	
Manager Responsible:	Billy McClean, Head of Community Health and Care	



Readmissions to an Acute Hospital within 28 days of discharge reduced from a peak of 128 in 2020/21 to 101 in 2022. The average across Scotland also reduced from 120 to 102. South Ayrshire now has a lower than national average rate of readmissions at 101 in SA compared to 102 in Scotland. This is the lowest rate in South Ayrshire since reporting began against this measure

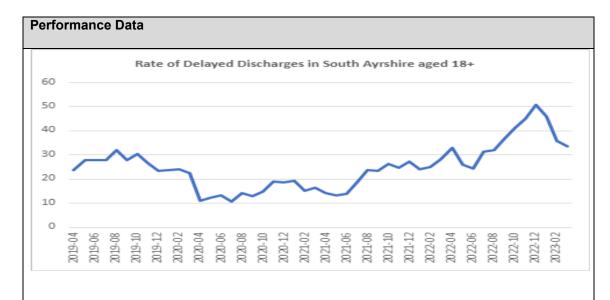
It should be noted that South Ayrshire has a very high proportion of Older People and a high dependency ratio which will have an impact on admissions to hospital due to the large nubers of people living with frailty, therefore the improvement against this measure should be highlighted a a success.

Status	Trend	MSG Target
	Tmproving	N/A

# **Delayed Discharges**

# 2.1 Rate of Delayed Discharges 18+

Performance Measure and	Rate of Delayed Discharges 18+	
Description:		
Link to Strategic Objectives:	We work together to give you the right care in the right place	
Indicator Type:	National MSG	
Data Source:	Scottish Government Ministerial Strategic Group Integration Performance Measures	
Manager Responsible:	Billy McClean, Head of Community Health and Care	



# **Performance Analysis**

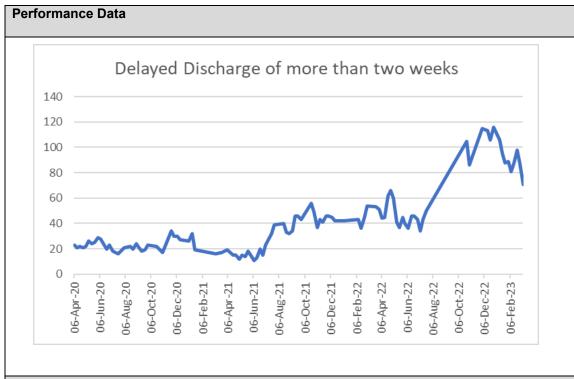
The rate of delayed discharges aged 18+ rose markedly during the autumn and winter of 2022. The numbers peaked in December 2022 when there were 152 patients delayed. There was a reduction between January and March 2023 when the figures reduced to 81. The rise in the numbers of delayed transfers of care is largely due to workforce and recruitment issues within the care at home sector during this period. A number of workstreams and initiatives have been established to address these issues including:

- **Recruitment.** A dedicated recruitment officer specifically for care at home.
- **Demand and Capacity.** Contracted a Business Intelligence analyst to support the work of the partnership to understand demand, capacity and queue.
- Racecourse Road Intermediate Care Unit The unit offers an intensive period of reablement with a view to reducing the demand on mainstream care at home services on discharge.

Status	Trend	Objective versus Actual Performance
	Declining	Objective – Reduce growth to 25%  Actual Performance -115% increase (2022/23)

# 2.2 Delayed Discharge of more than 2 weeks

Performance Measure and Description:	Delayed Discharge of more than 2 weeks	
Link to Strategic Objectives:	We work together to give you the right care in the right place	
Indicator Type:	National MSG	
Data Source:	Scottish Government Ministerial Strategic Group Integration Performance Measures	
Manager Responsible:	Billy McClean, Head of Community Health and Care	



# **Performance Analysis**

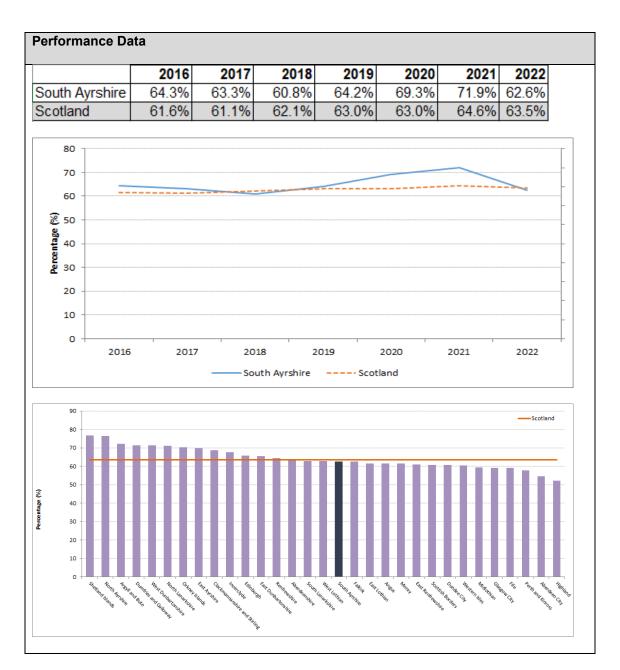
The number of delayed transfers of care by over two weeks has shown a general increase over the past 2 years with a reduction during spring of 2021 and summer 2022. The senior team within South Ayrshire meet weekly to focus on those patients delayed for over 10 days as the operational teams work to identify actions to ascertain capacity across the system. The system remains challenged due to the factors outlined at 2.1 above. Analysis of local more recent data demonstrates some improvement with the Average length of stay (Median) reducing from 7.2 weeks in January to 5.7 weeks in July 2023. The median has also reduced from 5.3 to 3.9.

Status	Trend	MSG Target
	1mproving	N/A

# **Care at Home**

# 3.1 Adults with Intensive Care Needs Receiving Care At Home

Performance Measure and	Adults with Intensive Care Need receiving Care At Home	
Description:	Ü	
Link to Strategic Objectives:	We work together to give you the right care in the right place	
Indicator Type:	National	
Data Source:	https://publichealthscotland.scot/publications/core-suite-of- integration-indicators/core-suite-of-integration-indicators-4-july- 2023/	
Manager Responsible:	Billy McClean, Head of Community Health and Care	



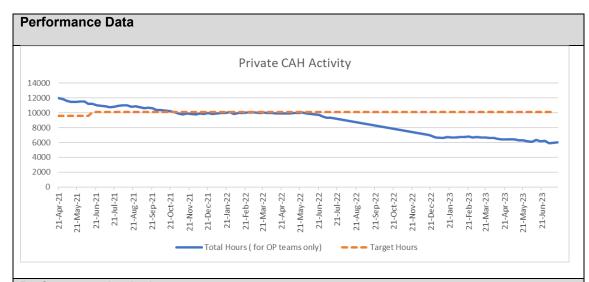
The latest published figures are for 2022 which show South Ayrshire to be largely in line with the national average. At that point 62.6% of South Ayrshire adults with intensive care needs were receiving care at home compared with 63.5% across Scotland.

Recruitment and retention of Care at Home staff has significantly impacted across all health and social care services shich has required the SA HSCP to review not only operating models, but also review demand and need. The work carried out by the Care at Home team has included reviewing the length of time allocated against the outcomes assessed. This has, in some cases, resulted in less time being needed per visit without any reduction to achieving agreed outcomes.

Status	Trend	MSG Target
	1mproving	N/A

# 3.2 Private Care at Home Activity

Performance Measure and	Private Care at Home Activity	
Description:	·	
Link to Strategic Objectives:	We work together to give you the right care in the right place	
Indicator Type:	Local	
Data Source:	Carefirst Report	
Manager Responsible:	Billy McClean, Head of Community Health and Care	



# **Performance Analysis**

The target hours were increased from 9600 to 10100 in June 2021. The level of Private Care at Home provision has reduced from 10906 hours per week in July 2021 to 6736 at the end of March 2023. South Ayrshire CAH Private Provision has been below the Target hours since November 2021 contributing significantly to the deterioration in the number of delayed transfers of care. The loss of hours is the result of a workforce crisis in the care sector.

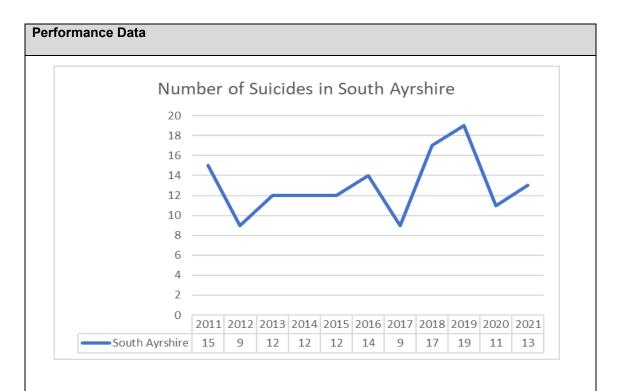
The number of service users receiving care at home by a private provider has reduced from 1049 in July 2021 to 741 in March 2023.

Status	Trend	MSG Target
	Hours reducing	N/A

# **Mental Health**

# 4.1 Number of Suicides in South Ayrshire

Performance Measure and	Number of suicides in South Ayrshire	
Description:	·	
Link to Strategic Objectives:	We help build communities where people are safe	
Indicator Type:	National	
Data Source:	Probable Suicides   National Records of Scotland (nrscotland.gov.uk)	
Manager Responsible:	Billy McClean, Head of Community Health and Care	



# **Performance Analysis**

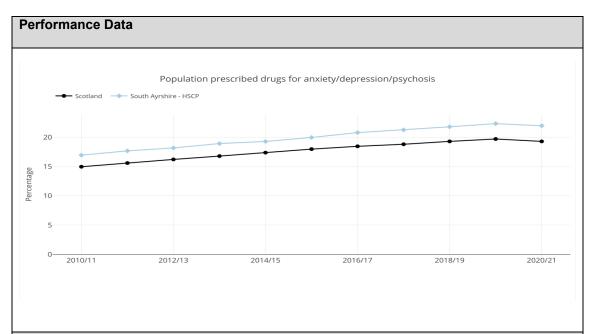
Deaths by suicide have decreased from 19 in 2019 to 13 in 2021. Suicides have also decreased on a national level by 6% to 753 in 2021.

As part of the ongoing work around the Mental Health Strategy 2017-22 training continues to be offered to Partnership staff via Choose Life.

Status	Trend	MSG Target
		N/A

# 4.2 Percentage of people prescribed medications in South Ayrshire

Performance Measure and Description:	Percentage of people prescribed medication for anxiety/depression/psychosis	
Link to Strategic Objectives:	We focus on prevention and tackling inequality	
Indicator Type:	National	
Data Source:	ScotPHO profiles (shinyapps.io)	
Manager Responsible:	Billy McClean, Head of Community Health and Care	



### **Performance Analysis**

The percentage of South Ayrshire residents who have been prescribed medication for Anxiety/ Depression /Psychosis decreased slightly over the past year from a peak of 22.32 in 2019/20.to 21.96 in 2020/21. The South Ayrshire figures have been above the Scottish Average since 2010/11, with the latest Scottish average being 19.29.

Mental Health Services within the Partnership have recognised this growing trend and are looking at small tests of change within GP surgeries. Community Link Practitioners are now active in GP Practices to assist people to access services and the support they require across sectors, thereby improving the experience provided by participating GP Practices, and where applicable, to create an alternative to national prescribing by signposting people to alternative community based supports where they are depressed, for example, as a result of social isolation.

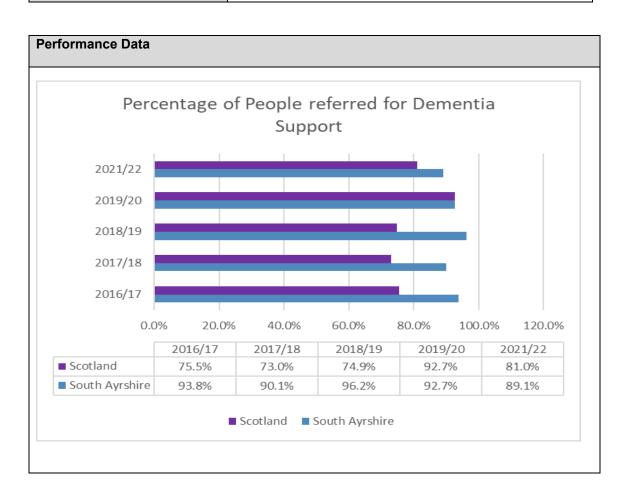
Status	Trend	MSG Target

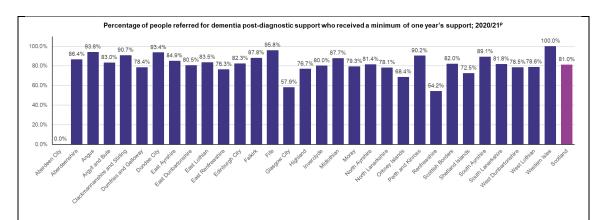
<b>⊘</b>	mproving	N/A

# **Dementia**

# 5.1 Percentage of people referred for dementia support

Performance Measure and Description:	Percentage of people referred for post-diagnostic dementia support who received a minimum of one years support
Link to Strategic Objectives:	We nurture and are part of communities that care for each other
Indicator Type:	National
Data Source:	Dementia post-diagnostic support - Local Delivery Plan Standard; Figures to 2020/21 - Dementia post-diagnostic support - Publications - Public Health Scotland
Manager Responsible:	Billy McClean, Head of Community Health and Care





South Ayrshire's performance decreased slightly over the past year from 92.7% to 89.1%, however performance in the SAHCP has been **consistently higher** than the national average over the past 4 years. The national average for 2020/21 was 81.0%

South Ayrshire has the 7<sup>th</sup> highest % of referrals which achieved LDP Standard in relation to this measure in Scotland. It will remain to be seen whether the pandemic episode materially affects Post Diagnostic Support figures once Public Health Scotland public more up to date years of data.

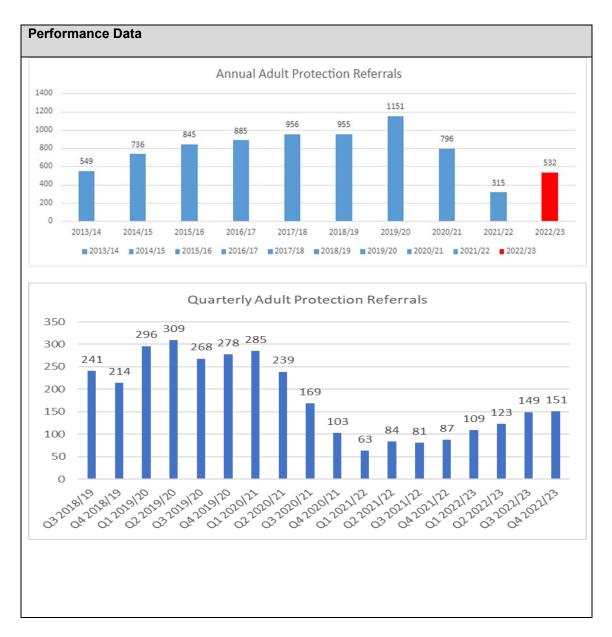
The South Ayrshire Dementia Strategy 2018-23 was approved at the IJB on the 12<sup>th</sup> September 2018. An update on the progress of the implementation plan of South Ayrshire's Dementia Strategy was presented at the Performance and Audit Committee on 30<sup>th</sup> May 2023.

Status	Trend	MSG Target
	•	N/A

# **Adult Support and Protection**

# 6.1 Number of ASP Referrals received for the Partnership

Performance Measure and Description:	Adult Protection Referrals
Link to Strategic Objectives:	We help build communities where people are safe
Indicator Type:	National
Data Source:	Carefirst Report
Manager Responsible:	Billy McClean, Head of Community Health and Care

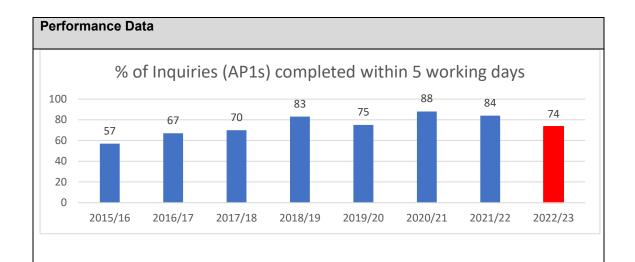


Referral activity has increased year on year between 2013/14 and 2019/20 with the exception of 2017/18 and 2018/19 where the referrals were fairly level. Referrals increased by 69% over the past year from 315 in 2021/22 to 532 in 2022/23. Since Quarter 1 2022-23, there has been a steady increase in referrals, however, this appears to have levelled off from Quarter 3 to Quarter 4, with a 1% increase.

Status	Trend	MSG Target
	•	N/A

# 6.2 ASP inquiries completed within 5 working days

Performance Measure and Description:	ASP inquiries completed within 5 working days
Link to Strategic Objectives:	We help build communities where people are safe
Indicator Type:	Local
Data Source:	Carefirst Report
Manager Responsible:	Billy McClean, Head of Community Health and Care



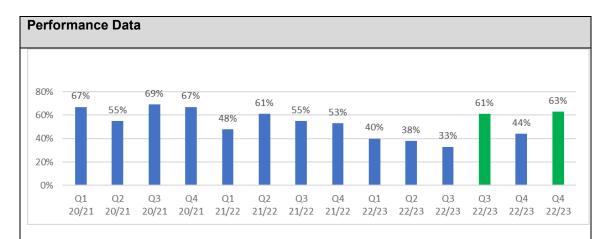
# **Performance Analysis**

The percentage of Inquiries being completed within the target timescale has been increasing for each of the previous three Quarters -63%, 68% and 78% respectively. Quarter 4 has seen further improvement, with 85% of Inquiries completed within the target timescale. This takes the overall percentage for 2022/23 to 74%. This is significantly below the within-target completion rate for 2021/22 of 84%.

Status	Trend	MSG Target
	Declining	N/A

# 6.3 Percentage of investigations completed within 8 working days

Performance Measure and Description:	ASP Investigations completed within 8 working days
Link to Strategic Objectives:	We help to build communities where people are safe
Indicator Type:	Local
Data Source:	Carefirst Report
Manager Responsible:	Billy McClean, Head of Community Health and Care



# **Performance Analysis**

As of January 1st 2023 the target timescale for completion of an Investigation increased from 8 days to 15 days. This brings the South Ayrshire partnership into line with the other partnerships in the West of Scotland Adult Protection Consortium.

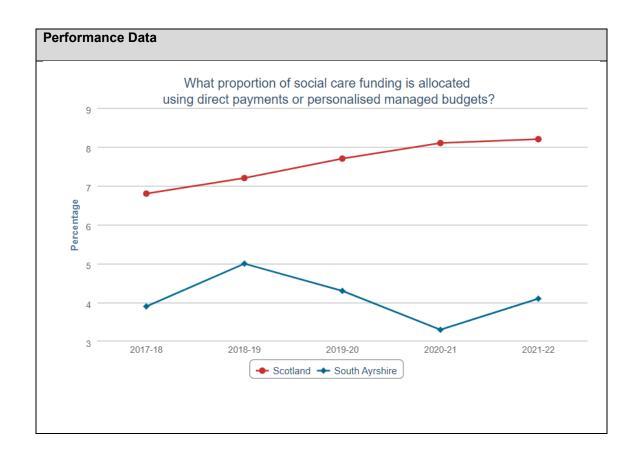
Performance for Q4 2022/23 at the former 8-day target would have been 44%; this would have been the highest completion rate since Quarter 4 2021/22. For the new (15-day) target, the completion rate was 63%. This would represent an increase of 2% if the 15-day target had been applied in Quarter 3.

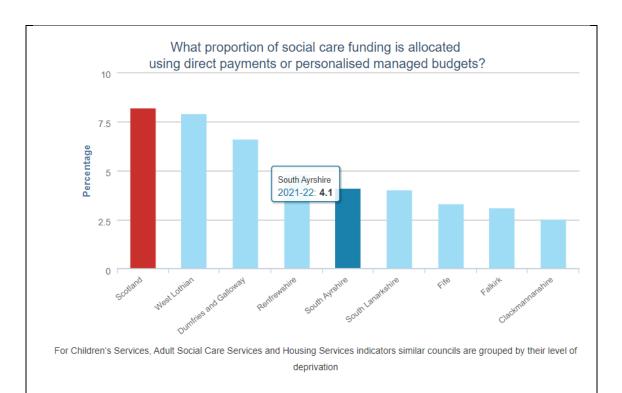
Status	Trend	MSG Target
<b>&gt;</b>	1mproving	N/A

# **Self-Directed Support**

# 7.1 SDS Direct payments 18+

Performance Measure and	SDS Direct Payments (18+)
Description:	
Link to Strategic Objectives:	We are transparent and listen to you
Indicator Type:	National
Data Source:	For the public   Benchmarking
	(improvementservice.org.uk)
Manager Responsible:	Gary Hoey, Chief Social Work Officer, SA HSCP





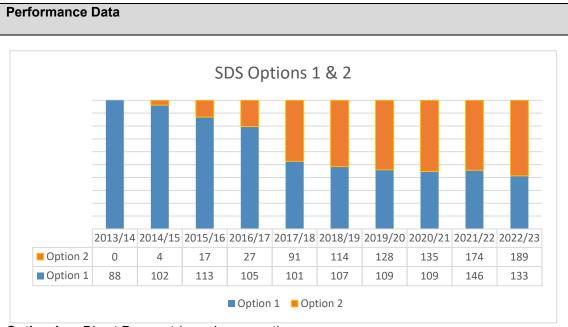
South Ayrshire continue to trail the Scottish average and our family group in this area. Difficulty with process, bureaucracy and managing their own budgets and staff are all reasons given as to why uptake is low. The review of Adult Social Work undertaken during 2021/22 and to implemented during 2022/23 aims to strengthen professional leadership with Social Work with one of the key priorities being Community Led Support and use of Self Directed Support.

Given the uncertainty around inflation, workforce recruitment issues etc target setting at this time would not be appropriate.

Status	Trend	MSG Target
	1mproving	N/A

# 7.2 SDS Options 1 & 2

Performance Measure and	Number of people in receipt of SDS by Options 1 & 2
Description:	
Link to Strategic Objectives:	We are transparent and listen to you
Indicator Type:	Local
Data Source:	SAHSCP Finance Records
Manager Responsible:	Gary Hoey, Chief Social Work Officer, SA HSCP



Option 1 - a Direct Payment (a cash payment);

**Option 2** - funding allocated to a provider of your choice (sometimes called an individual service fund, where the council holds the budget but the person is in charge of how it is spent

# **Performance Analysis**

The uptake of SDS Options1 and 2 has increased from 88 in 2013/14 to 322 in 2022/23.

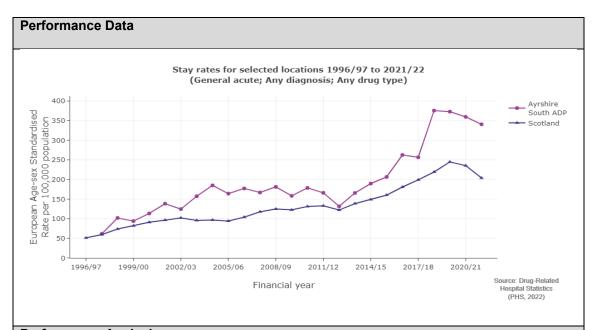
Option 1 uptake has increased from 88 in 2013/14 to a peak of 146 in 2021/22 and slight reduction in 2022/23 to 133. Option 2 has increased from 0 in 2013/14 to 189 in 2022/23.

Status	Trend	MSG Target
	1mproving	N/A

# **Alcohol & Drug Partnership**

# 8.1 Drug related acute hospital stays

Performance Measure and	Drug related (Acute) Hospital stays per 100,000	
Description:	, , , , , , , , , , , , , , , , , , ,	
Link to Strategic Objectives:	We focus on prevention and tackling inequality	
Indicator Type:	National ADP Indicator	
Data Source:	<u>Data explorer - Drug-related hospital statistics - Scotland</u> <u>2021 to 2022 - Drug-related hospital statistics - Publications - Public Health Scotland</u>	
Manager Responsible:	Faye Murfet, ADP Coordinator	



# **Performance Analysis**

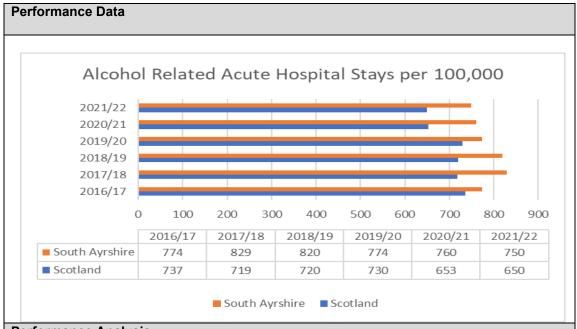
Drug related hospital stays in South Ayrshire peaked in 2018/19 at 375.63 per 100,000 population. The rate of stays in South Ayrshire is significantly higher than the national average. There has been improvement over the past 3 years with the rates decreasing from 359.75 in 2020/21 to 340.74 in 2021/22.

The ADP is exploring the possibility of further analysis of the data to gain an increased understanding of people being admitted to hospital and interventions which could be put in place to support individuals and reduce hospital stays.

Status	Trend	MSG Target
	1mproving	N/A

# 8.2 Alcohol related acute hospital stays

Performance Measure and	Alcohol related (Acute) hospital stays per 100,000	
Description:		
Link to Strategic Objectives:	We focus on prevention and tackling inequality	
Indicator Type:	National ADP indicator	
Data Source:	<u>Dashboard - Alcohol related hospital statistics - Scotland</u>	
	financial year 2021 to 2022 - Alcohol related hospital	
	statistics - Publications - Public Health Scotland	
Manager Responsible:	Faye Murfet, ADP Coordinator	



# **Performance Analysis**

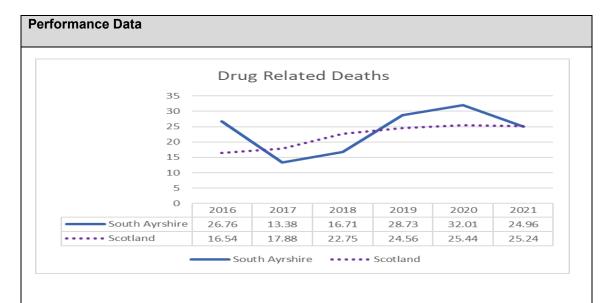
The rate of alcohol related hospital stays decreased between 2017/18 and 2021/22 from 829 to 750, however the rate in South Ayrshire has been consistently higher than the national average which was 650 in 2021/22.

The ADP intends to analyse hospital data to gain an increased understanding of people being admitted to hospital and interventions to support individuals and reduce hospital stays. Consultation activity was part of the development of the new ADP Strategy 2018 – 2021 and identified transitions and support between hospitals and communities as a priority. The ADP will continue to work in partnership with peers, acute and community services to strengthen the transition support available to patients prior to discharge from hospital to their homes.

Status	Trend	MSG Target
	1mproving	N/A

# 8.3 Drug related deaths per year

Performance Measure and	Number of drug related deaths per year
Description:	
Link to Strategic Objectives:	We will reduce health inequalities
Indicator Type:	National
Data Source:	ScotPHO Profiles
Manager Responsible:	Faye Murfet, ADP Coordinator



### **Performance Analysis**

The drug realted death rates per 100,000 showed a decrease from 32.01 in 2020 to 24.96 in 2021. In South Ayrshire there were 23 drug related deaths in 2021 compared to 31 deaths in 2020. South Ayrshire Alcohol and Drug Partnership (ADP) Reducing Drug Related Death (RDRD) Subgroup have developed a process for reviewing all suspected drug related deaths in South Ayrshire. A root cause analysis methodology has been adopted which gathers information from partners who were supporting an individual and considers protective and contributing factors, along with key learning and recommendations (where appropriate). The review of suspected drug related deaths allows the ADP to increase its understanding of factors contributing to suspected drug related deaths, help identify people who may be at risk, explore possible intervention points and consider test of change / service improvements.

Status	Trend	MSG Target
<b>②</b>	• Improving	N/A

# 8.4 Percentage of people waiting weeks for referral to specialist drug services

Performance Measure and Description:	Percentage of people waiting weeks for referral to specialist drug services
Link to Strategic Objectives:	We work together to give you the right care in the right place
Indicator Type:	National MSG
Data Source:	National drug and alcohol treatment waiting times - 1 January to 31 March 2021 - National drug and alcohol treatment waiting times - Publications - Public Health Scotland
Manager Responsible:	Faye Murfet, ADP Coordinator



# Performance Analysis

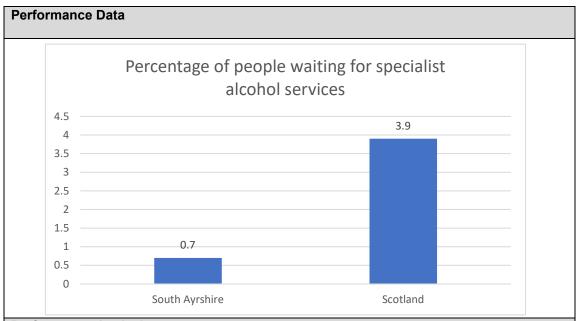
In 2020/21 0.3% of patients waited more than 3 weeks for referral to a specialist drug service. South Ayrshire performs above the national average which for 2020/21 was 4.3% across Scotland.

Alcohol and drug services continue to meet and exceed the national HEAT standard of 90% of clients will wait no longer than 3 weeks from referral received to appropriate drug or alcohol treatment that supports their recovery. This continues to be a very positive improvement.

Status	Trend	MSG Target
<b>②</b>	1mproving	N/A

# 8.5 Percentage of people waiting weeks for referral to specialist alcohol services

Performance Measure and Description:	Percentage of people waiting weeks for referral to specialist alcohol services
Link to Strategic Objectives:	We focus on prevention and tackling inequality
Indicator Type:	National
Data Source:	National drug and alcohol treatment waiting times - 1 January to 31 March 2021 - National drug and alcohol treatment waiting times - Publications - Public Health Scotland
Manager Responsible:	Faye Murfet, ADP Coordinator



# **Performance Analysis**

In 2020/21 0.7% of patients waited more than 3 weeks for referral to a specialist alcohol service. South Ayrshire performs above the national average which for 2020/21 was 3.9% across Scotland.

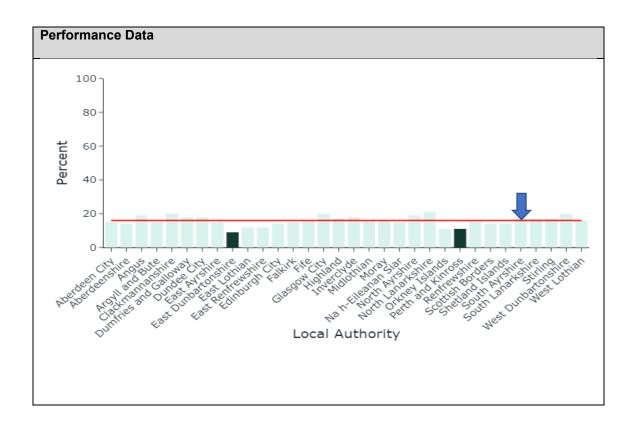
Alcohol and drug services continue to meet and exceed the national HEAT standard of 90% of clients will wait no longer than 3 weeks from referral received to appropriate drug or alcohol treatment that supports their recovery. This continues to be a very positive improvement.

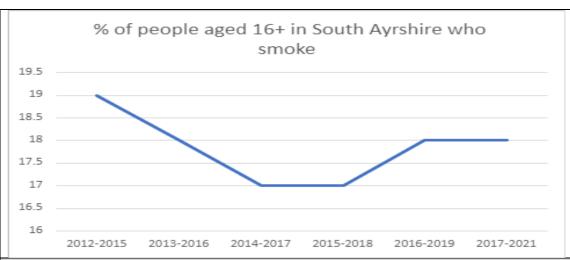
Status	Trend	MSG Target
	1mproving	N/A

# **Health Indicators**

# 9.1 Percentage of people 16+ who are smokers

Performance Measure and	Percentage of adults (16+) who are regular smokers
Description:	
Link to Strategic Objectives:	We focus on prevention and tackling inequality
Indicator Type:	National
Data Source:	Scottish Health Survey (shinyapps.io)
Manager Responsible:	Ruth Campbell, Consultant Dietician in Public Health





18% of adults in South Ayrshire smoke compared with 16% across Scotland. South Ayrshire is ranked joint 7<sup>th</sup> (alongside four other areas) out of 32 in terms of the level of smoking prevalence (Source: Scotlish Health Survey dashboard, 2017-2021)

NHS Ayrshire and Arran's stop smoking service is called Quit Your Way. It is made up of 3 parts:

Smoking Cessation – Helping people who smoke to stop smoking.

Smoking Prevention - Preventing people, mainly young people, starting to smoke.

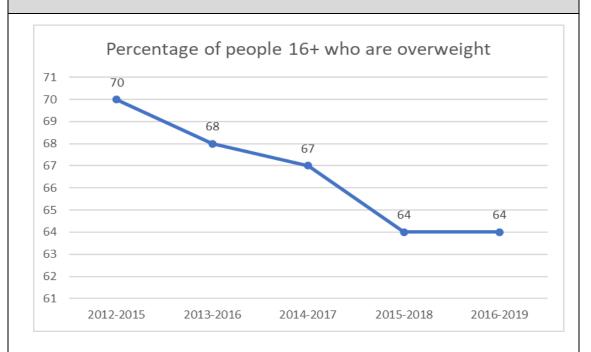
Smoking Protection - Protecting everyone from the harms of second hand smoke.

Status	Trend	MSG Target
	_	N/A

# 9.2 Percentage of people 16+ who are overweight

Performance Measure and	Percentage of people 16+ who are overweight
Description:	
Link to Strategic Objectives:	We work together to give you the right care in the right place
Indicator Type:	National
Data Source:	Scottish Health Survey
Manager Responsible:	Ruth Campbell, Consultant Dietician in Public Health

# Performance Data



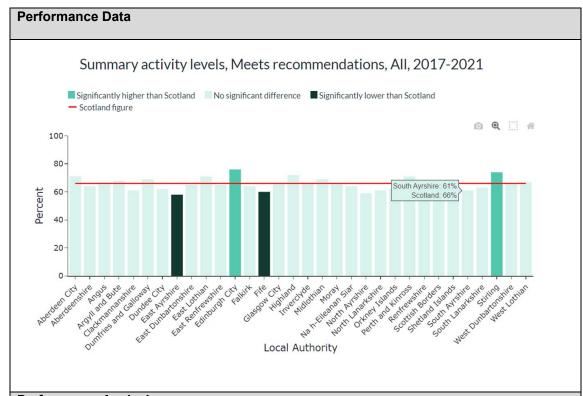
# **Performance Analysis**

The % of Adults aged over 16 who are overweight in South Ayrshire has decreased from 70% in 2012-15 to 64% in 2016-2019. This is just below the National rate across Scotland for 2019 which stands at 66%.

Status	Trend	MSG Target
	-	N/A

# 9.3 Percentage of people 16+ meeting physical activity guidelines

Performance Measure and Description:	Percentage of people 16+ meeting physical activity guidelines
Link to Strategic Objectives:	We focus on prevention and tackling inequality
Indicator Type:	National
Data Source:	Scottish Health Survey
Manager Responsible:	Ruth Campbell, Consultant Dietician in Public Health



# Performance Analysis

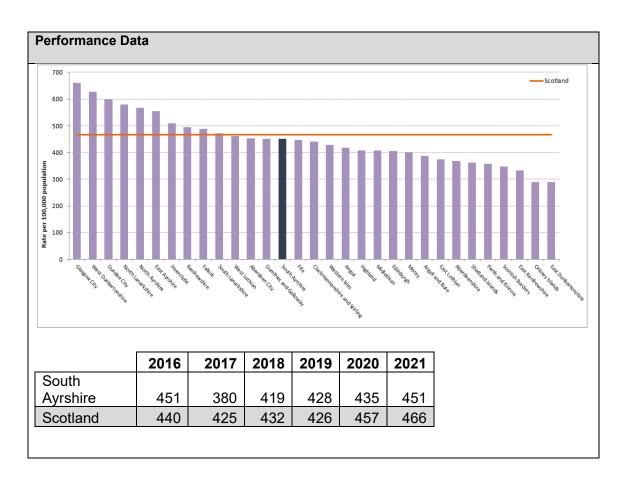
The % of Adults meeting Physical Activity Levels between 2016-19 in South Ayrshire was 61% which is slightly below the Scottish Average of 66%.

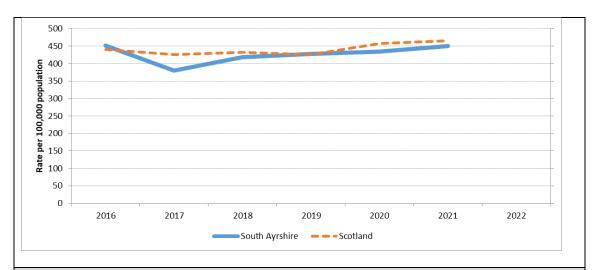
Status	Trend	MSG Target
		N/A

# **Mortality Rates**

# 10.1 Premature mortality rate

Performance Measure and	Premature Mortality Rate per 100,000	
Description:	· ·	
Link to Strategic Objectives:	We work together to give you the right care in the right	
	place	
Indicator Type:	National	
Data Source:	https://publichealthscotland.scot/publications/core-suite-of-	
	integration-indicators/core-suite-of-integration-indicators-4-july-	
	<u>2023/</u>	
Manager Responsible:	Billy McClean, Head of Community Health and Care	





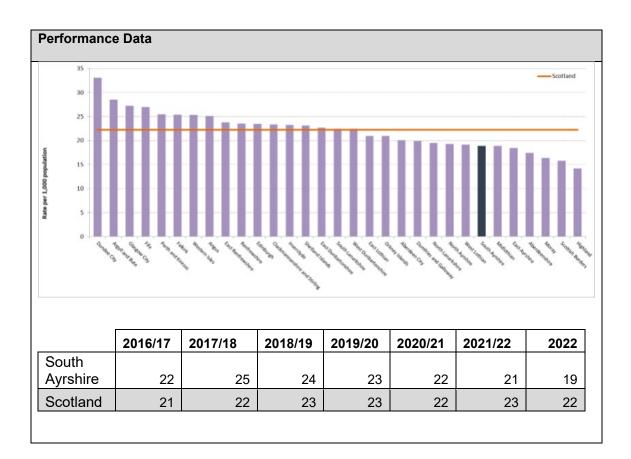
The death rates for South Ayrshire residents aged under 75 increased from 380 in 2019 to 451 in 2021. This is lower than the National Average of 466. South Ayrshire has the 14<sup>th</sup> highest premature mortality rate out of the 32 partnership areas. Glasgow City has the highest rate at 661 and East Dunbartonshire has the lowest at 289. East and North Ayrshire both have a higher than national average rate at 556 and 568 respectively.

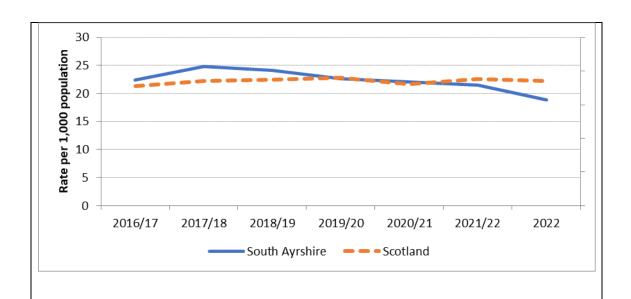
Status	Trend	MSG Target
	Declining	N/A

# <u>Falls</u>

# 11.1 Fall rate per 1,000 aged 65+

Performance Measure and	Falls rate per 1,000 aged 65+	
Description:		
Link to Strategic Objectives:	We work together to give you the right care in the right	
	place	
Indicator Type:	National	
Data Source:	https://publichealthscotland.scot/publications/core-suite-of-	
	integration-indicators/core-suite-of-integration-indicators-4-july-	
	<u>2023/</u>	
Manager Responsible:	Billy McClean, Head of Community Health and Care	





The rate of falls per 1,000 population aged 65 + was 18.9 in 2022 which is lower than the national average of 22.2. The rate of falls in South Ayrshire has decreased since 2017/18 when it peaked at 24.8 and is now at its lowest rate since 2016/17. This demonstrates the success of the various initiatives and services which have been established to address this issue.

Given the specific demographics within South Ayrshire of an older population with multimorbidity, frailty and poly-pharmacy and high dependency ratio, reducing or maintaining the number of people attending with a fall, is challenging and requires continued focus.

With pressures increasing across NHS and Health and Social Care services and the life expectancy of South Ayrshire's older population set to increase, Invigor8 and HARP exercise and activity programmes assist in the prevention of falls or fear of falling in the over 60's and assist people with comorbidities including, cardiac, stroke, cancer, pulmonary, diabetic medical history to self-manage their health via increased physical activity and exercise. The programmes provide health benefits physically, mentally and socially and assist in maintaining or improving health and independence.

Presently, the following members attend Invigor8, HARP, Weigh to go and Gentle Movement classes.

- 1,043 pay as you go members
- 143 Health Memberships

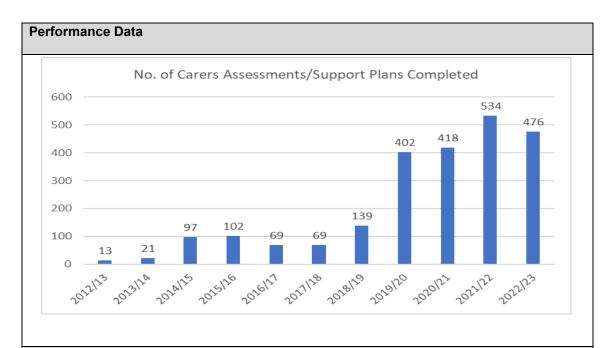
In this reporting period there have been **14,921** attendances at classes (does not include walking groups)

Status	Trend	MSG Target
	Improving	N/A

### **Carers**

### 12.1 Carers who have had carers assessment

Performance Measure and	Carers who have had a carers assessment	
Description:		
Link to Strategic Objectives:	We are transparent and listen to you	
Indicator Type:	Local	
Data Source:	Carefirst report	
Manager Responsible:	Billy McClean, Head of Community Health and Care	



# **Performance Analysis**

The Scottish Carers Census published last in December 2022, identified 42,050 Carers known to Services across Scotland. As South Ayrshire represents two percent of the Scottish Population this figure would mean by population average, we are presently supporting more than average (871) with 1,055 known Carers presently active within our commissioned service with a further 476 having been identified and opting to have a Support Plan completed via our Adult Services Teams in 2022 / 23. Within the 2011 Scotland Census 11,709 people in South Ayrshire had identified themselves as a Carer, this number considers both adult and young carers and displays there are likely more carers within South Ayrshire to be identified by services and offered a support plan. Not every carer is known to the HSCP. Furthermore, of those who are, not all have requested or accepted an assessment. This is an area that we continue to raise awareness and actively promote. There has been an improvement in the numbers of Adult Carer Support Plans being offered and generated locally (formally Adult Carer Assessments) over the last five years. A new electronic method of Carer registration and completing Adult Carer Support Plans has been in place since May 2023. The forms can be accessed online by link or QR code, early feedback has shown a preference for this method alongside typical phone and in person options.

Status	Trend	MSG Target
	Improving	N/A